ODD STORY



ISLANDER '95

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AN ODD ODYSSEY

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A Sign of the Times. The temperate weather that came along with springtime brought students outside in droves. Juniors Bob Goddin and Erick Zohn hang out near an Odd Road intersection with senior Sarah Richardson.

AN ODD ODYSSEY

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51 Odd Road
Poquoson, Virginia 23662
(804) 868-7123
Population: 806

The Odyssey Begins

Beautiful sunny beaches. Tanned hardbody models walking around in next to nothing. As the sun sets you relax and take a sip of your ... BRINGGG! Your alarm goes off. There's no time for dreaming now; as school starts, the odysseys begin.

Starting school was always odd for everyone. For most it was an improvement. "This year is much easier than last year," said sophomore class president Maura Garvey. "As a class we're all more experienced, and it's great not being low man on the totem pole."

The shock of returning from three months of freedom to the world of tests and deadlines was felt by everyone. Senior Jeff Montgomery said, "Senior year is great except for all the work. I'm so busy with homework and college applications and afterschool activities that I have no time for myself. It's exciting that I've almost graduated though."

Summer's lazy days give way to school

Possibly the oddest change was the optional seventh period. Junior Bob Goddin favored the new policy. "Because I'm not taking a seventh class I can sleep in an extra hour," he said.

For everyone, going to school became *An Odd Odyssey.*



A Spirited Odyssey. At the Homecoming Pep Rally the seniors wore togas to show their spirit. They also made noisemakers out of used soda cans. Seniors Michelle Hirsch, Jenny Phillips, Amy Taylor, and Jessica DeWitt prepare themselves for the big day.



A Marching We Will Go. Band members held their instruments high as they walked down the middle of the street in the Williamsburg Christmas Parade. Senior Jeff Montgomery plays his flugelhorn and keeps step with the music.

AN ODD ODYSSEY



Showing Your Hall Spirit. At the end of the Homecoming pep rally students collected all of their personalized hall decorations. Sophomore Donnie Gardner looks on as junior Kelly Roberts sorts through her collection.

Odd Men Out

Speak Out, Express Yourself

It's Friday and your weekend has just begun.

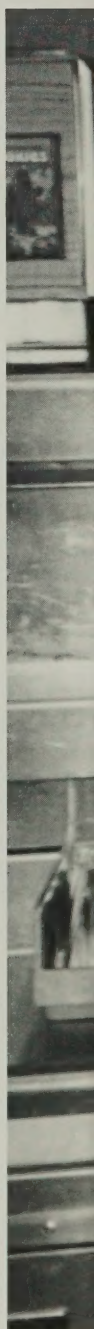
Now you just have to decide what to do. Possibilities range from the slightly odd to the truly bizarre. Go out to the movies or stay home and watch TV? Hang out with your friends or go it alone? For students, every free moment was a chance for another Odd Odyssey.

Odd schedules always kept any extra time to a minimum. Junior Jeromie Houston said, "I rarely have any free time so when I get it I like to just relax and hang out with my friends. We play pool a lot and sometimes listen to classical music, just to be different."

Besides schedules, other things also limited free time. One of these was age. "Whenever I have extra time I go to the movies with my friends or hang out at the mall. There's not too much to do because I can't drive yet," said sophomore Emily Shepherd.

Some found free time more elusive than others. "What's free time?" said senior Scott Neilson, "My homework takes up all my free time."

Whatever you do on the weekend, do something. Don't be an **Odd Man Out.**





AN ODD ODYSSEY

Hanging Out in the Halls. Between classes students caught up on the latest gossip while standing at their lockers. Juniors Amy Vest and Marie Powell listen intently at their friend's tale of local intrigue.



Served Steaming Hot. One of the most popular items served at McDonald's was their steaming hot coffee. Senior Mike Anderson pours a cup for a waiting customer on one of his many long shifts at the McDonald's at Heritage Square.

Soaking Up The Sun

Beach week was the highlight of many students' summer. Junior Jerome Houston and sophomore Christina Dominguez relax by a pier in Nags Head. "Beach week did get a little boring during the day, but it livened up by nightfall," said Jerome.



Play That Funky Music

Some summer activities enjoyed by students included dancing, eating, and listening to music. Seniors Kate Garvey and Mary Elsass and junior Katie Nolan spend the evening dancing at their favorite hangout, Oldies.



Taking In The Rays

Sitting in the backyard of his cottage in Nags Head, senior Mark Davis enjoys just relaxing. "The best part of beach week was doing pretty much whatever I wanted without having to tell my parents what I was doing," said Mark.



Summer promises a vacation filled with sunshine, beaches, relaxation, memories of adventure

Making a Splash

Beach week, barbecues, parties, relaxation, pools and sun. What else could it be, but that glorious gap between June and September when school is out and teenagers are let loose to roam free.

Summer was a quiet and relaxing time for most people. It was a time to get away from all the stress and pressure of school. Senior Rachel Sills said, "I went camping at a beach called Kimble Point. It was really cool because we actually slept outside in tents on the beach."

The beach was a part of almost everyone's summer. Freshman Jimmy Royster said, "I got a chance to go skinboarding at Atlantic Beach (NC), it was awesome!"

Sophomore Dan Mathis spent some time basking in the sun. "My friends and I spent a week in Nags Head. We had a lot of fun hanging out on the beach and picking up girls," said Dan.

Many students didn't miss relaxing in Poquoson as much as others. Junior Marina Valdez said, "I had the best time of my life in Houston, Texas. All the bright lights and huge stores were so different from around here. I wish I could have stayed longer than a month."

Some students took more exotic trips during the summer. "Snorkeling in the Great Barrier Reef was indescribable. The water was crystal clear, you could reach out and touch the coral, fish, everything," said sophomore Maddie Beard about her trip to Australia.

Some students found excitement in Poquoson and in neighboring cities. Junior Katie Nolan said, "Saturday night just isn't the same without going to my favorite restaurant, Oldies."

Not all students could spend their summer running around without any responsibility. Many had jobs hanging over their heads. When asked about his summer all Brian Sutton said was, "I worked a lot."

As all good things eventually do, summer had to end. Students had to say good-bye to summer and look forward to the next summer to come. Whether you spent your summer traveling, working, or relaxing, summer was a time to enjoy yourself.

Wet 'n' Wild

A former guidance counselor from the middle school, Mr. John Simms, took a group of students white water rafting. Mr. Simms had organized many rafting trips before. Senior Jon Abbott guides the raft down the Gauley River in West Virginia.



Fun In The Sun

Whether sunbathing, swimming, or just hanging out, the beach was a part of everyone's summer. It gave students a chance to catch up on their tans. Senior Jenny Phillips takes a little time out for herself on the beach in Nags Head.



Pledging My Love

During the summer at Kings Dominion a group of guys went around the park singing to people. Junior April Mann has the honor of having them sing to her. "I had fun, but I was so embarrassed because everyone was staring at me,"said April.



How Much Longer?
From the start of school football players had practice every day, so they took advantage of the days they had off. Senior Jon Kurek waits with senior Matt Rollins after school. "I wanted to hurry and go before coach changed his mind," said Jon.

Stress, anxiety hit as first bell rings to open

Hitting the Books

exciting school year for students, staff

The different faces, the smell of new books, the feel of a pencil between your fingers, the taste of cafeteria food. Not exactly paradise, but it feels good to be back.

With over forty new students and a large freshman class, the school population soared into the low 800's. Freshman Brad Elsass said, "My class is bigger than most. We seem to overload the school."

Students hurrying around trying to find their classes created a familiar sight. Freshman Kevin Batcheldor said, "My first week of school was really hectic. I couldn't find my classes and I kept forgetting my schedule."

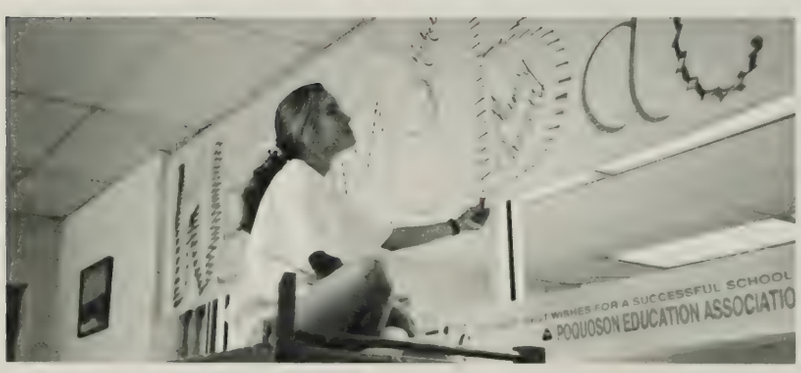
The first week of school was a hard adjustment from the slowed down pace of summer to the fast pace of classes. Junior Jake Gaul said, "During the summer I just lounged around, so I was used to a slow pace. But when school started I thought I was going to die, everything was so fast!"

For days teachers told students to walk around the building to their next class. "The halls were so crowded and then I finally caught on to the fact that I could walk outside to go to my next class. It made life so much easier," said junior Sarah Evans.

The school had several exchange students that had come over to learn about American culture. Senior Sarah Sagrelius, from Sweden, thought school was very different from her old one, "I started school almost a week late," said Sagrelius. "Everything was a big rush, and the procedures were different than what I was used to."

Along with the exchange students, the freshmen had to adjust to a different school system. For freshmen, the first week of school brought on many new experiences, including a different school building, different class schedules, and a plethora of new after-school activities to choose from. Freshman Deanna Farmer said, "There are so many more after-school activities to choose from, and more freedom in choosing classes."

When the first week ended the halls began to clear up. Students still had a few accidents here and there. Most however, settled their nerves and made it through the first week.



Down a Little More
Throughout the school year the varsity cheerleaders made signs and banners to make the walls better to look at. One time they made a banner to welcome students back to school. Junior Ginger Aldridge adjusts the banner to her satisfaction.



Almost Got It
School's parking decals went up to $36, but students got their own parking space. Senior Reesa Davis puts her sticker on her car. "Although I hated paying all that money, I liked the fact that it ensured me a parking space," said Reesa.





Gossip, Gossip, Gossip

The first day of school brought up many hot topics to talk about. Junior Colleen Smith explains to her friends, juniors Stefanie French and Renee Hunt and freshman Tammy Perok about all the homework her teachers gave her.

Let's Eat!

Lunch was not only a time to eat, but also a time to relax and talk with friends. Senior Julie Nozynski said, "On the first day of school I found out that I didn't have any classes with my friends. It was nice to know we still could talk in lunch."

Lemonade To Go

Since it was hot at the Seafood Festival people took advantage of the refreshment stands. Junior Michelle Watkins waits as her boyfriend, senior Chuck Lupico, buys them a drink. "We made sand bottles and he won me a teddy bear," said Michelle.

Don't Dunk Me

Helping the cheerleaders at the Seafood Festival, senior Eddie Keeton volunteers to work at the dunking booth. "I had a great time helping them out. I just wish that some of the people didn't have such good aim," said Eddie.





Taking a Breather

The Seafood Festival offered many fundraisers. Seniors Reesa Davis and Laura Wade take a break while junior Ginger Aldrige opens her lunch. "Every year the dunking booth is fun. It is an activity that raises a lot of money," said Reesa.





I'll Meet You There

It was a day of crowds and commotion. Junior Kevin Finucan, senior Mike Casey, and freshmen Tami Perok and Randi Webb make plans for after the festival. "I was working all day at the funnel cake booth so I was happy to get a break," said Kevin.

Annual festival sparks local fundraising

Keeping Traditions

bonanza causing seafood industry to flourish

The sugary smell of funnel cake fills your nostrils as you wander through a wooded, leafy path. You have been here many times, but each time you return it feels like the first time all over again. This is your favorite time of the year. You are at the Poquoson Seafood Festival.

Those who had lived in Poquoson since birth were accustomed to the annual festival and all of its traditional activities. "I can remember going to the Seafood Festival to watch fireworks when I was in elementary school. Little has changed since then," said senior Sherry Edwards.

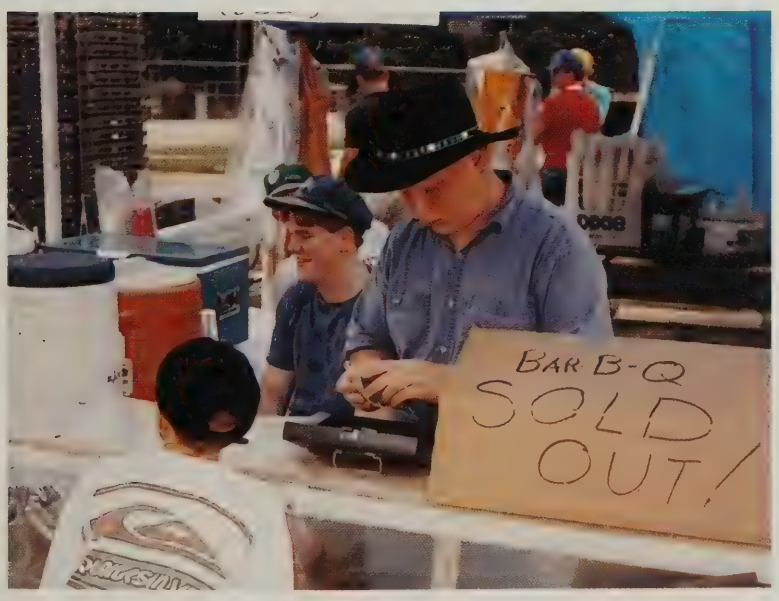
The festival also permitted all the artists of Poquoson to showcase their talents. As people strolled through the woods on their way to the Municipal park, they admired and absorbed the local color of the arts and crafts exhibits. "Most of the arts and entertainment were for the older people, but the bands and the food were brought in for everyone to enjoy," said sophomore Sarah Kreiger.

Various groups and clubs such as the Key club, cheerleaders, the junior class, and the Poquoson High School band all set up booths to help raise money. Junior Marcus Jones said, "Getting everyone involved and working together towards the same goal was amazing."

Senior Mark Davis agreed, "I worked most of Saturday parking cars for my church and for SCA. The money from the fund-raising went to a good cause."

When students weren't busy fund-raising at the concession stands or at game booths, they relaxed and enjoyed the festivities. "During the day I worked at the cheerleaders' dunking booth, but at night my friends and I met to watch the fireworks together," said freshman Stacy Stone.

Because it's a small town, the Seafood Festival has always provided an exciting break from everyone's regular weekend routine. Senior Jon Abbott said, "Living in Poquoson there's not really a lot to do on weekends. Usually my friends and I go to someone's house and hang out, but the Seafood Festival is a nice change of pace for everyone. The Seafood Festival gives my friends and I something new to do."







All Gone

The Kiwanis Club Bar-B-Que sandwiches were a sell out. Some customers left the Seafood Festival disappointed because of this. Sophomore Shawn Hanberry turns away customers while senior Scott Harris takes a break.

Step Right Up

At the Seafood Festival the juniors had their own stand where they sold lemonade, snow cones, and funnel cakes. Juniors Robbie Bolden, Christine Solga, and Stewart Brown help raise money for the prom.

After school activities put life into building with

Passing Time

exciting hobbies leading to odd adventures

The final bell rings. The day is finally over. Some are going, others are staying. Some are resting, others are playing. With all the clubs, sports, and organizations after school, there was something for almost everybody.

Most students had some kind of daily pattern. "I have field hockey almost every day and I'll do track in the spring, so I'm after school just about everyday," said senior Kim Shifflett.

Senior Becky Ernzen said, "I decide what to do by what the weather is like, if it's hot outside then I play basketball but if it's cold then I like to watch TV."

Many students balanced their school activities as well as their hobbies at home. Junior Laura Schempf said, "After field hockey practice I usually go home and start on my homework or practice piano."

Even though they were new in the school, lots of the freshmen had quite a filled day of activities going. Freshman Chris Fowler said, "During the winter I wrestle about everyday after school. In the spring I go hydro sliding and night fishing with my friends."

The teachers even had their activities that they were involved in, whether it was school related or just a hobby." I enjoy cross stitching and quilting. The only time I work on it every night though, is when I've got a project going. However, the nights that I don't have one I like to read," said substitute Mrs. Liz Belknap.

The car was always a factor in deciding what to do or where to go. Sophomore Sherry Southern said, "Since I don't have a car and can't drive it limits my range of activities a lot because my mom and sister work so I have no one to pick me up or take me anywhere."

For others the choice of an after school activity was unthinkable because of the almighty dollar. "After school I usually go to work, and I couldn't imagine giving that up because I've gotten so used to that pay check coming in every two weeks," said senior Kylene Becker.

With all the clubs, sports, and organizations after school, there was something for almost everybody. Although not everyone's taste in activities was the same, they all found the perfect after school activity that suited them best.



Let's Try It Again

After school, senior Robbi Hunt and junior Eric Insley get together to practice their music. Eric said, "We both try to coordinate our schedules to practice at least once a week. We hope to do a duet in the chorus concert this spring."



Practice Makes Perfect

Hard work and practice led her to victory. Senior Mary Elsass, who hopes to compete in the 1996 Olympics, practices shooting before a competition. Mary said, "It's hard to give things up, but all the work and practice really pays off in the end."



Music Maestro

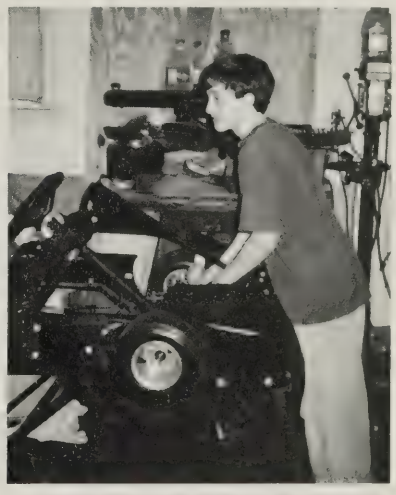
Lessons weren't enough when she wanted to be the best. After years of taking piano lessons senior Laura Wade still practices for an hour a day. Laura said, "When I was little I hated practicing. I'm glad now that my parents made me stick with it."

Keeping On Your Toes

During a pointe class at Margie William's Dance Studio in Yorktown, senior Gigi Gurtis practices barre exercises. Gigi said, "I was really excited when a hobby that I'd done since I was a kid led me to Governor's School."

Pit Stop

Preparing his go-cart for a weekend race, Brandon Fitzpatrick adjusts the throttle. Brandon said, "Racing has always been something my family has done together. My father and both my brothers have enjoyed racing together."



Over Under And Through

Boating was a popular pastime in Poquoson. Senior Rob Green tied his boat securely after an afternoon out on the water. Rob said, "I love going out on my boat in the afternoons and weekends. It's a great change from my regular routine."

Master of His Domain

The cheerleaders put on an entertaining performance, mixing new with old. Among their routines was the traditional Hotcha Chacha. Varsity cheerleaders perform the cheer around Homecoming King senior Tony Woodard.



Pucker Up

Face painting was only one of the highlights that made the Homecoming spirit week special. The halls were lined with students displaying their pride. Junior Colleen Smith paints freshman Brandon Fitzpatrick's face.



Oh, To Be a Senior

For the homecoming pep rally the seniors got to dress up in togas. Seniors Ed Render and Miah Caven cheer on their class. "I was so happy that it was finally my turn to share in the tradition of wearing togas," said Miah.



Timeline theme gives annual hall decorating, float

Spreading Spirit

building contests a feeling of the past

There is a place we love to be, close by the river shore..." The school's alma mater echoed through the gym as the pep rally came to an end. The halls and floats were finished but the football game and the dance were yet to come.

The cheerleaders arranged a different spirit day for every day of the week. They included hippie day, clash day, oldies day, and college sweatshirt day. On Friday the seniors wore togas while the underclass dressed up in maroon and gold. "I enjoyed seeing everyone dressed up. I think that it's great that so many people in the school have such spirit. I was only sorry that the sophomores didn't win anything," said sophomore Sherry Southern.

Even some of the teachers enjoyed the spirit of homecoming. Government teacher Mrs. Carol Zak said, "I join in the celebration because I think that if I become a part of things it makes it easier for me to teach that week."

The Homecoming week's theme was Rotating Through Time. Monday through Wednesday night, students worked on their floats for each class in the activities building at the Middle School. The hall decoration winners were the juniors and seniors. The juniors stole the prize in the float contest. Junior class president Ginger Aldridge said, "Our class came together to work towards the same goal. We all wanted to win, and the hard work really paid off in the end."

The pep rally, held Friday afternoon, was given to encourage the football players before their game that night. Between their spirited dances and cheers, the cheerleaders crowned Tony Woodard Homecoming king. During half time ceremonies at the game senior Reesa Davis was crowned Homecoming queen. Davis said, "The whole night was really special to me because my brother was home and my best friend, Gigi, was on court with me." Her court included freshman Tiffany West, sophomore Shannon Weisner, junior Laura Asakura, and seniors Amy Taylor and Gigi Gurtis.

Saturday night ended the week with the Homecoming dance. Freshman Cory Groseth said, "That was the first high school dance for most freshmen and it set the tone for the rest of our high school dances."

Just the Right Spot

The traditional "pinning the corsages on the cheerleaders" took place at the pep rally. Football captain senior Eddie Vande-Mortel pins a corsage on junior Christine Solga. Afterwards the cheerleaders did another cheer to keep the spirits up.





All Dressed Up

Almost all of the seniors participated in the tradition of dressing up in togas on game day. Among them were seniors Karen Holst and Jeff Montgomery, who talked excitedly of their homecoming plans immediately following the pep rally.



The Big Moment

After her ride around the field and walk down the 50-yard line, senior Reesa Davis was crowned Homecoming Queen. Senior Josh Shandor escorts her as the cameras flash. "It was really cool being in the middle of all the excitement," said Josh.

A Little More Glitter

The competition was fierce between classes in the hall decorating contest. Sophomores Kevin Jones and Gretchen Zohn make the finishing touches on their hall. In the end the seniors and juniors tied as winners of the contest.

I'm So Glad You're Home

After a long and agonizing day at school sophomore Jason Forrest comes home to be greeted by his chocolate labrador retriever, Bear. Jason said, "It's weird how Bear knows exactly when I'm supposed to come home."

Give Me A Kiss

The companionship of pets often relieved the stress of a long day at school. Senior Mark Davis's cat Blackie welcomes him home. "I can never get any homework done because Blackie always lies on my books," said Mark.





Open Wide

Iguanas were very messy eaters who seemed to wear a lot of their food. Junior Renee Hunt cleans off her iguana Iggy's face after his lunch. Renee said, "Usually before he's done eating he spills his whole bowl, but otherwise he's easy to care for."





Freeze! Nobody Move!

A ferret can be a very dangerous weapon. Senior Reesa Davis practices being a mobster by using her ferret Tootsie as her weapon. Reesa said, "My family and I have a lot of funny tricks we do with Tootsie."

Friendship of cats, dogs, other furry pets bring joy

Filling Hearts

to students throughout day

They came from the depths of the forest, from the heat of the desert, over millions of years, to be plunged into the hearts and minds of their masters.

Almost every student had at least one pet in their house. They filled the house with love, fur, company, and sometimes a little touch of exoticness. Junior Renee Hunt owned a small iguana. She said, "I love Iggy. He's quiet and easy to care for, and he's really unusual. He's just a lizard, but he really has become a main fixture in my room. I love coming home and seeing him asleep on the stick in his aquarium on my desk."

Senior Chuck Lupico also liked reptiles. He owned an eight foot long boa constrictor. Lupico said, "I was really worried when my snake was missing. Now that I've finally found him and I've got him back I've got to sell him."

Lots of students liked animals who talked to them. "I have a cockatiel named Bubbajack that I've had for about a year. I love him because he talks to me and gives me kisses," said freshmen Shawn Gillespie.

Many students have stayed away from exotic pets and stayed with the traditional cat and dog household. Sophomore Shannon Weisner said, "My dog Josh can be a major pest, but he's a major part of my family any way. He gets so excited when my brother or I walk into the room. He's pretty cute."

The old saying that a dog is a man's best friend holds true for all types of pets. "It's true that animals are your best friends. They give you unconditional love. They are probably the only beings that will always have time to listen, even though they may not understand," said junior Sara Shaw.

Many times an animal was the most comforting part of the day. Students liked to be welcomed by their pets when they came home from school. "It's cool just to sit on the couch with my cat Roland and relax and just watch television," said freshman Stacey Stone.

Animals had influenced students' lives in many ways. One thing about pets was obvious though. When they were given the right amount of love and cared for properly they not only became a pet, they were a friend for life.



Sweet Stuff

After giving her cat a treat, senior Kylene Becker snuggles in her room with Gremlin. "My cat is really unusual because it likes to eat Twinkies and other candy. However his favorite food is Cheetos," said Kylene.



Giddy-Up

Animals provide different things for everyone. Some use them as a way to relieve stress after a tough day at school. Senior Laura Wade rides her horse, Smutty, at Smithfield Stables to relax between school and homework.



AUGH

During Ring Dance, students liked standing around with friends. Juniors Corrigan Threkheld, Danielle Nicely, and Alison Johanson stand and talk. "Ring Dance was memorable, but I thought some things were a little unorganized," said Corrigan.

Ring-twisting ceremony leaves fond memories

Locking a Memory

in hearts and minds of juniors everywhere

I can't believe it's finally here. Between cameras flashing one after the other, a rushed dinner, and nervously waiting in line, I haven't really noticed how great this place looks. Now that I'm here I can't wait to walk across the bridge to close the ceremony. One more step up and the most important part of my junior ring dance will be over.

Many juniors were nervous about Ring Dance. The pressure of being the center of attention while walking across the bridge caused them to be apprehensive about the whole ring-twisting process. "I was really scared that I'd fall going up the bridge," said junior Kevin Finucan.

Other students felt that actually going across the bridge was the best part. "Ring Dance was really great; it was nice to see my friends walk across the bridge with their dates and lock their rings," said junior Kelli Alger.

Though Ring Dance was traditionally considered a couple's kind of dance, many students just went together as friends. The thoughts about this all around were that the pressure of trying to impress your date was less; going with a friend allowed a lot of students to just relax and have fun. Junior Jake Gaul agreed with this. "I had a great time at Ring Dance even though my date and I just went as friends," he said.

Some people didn't think that Ring Dance lived up to all their expectations. Junior Alison Johanson said, "Ring Dance wasn't really all that it was cut out to be, but I did have a lot of fun doing the Hokey Pokey."

Ring Dance was primarily thought of as a dance for juniors; they were allowed to invite students from other classes to go with them. This gave younger students a chance to see what their Ring Dance was going to be like, and it gave older students a chance to remember their own Ring Dance. Freshman Randi Webb said, "I had an awesome time, it was really neat that I got to go to Ring Dance my freshman year.

Ring Dance was probably one of the most important dances of a student's high school career. It was the only dance where your class was recognized for its individuality.



Look Into My Eyes

In November, Ring Dance was held in the commons. Dancing with sophomore Mike Andriliunas, junior Mandy Groseth enjoys the night. "I thought that it was a fun tradition to participate in and I really liked the mood of the evening," said Mandy.



Locking A Memory

The November Ring Dance was a special event. Part of the Ring Dance tradition was to cross a bridge and turn each other's rings to lock them. Junior Carla Juhl locks the ring of her date, junior Jeremy Ross. "I had the time of my life!" said Carla.





With This Ring

November consisted of a lot of gatherings. The students' favorite was Ring Dance. Kim Shifflett returned as a senior with her date junior Dean Shannon. "I had more fun at his ring dance than at mine because I went with someone I liked," said Kim.

Don't Poke Me

Getting ready for Ring Dance, junior Michelle Watkins pins a boutonniere on her date, senior Chuck Lupico. "After I arrived at her house and got pictures taken, we went to the Olive Garden to eat with 10 of our friends," said Chuck.

Movie Heaven

An ideal place to work was the local video rental store. It gave the benefit of getting to rent movies free. Senior Chris Diggs places the movie tags back on their hangers. Chris worked at Video Stars in Poquoson since last summer.

It's Showtime

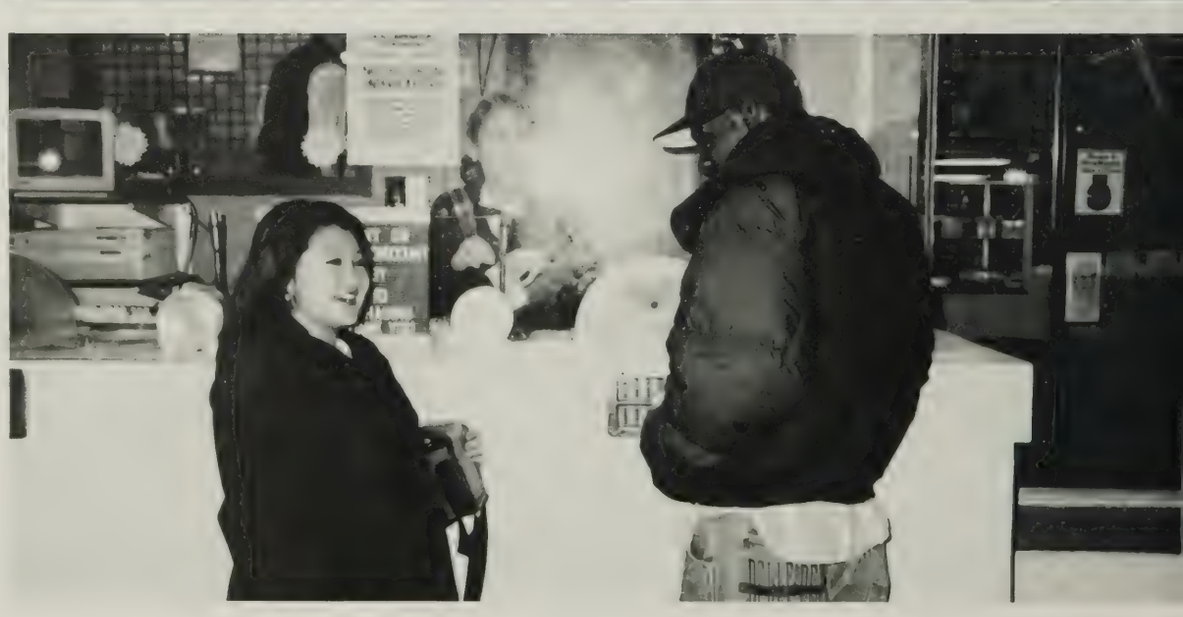
When working at Kiln Creek's new Regal Cinemas, senior Joey Holland directs movie goers to their correct theatre. Joey said, "When movies start at the same time it is confusing where people are to go when there are 14 theatres."





Nice Meeting You

The movie theatre was a great place to meet someone. Senior Kylene Becker waits in line at Coliseum 4 to buy a ticket to *Legends of the Fall*. "I met him in line. I'm usually careful about strangers these days, but he was really nice," said Kylene.





Comic Relief

As Jim Carey makes a funny gesture during the movie *Dumb and Dumber*, junior Renee Hunt, senior Eda Nelby, junior Melissa Messick, and sophomore Brad Fitzpatrick laugh along. The slapstick comedy played at the new Regal Cinemas.

Block-buster hits draw crowds; students venture to experience excitement of big screen

Watching Flicks

Where do you find the scariest monster, the bravest hero, the unsolvable mystery, the perfect romance, and the greatest adventure all in one place? How about your local movie theatre. Whether you were a bee-bopping teenager or mellowed adult the movies had something for just about everyone.

Some students liked going to the movies just because they felt it gave them a transformation from reality. "I like going to the movies because it provides a change from everyday life. My favorite types are action movies because they keep me entertained," said David Bragdon.

Others just liked to rent movies and watch them in the privacy of their own home. "I love renting *Grease* because it's my favorite movie. I watch it all the time and sing along with them," said junior Julie Hunter.

Then there were those rare students who just were not into the movie theatre hype. Freshman Brian Ingram was an example. He said, "I just do not like going to the movies. Besides, even if I did want to go, I rarely have any money. I'd rather watch a good action flick at home than go to the movies."

Junior April Mann had the same opinion. "I don't like going because I just can't stay awake in a movie theatre. They always seem to put me to sleep no matter how good the movie is," said April.

Students liked going to the movies but their special someone didn't. Sophomore Rachel Lawson said, "Going to the movies is somewhat entertaining. I'd probably like it better if my boyfriend Greg took me, but he is not a really big movie fan."

The movies provided an atmosphere that was comfortable for anyone to go to. "One of my friends and I, Ryan Acree who goes to Tabb, went to go see *Speed* which was my favorite movie in 1994," said freshman Jason Verser.

Junior Laurie Johnson said, "I think movies are good because you get to get away from everything and just relax with friends. Just make sure if you go, that you see a good movie."

Movies; it was the favorite pastime that was carried on throughout the years. Students like to go there just to relax and get away from it all.



Two For *Forrest Gump*

The opening of Regal Cinemas in Kiln Creek gave Poquoson a closer theatre with more variety. Senior Ed Madre buys tickets at Regal with sophomore Heather Arms. "It costs more, but it has a coffee shop and a candy store," said Ed.



Butter Please!

Ordering popcorn adds to the experience of a good movie. Junior Colleen Smith ordered a bag of popcorn with extra butter before her movie. Colleen said, "The movies just aren't as fun unless you have a huge bag of popcorn with you."

Celebrating Season

Fund-raising, decorating, festivities keep students busy through holiday

Tree decorating, cookie making, present wrapping, last minute shopping, these are all ritua that are a part of the winter holidays.

In order to get into the holiday spirit the Student Council Association planned a week f of activities. The activities were planned for the enjoyment of students but also to raise mone SCA President Sarah Richardson said, "SCA had lots of activities planned to raise money donate to the Children's Hospital of the Kings Daughter. We had rent an elf, class competitio and a jello eating contest. Due to the bomb threats we had that week we couldn't have the je eating contest."

Even though a couple days of the week contained a few glitches the other days still bu enthusiasm for the Christmas holiday. Junior Sarah Burke said, "It seemed like everyone w so caught up in school work that nobody was in the Christmas spirit. When people dressed u like elves and a Christmas tree was put up in the commons there was a positive change in t atmosphere of th school."

Rent an elf was a SCA activity that pr vided entertainme during lunch for tw days before the hol day break. Volu teers from the stude body were bid on and bought. By volunteering, the elves were obligated to do what thei owners instructed without disrupting class room time. Senior Mason Ballard said, "I had t dress up like a girl and sing in the halls. I never knew how uncomfortable panty hose wer until then, but I knew that the money I raised by being an elf went to a good cause."

The dance was a kick off for a long awaited break. Sophomore Angela Taliaferro said, " was really excited about the dance because I knew that I wouldn't have to go to school the nex week. A lot of my friends and I enjoyed going to the dance stag because we could dance wit anybody."

The rest of the winter holidays were spent relaxing with family and friends. Senior Reesa Davis said, "I was so glad when the vacation came because I made myself finish my colleg applications before the break. I refused to work on them over the holiday because I wanted to unwind with my friends."



Chowing Down

Not all students went out to eat before Ring Dance. Senior Michelle Hirsch eats with her date Anthony Ashley. "For Ring Dance me and seven of my friends ate at my house and made surprise dinners for our dates," said Michelle.



To Be Young Again

Many students went to visit their relatives on Christmas Day. Senior Lauren Verser went to her grandmother's house to open presents. She plays with an etch-a-sketch that her seven year old cousin Mary Beth received from Santa.



Punch Break

As their thirst increased, seniors Kate Garvey and Gus Goddin take a break from dancing to make a trip to the concession stand in front of the office. "We like socializing so we took advantage of the free food and drinks," said Gus Goddin.

Christmas Spirit

For SCA, seniors Amy Taylor and Sarah Richardson and freshman Nina Richardson decorate the tree. "We were glad the exchange club donated a tree for our fundraiser. We all had lots of fun decorating it after school," said Nina.

Say Ahhhh

During the holiday season, students were consumed with the holiday spirit. Standing in the hall, junior Erick Zohn laughs at his friends. "Erick was laughing at me and Chris Diggs because Chris had me in a head lock," said junior Bob Goddin.





Two Tickets Please

Tickets for Holly Ball weresold during both lunches. Juniors Dean Shannon and Charlie French sell tickets to freshman Erik Stinson. "I would have liked it more if I could have sold them during both lunches," said Dean.

Guess What?

At the end of the day couples who hadn't seen much of each other caught up on the happenings of the day. Senior Michelle Hirsch tells senior Jimmy Jones about an incident that occurred in her sociology class with Mr. Hopkins.

Is My Face Red?

Couples provided moral support for each other. Juniors Laura Asakura and Marcus Jones enjoy the spotlight as the homecoming reps. "I felt a little embarrassed being in front of everyone, but having him there made it better," said Laura.





Alone At Last

Beyond all the bustling and scurrying in the halls, couples found seclusion. Even though there were only a few minutes to talk, they made time. Junior Renee Hunt and senior Eddie Keeton find an empty table in the commons to talk.







What Are We Doing?
An arm's length away from one another, junior Marina Valdez and senior Bryan Harrell discuss plans for later that evening. Marina said, "Bryan and I enjoy acts of affection occassionally but we try to keep ourselves under control at school."

Puckering up in hallways leads to mixed emotions, differing opinions about PDA

Showing Emotions

Hugs and kisses, tiffs and turmoils decorate the commons and hallways on a regular basis. What ever way you turn, you can probably catch a glimpse of a kiss.

Many people were disgusted by the open display of affection. "I think that there's a time and a place for everything. When I'm walking through the halls I don't want to have to worry about dodging two people suction cupped together," said senior Julie Nozynski.

The opinion that couples were too affectionate was often opposed by people who felt that public display of affection was a great way for couples to express their feelings openly in a crowd. Senior Michelle Hirsch said, "I think that PDA isn't always necessary, but a lot of times you don't even think, 'Hey maybe I'm offending someone.' If it bothers people that much then they shouldn't look."

Students felt that couples didn't leave much to the imagination. Junior Bob Goddin said, "If people do all of that stuff in public it gives me chills to think about what they do in private."

Others felt that seeing couples openly saying how much they cared, whether it was verbally or physically, added to the halls. "I wish that there was more of it," said junior Stephen Smith.

Teachers and administrators shared the opinions of the students who felt that couples who displayed amounts of PDA were inappropriate. Assistant principal Mrs. Judy McCormick said, "Holding hands or a kiss on the cheek doesn't really bother me, but then again I don't see as much of it as you do. Couples stop before I see anything that is way out of line."

Other students didn't care either way. Junior Stephanie Andres said, "If I see it I try to look away."

Sophomore Corey Forrest agreed with Stephanie. "I don't care, just as long as people don't do it around me," she said.

The opinions of couples in general was that they added to the school atmosphere. On the other hand, couples who got carried away with showing each other how much they cared were looked upon in many different ways. In the end it came down to personal preference.





Making Time
With only five minutes to change classes couples had to find other times to talk to each other. Junior Jeromie Houston and senior Jenny Phillips exchange a few words at lunch. "Jeromie always asks how my day has been so far," said Jenny.

Hello Sweetheart
As others hurried to class, senior Mandy Page and junior Erick Zohn take time to make fun of each other. Erick said, "Having a sense of humor with each other is a big part of our relationship. It helps us enjoy each other's company even more."

Love Is In The Air

The Valentine's Dance was a chance for many groups to spend the evening together. Sophomores Heather Arms and Maura Garvey make the final preparations. Maura said, "I enjoyed decorating because it psyched me up for the dance."



Bust A Move

The commons was done in red and pink for the Valentine's Day Dance. Seniors Josh Shandor and Mason Ballard show how dancing is done. "It was fun, except me and Laura Liscum fought over who was paying for the tickets," said Mason.



Oh Really?

At the dance senior Rob Green tells junior Ryan Bishop about the dinner he had at his house with date Tracy Swandol. Green said, "Tracy kept getting mad at me because every time she tried to take a picture I stuck fries up my nose."



Dance festivities make way

Blowing Kisses

for romance, love, good times

3... 2... 1... ping. A slight burst of air goes through you. There is a sting in your back. Yo feel light-headed and giddy. No one knows why your acting this way and no matter ho hard you try you can't push the feeling away. Is it true? Can it be? Is it ... LOVE!

On February 14 loved ones celebrated there emotions toward one another with flower candy, and gifts. The office was padded with flowers to be delivered to loved ones. " I ha flowers sent to a friend of mine who was a girl to celebrate the holiday," said junior Tony Roja

Valentines didn't end on February 14. For most students the weekend ended the holida Students went and danced the night away with boyfriends, girlfriends, and in some instanc just a group of friends. " I think Valentine's Day is for everyone. The dance gave me and m friends a chance to have a good time with each other," said senior Kara Gills.

Friends gathered the night of the dance to relax and have a good time. Large groups friends found alternatives to trying to book themselves at a restaurant. "A group of my frien ate dinner at Mau Garvey's house. H mom made us di ner and dessert. was good food anc good time," sa sophomore Jas Forrest.

At the end of the evening a King and Queen of Hearts were crowned. The competition w voted by applause. "Being Queen of hearts was a fun way to end the dance. It gave r something to remember after I graduate," said senior Kate Garvey.

SCA was in charge of the event. That morning members of SCA decorated the commo with red and white balloons and streamers. "I got up early that morning to go help out. It w fun to see the finished product that night," said freshman Stacy Stone.

Eating dinner can be expensive. Some students who went to the dance with a large gro of friends ate dinner at fast food restaurants to avoid going broke. "We all ate at Pizza H It is a nice place to eat and not too expensive either," said senior Ed Render.

Valentines day is the holiday of love. Students celebrated this holiday with loved ones a friends. The dance was a good excuse to have a good time. Students danced the night aw with the people they care about.

Dazed And Confused

Red and white streamers hung from the ceiling as students danced around the commons. Senior Ed Render danced to his own beat at the Valentine's Dance. "Me and eight of my friends ate at Pizza Hut, then we went to the dance," said Ed.





Twist And Shout

The Valentine's Dance was a chance to dance. Seniors Scott Neilson, Jaimi Lacaria, and Jesse Spencer dance to a song they requested. "I had requested "Cecilia" and when they finally played it we got so excited," said senior Jaimi Lacaria.



Hammer Time

At the Valentine's Dance the electric slide, butterfly, grind, and running man were all popular moves performed on the dance floor. Freshman Sam Cowles said, "I was really starting to get down by then. I love to dance and this one was a lot of fun."

Taking A Break

The dance floor was hot with bodies dancing up against each other. Drinks were provided so students could take a break and cool off. Seniors Tracy Swandol, Kara Gills, and Mary Elsass gather around the drink table in front of the office.

Reach For The Stars

Playing a solitary game of basketball, junior Robbie Bolden burns some calories. Robbie said, "It's great to get exercise and have fun at the same time. It really doesn't take any effort to work out."

Off-Season Training

Strength was important when playing sports. During the off-season students who participated in sports found ways to keep in shape so they were ready for the next season. Sophomore Gretchen Zohn lifts weigths to keep in shape for volleyball.





Rough Riding

Mountain biking was a strenuous activity many teenagers indulged in. Senior Ron Bottoms checks his brakes before hitting some trails in Yorktown. Ron said, "My brother introduced me to the sport and ever since then I've enjoyed adventuring out on many trails."





Back To Basics

Aerobics provided an excellent cardiovascular work out for seniors Sarah Richardson and Lauren Verser at Sentara Health Club. Lauren said, "I try and go to aerobics every Tuesday and Thursday because I feel good about myself afterwards."

Quest for perfectly shaped body leads to

Keeping Fit

different methods of strenuous exercise

The temperature outside is freezing but inside you grab a towel from the chair and wipe the sweat off your forehead. You already did your Cindy Crawford video and just finished working out on the Nordic Track.

Just about everyone had either a piece of exercise equipment or an exercise video in their home. Senior Becky Ernzen said, "My family has three exercise machines, plus a bunch of exercise videos. The only problem is I don't use them nearly as much as I should."

Athletes found that since they were so involved in sports, they didn't need to exercise at home. "In the fall I have field hockey and in spring I have tennis. Since I'm involved in sports, the only time I exercise at home is when I run," said junior Laura Asakura.

"Through the sports I play I exercise. By being so involved in field hockey and track that's all the exercise I need to stay fit," said senior Kim Shifflett.

"In addition to playing soccer I go to Bally's and Sentara to lift weights. I also find that running helps me stay in shape so I don't get fat," said senior Wes Labelle.

There were those few students who stayed fit even though they never exercised. "Being small runs in my family and I have a high metabolism too, so the need for me to exercise is just not there," said sophomore Rachel Lawson.

Whether students exercised for energy or just for fun, it gave different impressions for everyone. Senior Jackie Barnes said, "I exercise at Riverside every day for two hours, using the treadmill, weight machines, and the sauna. I like to exercise because it gives me a relaxed feeling and it makes me feel good about myself."

Senior Brooke Thomas also worked out almost every day. Brooke said, "I aerobicize at Sentara almost everyday because it gets my mind off of stressful things that happened that day. Plus it gives me a feeling of energy when I leave."

Science teacher Mr. Joe Garrity also had a similar opinion. Mr. Garrity said, "I run 10 miles a week because it makes me feel healthy. I either run at the school or Sentara, with Mr. Jackson or Mr. Yeager."





Pumping Iron

To tone muscles students lifted weights at health and fitness centers such as Sentara and Riverside. Senior Ellen Hartman works on strengthening and toning her muscles. Ellen said, " I work out at Sentara to train to be an aerobics instructor."

Going Nowhere Fast

Sentara offered a wide variety of exercise machines to work out on. Some students made working out a family affair. Junior Jason Verser peddles his way to a fit body with his mom and sister working out on neighboring machines.

Acting brings experience, friendships, good times, memories for actors, crew, advisor

Playing The Role

Because it's nice work if you can get it." A brilliant statement made by Rogers and Hammerstein. It's old, used, and. . .true?!

The rehearsals were six weeks straight. Students learned lines, developed characters, and waited nervously until the lights went up. This was common knowledge to us all. We've heard those statements year after year. What about the silliness, the friendships, and the bonds that were made? How did this diverse group of students come together and produce two shows and work under a new director?

English teacher Mrs. Karen Shepherd was given the opportunity to sponsor and direct the drama group. Moving to Poquoson High School from Denbigh High School, Mrs. Shepherd had not directed theater in years. "What a treat it is to be able to direct such bright, talented, and dedicated actors. I feel the transition has been smooth, and I am delighted to be the new drama sponsor," said Mrs. Karen Shepherd.

The students were as happy about having Mrs. Shepherd as she was to be there. "It's great to have a drama sponsor that is in the school. It is nice to be able to ask questions during school hours," said junior Katie Nolan.

During rehearsals there was a lot of slack time. This was when the friendships were formed. They needed some way to keep occupied while waiting backstage. All they had was each other. "Calling 1-800 numbers is a fun way to pass time between scenes," said sophomore Andrew Shtulman.

Concentration was an important element when putting a play together. All this concentration led to stress and some tension which occasionally needed to be released. "Although there is a lot of goofing off and other jokes going on between seniors and other upperclassmen, the seriousness is there when it needs to be. And so is the portable TV," said senior Joe Lipp.

The new members to the group got the chance to meet new people, make friends, and find their place among this circle of friends. "I have had a lot of fun and met a lot of nice people who welcomed me into their group," said freshman Chris Young.

There you have it. This diverse group of students came together in one group and shared many special moments. When they parted what they accomplished was creating two shows and many friendships.



Take Five

At the end of rehearsals it was time for director's notes. Seniors Ed Render, Josh Shandor, Mason Ballard, Laura Wade, and junior Katie Nolan chat with each other before they have to pay attention to the play again.



Final Touches

While talking to her cast after rehearsal Director Mrs. Karen Shepard gives them a few last minute directions. "Directing INSAB was a pleasant experience. The cast proved to themselves and the audience what fine actors they are," said Mrs. Shepherd.



Networking

The play *I Never Saw Another Butterfly* was performed at the Middle School in April. Senior Ed Render untangles a net so it can be used as a fence type barrior that separated prison life and freedom. The whole cast contributed to set design.

I'm Frightened

During the performance of *I Never Saw Another Butterfly*, the star of the show, Raja, played by senior Laura Wade, expresses her fears to the teacher at a Jewish camp. The part of the teacher was played by Kate Garvey.

Going To The Chapel

In the last scene of *Father of the Bride*, seniors Kate Garvey and Andy Grigg prepare for the wedding. Kate said, "*Father of the Bride* took quite a bit of organization, but it felt wonderful to pull it off opening night."



Taking Off

Spring break leads way to relaxing at home, on the beach, in far away places

It's the calm before the storm. The time when everyone gets one last chance to relax, hang out, and travel before taking exams and starting the summer jobs awaiting them.

Spring break was the annual school holiday that happened during the second week in April. "Though spring break isn't that long, it's a well-deserved break for that time of year," said freshman Chris Fortiere.

Many people went out of town, but others stayed around home and did things with their friends. "My friends and I hung out a lot. It was a pretty boring break except for the day my friends and I went to Busch Gardens," said senior Richie Carrico.

Although spring break was supposed to be the time for people to relax and spend time with their friends, many were disappointed in the break's turn out. "Spring break this year was the most boring experience of my life. All I did all week long was sit at home and watch old *A* reruns on TV," said junior David Lopez.

Students also started their summer jobs over the break. Sophomore Shanno Weisner said, "I re ally didn't get to d all that much with my friends because I worked almost every day, but it gave me a chance to earn some extra money for beach week."

Students used spring break as an opportunity to prepare for the fall sports that awaited them. Junior Bob Goddin said, "I golfed every day over spring break. I wanted to get practice for next year and the tournaments that I'm entering this summer."

Some were fortunate enough to go on vacation over spring break. They went to the beach, to visit relatives, or even went to visit another country. A group of students went to England with Mrs. Sandy Katz and Mrs. Karen Shephard. Senior Laura Wade said, "It was wonderful. We traveled all over England and visited places that I had only seen in pictures. I'm glad I got to go with friends. It made the trip all the more memorable."

Whether students enjoyed spring break or were bored out of their minds, it was nice to have a few days away from teachers, books, school, and homework and to get a taste of summer before they had to finish out the year.



Soaking Up Sun

Spring break gave students an opportunity to prepare their pools for the summer months. Senior Julie Nozynski cleans sophomore Albert Bowden's pool while Albert and senior Shannon Morris relax in the sun.



Fifteen Minutes of Fame

While spending spring break in England, some girls were interviewed by a BBC (British Broadcasting Corporation) reporter outside the British Museum. Senior Helen Lee was asked her opinion about countries buying artifacts from each other.



Lean On Me

While touring Madame Tousaud's wax museum in London senior Jaimi Lacaria relaxes next to a wax figure. Jaimi said, "It amazed me how real the wax figures looked. When we saw the lady we couldn't believe a woman had fallen asleep in the museum."

High Flying

Spring vacation allotted time for students to indulge in hobbies they usually only had limited time for. Sophomore Mike Rogers said, "I dig skating a lot more than I dig school, so I always look forward to vacations."

That Had To Hurt

Seeing another water skier wipe out makes senior Miah Caven a little apprehensive about trying it. Miah said, "We were getting ready to go hydrosliding so watching another person wreck made it seem more difficult."





Making Waves

Students stayed home during spring break but spent the days in the sun. Senior Rob Green skis on Poquoson River catching some sun before school resumes. Rob said, "I try to go out in my boat as often as I can. I like being in the sun."

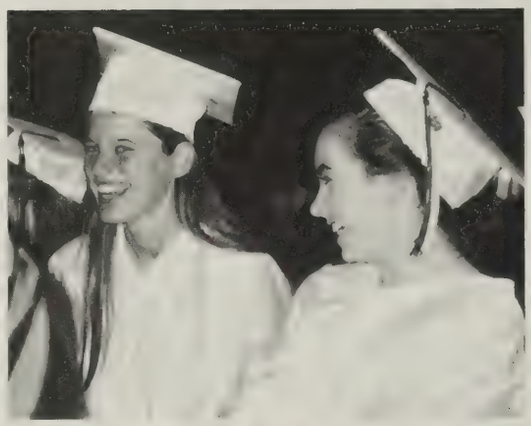
High Honor

Four people were inducted into the "Order of the Bull Pen." English teacher Mrs. Dott VanDervort gives Principal Don Bock an appreciative hug. Mrs. VanDervort said, "I was pleased that my son Aaron was present to see me receive this honor."



Das Ist Gut!

After receiving the Outstanding Foreign Language Student Award senior Allona Decker gets congratulations from senior Ida Nelby. Allona said, "After attending the Japanese academy last summer I realized how much I love foreign languages."



That's Me

When the Governor's school awards were being announced junior Mandy Groseth looks towards junior Michelle Watkins and sophomore Anthony Ashley with a smile. "I'm excited about the Governor's school art program," Groseth said.



Teachers, parents gather to present awards,

Receiving Honors

honors, scholarships to deserving recipients

May 19 was a warm, sunny day with a nice breeze blowing. Seniors and underclassm... anxiously awaited to see if their names would be called. A feeling of honor swe... through the gym as everyone waited with anticipation.

The awards assembly was an event that allowed the students, teachers, and volunteers ... be recognized for their contributions and achievements toward the school.

Some students were upset that they were not able to go to the assembly due to a sporti... event. "Because of a track meet that day I was not able to go. I wish I had been able to go ... the assembly because I think it would have been nice to have been able to sit down with m... class in my cap and gown," said senior Kim Shifflett.

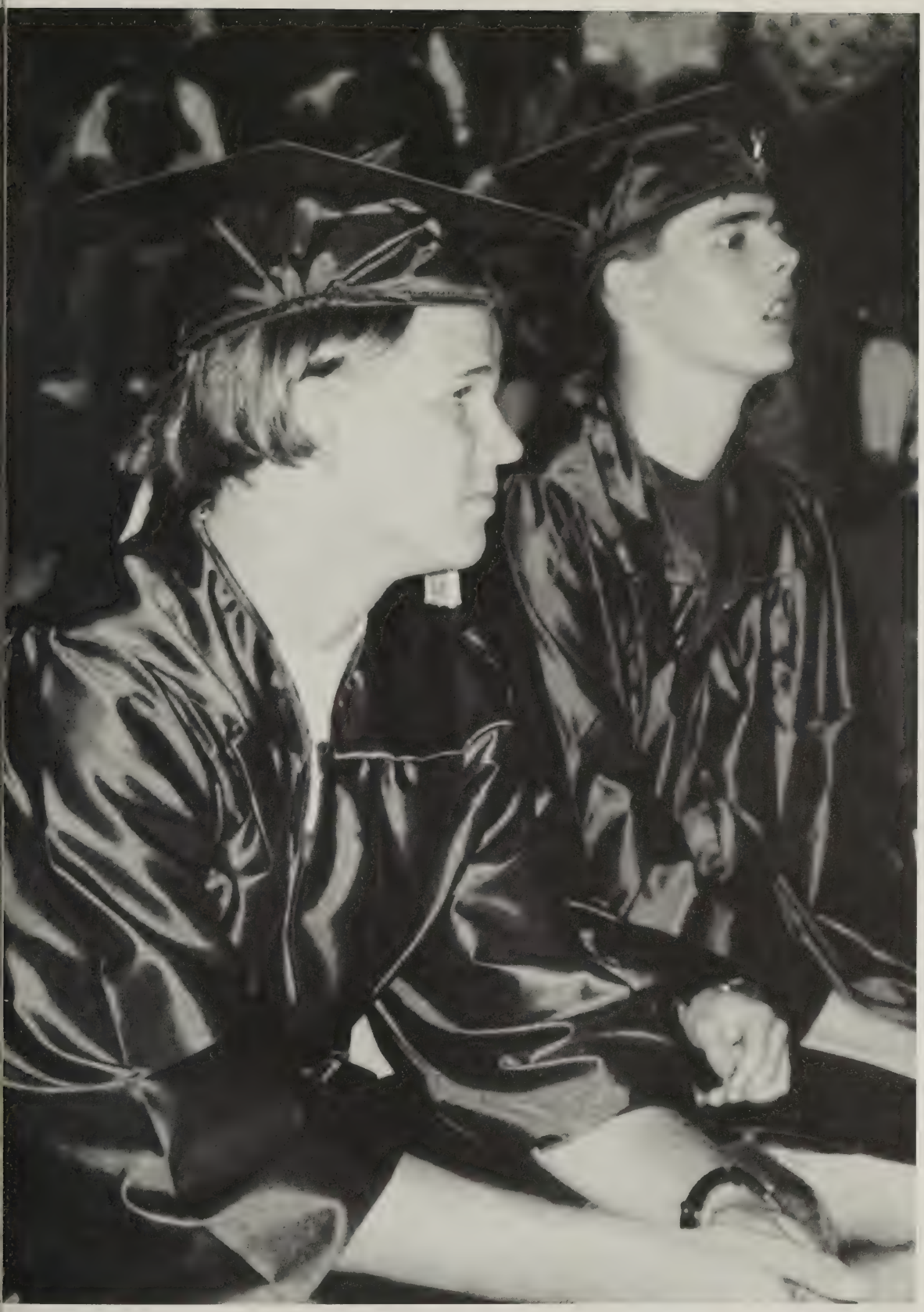
Then there were students who weren't interested in going, so they either just stayed hom... or got an early dismissal. Junior Billy Hammack said, "I didn't want to go because ... remembered how last year it was so hot in the gym. Not to mention, I knew that I wasn't goi... to get an award s... didn't see any sen... in going."

Sophomor... Sherry Southe... agreed too. She sai... "I knew that I was... going to get an awa... so I just stayed home and slept. Plus I went last year and didn't have a very good time, s... figured that I wouldn't have a good time this year."

Although some students weren't receiving an award they still enjoyed attending ... assembly. "Even though I knew that I wasn't going to win an award this year I still enjoy... being there to support those who did. My favorite part was the awarding of the Bull P... because I thought that the recipients were well deserved of the honor," said sophomore Aim... Rector.

"I thought that the assembly set a good example for all of the underclassmen. It gives th... something to work toward next year and makes you want to be one of those who received ... award this year," said freshman Jonathan Backus.

The awards assembly gave the seniors one last chance to be together in their caps and gow... as a class before graduation. It was a time for honoring the athletes, the scholars, the talent... and the charitable, all in the name of Poquoson High School pride.



Aim High

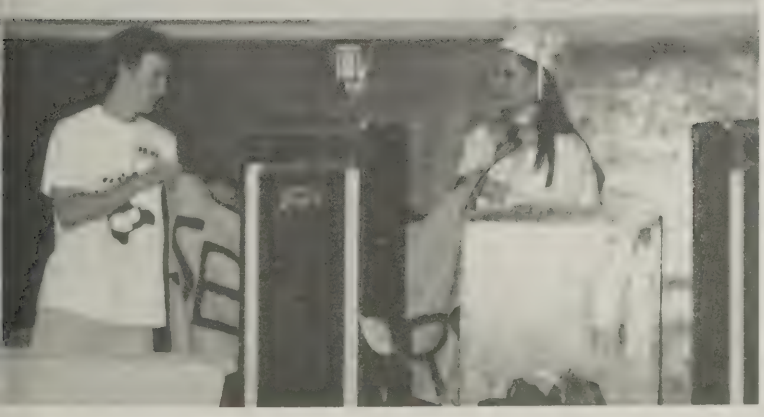
Returning to his seat after receiving a four year Air Force ROTC Scholarship, senior David Gurganus smiles with satisfaction. David said, "I was relieved when I received money because without it I would have been unable to attend N.C. State."





Deserving of Praise

Students were honored for achievements they made during their four years of high school. Senior Jireh Yue receives recognition and scholarship for his science fair project achievements. He attended an international level science fair.



Dozing Off

The annual awards assembly was held to honor students who had shown outstanding academic achievements during the year. Seniors Chris Diggs and Tony Woodard sit in a daze as the ceremonies continued.

Carrying On Traditions

The conclusion of the awards program was the seniors giving up the flag to the next class of seniors. Senior class vice-president Emily Adams passes the senior flag to the upcoming senior class president junior Marcus Jones.



Slowing Down
Calming down after a fast dance, juniors Mark Bradley and his date Alison Johanson dance side by side to juniors Bob Goddin and Ginger Aldridge. Bradley said, "I had fun fast dancing but it really made me tired. It was nice to slow down."

Lasting Moments

Last dance, last moments together are spent dancing with friends in a simulated Paris

Strolling along the streets of Paris hand in hand with your mate is a romantic fantasy f many girls and boys. That dream came true on Prom night as we went on a "Masquerad in Paris."

For most the day started in school at the awards assembly. Others chose to stay home give themselves some extra preparation time. "I wanted to get some extra rest so I wouldn be tired at the dance that night," said junior Bob Goddin.

The evening began with pictures in a common gathering place, usually someone's hous Parents and friends took pictures in as many different combinations as they could. "All m friends and I and our dates took pictures at my house. It took at least thirty minutes," sa senior Kristy Skinner.

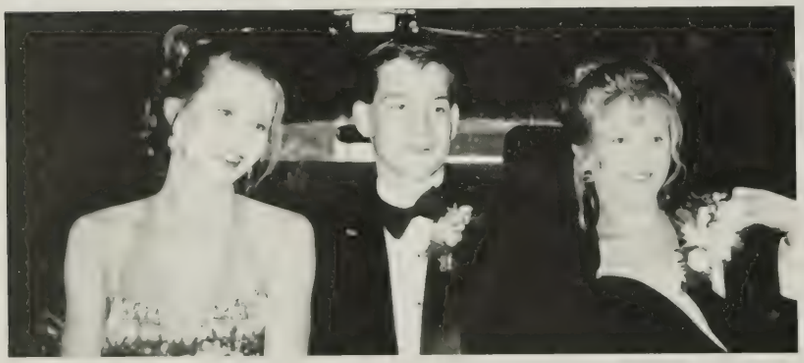
Limo rides were popular on Prom night. From gray to black to white limos, couples pil in to be driven to their next destination. "I went in a limo with my date and another coupl Our limo driver w cool and knew h way around pret well," said juni Stephanie Andres.

The dance began 8:30 p.m. and st dents arrived an where between 8 p.m. and 10:00 p.m. Some came even later. "I had a soccer game at 6:00 p.m. so by the tim we actually left for the prom it was almost 10:00 p.m.," said senior Scott Neilson.

Keeping with the theme of "Masquerade in Paris" the juniors decorated the room wi masks and hats on the tables and the Eiffel Tower everywhere. "We tried hard to create t feeling of being in Paris," said junior Ginger Aldridge.

At the dance students stood close together on the dance floor and danced with each oth one last time. They danced right up until the lights came up and the dance was over. A f students stayed until the chaperones had to kick them out. "I had a good time dancing w my friends. I was upset when the dance was over because I didn't want to stop dancing," s junior Kelly Roberts.

Prom was full of magic and memories. Juniors and seniors gathered together one last ti to say farewell.



Isn't That Cute
While watching the TV in their limo, seniors Gigi Gurtis, Mark Davis, and Kate Garvey laugh at *Animaniacs*. Mark said, "The limo ride was entertaining. The driver took a wrong turn and we ended up in a grassy field."



Can We Go Yet?
After a long night of dancing at Prom, senior Jeff Rowe tried to fight sleep at the after prom party. "I didn't seem to be doing all that well playing blackjack and when all your money is gone there's nothing else to do but sleep," said Jeff.



Royalty

It was a night filled with lasting memories. Part of the tradition was to declare a king and queen half way through the evening. Seniors Reesa Davis and Josh Shandor dance their official dance after they were crowned king and queen.



Boogie Down

At prom you heard the latest songs as well as some of the older ones. Students enjoyed twisting and shouting to the music. Juniors Marie Powell and Wynn McPherson dance as the DJ plays *YMCA* by The Village People, a student favorite.



Fueling Up

The dance floor at Prom was steaming with everyone dancing to the music. In between songs, students had to rest. Juniors Julie Ratley and Glenda Cox sit at a table with a drink from the bar, cooling off and preparing for the next dance.

Rainy weather forces senior picnic into commons where musical chairs highlights activities

Remembering Past

Twenty minutes long, eleven current songs, 274 slides, and two months of hard work is wha it took to make the senior slide show.

The slide show was done to replace the senior skits. It was put together by Mrs. Lind Montgomery, Mr. Keith Hasson, faculty members, and the senior class. "I was so thankful fo the opportunity to showcase the great students and talents in the senior class," said Mr Montgomery.

"It was a good replacement for senior skits. I liked the fact that there was a slide of everyon in our class," said senior Jackie Barnes.

"That was neat how they put together all of our memories throughout the years. I ju thought that it was incredible how they put four years of high school into twenty minutes slides," said senior Heather Shifflett.

"The slide show was put together so well that it made me want to cry. It will definitely b something that I wi always remember, said senior Melani Finch.

Due to a two da rainfall, the senio picnic was postpone until the day after th slide show and wa held in the commons. The seniors ate chicken, potato salad, cake, and rolls. Afterward, lo of them went into the gym and shot some hoops.

"I had a real good time there with all of my friends. I thought it was a good thing to hav because it gave us a chance to all be together one last time before graduation," said seni Patrick Benner.

Since it wouldn't stop raining, swimming at the Poquoson Pool was cancelled. In past yea the students were able to swim and eat at the pool after they took their exams. "I thought tha the food was good and it was well organized. I was just really disappointed that we weren able to have it at the pool and swim," said senior Katy Shanafelt.

Some things come and go in our lives, leaving no memory behind. Others are s impressionable that they leave footprints in our minds. The slide show and senior picnic wi always be in our hearts and minds.



Cooling Off

After a rough game of musical chairs, seniors needed more food and drinks to replenish energy lost during the game. Seniors Miah Caven and Nick Pennow relax and enjoy the food and drinks provided so they can play in the next game.



Stacking Up

Because of the rain, the senior picnic was held in the commons. Food proved to be an important part of the picnic. Seniors piled their plates with fried chicken and rolls. Shannon Morris attempts to carry her friends' plates to the trash can.



Cutting Up

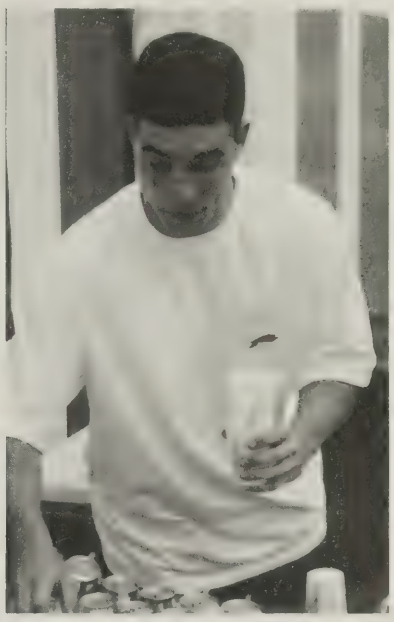
A cake was provided for the seniors at the picnic. It read "Congratulations Class Of 1995." Soon though it couldn't be read at all as seniors began to take a piece or two. Amanda Hamilton and Kathy Firth cut two pieces of cake for themselves to enjoy.

Fight To The Finish

At the picnic seniors played musical chairs, a game they recalled from elementary school. Laura Wade, Mandy Page, and David Smithley fight for the last two chairs. In the end Mandy reigned as queen of musical chairs.

Making Choices

A variety of drinks were provided for the seniors to choose from. The drinks were a good source of energy for games like musical chairs and basketball. Jimmy Jones tries to decide what he wants to drink from the Coke products offered.





Chow Down

At the picnic fried chicken, rolls, and soda were served for the seniors to eat. Although forks were provided some chose to use their fingers as eating utensils. Kara Gills and David Bragdon tear into their chicken.



All Together
The moving of the tassle from right to left signified the last act of the graduation ceremony. Senior class president Jeff Montgomery leads the class in the final gesture that makes them graduates of PHS.

Journey through odd odyssey leads class of 1995 to

Saying Goodbye

graduation filled with families, friends, tears

What a long strange trip it's been. The motto for the graduating class of 1995 speaks fo the class. The road had many turns and unexpected changes in direction, but th journey was over, graduation finally came. The destination was reached.

It was a beautiful day. The sky was blue. The summer season was kind, it was hot but no unbearable. The excitement floated through the air as the graduates assembled together fo the last time as a class.

Class President Jeff Montgomery began the ceremony with the welcoming address. Afte Jeff were speeches by the top three graduates, valedictorian Jesse Spencer and salutatorian Helene Lee and Ellen Hartman. Ellen Hartman said, "The guidance department jus happened to be re-averaging grades the day before graduation and informed me that I wa also salutatorian. I had to prepare a speech for the next day but I was so excited it didn matter."

Mr. Herber (Buddy) Green, th chairman of the Po quoson City Schoo Board, gave a speech emphasizing the im portance of a sens of humor. Then Dr Raymond E. Vernall, Superintendent, introduced the state Superintendent of Public Instru tion, Dr. William C. Bosher. Senior David Gurganus said, "I was impressed with Dr. Bosher address. It was humorous, but very appropriate with a lesson for everyone attendin graduation."

As soon as the class of 1995 sat in their chairs, some were left to think of what the futu had in store for them. Senior Gigi Gurtis said, "I was sitting there waiting to get my diplom I was thinking of what it would be like going to UVA. I can't wait."

After the diplomas were received the emotions finally had their impact. Senior Michel Hirsch said, "It was really sad knowing that this was the last time we would all be togeth as a class."

As the graduates stood outside the church giving congratulatory hugs, many look forward to beach week or spending time with their families. But when the new graduat looked into each other's eyes, they saw that the trip had just begun.



Congratulations
The Joe Thomas Award was granted to the senior who exemplified a combination of honor, academics, sports and community. Julia Shaw, the 1994 recipient, congratulates Jeff Montgomery on becming the most recent winner of the honor.



The Main Event
The keynote speaker at graduation was the State Superintendent of Public Instruction, Dr. William C. Bosher. Dr. Bosher emphasized the importance of education and growth beyond high school for every graduate, regardless of their goals.





Pinned Down

Many of the graduating senior girls used items such as bobby pins to hold their mortar boards on tight. Leslie Moore helps Jennifer Brigham prepare for her march across the stage without the fear of losing her hat.

Walk This Way

At the beginning of the graduation ceremony the honor graduates were led in by the valedictorian and the salutatorians. Valedictorian Jesse Spencer leads co-salutatorians Ellen Hartman and Helene Lee before a crowd of onlookers.



Pre-Race Pep Talk. Sound strategy was crucial to a good performance in all sports. Senior cross country runners Jon Abbott and Jeff Montgomery go over things one last time before the Penninsula Catholic Invitational. "We tried to run as a group because it's supposed to be faster," said Abbott.

Against All Odds

Run, Jump, Swing, Win

Strategy. Determination. Skill. Practice. Teamwork. Speed. Coordination. Power.

When taken individually this was certainly an odd grouping. But mixed together this became the recipe for a district, regional, or state caliber team -- a team that won against all odds.

One such team was the girls' basketball team. The ladies advanced all the way to the regional semi-finals where they were defeated by Lakeland. "Our playing has been inconsistent all season," said senior Karen Holst. "We had to practice extra hard to get as far as we got."

Another such team was the school's cross country team. Several team members placed high at state competition with junior Nick Creasman leading the way at 45th place. "The competition at the state level is incredible. The top runners finished three miles in 15 minutes! I was pleased with my showing though," he said.

Excelling in a sport, individual or team, meant self-sacrifice, hard work and lots of practice. In the end, those that gave their all suceeded **Against All Odds.**



AN ODD ODYSSEY

Good Game. At the Hampton Roads Academy gym the basketball team faced the Nansemond Suffolk Academy Saints in a non-district matchup. After losing the heart-breaker 44-60, juniors Erick Zohn, Tim Murphy, Jeff Mitchell, and Brady Diggs line up with coach Bob Baker to congratulate the Saints.



Rock-A-By Baby. Alone on the mat, wrestlers had to rely on their own knowledge and determination. Junior Stuart Sutton holds his opponent in a headlock while struggling for position. Sutton lost the match by pin.

Change

New Coach Encourages Team Pride



lright guys, huddle up! 228 backsweep on one."

These words were often repeated by the new head football coach, Don Ward. Football was full of surprises and change. The biggest was the coaching position. Don Ward, an assistant coach for 20 years, was named head coach in July. Having been assistant coach for 20 years gave him the advantage of knowing all the people on the team. Senior Travis Morse said, "I am happy that Mr. Ward was named the new coach. We are familiar with his style and expectations."

Senior Joey Holland agreed. "Coach Ward is a great coach. His attitude helps psych us up and have fun," he said.

Coach Ward possessed the attitude of having fun. Senior Mike Chauvin said, "Coach Ward doesn't worry as much about wins as he does about having fun. Practices are great because they aren't boring. You never know what's going to happen."

Though having fun was the main goal, a lot of work was accomplished during practices and games. During the summer, practices twice a day were a tough chore. Junior Erick Zohn said, "During two-a-days I thought I was going to die. It felt like it was 100 degrees outside. But through it all, I had a blast!"

Many players had the attitude that what was important was having fun. Senior Rob Green said, "I tried not to get too upset when things didn't go our way on the field. I was out there to have a good time and get a workout, and that's what I did."

Senior Eddie Keaton felt the same way. "With most of the guys on the team being friends and a cool coach, football was a lot of fun," he said.

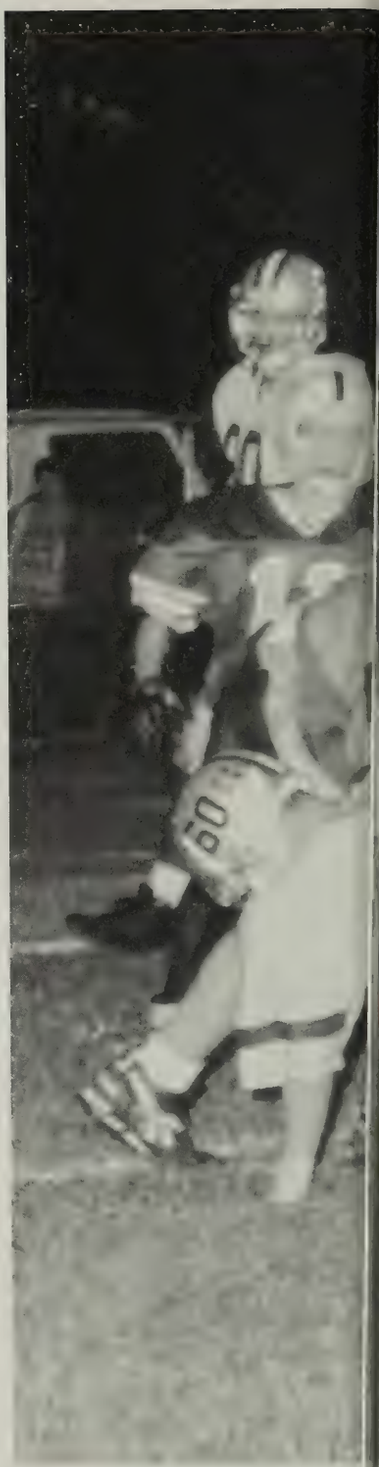
Coach Ward felt that many of the players maintained positive attitudes like Rob's. "I am very pleased with the team's efforts. They keep their heads up when things aren't going well. I like that," said Coach Ward.

Overall, the team's attitude was a mix of pleasure and disappointment. Junior Lucas Cutler said, "I think we have a good team--much better than our record shows. We had some tough breaks along the way."

Many games were close, and some guys thought that the team deserved to win a few more. Senior Jon Roberts said, "I can deal with losing games, but we worked well together and often played hard. I think we should have won a few more."

Since the team consisted of many seniors, it was most of the team's last year playing. Senior Chris Diggs felt that he would miss football. "Football was a big part of my life in high school, and now it will all be over. I'm sure I'll miss it," he said.

Senior George Owens also felt that he and most of his friends would miss the games and the practices. "Football gave me an opportunity to relieve stress and get some exercise. I'll probably get pretty nostalgic for it down the road. It was a lot of fun, and I really enjoyed hanging out with all of the guys," he said.





Football. Front to Back. Josh Shandor, Jon Kurek, Tony Woodard, George Owens, Steven Kreiger, Joey Holland, Robbi Hunt, David Smithly, Eddie Keaton, Ron Bottoms, Mike Chauvin, Forrest Holloway, Rob Green, Eddie Vande-Mortel, Ed Madre, Chris Diggs, Jon Roberts, Matt Rollins, Travis Morse, Ed Flynn, Rich Bennett, Andy Forrest, Bill Hammock, Chaz Southall, Troy Williams, James Dick, Dean Shannon, Matt Causey, Lucas Cutler, Stuart Sutton, Steven Palmer, Robbie Bolden, Jimmy Tomlinson, James Hanchy, Brad Beals, Jamey Warren, Jake Gaul, Phillip Pauls, Wesley Backus, Erick Zohn.

FOOTBALL

3-7

Nansemond Suffolk	Technical win
Mathews	13-30
Nottoway	8-22
Bruton	13-16
Lakeland	15-20
Nansemond River	0-26
York	0-27
Southampton	6-62
Franklin	10-7
Smithfield	33-14



Crush him. While playing defense against the York Falcons, senior Jimmy Jones takes down the running back. Fellow seniors Jon Roberts and David Smithley assisted on the play. The players knew that teamwork was essential to victory. Jimmy said, "Overall I felt our defense played really well. Often it was our offense that needed a push."

Let's go guys. During a break from the action, senior Eddie Vande-Mortel watches what is happening on the field. Breaks during the game were the keys to good plays, allowing players to catch their breath and stay fresh. Eddie said, "Although we tend to always want to be on the field, right in the middle of all of the action, breaks are neccessary to refresh our bodies and minds."







Keep him out of the front field. During the Homecoming game against York, junior Jake Gaul sacks the Falcon quarterback. Senior Travis Morse was there in case he got away. York won the Homecoming game with a score of 26-0. Jake said, "I was disappointed that we lost the Homecoming game to York again, but there is always next year."

Please block for me. After escaping the grasp of a York player, junior Erick Zohn looks for helping blocks from senior co-captains Rob Green and Ron Bottoms. "Teamwork is very important to the team, especially during kick returns. It really helps when I have lead blockers. That way I don't get crushed," said Erick.

Build

Loss of Several Players Proves Unimportant

The time is running out. Your team is getting awfully close to scoring the winning goal, but the other team has an excellent defense. All of a sudden, you hear the ball smack against the metal plate at the back of the goal. Victory!

The field hockey team finished with a 7-5-2 record which put them fourth place in the district.

"We lost a lot of good players last year, so we weren't as good as I had hoped. We have a lot of good underclassmen this year, so they should continue to do well in the future," said senior Ellen Hartman.

The major highlights of the season, according to most of the players, were the ties against Nansemond River (0-0) and York (0-0), because they were the first and third teams in the district respectively, and the team did not expect to even come close to them.

The shortage of seniors on the team did not really hinder them. "I think that the shortage of seniors wasn't a problem. The seniors that we have are great players and good leaders. I'll miss them next year," said freshman Christa Stutt.

"It's been a fun year, and I think everybody learned a lot. Hopefully next season will be equally as successful," said sophomore Maddie Beard.

According to sophomore Leanne Phillips, the girls played well and with good sportsmanship. "We're out there on the field playing as we should, while other teams seem to try to win by playing dirty," said Leanne.

For seniors, the last year was memorable. "I'm so glad that we had a decent record this year. It means a lot to me," said senior Heather Shifflett.

The team also went to the district tournament, where they played two games, one against Nansemond River, and one against Bruton. They defeated the Warriors, but the Panthers were a different story. At the end of regulation play, the score was tied 1-1. After no one scored in overtime, a penalty shot round was held. The Panthers won that contest 2-1. "I was really disappointed that a playoff game had to end in penalty shots. I would have rather played another overtime," said junior Kandi Fowler.

According to freshman Amanda Brown, the team has a bright future. "We have more freshmen and sophomores on the team than we do seniors. Next year should be an excellent season. We have many sophomores coming up from JV, and we will have a lot of seniors to lead us," said Amanda.

Sophomore Heather Ivey agreed with her. "Next year we should be a powerhouse in the Bay Rivers District," she said.

Concentration. Closely pursued by her Cavalier opponent, freshman Amanda Brown drives down the field. Her drive led to a later goal which helped the Islanders win 2-1. "When you're driving down the field, all you can think about is that the person behind you is going to catch you and steal the ball. It's very nerve racking to have someone that close to you," said Amanda.





Varsity Field Hockey. Front to Back. Kim Shifflett, Ellen Hartman, Heather Shifflett, Leanne Phillips, Elizabeth Leeson, Laura Asakura, Melissa Messick, Christa Stutt, Shannon Morris, Alison Johanson, Katie Cox, Ryann Sawyer, Shanon Hanson, manager Sherry Edwards, Kandi Fowler, Mary Roberts, Laura Schempt, Allison Dexter, Maddie Beard, Marina Valdez, Heather Gengnagel, Amanda Brown, Heather Ivey, manager Melissa Guill.

FIELD HOCKEY
7-5-2

Northampton	3-0
Lake Taylor	6-1
Norview	2-0
Bruton	1-4
Nansemond River	0-0
Southampton	4-0
York	0-0
Lakeland	2-1
Nansemond River	0-2
Bruton	0-1
Southampton	7-0
York	0-3
Lakeland	2-1
Lafayette	0-1



Fast break. As the ball rolls down the field, senior Heather Shifflett and junior Katie Cox open up a fast break. Shifflett and Cox used their speed to execute key offensive plays. "Fast breaks not only allow for offensive drives, but they liven up the crowd and give the team moral support," said Katie.





Watchful eyes. As the Lakeland opponent shoots, senior Kim Shifflett attempts a block while sophomore goalie Maddie Beard makes sure the goal does not occur. Good defense was a key to winning. "Being a goalie is hard. Not only does it take concentration, but you feel a great pressure on you to do well so that the team succeeds," said Maddie.

Defense. While her opponent attempts to drive, senior Elizabeth Leeson studies her maneuvers. Elizabeth's efforts led to a successful steal and a setup for a goal. "Making a steal gives you a sense of pride. You really feel like you're doing something to help out the team," she said.

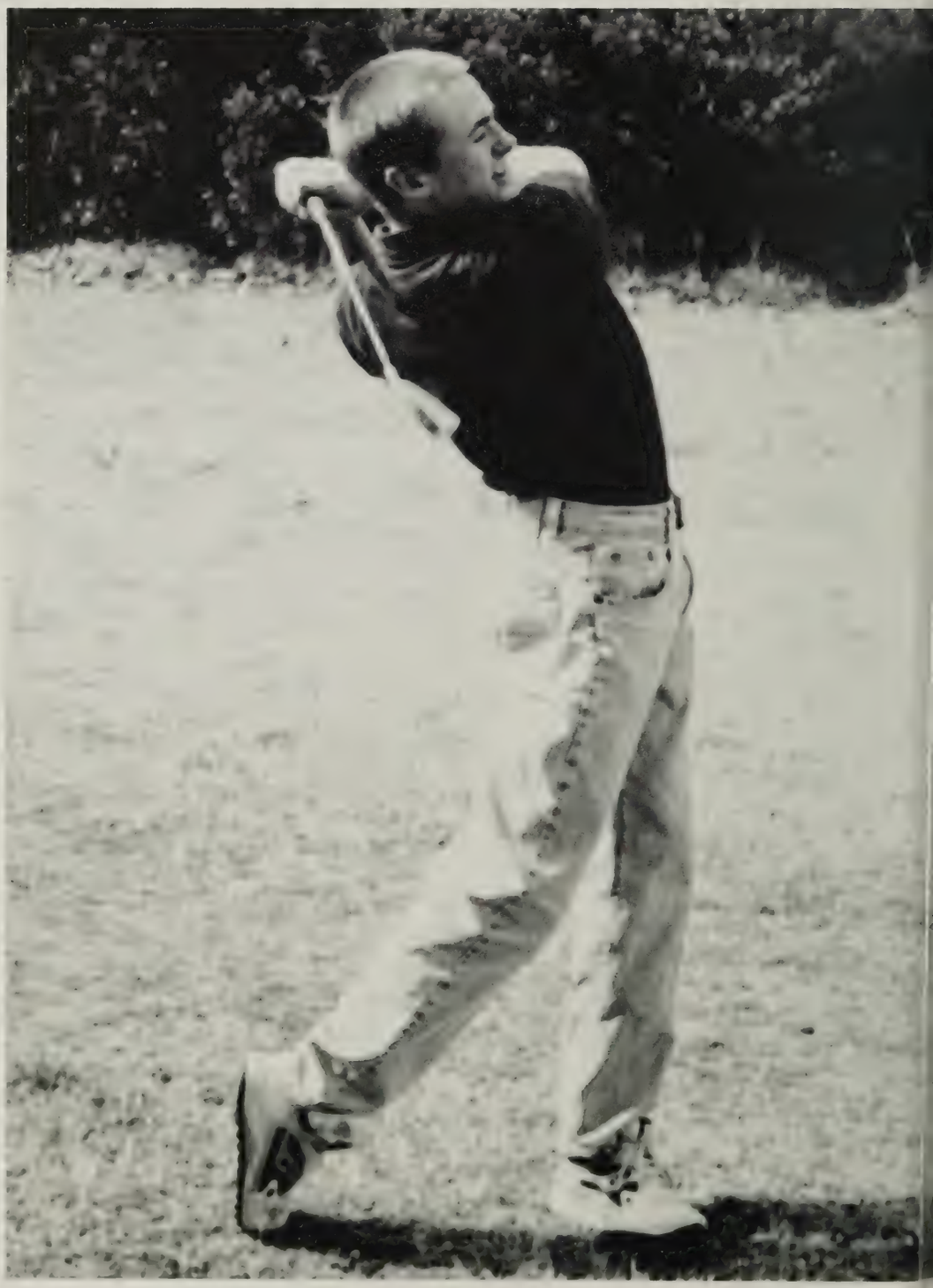
Very serious concentration. At the state tournament in Lee County, junior Kevin Cockrell putts on the 12th hole. "I was very lucky to advance to the state tournament. It was an experience that I might never have again. It was fun to play with people from all over the state for a change," said Kevin. "Making it to state is a rare and important event."

I can do it. During the match against York, junior Bob Goddin stretches the ball down the fairway. His effort ended in a birdie, which led to a successful round. Bob said, "When the pressure is on at matches it keeps me on my toes. I work hard at practice to ensure decent performances. I hope to keep improving and be able to contribute even more to the team next year."









Practice makes perfect. Late one afternoon, freshman Pete Anderson practices his drive behind the high school. Golf was one of the many sports that required constant repetitious practice. Pete said, "I often cannot get to a golf course, but having all that grass behind the school really helps out a lot when you have no where else to practice."

I've got to improve my swing. During his spare time, senior Mike Casey perfects his stroke. His practicing paid off, sending him to regionals as well as making him the Bay Rivers District champion. Mike said, "I was disappointed that I did not get to go to state, but winning the district was the perfect way to end my high school golf career."



Golf. Front to Back. Sam Adams, Peter Anderson, Mike Casey, Bob Goddin, Ralph Mason, coach Ed Spain, Stephen Turbish, Kevin Cockrell, Dan Rogers, Ricky Hellman, Patrick Benner.

GOLF

District Standings

York	1903
Nansemond River	1977
Lakeland	2005
Poquoson	2043
Franklin	2087
Smithfield	2211



Advance

Players Overcome Obstacles, Head To Regionals

Looking into the sun, you cover your face with your hand as the ball flies down the fairway. As it starts to descend, a look of satisfaction comes over your face. Then it bounces and lands on the green.

The golf team finished with a 2043 score, fourth place, which took them to the district tournament. At districts, the team finished third and advanced to regionals. Finishing fourth in regionals, they sent junior Kevin Cockrell to the state tournament in Jonesville.

"I think the team's season highlight was coming from behind in the district tournament to capture third and advancing to the regional tournament," said Kevin.

Junior Bob Goddin agreed with Kevin. "The team had a lot of talent this year, and I feel that we could have done better than fourth in regionals. There is always next year though, and more practice and experience ought to help us out then," said Bob.

While the team placed only fourth in the regular season, senior Mike Casey finished first overall in the district. He accomplished this at the last regular season competition at Woodland Golf Course. "It was a wonderful way to finish my senior year," said Mike. "I definitely worked very hard in order to place first in the district."

Others were not as successful. "I didn't do that well this season, but I'm going to practice a lot this summer and I intend to improve," said junior Ricky Hellman.

Freshman Ralph Mason felt that most of the season was hard work and dedication, but there was also room for fun. "We had a lot of cool people on the team. Even when we were working hard, they were all pretty fun to be around. Good relations with teammates is important. I'm looking forward to next season."

Senior Stephen Turbish felt the same way. "Everyone worked hard, but more importantly, we all learned a lot, improved our game, and had a lot of fun," he said.

Improving seemed to be an important reason to make it to practice for most of the members of the golf team. Senior Patrick Benner said, "Like gaining skill in other sports, it is really satisfying to improve your swing and your scores. Watching myself improve over the season gave me a great feeling."

Though the team was a little disappointed with a fourth place finish in regionals, overall they were satisfied with the season. They made friends, had fun, and improved their games.



You aren't going to get this ball. Doing her best to maintain possession of the ball, sophomore Rebecca Turbish struggles to move down the field. The Islanders had several opportunities during the season to display the offensive techniques they had learned in order to prepare for varsity. Rebecca said, "When I play, I concentrate on making sure we have possession of the ball, or on getting the ball back."

Steal it. During the Lakeland game on October 27, sophomore Lindsey Keddell goes after the Cavaliers' offense, while freshman Christine Leeson comes to her aid. Despite their efforts, the team lost 1-3. Christine said, "Teamwork is the most important aspect of any team sport, and it happened to be one of our strong points."

You can't stop me. Having been trained well in defense, freshman Vicki Firth is unfazed by a Packer's attempted block. Vicki said, "Many players try to intimidate us when they block, but it doesn't distract us. We just make sure our thoughts are completely on the game and what would be the most strategic move we could make."





JV BASKETBALL
11-3

Lakeland	46-41
Smithfield	59-10
York	38-48
Bruton	58-29
Nansemond Suffolk	33-28
Southampton	59-12
Franklin	54-36
Lakeland	41-42
Nansemond Suffolk	55-24
Smithfield	50-20
York	42-51
Bruton	37-18
Southampton	45-17
Franklin	59-22



JV Basketball. Front to Back. Megan Powell, Corie Forrest, Kathleen Kreiger, Laura Jenkins, Beth Thomas, Jennifer Staton, Natalie Stallings, Jennifer Davison, Nicole Hicks, Nicole Saldecke, Tracy Morse, Angela Taliaferro, Vicki Firth, Nina Richardson, Shannon Weisner, Meredith Cassell, Kelli Forrest.





Prepare

Fun, Work Go Hand in Hand

Twenty-six, twenty-seven, twenty-eight, twenty-nine, thirty. These words echoed through the gym while the girls' JV basketball team ran their thirty second sprints, more commonly known as suicides.

"The suicides were painful, but like almost any exercise you felt really good afterwards. You felt accomplished," said sophomore Tracy Morse.

Due to the late starting game season the girls had more than enough time to work on fundamentals and build strength and endurance. Sophomore Shannon Weisner said, "I think that having the games start so late in the season helped a lot. We had more time to practice working on the things that we usually never have time for, like dribbling, shooting and one-on-one moves. Improving in these areas helped us a lot." The girls' JV basketball team had a whole month or so to practice before their first game.

To some the season seemed easier than the year before. Freshman Beth Ann Thomas said, "The overall season went really well. This year seemed a little easier than last year. I think the main reason was Tabb moved up to AAA. The only real competition we had was York."

Coach Richard Routten did not keep as many eighth graders as he did last year. This left many people wondering whether this was going to help or hurt the team down the road. Freshman Viki Firth said, "We played well this year, but we had a lot of returning players who had a lot of experience. I like it better that way, but down the road there may be less people on the team because fewer eighth graders were put on the team this year. It worked out this year so I guess that's all that counts right now."

JV field hockey players had to adjust to a new coach, Vann Brown-Baker. "I didn't know what to expect because of the new coach, but the season turned out to be a lot of fun," said sophomore Sylvia Corneliussen.

Many players believed that the key to the season was to have fun and to improve their game. Freshman Michelle Harrell said, "Although the records didn't show it, we had a really good season. After all, JV is only to ready you for varsity and I had a great time doing it."

"During tryouts I had hoped to make varsity. Then during the season I was glad that I was on JV because I got a lot of playing time," said sophomore Valerie Sledd.

The highlight of the season was a 2-0 victory against Northampton. "We played well against the Yellow Jackets. I only wish we could have played like that more often throughout the season," said freshman Rebecca Turbish.



JV Field Hockey. Front to Back. Jennifer Haczewski, Lindsay Kedell, Mary Beth Evans, Valerie Sledd, Michelle Harrell, Alison Mast, Kristin Martin, Mandie Kern, Rebecca Turbish, Alison Quenville, Christine Leeson, Rachel McGraw, Blair Hardaway, Katie Edwards, Kristy Woody, Melissa Moore, Sylvia Corneliussen, Aimee Halvorson.

JV FIELD HOCKEY
1-8-1

Northampton	2-0
Bruton	0-1
Nansemond River	0-3
York	0-3
Lakeland	2-2
Nansemond River	1-6
Bruton	0-1
York	1-3
Lakeland	1-3
Lafayette	0-2

Improve

Practices Increase Stamina



"OK. I hope everybody is nice and stretched out because we're going to have a great workout today. Girls, you can go ahead and start your three big loops and guys, go ahead and do five. Afterwards we'll have ourselves a good stretch."

That was the voice of coach Jeff Jackson at the typical after school cross country practice.

The cross country team practiced every day after school. The practices were short, but consisted of continuous running. "A lot of people complain about how the cross country and track practices are always so short, but I think that you can only run for so long or you totally exhaust yourself. It was a lot harder than I thought it would be, but I still plan on coming back next year no matter what," said sophomore Becky David.

After they completed their daily runs, the team would take part in a group stretch. Jackson said, "Stretching is an essential element when you're running because you must keep your muscles loose. This prevents pulls and strains."

Some people ran to benefit for other sports. "The reason I ran cross country was to help me get in shape for basketball season," said senior Jeff Montgomery.

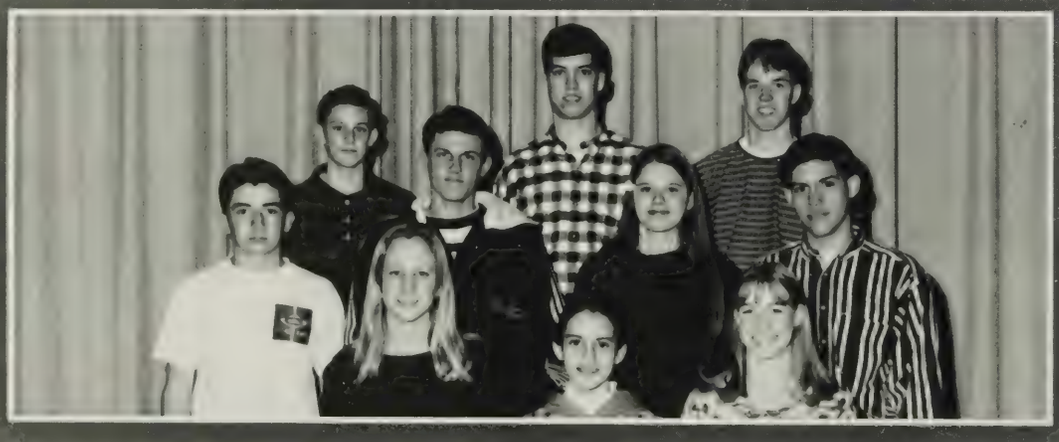
Everyone on the team agreed that cross country was difficult. Senior Jon Abbott said, "You haven't experienced real pain until you've run 5K in under eighteen minutes in 90 degree weather. All other sports are weak in comparison to cross country."

There were a few people who ran for the first time. Junior Charlie French said, "This was my first year and I thought it was hard because I had never really done much running before. The practices got easier as the season progressed, but that is because we built up our stamina. Every now and then Jackson would throw a really hard practice at us like the ones at Nolan Trail or Sentara."

Near the end of the season many runners agreed that their stamina had increased and their times had gone down. Freshman Miranda Wichelns said, "I have shaved quite a bit of time off my mile since the beginning of the season. I am also planning on running track."

Freshman Keith Gibbs said, "Going to state was a lot of fun. I hope we get to go every year that I am on the team."

Many felt that without a love for running they wouldn't be on the team. Junior Laurie Johnson said, "I have always loved to run. Whenever I run I feel like I could run forever. I always keep a pair of running shoes and spare clothes in the back of my car just in case I am ever anywhere I think would make a really great place to run."



Cross Country. Front to Back. Becky David, Miranda Wichelns, Kristi Geppert, Phil Prisco, Aaron McDaniel, Ida Nelby, Jimmy Welsh, Jeff Scott, Jonathan Abbott, Jeff Montgomery.

CROSS COUNTRY

Girls 2-4	
New Kent	50-15
Nansemond-Suffolk	Technical win
Lakeland	Technical win
Nansemod River	52-24
Bruton	52-46
York	50-15
Boys 5-2	
New Kent	22-42
Smithfield	22-65
Lakeland	28-27
Nasemond River	27-84
Bruton	27-28
York	38-21
Southampton	38-83



It's time to get psyched. Chatting with his sister, sophomore Dana Montgomery, senior Jeff Montgomery prepares for his event in the state cross country meet while senior Jimmy Welsh and junior Charlie French look on. During important events, many athletes appreciated the calming effects of moral support from family members and friends.

I'm almost through. Looking determined, sophomore Becky David struggles to finish her race. Most team members felt that home meets gave them an extra edge. "I had a really great season until I went to state and injured my ankle. I'm just glad that track doesn't start right after cross country season. I have a whole season to heal before I start running track.," said Becky.







I can do it. His stamina paying off from long hours of practicing, senior Jeff Montogomery runs through his home turf at a meet against Bruton. "Excelling at meets makes you feel really good about the grueling practices. They become well worth it, especially if you get to go to state. I hope to go to state in track this year again too," said Jeff.

Miles with smiles. Remaining cheery through what most would consider a torturous run, freshman Kristi Geppert leads the pack. Freshman Victoria Hort and senior Kate Garvey struggled to cross the finish line. During meets which the girls felt confident about winning, they often ran in packs and kept an interesting conversation going.



Pump up the spirit. Smiles in place, sophomores Maren LaBelle and Gretchen Zohn snap to the beat at a pep rally. Making sure that every member of the squad's movements was uniform was one of the most important aspects of cheerleading. Gretchen said, "We work hard to make sure that our movements are always together and concise."

Go bulls go. During the Homecoming parade, senior Tammy Ancell leads junior Michelle Watkins and the rest of the varsity cheerleading squad down Poquoson Avenue. Michelle said, "Parades are an interesting change of pace in comparison to regular games. It's nice to have some variety in cheering." The parade always took place just a few hours before the football game began.

Keep smiling. Making sure her movements are concise, senior Jackie Barnes prepares to begin a dance routine at the Homecoming pep rally. The cheerleaders often spent hours polishing dances for important pep rallies. "We planned for the Homecoming pep rally for weeks. It was very rewarding to see it pay off."







Fall Varsity Cheerleading. Front to Back. Laura Wade, Michelle Watkins, Christine Solga, Angie Romero, Jackie Barnes, Colleen Smith, Ginger Aldridge, Reesa Davis, Kelli Alger, Gigi Gurtis, Tammy Ancell, Mandy Groseth.



Winter Varsity Cheerleading. Front to Back. Emily Shepherd, Michelle Watkins, Remle Diggs, Jackie Barnes, Racheal Gilbert, Sarah Kreiger, Colleen Smith, Joanna Lemmons, Ashley West, Kelli Alger.





Devotion

Countless Hours Pay Off

"Let's practice that new cheer one more time."
"We need to perfect the pop-up."
"Is everyone psyched for the pep rally?"
"Remember, we must be louder than the crowd."

The JV and varsity cheerleaders' main goal was to raise the spirits of the fans as well as the athletes. The girls put hours of work into learning dance routines, practicing cheers, perfecting stunts, and making signs.

Junior Mandy Groseth said, "Cheerleading is a lot of work, but it's very rewarding. It's really great to be able to get the fans pumped up."

Due to the number of returnees, most of the girls had experience working together. Senior Angie Romero said, "I knew all of the girls on the squad, so everyone was really easy to work with right from the start."

Although the varsity squad lost a few members for the winter season, the remaining girls and the new members pulled together to keep the fans' and athletes' spirits high. Junior Colleen Smith said, "Some of the girls needed to take a break, but the new squad was just as dedicated and fun. Learning to work with different squad members is a positive thing."

Injuries and difficulties arose in most sports, cheerleading included. Sophomore Emily Shepherd said, "When conflicts arose, we helped one another out in order to conquer them. The squad worked well together."

In the end, the cheerleaders felt that spirits were higher than ever. "We worked really hard and it felt great to see it pay off," said freshman Stacey Stone.

Freshman Randi Webb agreed. "It's the best feeling to look out into the crowd and see people cheering along with us. It makes me feel as if we have accomplished our goals," she said.

Senior Reesa Davis's final season of cheering was important to her. "I have cheered for years, and I knew that I would miss it. My last season cheering for girls' basketball and football was a great way to remember cheerleading and all of the great times I had."

Working together, enthusiasm and experience were all factors that enabled the cheerleaders to keep the fans and athletes spirited. Stacey Stone believed that enthusiasm was one of the most important keys to success. She said, "Cheerleading is all about enthusiasm. How would the spectators or players manage to get excited about the game if the cheerleaders were acting bored? We worked hard to make sure that we set aside other thoughts and concentrated on the action on the floor. That helped us maintain enthusiasm and share it with the fans and the team."



Fall JV Cheerleading. Front to Back. Stacey Stone, Remle Diggs, Jessica Dryden, Gair Perry, Sarah Kreiger, Rachael Gilbert, Jaclyn Smith, Jennifer Lemmons, Maura Garvey, Randi Webb, Maren LaBelle, Gretchen Zohn.



Winter JV Cheerleading. Front to Back. Gair Perry, Randi Webb, Jessica Dryden, Jenny Holland, Kristie Sutton, Kristi Geppert, Lindsey Reinholt, Sarah Deihl, Jessica Mardis, Stacey Stone, April Weaver, Jennifer Brandt.

I'm open. As the Smithfield defender watches intently, senior Julie Nozynski makes a quick chest pass to senior Michelle Hirsch. Good defense was a surefire way to lead the Lady Islanders to victory. Julie said, "Although our offense wasn't always super strong, our defense usually was. Often our defense saved us and helped us win the games."

Think fast. Accepting a pass from the left wing, senior Mandy Page prepares for the next event in her plan of action. Mandy led the team in three pointers and was the leading scorer throughout the year. She said, "I have been playing basketball for many years, and it really felt great to be able to significantly contribute to the success of the team."







Stay away. With her defensive arm up, senior Tracy Swandol dribbles left handed around her defensive player. Swandol was one of the many returnees who continued for her senior year. Tracy said, "I've learned through experience that good defense techniques are essential. I'm going to miss basketball, but I'll probably come to see the Lady Islanders play in the future."



Jump. At a home basketball game against Smithfield's Lady Packers, junior Bonnie Tasillo jumps high and reaches for the rebound while senior Michelle Hirsch stands by for assistance. Bonnie said, "My shooting ability improved a great deal this year through strenuous practice. I hope it will improve more in the future, because there is certainly always room for improvement in the game of basketball."



Varsity Basketball. Front to Back. Karen Holst, Tracy Swandol, Christi Diggs, Lara Flannigan, Mandy Page, Molly Bowden, Michelle Hirsch, Bonnie Tasillo, Julie Nozynski, Jessica DeWitt, manager Valerie Moore.

GIRLS' BASKETBALL	
11-4	
Greenbriar Academy	26-40
Cape Henry	36-15
York	40-35
Lakeland	56-50
Smithfield	46-23
York	60-42
Bruton	55-50
Nansemond Suffolk Academy	55-43
Southampton	33-27
Nansemond River	40-44
Franklin	46-42
Lakeland	42-45
Nansemond Suffolk Academy	27-54
York	50-31
Smithfield	62-49



Teamwork

Closeness Proves Beneficial

As she dribbled the ball down the court and prepared to pass it to a teammate, her only thoughts were of winning. When her teammate shot a three-pointer she thought of the beauty of teamwork. When they won the game against York, 60-42, the benefits of hard work triumphed.

With the exception of juniors Lara Flannigan and Bonnie Tasillo, the Lady Islanders were all returnees and seniors. This kept the team a close group of friends. Senior Tracy Swandol said, "We've played together for years now and we work wonderfully as a team. We are all very close-knit friends, and that helps when the pressure is on."

Junior Laura Flannigan agreed that the team was composed of friendly hard workers. "I was a little intimidated when I first started playing because I was one of only two junior players, but all the girls were so welcoming and friendly that I was quickly put at ease. We worked really hard, and the fact that we supported each other so well is really important."

The Lady Islanders beat one of their tougher competitors, Bruton, 55-50. Senior Michelle Hirsch said, "Last year we beat Bruton by two points, then they beat us by nine, so it has always been pretty close. It felt great to win that game because Bruton is a pretty talented team."

Of course, the Lady Islanders no longer played Tabb, but changes occurred with other teams as well. Senior Jessica DeWitt noted that Nansemond River had improved. Jessica said, "We used to play them and one of our players would score more points then they did in the whole game. This season they actually beat us 40-44."

Senior Karen Holst missed the rivalry between the Tabb Tigers and the Lady Islanders. Karen said, "Part of the fun of basketball is the adrenaline rush I get before games. Getting mentally psyched to play well with the team is very important. The rush was still there with other teams, but it was always really intense with Tabb."

The Lady Islanders worked their way to regionals. On November 17, they lost the game that could have taken them to state. The Lakeland Lady Cavaliers defeated them 29-38.

Senior Molly Bowden was disappointed, but she felt that the season should end in a positive light. Molly said, "It would have been great to go to state, but we all worked hard and had a pretty good season. We owe a lot of our success to our coach, who pushed us and pushed us, forcing us to play a better game of basketball."



Keep on truckin'. Successfully executing a bucksweep, freshman Tyler Evans uses his down field blockers to gain more yardage. The bucksweep, a hand-off sweep around the end, was the most used play series for the team. Tyler said, "We use the bucksweep so often that it was pretty easy to master; however, it's a very important move to know."

Pass. Dropping back to attempt a pass against Franklin, sophomore Chris Riley looks for an open receiver. Chris said, "In football, you have to be alert and prepared to think fast on the field. It really helps when you're teammates are the same way when you need a receiver." Chris was moved up to the varsity team towards the end of the year.



Catch that ball. During a home game against York, sophomore J.M. Nobile attempts to stop a pass that ventured out of control. Great hustle on plays such as this allowed the JV squad to have a successful season.

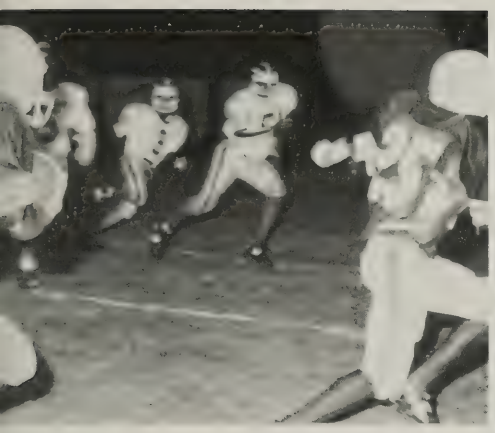


JV SOCCER
12-0

Ferguson	8-0
Gloucester	1-0
Hampton	13-1
Kecoughtan	1-0
Tabb	2-0
Franklin	8-1
Nansemond River	6-0
Menchville	5-0
Bruton	11-0
York	2-1
Lakeland	4-0
Smithfield	10-0



JV Soccer. Front to back. Jarrett Yehlen, Andrew Staton, Richard Snapp, Natalie Stallings, Justin Williams Nathan Holst, Frank Beazlie, Meredith Cassell, Donald Todd, Tommy Crittenden, Cory Groseth Craig Brown, Dave Nadolny, Shawn Edwards, William Dearman, coach Art Thatcher, manager Becky Turbish Albert Bowden, Graham Hunt,Tommy Morgan, J.M. Noble, Matt Harker, Ryan Hunter, Jason Koptish manager Lydia Patrick.





Reward

Skills acquired benefit future

JV sports are a learning stage -- an opportunity to develop skills in order to excel at the varsity level. Sometimes one can get an indication at the JV level of how varsity will perform the next year. If that's the case, JV football and soccer have quite a bit of promise.

The JV football squad had a deceiving record. "I felt our team was a lot better than our record. We had a lot of talent, but the breaks didn't go our way," said sophomore Chris Riley.

"I feel like I learned a lot about what kind of attitude you need and also about what it takes to successfully compete at the varsity level," said sophomore Mike Andriliunas.

When asked about team performance, freshman Josh Kovar said, "I felt pretty confident about our team. I am sure that when we move up to varsity we will be prepared."

JV football wasn't the only successful sport. JV soccer was just as talented and skilled.

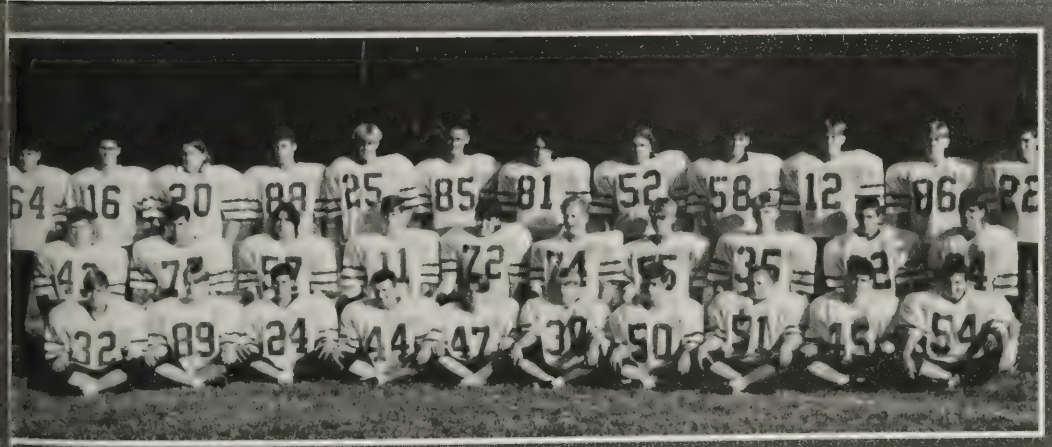
The goal of the squad was to use the season as a stepping stone for the varsity level. They also had the district title in mind. "I wanted to use this year as a learning session for next year. I also wanted us to be the best in the district," said sophomore J.M. Nobile.

They wanted to win the district, and win the district they did. The team finished up with a 6-0 record and out-scored their opponents by more than four goals per game, far surpassing their goal of winning the district title. "I am really proud of the way they played this year. They excelled in every area of the game," said coach Art Thatcher.

With mostly freshman on the team, even more success is expected in the future. "With all of the freshmen on the team this year, I expect improvement next season. Through games and constant practice, we learned to play well together. Having most of the team back next year is going to be great," said freshman Craig Brown.

For JV football and soccer, the goal was to prepare for the varsity level. Since most of the team members seemed well prepared and confident, it should be an easy transition. "I think I am ready for the varsity level. I played both JV football and soccer and did pretty well. I'm really looking forward to moving up next year," said sophomore Albert Bowden.

Although JV sports were supposed to be at a learning level, they could also be fun, according to soccer player freshman Dave Nadolny. "I'm glad I had the chance to play JV soccer. I really enjoyed the fun we had," said Dave.



JV Football. Front to back. James Holloway, Damian Bernache, Shawn Gillispie, Chris Gibbs, Mark Philbeck, Brad Chauvin, Mike Welsh, Josh Kovar, Josh Miller, Shawn Major, Chris Carter, David Ward, Tim Thomas, Chris Riley, Jeremy Gregg, Ronnie Singleton, Robert Dorsey, Daniel Mathis, Jerrod Hurr, Daniel Dossey, Emile Cochet, John Bargeman, Malcolm Matheson, Eric Odom, Anthony Ashley, Ricky Brown, Albert Bowden, Mark Mike Andrillunis, Jamison Potter, Tyler Evans.

JV FOOTBALL

3-4

Lakeland	0-21
Smithfield	21-0
York	6-20
Bruton	28-14
Southampton	27-32
Nansemond River	6-35
Franklin	28-14

Success

Wrestlers Place Second in State



"Go for his legs. Shoot, shoot!" Those are familiar sounds in the gym when it comes time to wrestle.

The wrestling team was filled with excitement about one of their major changes. A new head coach directed the team. Andy Stone, an assistant from last year, was named the new coach before the school year began, "I liked the fact that Coach Stone was the choice for the position," said senior Mike Casey. "We were all familiar with him, so it wasn't a hard adjustment. It didn't break our concentration."

That concentration focused on a state title. Finishing near the top behind Grundy in recent years didn't satisfy the team. "I really wanted to beat Grundy. I'm sick of them always winning," said junior Chris Thompson.

Although the team breezed through the district season undefeated and won regionals convincingly, they could only to manage a second place title at state. "I'm a little disappointed at our second place finish. I felt like we had a good shot at state title," said junior Wesley Backus.

Through it all, the wrestlers felt it was a successful season. "I'm pleased with the way our year went. I'm mad that we didn't win state, but a first in the district and a regional title is still something to be proud of," said senior Jimmy Jones.

There were many freshmen and sophomores who made the varsity team this year. Freshman Shawn Gillispie was named to the all-district team, as was sophomore George Gori. "It was an honor to be named to the all-district team, being an underclassman," said George.

There were also some first time upperclassmen competitors. Two examples were juniors Dean Shannon and Stuart Sutton. Stuart said, "Being a first year upperclassman was hard. I went out there, not knowing any moves, constantly having to wrestle more experienced people. I learned a lot though." Dean said, "It has been six years since I wrestled and that was in cub wrestling."

Senior Forrest Holloway said, "I am really proud of those guys who came out for the first time this year. We have always been tight as a team, but when you are out on the floor, it's one on one. It takes a lot of guts to wrestle for the first time with no experience, especially on the varsity level."

With a squad filled by many underclassmen, the team looked forward to an exciting future. Sophomore Jason Forrest said, "With a lot of us being underclassmen, it gave us good experience wrestling at the varsity level. It will help our skills next year and the year after."

Freshman Shawn Gillispie said, "Since we're a young bunch, I expect big things out of us in the future. I can't wait."



Wrestling. Front to back. Seth Forrest, Mike Akers, Joseph Miskell, Josh Hurr, Andrew Causey, Tyler Evans, Emile Cochet, D. J. Ward, Jarrod Hurr, Jacob Inge, Shawn Gillispie, Tim Mattson, Bill Hammack, Chris Fowler, Josh Insley, Adam Simmons, Damian Bernache, Jason Forrest, James Holloway, manager Rene Frazier, manager Rene Booth, Brad Fitzpatrick, George Gori, Dean Shannon, Wesley Backus, Stuart Sutton, Jeremy Gregg, Chris Thompson, Michael Green, coach David Wiker, coach Bo Webb, manager Chris Diggs, manager Danielle Backus, Jonathan Backus, Rob Green, Forrest Holloway, Travis Morse, Scott Seitz, Jimmy Jones, Eddie Keeton, coach Andy Stone.

WRESTLING
12-4

Kempsville	47-18
Denbigh	34-25
Lakeland	49-21
Deep Creek	33-31
Green Run	59-12
Southampton	59-12
McEachern	27-26
Line Mountain	15-39
Great Bridge	15-49
Grundy	15-41
Tallwood	29-33
Bruton	46-32
Tabb	42-31
York	47-20
Nansemond River	36-21
Franklin	62-6

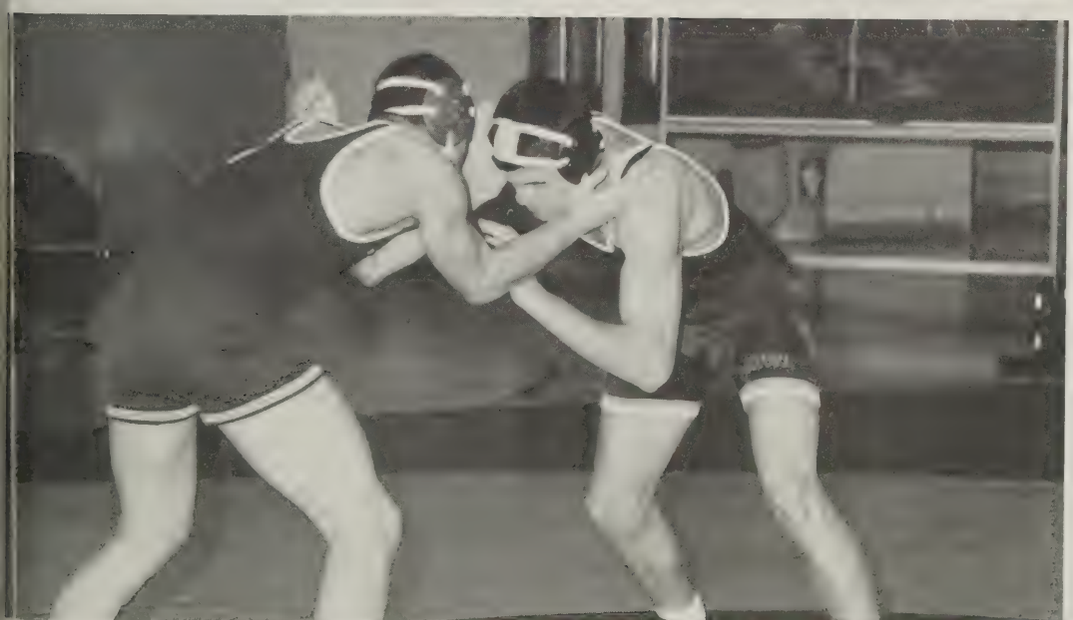


Flip of the coin. Prior to matches, the referee flipped a special coin to decide which team got to choose their starting positions. Senior captain Mike Casey looks on as a Bruton captain watches in anticipation.

You can do it, guys. Hand on the hip, coach Mr. Andy Stone concentrates on the performance of a wrestler. Shouting commands to try to help lead the team to victory was also part of Stone's matside agenda.







Twister. In a rather binding position, sophomore James Holloway pauses a moment to consider his next move. "I hate being in those positions, because you never know what your opponent is going to do next. Fortunately in this match, I guessed correctly and was able to earn two points for the reverse," said James.

I'll take you down. Planning his next move, junior Stuart Sutton battles with a Bruton opponent. "Skill and the mental aspects of wrestling are really what matter the most, since we each wrestle guys in our own weight class," said Stuart.

Accomplishment

Satisfaction Found in Goals Met

"Set!" "Spike!" "Dig!" "Service!" Whenever one hears those words, one knows a volleyball game is being played.

The volleyball team had many goals they wanted to accomplish. They wanted to win the district tournament. Although they finished second behind Nansemond River, they were still satisfied. "I really wanted to win district. Even though we didn't, I was still pleased because we made it to regionals and eventually state," said senior Sarah Richardson.

After a third place finish in the regular season, and a second at the district tournament, the squad had a second place finish at regionals. That allowed them a berth in the state tournament. "I was a little disappointed that we lost at regionals, but since we still made it to state I was happy," said senior Amy Taylor.

In the first round of the state tournament they faced power house Robert E. Lee High School. Although the girls played hard, they were defeated. "I thought the first round of the state tournament was tough. The team we played was really good," said junior Mandy Groseth.

The girls accomplished several goals, including wins at the district and regional tournaments. "I felt really good about the season. Even though I didn't play a lot, I gained experience that I will need for next year," said junior Tiffanie Petrin.

Sophomore Jennifer Davison agreed. She said, "I agree with Tiffanie. I felt that my playing time this year was very valuable. It gave me great experience for next year."

With eight seniors leaving the team, next year's squad is looking forward to a young, exciting team. Only four players, three juniors and a sophomore, are returning next year. Junior Laura Schempf said, "This being my first year on the team, I was really excited. But I am really looking forward to next year because we'll be a very young and juvenated team. I'm expecting big things from us. It will take some time, but we'll do well."

Senior Christy Diggs said, "With the team mainly consisting of seniors, we had a lot of experience. Next year, with only four returnees, they will have a little more trouble in that area. The team will be primarily juniors. It will be tough, but they can do it."

Overall, the girls had a successful season. Making it to the state tournament was a satisfying ending for most of the team. Coach Brauer said, "I am really happy with the girls. They did great. I can't wait for next year."

Reach for the sky. In mid-air, senior Kristie Skinner sets a volleyball and watches it as it sails over the net and in to the opposite court. "We underwent quite a bit of conditioning in order to improve all areas of our flexibility and agility, which helped with executing a skillful set," said Kristie. The team defeated York by a score of 2-0.





Volleyball. Front to back. Tiffanie Petrin, Karen Holst, Sarah Richardson, Jennifer Davison, Mandy Groseth, Christy Diggs, Laura Schempf, Jessica Dewitt, Kristie Skinner, Laurie Johnson, Michelle Hirsch, Julie Nozynski, Amy Taylor, coach Brian Brauer

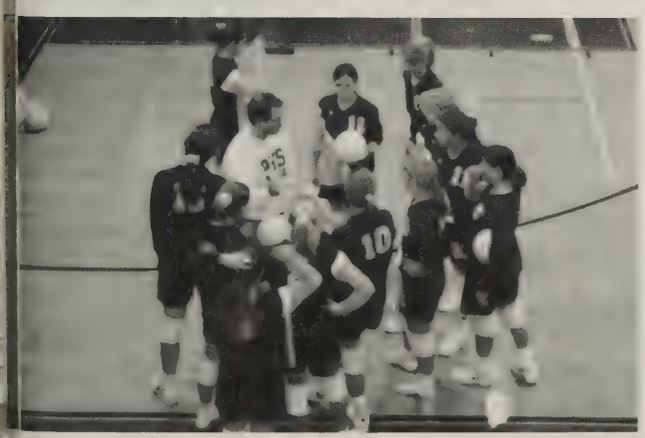
VOLLEYBALL
8-6

Lakeland	3-0
Smithfield	2-1
Southampton	3-0
Bruton	1-2
York	2-1
Nansemond River	0-3
Franklin	1-2
Southampton	3-0
Smithfield	2-1
Bruton	2-1
York	2-0
Nansemond River	0-3
Lakeland	1-2
Franklin	1-3



Yum. Satisfying their sweettooths, varsity players seniors Jessica DeWitt and Lee Oldham, junior Tiffanie Petrin, and sophomore Jennifer Davison wait for their turn to take the floor at a York match. Jessica said, "Getting psyched with your teammates is very important, and a sugar rush has never hurt me on the floor."





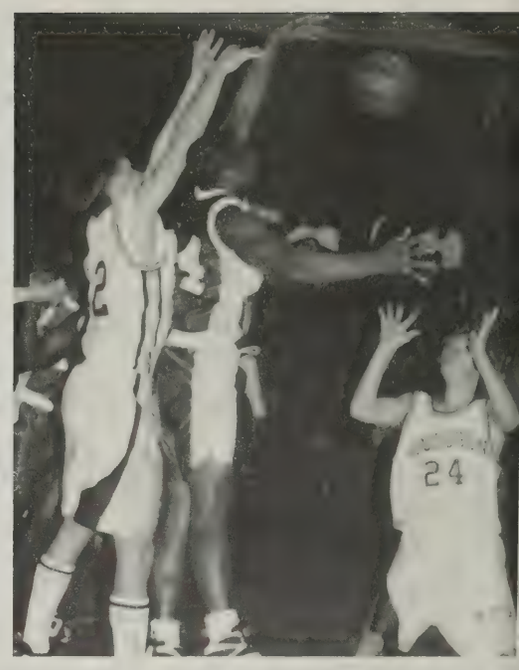
I've got it. In preparation for a match, junior Laura Schempf practices her passing techniques. Pre-game warm-ups were spent repeating drills and exercises in order to ensure successful performances during the match. Laura said, "Practices were time consuming, but when match time arrived, we felt confident and well-prepared."

Let's huddle up. Prior to a York match, coach Brian Brauer talks strategy with the varsity volleyball team. The team always got together to make game plans before playing. Senior Michelle Hirsch said, "Our huddle before games made us realize that we were a close-knit team and psyched us up for our best possible performance."

You won't have the ball for long. Looking determined, junior Kevin Finucan struggles to retrieve the ball from his Smithfield opponent. Kevin said, "Good defense is essential in basketball. Steals are extremely important for a complete defense. Unfortunately, our defense skills didn't always shine through."

Grab that board. After attempting a shot, junior Erick Zohn is blocked out by a Packer player. Meanwhile, junior Kevin Finucan waited to grab the rebound. "Being shorter than most of the other teams didn't help our rebounding. It was hard for us to grab the boards against the taller players," said Erick.

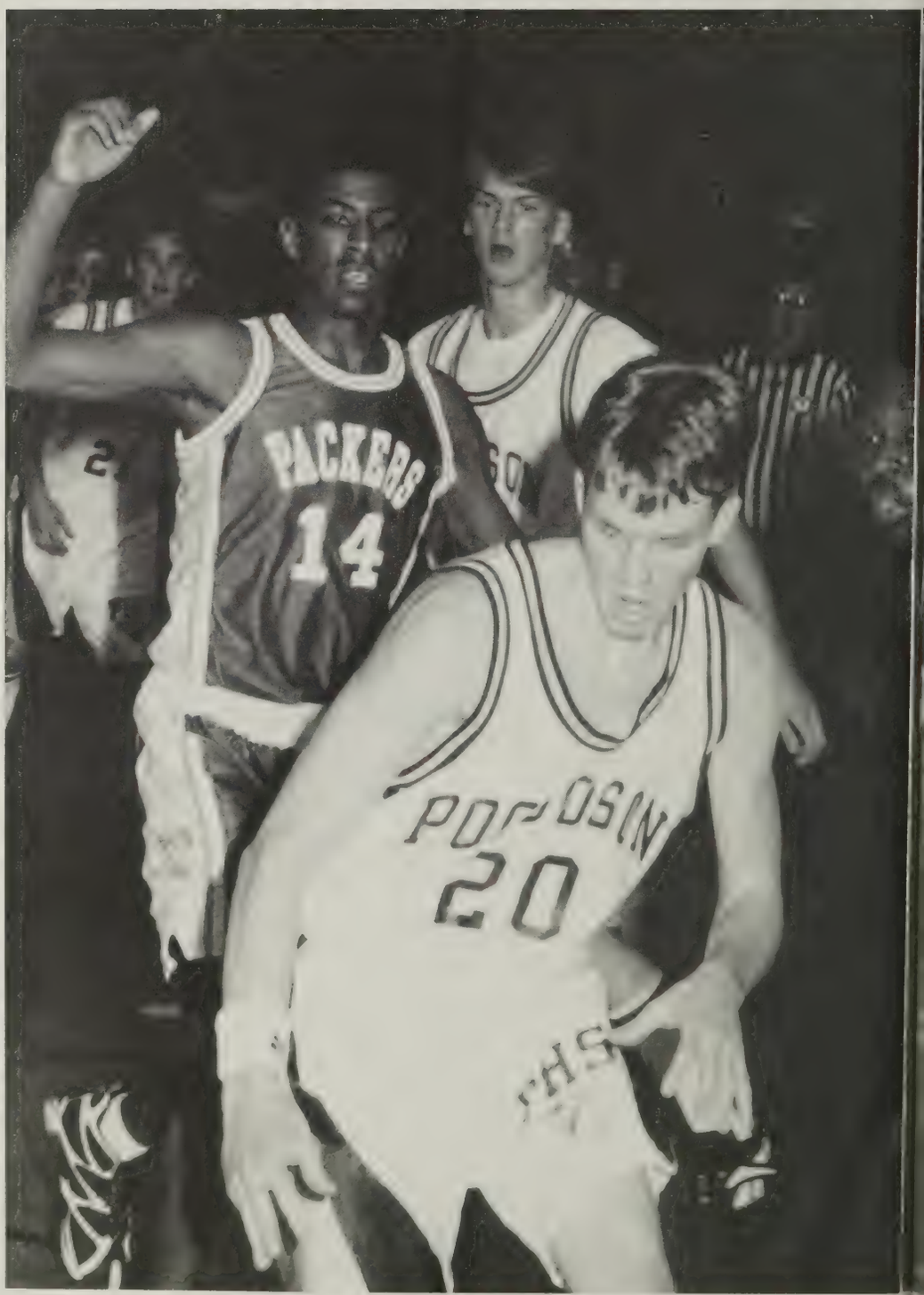


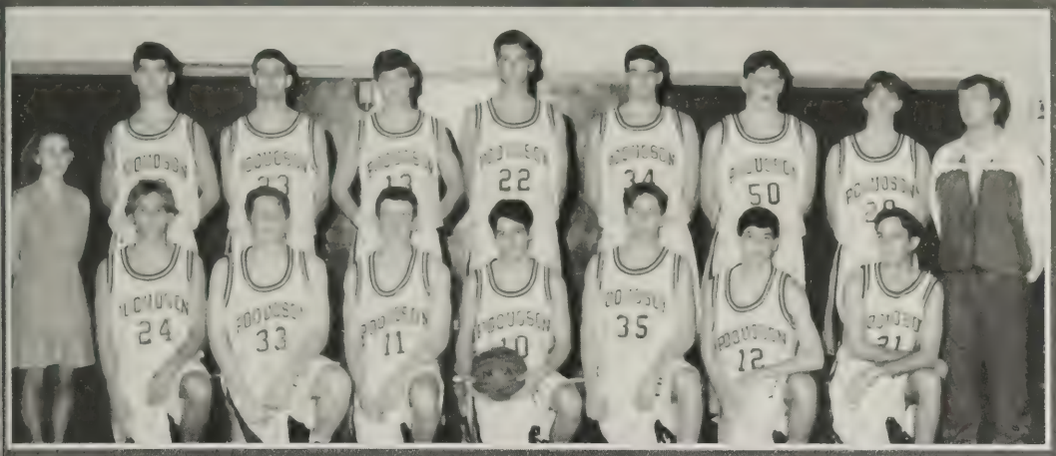




Pass. To ensure that the ball traveled past his opponents and into the hands of a teammate, junior David Conners concentrates on making a successful pass. David said, "Working together in basketball often requires a lot of work on each side."

Take your eyes off this ball. Focused on the basketball, senior Jeff Montgomery prepares to grab it and make his next move. Jeff said, "The pressure is definitely on when one of us is totally surrounded by members of the other team, but experience has prepared us for that situation." The team defeated the Packers, 68-50.

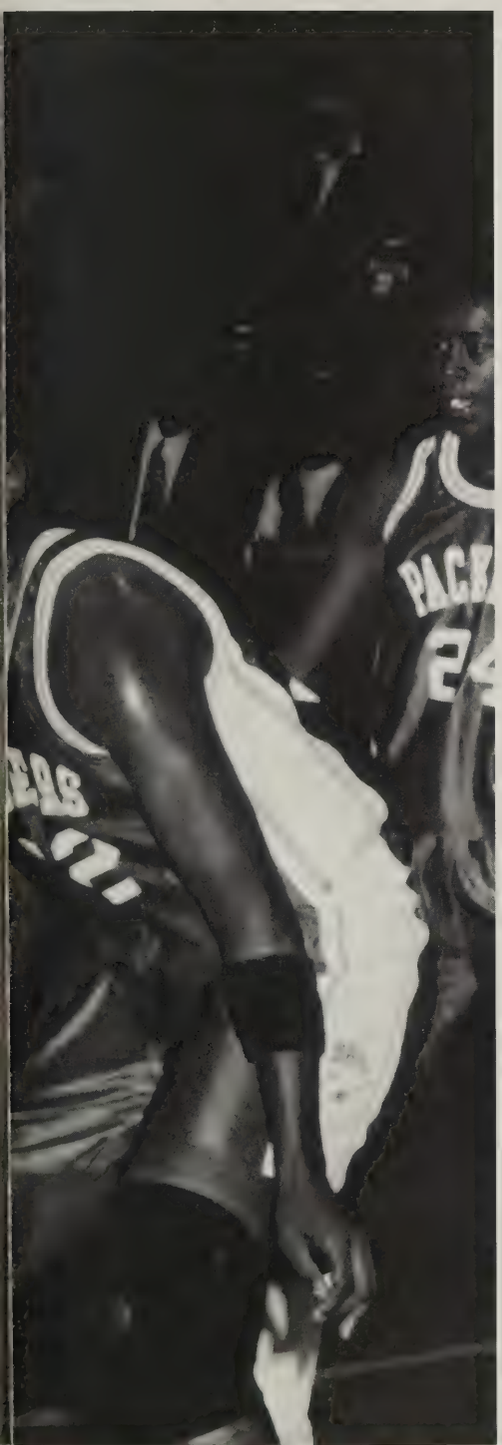




Boys' Varsity Basketball. Front to back. Kevin Finucan, Brady Diggs, Marcus Jones, Chris Sherman, Erick Zohn, Jeff Mitchell, Joey Harris, manager Jennifer Freeman, Jonathan Abbott, Tim Murphy, David Connors, Matt Connors, Kristian Lindberg, James Warren, Jeff Montgomery, coach Bob Baker.

VARSITY BOYS' BASKETBALL
3-17

Hampton Christian	47-49
Norfolk Collegiate	68-65
Lakeland	57-78
Nansemond Suffolk Academy	44-60
Hampton Roads Academy	38-59
Smithfield	68-50
Southampton	44-80
Bruton	44-49
York	52-69
Norfolk Collegiate	79-87
Nansemond River	48-84
Franklin	52-65
Nansemond Suffolk Academy	74-66
Lakeland	36-50
Smithfield	48-58
Southampton	35-81
Bruton	37-64
York	39-67
Nansemond River	53-107
Franklin	48-80



Strive

Cagers Ignore Record, View Season Positively

Team, a word meaning a group of people who can work together in a game or contest. There is no such thing as a perfect team or a perfect play, there are only perfect intentions and perfect plans. The key to a good team is how well they can execute the play.

Many felt that the varsity boys' basketball team had a hard time working together. Point guard junior Marcus Jones said, "We all got along just fine, but sometimes on the court things just didn't go right, or run as cleanly as they did in practice."

Juniors looked forward to playing next year. Junior Tim Murphy said, "I think things will run a lot more smoothly next year because of the group of people who will be playing. Most of the people who will be on the team next year have been playing basketball for years."

Senior Jeff Montgomery said, "Most of us tried not to judge the season by the final score board because it did not reflect the amount of hard work and effort that was put into the season. We didn't win many games, and we know that, but our competition is pretty tough."

When asked what the real meaning of basketball was to him, senior Jon Abbott said, "Out in the hot sun sweating with a bunch of friends, having a good time, and not having to worry about who wins or loses. That's my idea of a real game of basketball."

Junior James Warren was asked what determined a hard practice. Before practices the team sat and discussed whether it was going to be a hard or a slack practice. He said, "It wasn't whether we won or lost because usually we lost. I think our hardest practices were when coach Baker had had a really bad day. We had a couple of practices that I would never want to repeat."

"What's really great is when you are standing behind the three point line, your defense is rushing up to you, you release the ball, and you know that the ball is going through the hoop before it gets there," said junior Kevin Finucan when asked what was the best feeling he ever had during a game of basketball. "Now, how often that happens is a different story, but it is a good feeling when it happens," Kevin added.

When asked to sum up the year, junior Joey Harris said, "I thought our defense was strong throughout the year, but the final record was kind of a let down at the end of the year. Everyone on the team loves basketball, but our competition was really good this year. Hopefully by our senior year we will be able to produce a better record."

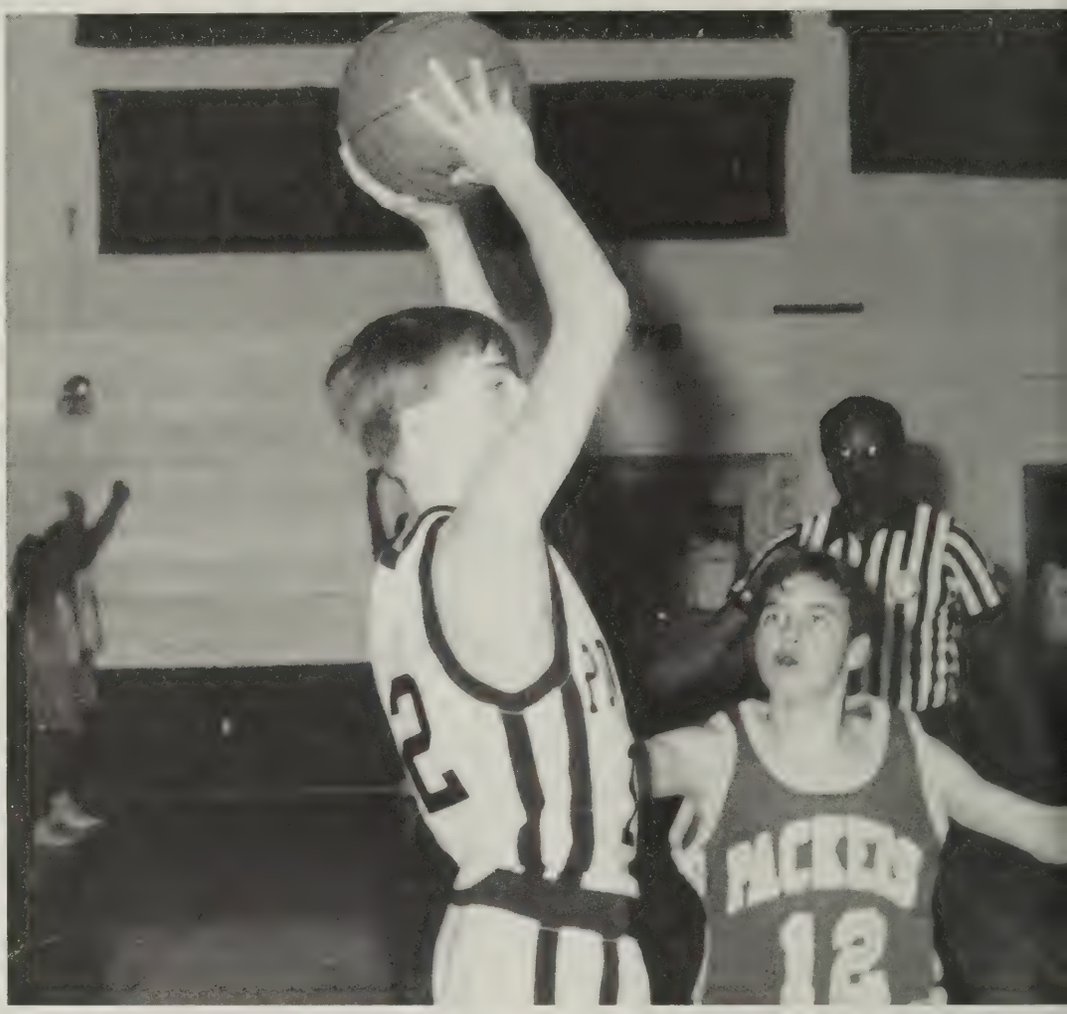


Looking on. While taking a break from the game, sophomore Drew Whitham and freshmen Brian Klackle and Tommy Crittenden watch their fellow teammates on the court. Tommy said, "Sometimes I want to be in the game when I'm sitting out, but we all need breaks in order to build our energy back up and be able to play our absolute best."

Somebody please get open. Trapped in a corner by his Smithfield opponent, sophomore Mike Andriliunas looks for someone to accept his pass. Freshman Jason Koptish waited, hoping Mike would see him. "What is really frustrating is when you're open and someone gets trapped, and then gets called for a five second violation," said Jason.

Get ready to set. Warming up before a game, sophomore Maura Garvey practices her sets. Before every game, the volleyball team had a series of warm up drills they went through, including sets, bumps, dives, spikes and blocks. Maura said, "Warming up before games builds our confidence and prepares us, mentally and physically."





JV BOYS' BASKETBALL

5-12

Norfolk Collegiate	36-37
Lakeland	36-59
Smithfield	75-74
Southampton	75-85
Bruton	59-67
York	42-56
Norfolk Collegiate	66-50
Nansemond River	52-61
Franklin	37-73
Nansemond Suffolk Academy	61-62
Lakeland	56-67
Smithfield	68-64
Southampton	51-64
Bruton	78-88
York	29-34
Nansemond River	53-50
Franklin	56-55



JV Boys' Basketball. Front to back. Jeff Scott, Kevin Jones, Shawn Edwards, Ryan Hunter, Tommy Crittenden, Jason Koptish, Chad Shelton, Brian Klackle, Mike Andriliunus, Drew Whitam, Joe Flannery, J. M. Nobile, Anthony Ashley, Jason Abbott, coach Mike Freeman.





Strengthen

Dedication Brings Preparedness

Preparation. Experience. Improvement. These were the main objectives of the JV volleyball and JV boys' basketball teams.

Most members of the teams felt that their records were misleading and unimportant. Sophomore JV basketball player J.M. Nobile said, "I believe our record makes us look bad. We lost a lot of very close games. Our team plays much better than the record shows."

Freshman Jason Koptish also felt that the team had more talent than was shown by their record. He said, "We lost a lot of games by ten points or less. Even though they were counted as losses, we know that it was really close, which is gratifying when you play a skilled team."

Sophomore JV volleyball player Tracy Morse agreed that the final record wasn't as important as other aspects of playing a sport. Tracy said, "The season went really well, but it always goes really well if everyone gets along."

Improving was also a high priority in the minds of the players. Freshman Tommy Crittenden felt that he came a long way throughout the basketball season. He said, "Even though the practices were tough, I managed to work through them and now I realize how much they helped me, although I didn't think so at the time. It was worth it. Now I can't wait for next season!"

Freshman JV volleyball player Beth Ann Thomas felt the same way about continuing to play volleyball. She said, "I tried out because I thought I would get bored during the winter. I made the team and I had a great time. I'm definitely coming back next year. I wouldn't miss out on another season for anything!"

Hard work and improvement weren't the only facets of playing a JV sport. Sophomore JV volleyball player Valerie Sledd said, "Out of all the sports I play, I think I enjoy volleyball the most because it's so much fun. I felt really good about this season. I just wish we had a JV tournament to play in because I think we would have played really well."

Sophomore Jeff Scott agreed that excitement and fun played a big role in enjoying a sport. He said, "The most exciting game was the away game against Bruton. We lost, but we managed to take the Panthers into double overtime."

Sophomore players who planned to play on varsity next year were able to build confidence throughout the season. Sophomore Maura Garvey felt that the older members of her team would be a success on the varsity level. She said, "It's going to be a lot of work on our part next year, but I know we can do it."



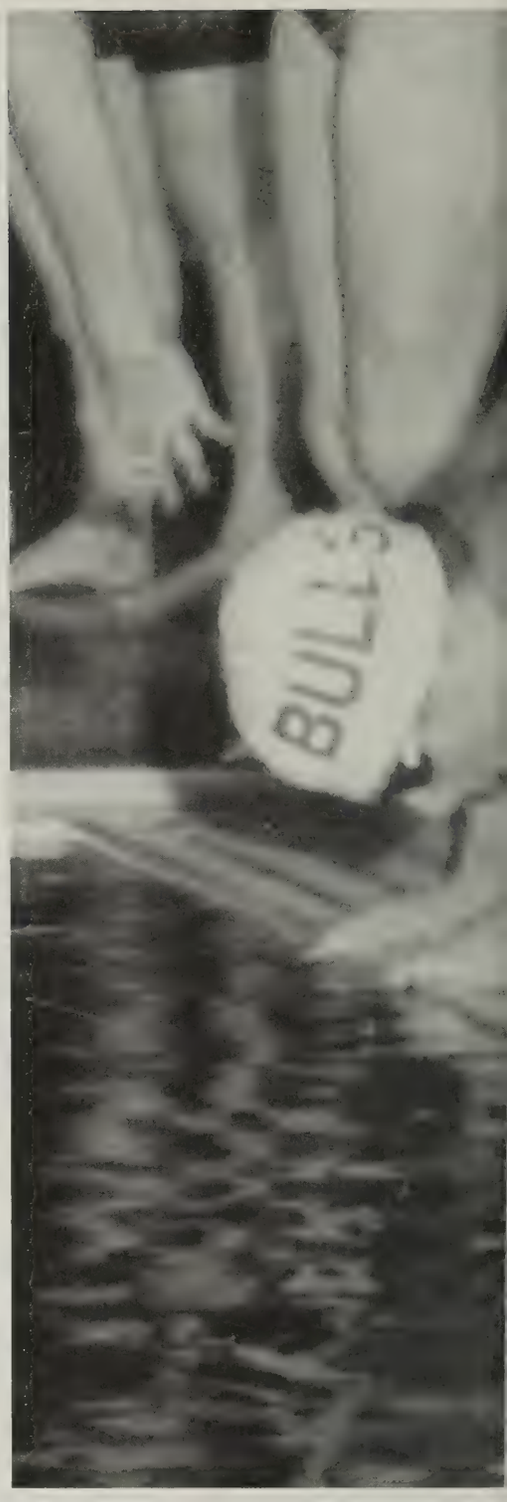
JV Volleyball. Front to back. Valerie Sledd, Laura Kukick, Beth Ann Thomas, Meghan Powell, Elizabeth Render, Amanda Brown, Angie Houston, coach Jack Schwolow, Gretchen Zohn, Becky David, Nina Richardson, Tracy Morse, Vicki Firth, Maura Garvey, Maren Labelle.

JV VOLLEYBALL
10-4

Lakeland	2-0
Smithfield	2-0
Southampton	2-0
Bruton	2-0
York	1-2
Nansemond River	0-2
Franklin	2-1
Southampton	2-1
Smithfield	2-1
Bruton	1-2
York	0-2
Nansemond River	2-1
Lakeland	2-0
Franklin	2-1

Freestyle

Swimmers Make Waves



Splash! You dive into the pool and begin to swim for at least five minutes straight. "Why did the coach have to put me in this?" you think to yourself. The grueling 500 freestyle has begun.

In their second season as a recognized athletic team, both swim teams made waves. The boys finished with a 11-2 record with two losses to Peninsula Catholic. "The second meet with PC was a shame. You start to dislike a team that beats you twice," said freshman Jarrett Yehlen.

The girls finished with a 4-9 record. "I think that the highlight of the season for us was the victory against Booker T. Washington. Even though they did not have a very big or strong team, it was still a spirit lifter for us," said sophomore Jaclyn Smith.

According to most, the high point of the boys' season was the Tabb meet. "It was exciting to be one of the few teams to play Tabb this year and beat them. We put our all into winning that meet," said sophomore Cody Camblin.

One of the things the swimmers enjoyed was Dart Day. "On Dart Day, Coach Carol Prentiss brought a dart board, and we would throw six darts each. Each number on the board had a different workout. The most fun one to get was pick a friend. I enjoyed handing out workouts to others," said junior Russ Moldenhauer.

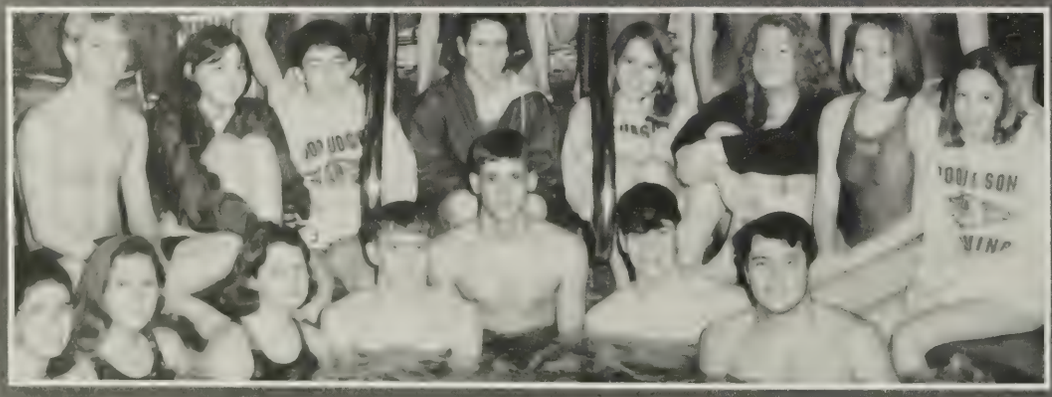
"Dart Day gave us a fun break from the usual practice routine. It was nice to have one every now and then," said freshman Rachel Fithian.

One favorite part of the meets were the relays. Relays included 400m freestyle, 200m freestyle, and 200m medley. "After four years of swimming, I've had just about the same three other people on most of my relays. It kind of feels like a team within a team," said senior Steven Kreiger.

A charter member is a person who has been with the team since the original, or very first, team was formed. Some of the charter members were Steven Kreiger, Sherry Edwards, and Sean Bresnan. When the class of 1995 graduated, the last charter members of the team went with it. "I felt like I really improved over the years, and I'm going to miss it a lot next year. The team has really grown since my freshman year, and I hope it continues to," said senior Meredith Hall, also a charter member.

Senior Katy Shanafelt thought the girls had a good season overall. "We tried hard and gave it everything we had. My only regret was not starting to swim earlier," said Katy.

"I've had a lot of good times this season, and I'm glad I decided to join the team. I'm looking forward to the next three years," said freshman Chris Carter.



Swimming. Front to back. Meredith Hall, Sherry Edwards, Katy Shanafelt, Jamey Lamprecht, Steven Kreiger, Sean Bresnan, Joe Lipp, Ian Lamprecht, Alicia Dezern, Andrew Shtulman, Christy Smith, Rachel Fithian, Jennifer Snyder, Jaclyn Smith, Rachel Ligart.

BOYS' SWIMMING
11-2

Norfolk Christian	61-28
Peninsula Catholic	104-127
Walsingham Acade	104-62
Lake Taylor	141-102
Booker T. Washington	141-34
Norfolk Christian	68-28
Peninsula Catholic	61-64
Tabb	48-46
Granby	125-79
Maury	125-103
Lake Taylor	68-26
Phoebus	62-31
Bethel	54-38

I can win. Poised in the starting position, senior Joe Lipp awaits the sound of the starting gun. Swimmers used certain techniques to help them get their quickest possible starts. The technique of keeping the head up for as long as possible before hitting the water was one of Joe's favorite starts.

Let me help you. Leaning over with an outstretched hand, senior Steven Kreiger offers to help sophomore Erin Gooding exit the pool. Swimmers were often exhausted following competition, so teammates offered one another support.





I'm ready. The anticipation rose as swimmers prepared for their events. Senior Katy Shanafelt waits for her chance to swim. "I don't like the moments right before I swim. Standing there waiting to start makes me really nervous," said Katy.

GIRLS' SWIMMING
4-9

Norfolk Christian	44-48
Peninsula Catholic	85-73
Walsingham Academy	85-138
Lake Taylor	115-14
Booker T. Washington	115-8
Norfolk Christian	47-46
Peninsula Catholic	89-31
Tabb	15079
Granby	77-88
Maury	77-142
Lake Taylor	35-59
Phoebus	33-61
Bethel	56-40



Swimming. Front to back. Philip Pauls, Chris Carter, Colleen Bresnan, Kathleen Kreiger, Sara Burke, Rachel McGraw, Erin Gooding, Russell Moldenhauer, Jarrett Yehlen, Cody Camblin, Ryan Hall, Claire Shanafelt, Jon Lange, Chris Lorrigan, coach Carol Prentiss.

Youth

Lack of experience insignificant

It's a full count, two outs. Bottom of the ninth. Bases are loaded, and you're down by three. You're up to bat. The pitcher winds up and releases his famous curveball. As it approaches, you lean into it with a powerful swing and send it soaring over the center field fence.

The baseball team finished their season with an 8-10 record. Though having a tougher time at the end of the season, the team met their goal to make it to the district tournament. The team ended the regular season tied with Franklin and York for third place. Only the top four teams advanced.

"I felt very good about the guys' performance throughout the season. We did better than what was expected under the circumstances. We had a very young team, which included only one senior. It was a very rewarding season," said coach George Yeager.

The team's lone senior was David Smithley. "I did not hit well during the first half of the season, and I really did not want to be in a slump during my senior year, so toward the end of the season I concentrated on batting and was able to pull out," said David.

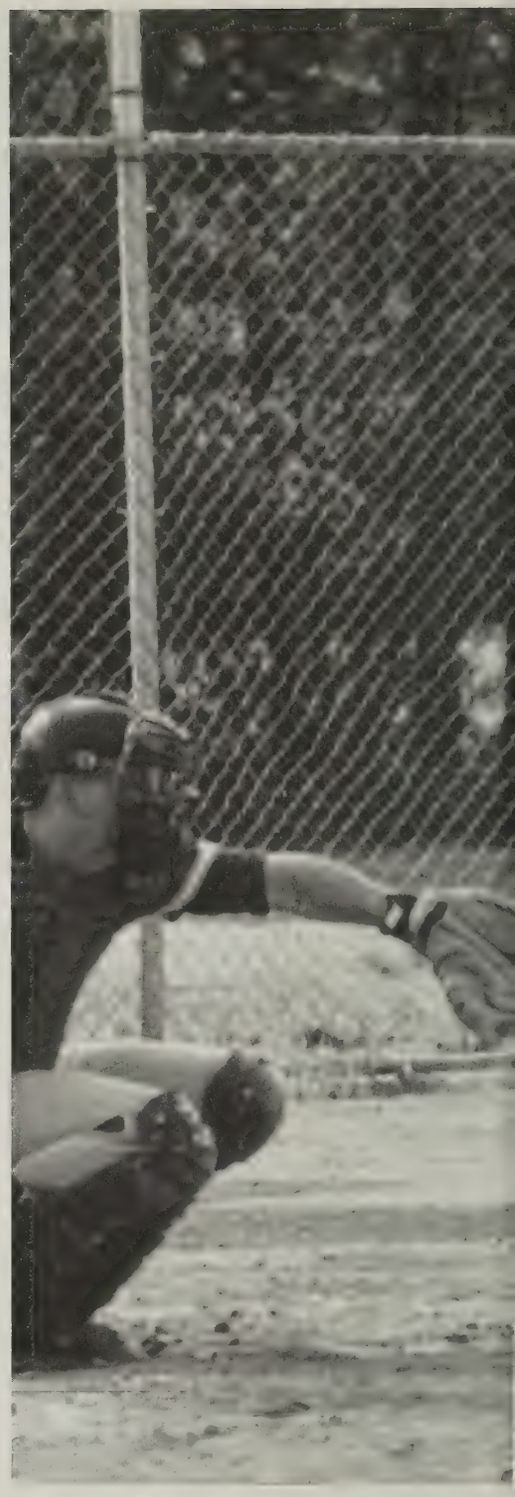
When asked about his most memorable game, junior Chris Sherman said, "I felt that the final regular season game against Nansemond River was a very rewarding win. The Warriors were the district champs, and beating them at the end of the season when it counted really pulled us together. I think it helped us as far as morale is concerned during the district tournament," said Chris.

According to freshman Tyler Evans, the non-district schedule was an extremely tough one. Tyler said, "We had two close games against Granby, but the Comets just edged us both times. Clearfield was a very tough school to play against, because they were from Pennsylvania, and we were not used to them. Maury was also a very strong team, and it showed." The Commodores won that game 7-1.

Sophomore pitcher Chris Riley was lucky to have played this season. "Last year I broke my throwing arm very badly and it looked as if I might not have gotten to pitch again for some time. Fortunately it healed well, and I consider myself lucky to have put on a uniform," said Chris.

Junior Joey Harris was the team leader in batting average. "I didn't do anything extremely special, but I kept a constant style of batting throughout the season, and managed to stay out of any long slumps," said Joey.

Junior Paul Watlington led the team in pitching. "With five wins this season, I have set a goal to get at least that many, possibly more, next season. That would be very gratifying," said Paul.





Baseball. Front to back. Manager Jason Bryant, Damian Bernache, Daniel Mathis, Tyler Evans, David Smithley, Chris Sherman, Marcus Jones, manager Jessica Jenks, coach John McConnell, Todd Ploetner, Chris Riley, Dwight White, Mike Andrillunis, Joey Harris, Kevin Finucan, Paul Watlington, Brady Diggs, coach George Yeager.

BASEBALL
8-10

Clearfield	2-4
Maury	1-7
Smithfield	5-1
Lakeland	8-7
Bruton	1-0
Southampton	0-13
York	5-4
Franklin	2-0
Nansemond River	1-12
Smithfield	12-1
Granby	5-6
Lakeland	9-6
Bruton	1-7
York	1-6
Southampton	1-9
Franklin	1-3
Granby	5-6
Nansemond River	8-2



Wham. Being sure to follow through with his swing, senior David Smithley smacks the ball at a home game. David said, "When I'm batting, I always concentrate really hard. There's so much to focus on -- your stance, following through, watching the ball -- but if you manage to concentrate on all of it, the result is usually a pretty powerful hit."

Let's get fired up. In preparation for a game, left-handed pitcher Paul Watlington practices his pitch. Getting warmed up was essential to ensure the best possible game performance. Paul said, "Warming up before a game really raises my confidence and prepares me to do my best."





Let's do it boys. Looking toward home field, coach John McConnell prepares to signal to the players. Junior player Joey Harris said, "In any sport, the coaches are extremely important. We all really appreciated coach Yeager and coach McConnell."



I missed him. In a close call, freshman Tyler Evans just barely misses his Bruton opponent, who takes advantage of the opportunity to slide into home plate and score for the Panthers. Baseball was filled with ups and downs. Tyler said, "We can't always play perfectly, but the good feeling that comes with good plays makes up for the disappointment of hasty ones."

Camaraderie

Making friends half the fun

Steady concentration, firm grips and eyes on the ball. The Lady Islanders kept their minds focused and their heads in the game.

Although the Lady Islanders did not make it to the regional competition they were still recognized as successful. The girls placed second in the district behind York. The senior players, Jenny Phillips, Amy Taylor, and Elizabeth Leeson, thought of this year as very rewarding. Their years of experience and strong leadership helped to build a strong team. Freshman Randi Webb said, "The senior girls did a great job leading the team and keeping our spirits high."

Sophomore Jennifer Davison agreed. She said, "The captains were always thinking of the whole team. They really helped build a strong productive team. Strong leadership is very important to the success of any sport, and we definitely had it."

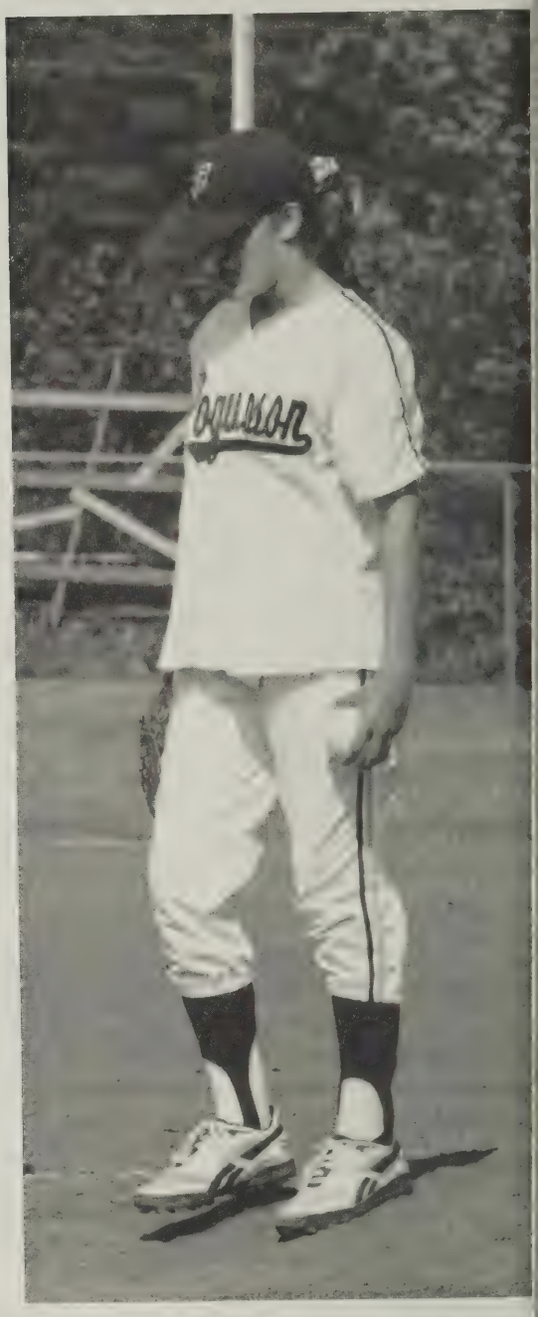
Newcomers to the team freshmen Tammi Perok, Beth Ann Thomas, Randi Webb, and Rikki Stetson found their places easily on the team. Junior Leslie Inge said, "The rookies this year were all quite valuable to the team. They worked hard and never gave up in a game. They are all strong ball players. I was proud to be their teammate."

The camaraderie and the teamwork were also extraordinary. The girls bonded on and off the field. The newly gained friendships outlasted the softball season. Senior Jenny Phillips said, "The rookies really came on strong. They are all excellent players and unique people. I made a lot of friends on and off the field."

The hard work and determination of the Lady Islanders paid off. Sophomore Jennifer Davison and juniors Stephanie Andres and Leslie Inge were given the honor of being named first team all district players by the *Daily Press*. Freshman Tammi Perok and seniors Elizabeth Leeson and Jenny Phillips were named second team all district players.

Extra coaching was also a bonus of the season. Mrs. Becky Morrison, a new staff member, helped give the girls special attention. Senior Elizabeth Leeson said, "Mrs. Morrison was really great. With the bigger coaching staff everyone got more attention and help, so everyone learned more and improved the skills they already knew."

The Lady Islanders felt that they played hard, had fun and gave their opponents good competition. Senior Amy Taylor said, "This year was a blast. I'm sorry that it was my last year but I'm glad it was so much fun. I made friends, I improved my game -- it was great! I'll be coming to watch the Lady Islanders play for years to come."



You're outta there. Making a good play was not always easy. As freshman Tammi Perok tags the base runner, sophomore Jennifer Davison runs over to back her up. Jennifer said, "Part of my job out there is to support my teammates. I'm always there to back them up and correct their errors. After all, that's what they do for me."



Softball. Front to back. Christie Diggs, Elizabeth Leeson, Amy Taylor, Jenny Phillips, Randi Webb, Angie Houston, Jamie Douglas, Leslie Inge, Stephanie Andres, Jennifer Davison, Tammi Perok, coach B.L. Bradshaw, Christina Dominguez, Beth Ann Thomas, Tracy Morse, Ricki Stetson, Heather Ivey, manager Shane Chambers.

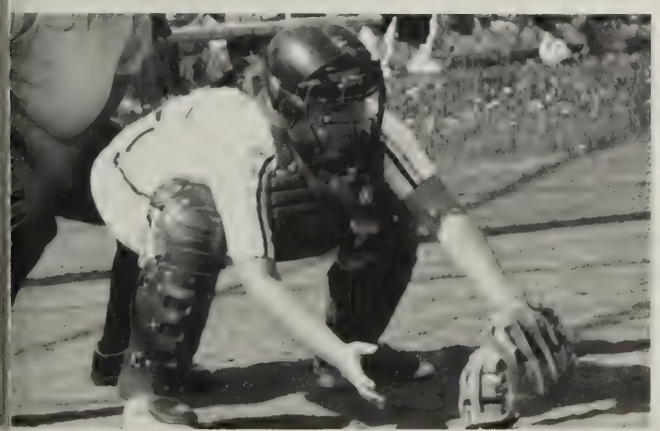
SOFTBALL
12-4

Nansemond-Suffolk	3 -0
Lakeland	9-0
Bruton	17-3
Southampton	25-0
York	3-4
Franklin	23-0
Port Jervis	0-11
Nansemond River	5-3
Smithfield	16-1
Smithfield	37-0
Lakeland	9-1
Bruton	21-2
York	5-6
Southampton	12-3
Franklin	23-0
Nansemond River	)-5



Deep thoughts. Concentration was a crucial trait to the players of the girls' softball team. Junior Leslie Inge focuses as she prepares to throw the first pitch. Leslie said, "I have to keep my mind in the game at all times. One mistake can sometimes determine who wins and who loses."





Hey batter. Fielding the ball was not the only skill girls had to master before playing for the softball team. Freshman Tammi Perok demonstrates her swing in a game against York. Tammi said, "My swing is a strong part of my overall softball skills. I love the feeling of making a good hit."

Get down, get down. Catchers needed a great deal of flexibility. Junior Jamie Douglas shows how low she can go to retrieve a pitch. Jamie said, "Catcher is a really exciting position to play. I'm always right where the action is and my adrenaline pumps through the whole game."

Come on guys. Before a home game, the squad huddles up for a pep talk. Getting psyched up was the key to their success. "I always tried to mentally and physically prepare myself before games. Our pep talks really helped get my adrenaline flowing," said senior Chris Clemins.



I have got him now. During a game against Denbigh, junior Dean Shannon attempts to guard the opposing player from receiving a pass. "Denbigh had a pretty tough offense. As usual, we really had to stay alert and prepared for anything," said Dean.





Keep away. While playing in a home game against Bruton, junior Pete Nadolny dribbles the ball away from an upcoming opposing player. Nadolny was one of the offensive stars for the team, scoring over 10 goals.

Nice save. During pre-game warm-up, junior Jeremy Ross deflects a shot over the crossbar. "Our goalies played a big part in our success. We had three of the best goalies in the region," said coach Scott Cannaday.

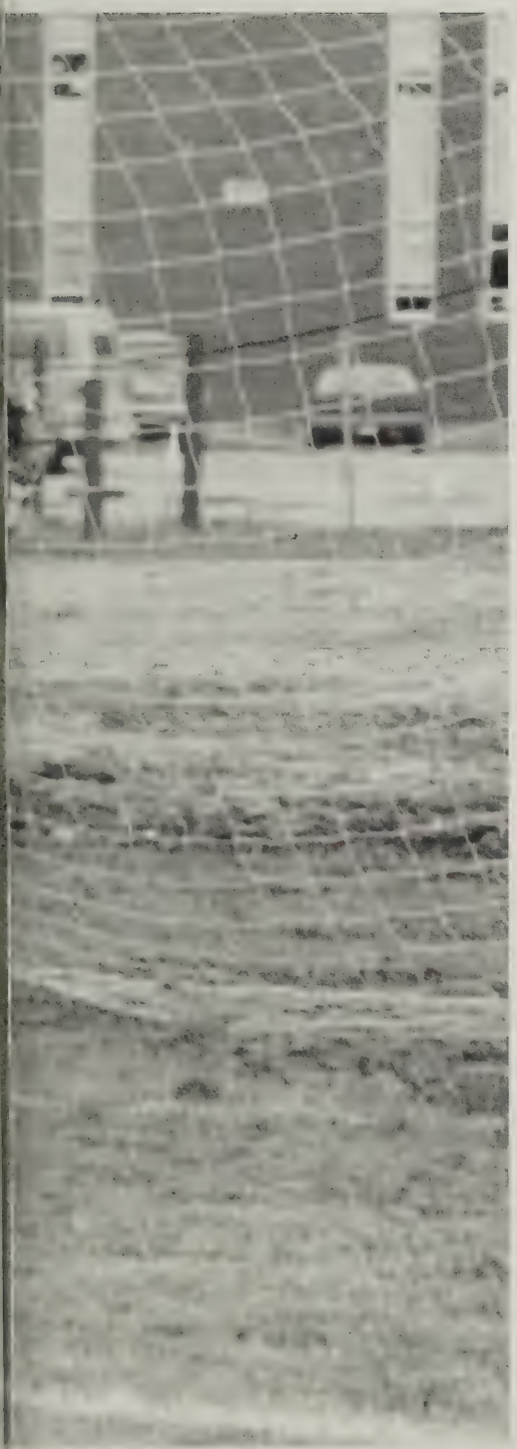




Soccer. Front to back. Shawn Routten, Tom Beazlie, Alex Glushko, Ryan Richter, Mike Samos, Cam Deibler, Troy Butler, Pete Nadolny, Brian Sutton, Brian Topping, Dean Shannon, Dan Rogers, Aaron McDaniel, coach Scott Cannaday, Chris Clemins, Wes Labelle, Mike Moore, Jesse Spencer, Scott Neilson, Jeremy Ross, Robert Stallard.

SOCCER
9-2-3

Ferguson	0-1
Gloucester	2-2
Great Bridge	2-2
Hampton	4-0
Churchland	1-1
Denbigh	6-1
Franklin	5-0
Nansemond River	14-2
Bruton	3-0
Green Run	3-2
York	1-2
Lakeland	8-0
Smithfield	7-0
Southampton	5-1



Goal

Boys place first in district, second in regionals

Successful, skilled, talented, and a district powerhouse. All of these words are associated with the varsity soccer team.

The squad had many goals that they wanted to achieve. One was winning the district title.

"We really wanted to win the district championship this year. It's my last year and I wanted to go out on a winning note," said senior co-captain Mike Samos.

As the season progressed, the title looked more and more likely to come to them. Wins over the first three district opponents helped their cause. But a tough 2-1 overtime loss to rival York hurt their opportunities.

"The game against York really hurt. We felt like we out-played them. Their two goals were freak accidents. That was our game," said junior Brian Sutton.

Though the loss hurt, it didn't get them down. The team finished with three straight wins to leave their district record at 6-1, tied with York. A playoff game determined a champion. The team defeated York 3-1 to win the regular season title.

They also defeated York six days later to win the district tournament title. "Our wins over York in the playoff game and district tournament finals were big. They showed the other teams that we were a team to contend with in the future tournaments," said junior Pete Nadolny.

The squad went on to place second in the region and advanced to state. In the first round of the state tournament, they traveled to Charlottesville to play Western Albemarle County High School. According to senior Chris Clemins, even though the squad lost 4-1, they played a tough game.

"Our loss in state was tough. They were a good team. But I'm still happy because I think it's cool that we made it to state," said Clemins.

Through a successful season the squad's goals were met.

With five of their top six scorers returning, according to junior Ryan Richter, the future looks bright. "I'm really looking forward to next season. We have a lot of people returning next year. We also have a lot of talented players that are coming up from the JV squad. I think it will be a really good season," said Richter.

A regular season district title, a district tournament championship, a second place in the regional tournament, and a berth in the state tournament. All these things were a part of the big goal set by the varsity soccer team - a successful season. According to the players, they accomplished this goal.

"I think we decided at the beginning of the year that we wanted to win some championships this year. The district tournament was our biggest goal because we felt without a doubt we should win it," said senior co-captain Scott Neilson.

Excel

Constant practice pays off



It is your serve. You and your opponent have split the first two sets. In the third set, you lead five games to four. The score is 40-15, and you have the serve. You toss the ball into the air. Almost as if time freezes, the ball slowly starts to come down and you send it screaming into the opposite court. Ace!

The boys' tennis team finished their season with a 7-3 record and a third place finish in the district behind Bruton and York. "We should have gotten second in the district, but a bad call in the Bruton match kept us out. It was very disappointing," said junior Billy Hammack.

The team was a very young one, as freshmen Kevin McClellan and Maurice Kaiser were ranked second and fourth respectively. "It was nice to be just a freshman and have such a high position in the rankings. Going to districts was also a thrill," said Kevin.

When asked about his most memorable match, senior Ed Render said, "Even though it was not a district match, the match against Menchville was our only chance to beat a triple-A school, and we just could not pull it out." The Monarchs won the match by a score of 5-4.

Senior Nick Pennow, when asked about his final season, said, "I felt that is was great to have played number one throughout the season. It was perfect to have the slot for my senior year."

With four players advanced to districts, and two of those to regionals, junior David Lopez felt that the season was fairly successful. "I was so glad that I got a chance to play in districts and regionals. With three others going to districts with me, and Maurice coming to regionals as my doubles partner, I'd call this an accomplished season," said David.

David and Maurice finished their season with a second place finish in regionals. losing to the rival Maymi brothers of York, who went on to win the state doubles title.

Other players were switched in and out of the fifth and sixth positions throughout the season. One such player was senior Miah Caven. "Even though my position in the top six was not stable throughout the course of the year, I'm still glad I got to spend some time in the top six for my senior year. It really meant a lot to me," said Miah.

When asked about the season overall, coach Mark VanDervort said, "Even though we sent some players to regionals, we were collectively disappointed as a team. We really wanted to go to regionals not only individually, but as a whole team."



Boys' Tennis. Front to back. David Lopez, Geoff Gatz, Miah Caven, Nick Pennow, Ed Render, Ben Goldman, Billy Hammack, Mark Hunter, Jeremy Seltzer, Kevin McClellan, MauriceKaiser, Chris Park, Judd Compton, Preston Noe, coach Mark VanDervort.

BOYS' TENNIS
7-3

Kecoughtan	9-0
Northampton	7-2
Bruton	4-5
Nansemond River	8-1
Menchville	4-5
York	0-9
Franklin	8-1
Lakeland	8-1
Smithfield	9-0
Southampton	8-1



Aiming high. Halfway in the air, freshman Maurice Kaiser delivers a serve to his Smithfield opponent. "Obviously, a skilled serve is integral to a good, competitive game. I work on my serve quite a bit. Double faults and weak serves can definitely hinder a tennis player," said Maurice.

What awesome form. In a home match against Southampton, junior David Lopez successfully returns a serve near the baseline. "If you have a good eye for predicting where serves are going to go once they hit the ground, it can dramatically improve your playing ability," said David.







My return. In a match against Bruton, number one player senior Nick Pennow returns the ball to end a long rally. Nick finally picked up the point. Playing number one meant that he met the best player every team had to offer. Nick's matches often went three sets. He also played on the number one doubles team.

I can swing this. Concentrating, junior Billy Hammack hits a volley back to the opposite court. When asked about the extra ball, Billy said, "I really don't like to keep spare tennis balls in my pocket. It makes running pretty ackward. I would rather just hang on to one. It doesn't break my concentration."

Concentration

Focused minds advance to regionals

"Concentrate on the ball, girls. Move your feet." Most of the girls on the tennis team agreed that this was all they heard while playing. These words were spoken by the new coach, Ms. Brenda Winstead. Instead of coaching girls' tennis, former coach Mr. Kenny Bennett coached boys' JV baseball, and Ms. Winstead was asked to fill the position. Sophomore Valerie Sledd said, "Adjusting to a new coach was difficult at first, but it ended up being no problem. She helped us out a lot, we all improved, and we had an over all good season."

The girls finished runner ups behind Lakeland in districts and regionals. Senior Lauren Verser said, "You know you have a strong team when at regionals everyone won their first match 6-0, 6-0, or 6-0, 6-1."

The team was on a winning streak. "It had been quite a few years since the girls' tennis team was close to winning districts or regionals. This season the only team in the district we lost to the whole season was Lakeland," said Katie Cox.

Sophomore Katie Edwards said, "Everyone took a lot of their time and effort to make our team successful. This was my first year on a winning team and it's great to see hard work pay off. I really hope we have an even stronger team next year."

The top six players on the team play singles at all the major matches. The doubles are paired off into three levels. When asked whether she liked playing singles or doubles better, senior Lisa Shores said, "I feel more confident playing singles because of my past experience playing singles. I've never done real well with doubles."

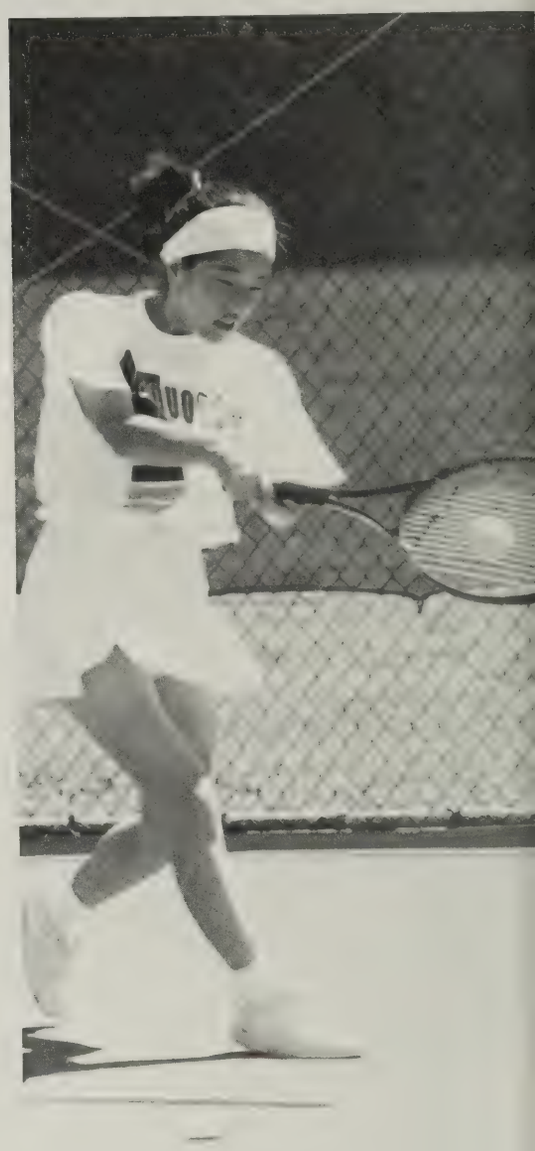
Freshman Blair Hardaway said, "Although I was the only freshman in the top ten on the team, I didn't feel left out at any point during the season. I wasn't in the top six, but I got a lot of practice playing. I hope to be in the top six in the future."

Sophomore Leanne Phillips said, "I started playing tennis last year, and I liked it a lot, so I decided to come back this year. I also play field hockey, and I think that it is pretty cool that a lot of my friends and I play the only two sports here that you can wear a skirt."

Junior Laura Asakura said, "Ms. Winstead was a tough coach, but her rules kept us in line and led us to the top."

The number one seed on the team was also a new person in the school her junior year. Laura Schempf said, "I was able to fit into the routine of the team real well. I think it helped me a lot that I wasn't the only one that had to do some adjusting, just because I was new, but also because there was a new coach. Therefore, everybody had to do some adjusting. It was a good year for me. I won almost all of my games."

Swing. Demonstrating her backhand at a meet against Franklin, junior Laura Asakura nails the ball past her opponent and down the sideline. Laura said, "I just concentrate on getting the ball across to the other side of the net, and usually that proves to be a successful technique."





Girls' Tennis. Front to back. Laura Schempf, Lisa Shores, Laura Asakura, Katie Cox, Valerie Sledd, Lauren Verser, Melissa Moore, Katie Edwards, Elizabeth Render, Blair Hardaway, Courtney Judd, coach Brenda Winstead, Jennifer Khang, Melissa Messick, Amy Blankenship, Sarah Evans, Leanne Phillips.

GIRLS' TENNIS

8-3

Peninsula Catholic	9-0
Nansemond-Suffolk Academy	0-9
Mathews	9-0
Bruton	8-1
Nansemond River	7-2
York	6-3
Franklin	6-3
Norfolk Collegiate	0-9
Smithfield	9-0
Southampton	6-3
Lakeland	2-7



Without a care. While warming up for her match, sophomore Katie Edwards totes her sunglasses and warm up jacket. Katie said, "Everyday I went out to practice with three goals. One was to get exercise, one was two get a tan, and one was to have fun. I have a lot of friends that I hang out with on the tennis team."





Total concentration. At a home tennis match against Smithfield, senior Lisa Shores beat her opponent 6-1, 6-1. When asked about the hat, Lisa said, "The hat is definitely a must if you want to see your opponent or the ball." Lisa was on the tennis team since her freshman year.

Home run. Overlooking her hit, junior Katie Cox concentrates and finishes her swing. This was Katie's third year on the tennis team. She was ranked sixth. The top six on the team play for the game points. Katie said, "I've played tennis for three years now. Over time, I've definitely improved considerably."

Alley -- oop. Highjumping at a home meet against Lakeland, sophomore Maren Labelle attempts to clear 4'6". Although she did not place in this meet, Maren had a personal best of 4'8", which was only two inches less than the regional qualifying height of 4'10". Maren said, "Highjumping can cause quite a bit of frustration, as well as many bruises, but it's one of my favorite events."



Leaders of the pack. Although a pack usually had one leader, this one had two. As junior Josh Boitnott and senior Jon Abbott finish their first lap of the 800 meter run, they are still in the lead. With one lap to go they were full of adrenaline and ready to win. "When I'm in the lead and almost finished with a race, my adrenaline kicks in and gives me the edge I need to finish," said Jon.

This has got to be good. With a look of serious concentration on her face, senior Rachel Sills prepares to toss the shotput at a home meet against the Lakeland Cavaliers. The shotputters spent quite a bit of time in the weight room lifting and conditioning in order to improve their scores.





GIRLS' TRACK
6-1

Poquoson 66, Lakeland 61

Poquoson 75, Smithfield 44, Franklin 37

Bruton 63, Poquoson 60, Nansemond River 36

Poquoson 60, Southampton 51, York 48



Girls' Track. Front to back. Katie Nolan, Ida Nelby, Laura Wade, Heather Shifflett, Karen Holst, Kim Shifflett, Laura Flannigan, Kandi Fowler, Rachael Sills, Sarah Meyer, Erin Gooding, Becky David, Laura Kukich, Angela Taliaferro, Maddie Beard, Amanda Robertson, Gretchen Zohn, Maron Labelle, Michelle Harrell, Mary Beth Evans, Kristie Geppert, Allison Mast, Amanda Brown, Danielle Kukich, Jennifer Kennedy, Rachel McGraw, Lindsay Reinholt, Tiffanie Petrin, Lindsay King, Miranda Wichelns, coach Julie Parker.





Push

Working hard takes several to state

Speed, grace, agility and strength. No, this does not describe a team of dancers, but a team of dedicated track stars.

Poquoson took three sixth places at state. Sophomore Jason Abbott won one in pole vault with a vault of twelve feet nine inches. Jason had already set a new school record with a vault of thirteen feet at regionals where he won first place. Junior Nick Creasman won two, one in the 3200 meter run and one in the 1600 meter run. Others who went to state were the girls' mile relay team, consisting of seniors Karen Holst, Heather Shifflett, and Kim Shifflett, and junior Lara Flannigan.

Coach Jeff Jackson said, "The girls winning the regular season championship feels really good, but I'm even prouder that as far back as any coaches can remember in the history of Poquoson High School, we had the most people that have ever gone to state at one time. Thirteen athletes represented our school there."

Senior Jeff Montgomery, junior Tim Murphy and sophomore Angela Taliaferro hurdled their way to state. Tim said, "I kind of got a delayed start at this track stuff, but I've made a promise to someone to place at state next season. I hope I can uphold my promise."

There was one freshman who went to state. Kristi Geppert went in the 200 meter run. Kristi said, "I was really happy that I made it to state, and I knew I didn't really have much chance of placing, but I like the fact I can say I went to state as a freshman. Besides, I have three more years of improvement ahead of me."

Senior Jamie Lamprecht, junior Jimmy Welsh, and junior Wyn McPherson also went to state. Wyn said, "It was a good year for me in shot. I broke the school record by one foot, I won districts and I got to go to state. I can't wait until next year. Every year I've been getting better and better. Maybe I can break my record next year."

As for the regular season, most people seemed to be pleased with the team's success. Senior Kate Garvey said, "I have been on this track team for four years. Every year my goal is to get a lot of exercise, lose weight, and do my very best for personal satisfaction. I am glad to be able to say my last year on the Poquoson High School track team was the best team the school has ever had."

Sophomore Becky David said, "I worked really hard to shave off my times because I wanted to go to state so bad, but it just didn't happen. I keep saying next year, next year. Then before I realize it, next year's here."



Boys' Track. Front to back. Phillip Pauls, Kenneth Sellers, Song Kim, Nick Creasman, Steve Mathis, Gus Goddin, Jimmy Welsh, Joey Holland, Jon Abbott, Jeff Montgomery, Josh Boitnott, Charlie French, Ian Lamprecht, Chris Carter, James Pierce, Jason Verser, Aaron Goodman, Mark Philbeck, Andrew Shtulman, Marco Migliore, Donnie Gardner, Jimmy Royster, Jacob Inge, Robert Dorsey, Seth Forrest, Jeff Scott, Eric Stinson, Tony Pao, Mike French, Wyn McPherson, James Warren, Tim Murphy, Joe Flannery, Jason Abbott, Brad Ambrose, Sam Cowles, Daniel Dossey, Chris Fowler.

BOYS' TRACK
3-4

Lakeland 94, Poquoson 52

Smithfield 75, Poquoson 68,
Franklin 25

Nansemond River 84, Poquoson 50
Bruton 34,

York 64, Southampton 58,
Poquoson 48



Where Did I Put My Homework? At the beginning of class, students frantically searched for their previous night's assignment. Seniors David Bragdon, Allona Decker, Stephen Turbish, Erin Bradham, and Kim Shifflett prepare for Mrs. Carol Zak's AP government class.

Beating the Odds

Study Hard, Reap Rewards

Sweat drips off your face and collects in a puddle on your desk. Your mind races as you try to remember what you studied last night. Tests - the unfortunate by-product of academic classes.

Despite difficult tests, many students enjoyed the classes they took. Junior Allison Dexter said, "It's odd how I have more higher level classes than I did last year, but school seems much easier."

One of the most disliked aspects of school was having to get up early in the morning. This odd ritual was especially hard if you had a seventh hour class. "It's a pain in the butt having to get up before most of the rest of the school has to," said sophomore Jason Abbott. "Not to mention World History is a boring class."

Many students looked forward to school as a chance to prepare for college. "This year I have a lot more AP classes," said senior Laura Wade. "They're a lot more like college, with less structure and more emphasis on self-discipline."

School is always difficult, but if you study hard you'll **Beat the Odds.**

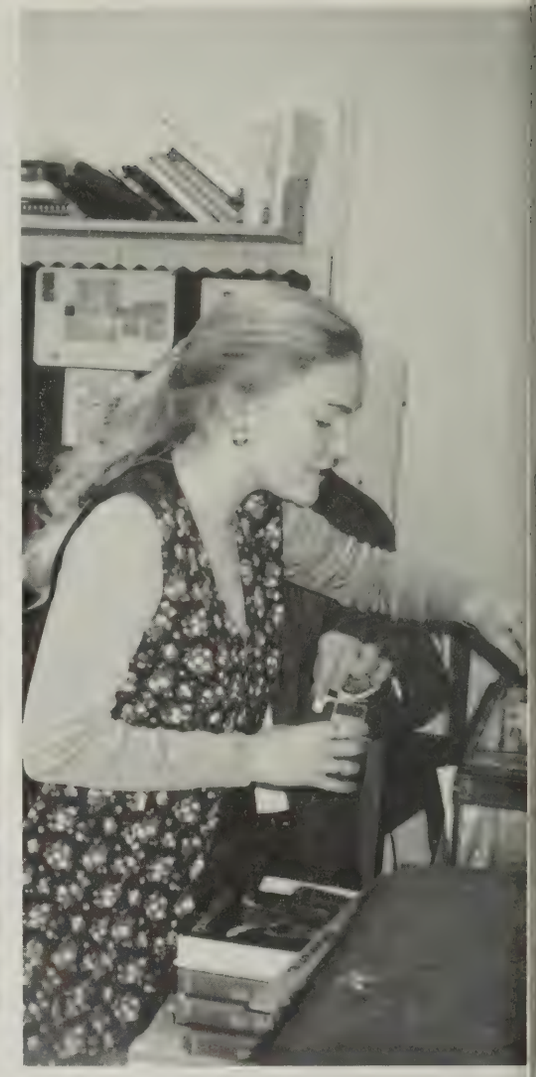


AN ODD ODYSSEY

Research. The library was invaluable in doing research for major class projects. Freshmen Tammi Perok and Autumn Deihl look for books to use in their English class book reports.



Put It Over Here. Recent leaps in technology made it easier to learn the personal computer. Mr. Scott Larue teaches junior Tim Murphy how to use the Turbo gopher program used in his classes.



Dinner Time. As part of the Oceanography/Ecology class, students provided a home to fish in an aquarium for several months. Sophomore Melissa Moore feeds her fish their daily meal. The purpose of the project was to teach students the lifestyles of fish.



Scrubbing Up. Aquariums had to be sterilized before fish could be put into them. Seniors Robin Lester and Jenny Brigham scrub out their tanks with a hot water and salt solution. The process had to be repeated several times before it was safe for the fish.

Science Fair offers awards, fun

FAIRING WELL

Weeks, months, or years of research boiled down to one Saturday. January 14.

Students reported to the school early to participate in the annual Science Fair. "We had to be at school at 9:00," said junior Stephanie Andres. "It was too early in the morning for me."

Participants were asked to dress up to maintain the formal atmosphere during the judging. "My teacher asked my class to dress up," said junior Sarah Evans. "It was uncomfortable but I guess it looked good."

> "it was a little too early in the morning for me"

The judges spent several hours talking to all the science fair entrants. "It took the judges a long time to talk to everybody. They came around two or three times," said senior Christy Diggs.

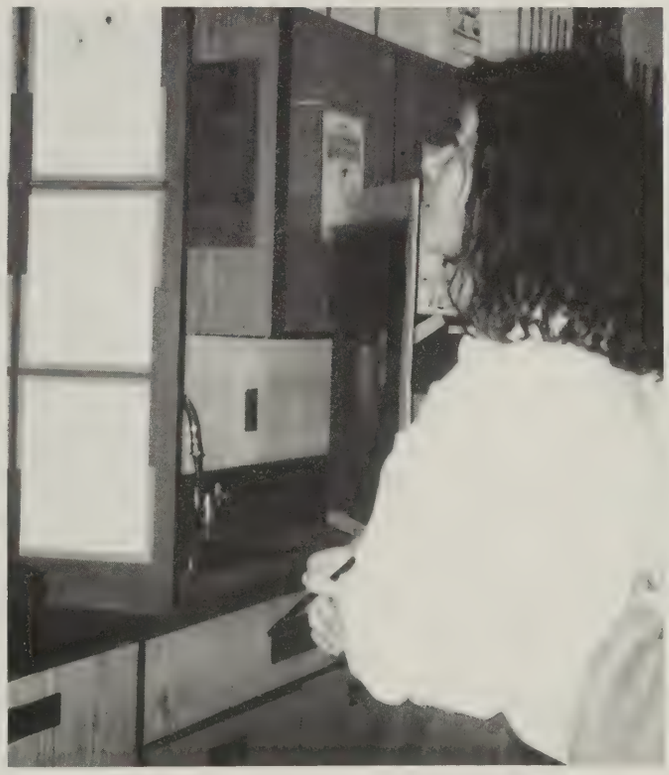
By the end of the day students who put a lot of thought into their projects began to consider going to regionals.

Regionals were held on Saturday, March 18. It was co hosted by Poquoson and CNU, and was held on the CN campus. Students from most o the schools in the Tidewater are gathered to be judged by some o the top officials from NASA CEBAF, the Navy, Air Force, an Army. "I was impressed by th credentials of the judges," sai freshman Brad Elsass. "It wa interesting to talk to them."

Poquoson stood out at th awards assembly because of th numerous rewards its students received. Honorabl mention was awarded to junior Charlie French, sopho more Cory Coleman, and freshmen Chris Carter an Joyce Yue. Freshman Brad Elsass took second place an senior Jireh Yue placed first in his category.







Scientific Discoveries. The science fair taught students from the projects of others. Senior Jireh Yue shows senior Jesse Spencer the wiring he used to complete his project. Jireh won first place in both the local and regional fairs.

Checking It Out. During the many hours of deliberation between the judges, science fair contestants got a chance to look at the projects of others. Senior Julie Nozynski looks at another project while waiting for the awards ceremony.

Helping Out. The papers that accompanied the science fair projects were to many students the worst part of the presentations. Senior Reesa Davis makes the finishing touches on her report while senior Patrick Benner gives her a hand.

Creativity runs wild in art class

BEING ORIGINAL

Whether it's Picasso, Monet or DaVinci, you don't have to have a famous name to be an artist. Art not only offered students a way to express their creativity but also served as a stress reliever.

Art classes were seen by more as a serious course. Junior Chris Thompson said, "I'm taking two art classes this year. I'm in Art II and Pottery. They are totally different from each other, but both of them are not the type of classes that put you to sleep."

> "art is not the type of class that puts you to sleep"

Others saw Art as a relaxing class and a chance for an easy A. Sophomore Amy Windland said, "I have seven classes and art is my easiest one. It takes a lot of the pressure off because you can just sit back, relax, and draw."

For some students, however, art was more than just an easy A. Junior Robbie Bolden said, "I didn't just take art to be slack, but to get the experience in drawing and being creative. The techniques that I have learned have really helped me a lot."

Senior Tammy Ancell said, "Art is a good experience for most people. It's a way for them to express their creativity."

Students that were serious about art could pursue it outside of school. From doodling on a pad of paper at home to attending graphic design classes, students had many options. "I enjoy art a lot," said junior Mandy Groseth. "I got accepted to Governor's School for it and I plan to study it further in the future."

Though art was seen from many different view points, most students recommended that it be taken, for both the experience and the creativity. These classes allowed students to express their artistic talents and helped with future plans.

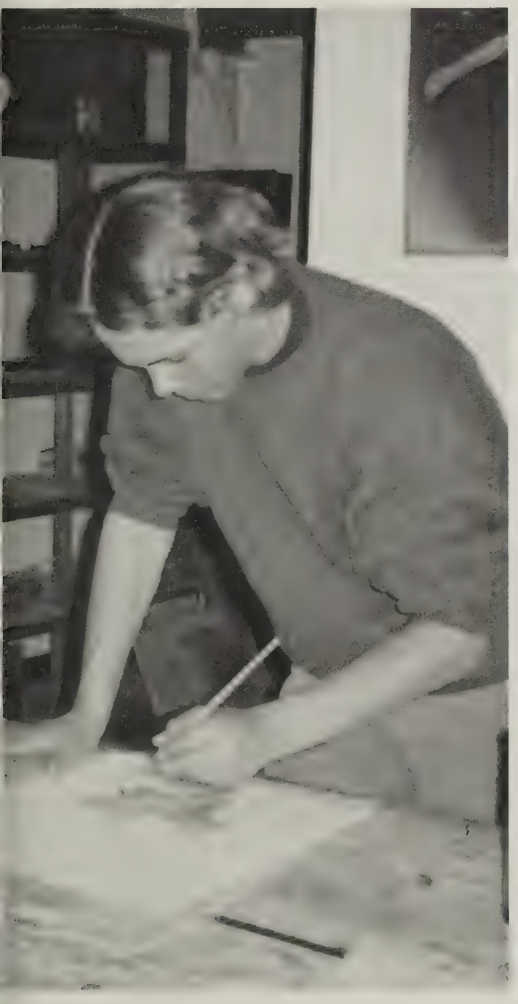


Sketch This. Advanced forms of art were taught in Mrs. Paula Bennett's Art III class. Senior Ida Nelby and sophomore Fiorella Vitor sketch boxes of Nerds for a class assignment.



Easy Does It. Students in Mrs. Paula Bennett's Art I class had to draw a full figure of one of their classmates. Sophomore Amy Windland takes her time drawing so that she can create a near-likeness..







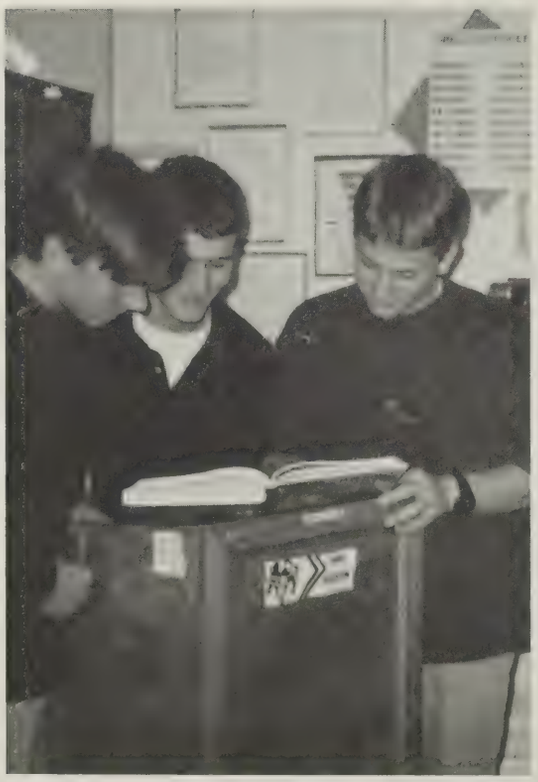
Picture Perfect.
Trying to finish projects by the due date became a big concern. Senior Tammy Ancell stays after school a few days to finish her drawing before the end of the quarter. Tammy said, "One class period just wasn't enough, so I used my extra time to finish."

Picture This.
Basic painting was one of the first techniques taught in Art I. Freshman Brad Elsass mixes colors. He said, "Art is creativity, doing something no one else has done."

Bit By Bit.
A little at a time meant a great deal for sixth hour pottery students, who did a project called Batik where they painted with wax and then dyed the cloth. Junior Kevin Finucan slowly adds wax to finish his project.

Child's Play. Valentine's Day brought creative assignments from English teachers. Seniors were required to write sonnets and design valentines. Senior Patrick Benner mounts his poem on pink hearts.

Men at Work. Underclassmen English classes read literature throughout the year. At time the stories were read aloud by students. Sophomores Mark Philbeck, Mike Rogers, and Marco Migliori act out the play *Julius Caesar* to their class from their literature book.





Teaching Heritage. Students in Mrs. Linda Dubose's classes had to create posters. Freshman Amanda Wynn displays a collage about Williamsburg. She said, "We did book reports on non-fiction books. I did mine on *Remembering Williamsburg*."

Sink or swim with book reports, projects

REPORTING NEWS

Some students dread them, others use them to raise their grade, some even enjoy them. But no matter what the reason, students were required at one time or another to do a book report, paper or project.

For students who didn't like to spend their time reading, researching, or thinking, doing reports, projects, and papers was a hassle. Often, the night before a deadline found many kids at the library. "I usually stay away from libraries," said senior Melissa David. ""I use my encyclopedias at home and sit quietly in my bedroom."

> "I sit quietly in my bedroom"

No matter the place or the topic, the one thing that students had in common was that they procrastinated. "I put things off when I do a book report because I don't have enough time to read because of everything I do," said sophomore Katie Ogiba.

Some students were eager to start work on an assignment and make sure it was done well. "This year I wrote my first research paper," said junior Katie Nolan. "I started doing it the day it was assigned so I could get it over with. That way I didn't have to rush right before it was due like everybody else."

Students seemed to like book reports because they were an easy way to raise a grade. However, some felt the time spent preparing was a waste. Sophomore Shazia Ismail said, "Book reports are an easy grade, but when I have a lot of homework or something important to do it's a pain."

Juniors and seniors wrote research papers, which required many hours of searching on computers and in books for information. "I never realized there would be so many papers my senior year," said senior Katy Shanafelt. "Using the computers in the library makes it a lot easier."



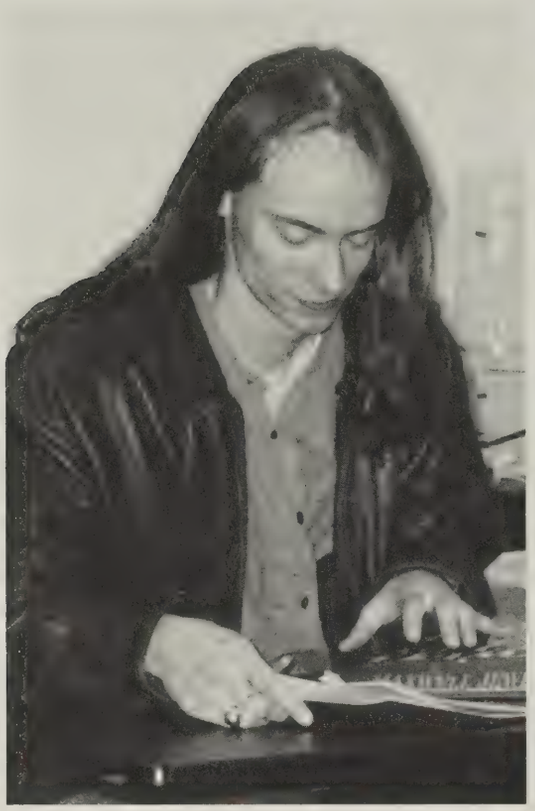


You Be The Judge. Interesting book reports helped make the work less tedious. In Mrs. Bonnie Fay's classes, students prosecuted characters from literature. Senior John Evans displays his pieces of evidence while presenting his project.

Spreading The News. Sophomores used the wall outside Mrs. Debbe Goddin's class to tell of upcoming events. Sophomores Heather Arms, Casiphonie Blaine, and Lindsey Keddell begin drawings for the board.



What's Wrong This Time? Equipment malfunctions were a typical problem where computers were involved. Printers especially became jammed or ran out of ink or paper. Freshman Nathan Holst punches buttons on the printer in Mrs. Brenda Winstead's room, trying to figure out what went wrong.



Hitting The Books. Not everything in computer and business classes involved typing. Students also had to study just like any other class. Senior Daniel Osgood reviews his notes before taking a written examination.

Business class stresses office skills

TYPING FAST

Spreadsheets, databases, and tabulated reports. Wordperfect, DOS, and COE. Confused? You don't have to be. All these subjects and more were covered through the various business education classes.

One of the most popular business classes, Keyboarding and Computer Software, emphasized the development of students' typing skills. "My Keyboarding class was really cool. I learned how to use Wordperfect, type faster, and create spreadsheets and databases," said freshman Peter Anderson. "That stuff really helps when I have to type an English paper."

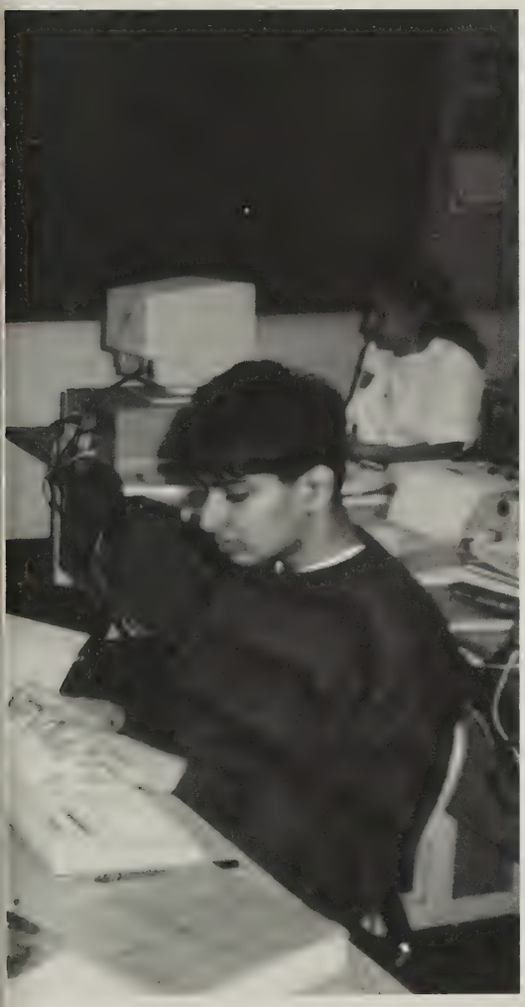
> "I learned how to write business and personal letters"

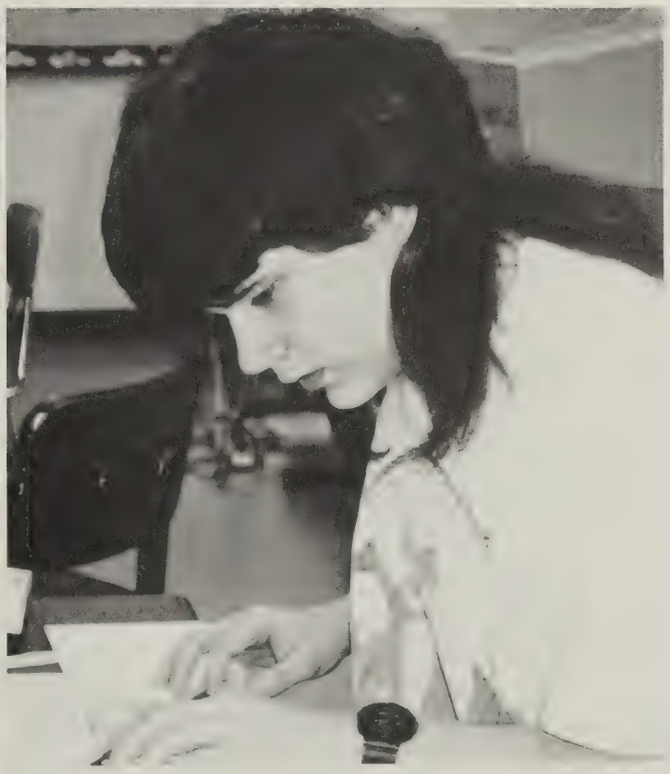
Students applied the skills they learned in business classes to several areas. One of these was letter writing. "In Computer Software I learned how to write business and personal letters. That really helped a lot when I applied to UVA and JMU," said senior Mark Davis.

Keyboarding Applications class emphasized career planning, job-seeking skills, and employment traits. Many students used this class to help them find a job. "I don't know very much about computers," said junior Ginger Aldridge. "That's why I have signed up to take Keyboarding Applications next year. Hopefully, I'll learn skills that I can use to find a job."

Business classes not only helped at school or at work, but also helped students in the home. Whether they had their own personal computer or not, business classes taught students the basics of wordprocessing. Sophomore Jason Abbott said, " I have a computer at home, but it doesn't have Wordperfect on it. In Computer Software I learned how to run it as good as any word processing program."







Processing Words. As part of the Computer Software class, students learned the basic skills of typing reports and papers. Senior Matt Connors inputs data from his typing book, which was often used during class.

Plotting Points. Not only learning what a database was but also learning its practical uses was necessary in the business and accounting class. Sophomore Anthony Koth plans his database in order to figure out a budget for a class assignment.

Concentrating Hard. Learning the basics of computers was a task that took time and effort. Sophomore Vikram Vatsa types on the computer in Mrs. Brenda Winstead's Computer Software class, where students learned WordPerfect and Microtools.

Mnemonic devices aid memory

ADDING UP

Staring at your book for endless hours, you attempt to commit lists of numbers, signs, and formulas to memory. There's got to be an easier way to do this, you think.

In math classes, students and teachers found tricks to help them remember all the formulas that had to be memorized.

In junior Robert Stallard's class, Mr. John Kohlreiser helped his students remember the laws of cosines by teaching them a song. Stallard said, "The sine-cosine song helps me remember what numbers and which signs to use to get the right answer."

> "at first, I thought it was stupid"

Junior Katie Nolan's teacher taught her a song too. "The formulas we have to use to find derivatives are really long, and have lots of confusing letters," said Nolan. "Mrs. Martin taught us a stupid song to help us remember the quotient rule. I haven't forgotten it yet."

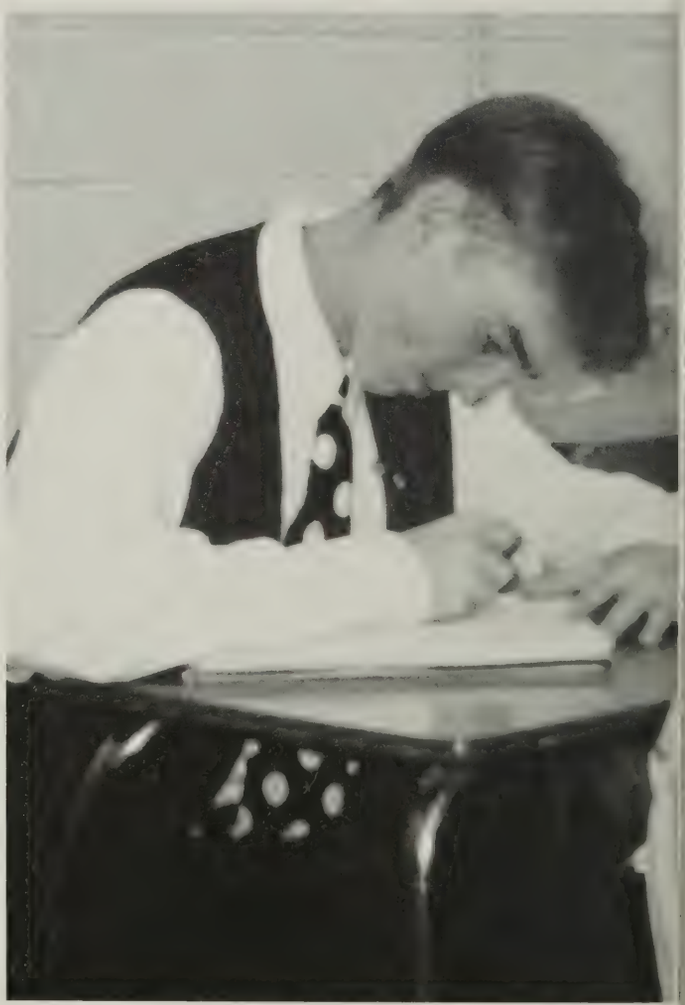
Along with songs, teachers told stories to get their points across. Sophomore Billy Sincoskie said, "When we were learning how to construct angles with compasses, Mr. Kohlreiser told us this story about gnomes chasing us, and we couldn't go near the water. On the test, it helped me remember how to construct the angle."

Mrs. Barbara Freeman had her students sit in a circle on the floor to help them remember the formulas for sine, cosine, and tangent. Senior Nick Pennow said, "At first, I thought it was stupid, but after a whole period of chanting obscure formulas, I found I had memorized them all."

"Mrs. Freeman told us about an Indian named Soh Cah Toa. It was supposed to help us remember trigonometry. Even though I was a sophomore, I remember it to this day," said senior Brooke Thomas.



Will You Just Listen? Trying to get help from classmates was not always easy. Junior Stuart Sutton attempts to ask junior Jeff Mitchell which Math Analysis problem they're on.



Using Time Wisely. Using spare time in class was helpful for students with busy schedules. Senior Miah Caven starts on his Math Analysis homework for Mrs. Jeanne Martin.



Sing It.
Many mnemonic devices involved singing songs. Mr. John Kolhreiser teaches juniors Tiffanie Petrin and Mandy Groseth the addition and subtraction formulas for sine and cosine. Clapping meant the signs changed.





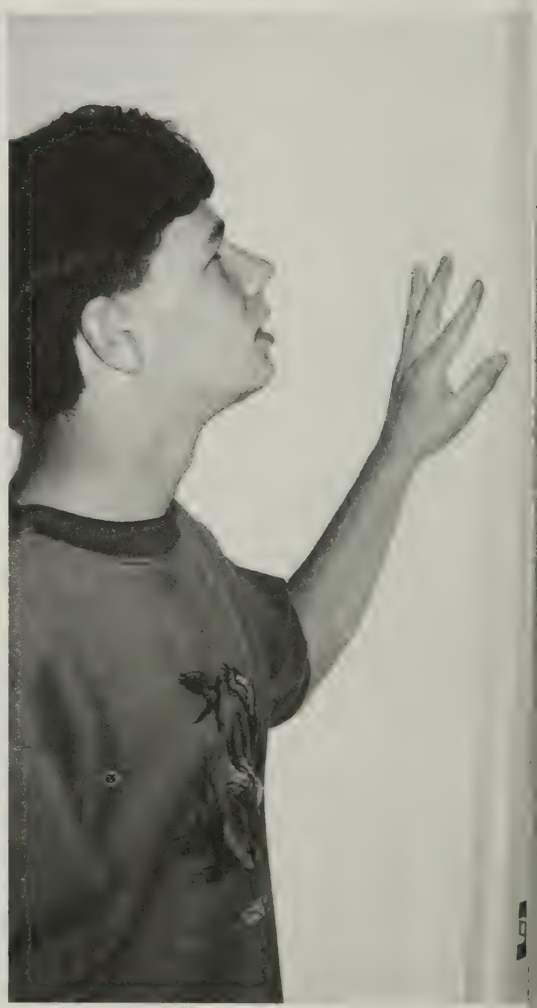
Two Heads Are Better.
Many times, a single student alone couldn't solve a difficult math problem. Freshman Ryan Montgomery works with freshman Kevin Batchelder to figure out the answer to their math problems.

Can You Help Me?
Asking for help was important in math. Junior Jennifer Lemons asks her teacher Mrs. Nancy Gore for homework help in her fifth hour AIM class, which combined Algebra I and Geometry.

Dunkin' Donuts. Students worked at part-time jobs to earn extra money during the school day. Junior Julie Ratley worked at the Dunkin' Donuts in Poquoson for eight months, where she serves donuts to her friend Tami Keith after school. Julie worked through the Co-op program after attending school until 11:50 each day.

Checking It Out. Before leaving for the day, maintenance people made sure everything was OK. Senior Dennis Cross puts away the pool gauges after finishing up his other tasks as a groundsman at Coral Keys Apartments.





Finishing Touches. ICT gave students the hands-on training for careers they wanted in the future. Junior Troy Williams takes a last look at the paneling he helped install. He said, "Hopefully the skills I've learned will help me build my own house."

Get paid for cutting class

SKIPPING SCHOOL

You feel so trapped. There is no way out. You feel like you're suffocating in a box that is closing you in forever. All you do is sit there and think, "When will I get out of school?"

For most students, sitting through school every day became extremely monotonous. Through programs like Cooperative Education and New Horizons, however, students were allowed to attend their regular classes and then go to a job or even another school.

Students who held jobs through the cooperative education program came to school for their required classes and the co-op class, and then went to their job while school was still in session. Often they only attended school for four periods. "It's a convenient way for me to hold a part time job while I'm still in school," said senior Mike Anderson.

Being a member of the Co-op program was especially hard for underclassmen. For sophomore Shawn Hanberry, finding time for his job was difficult. "It's really hard taking six classes and then going to work. I hardly have any time for homework," Hanberry said.

> "it's fun getting out of school early"

Students in this program, like senior Brian Diggs, used it to gain experience for future job plans. Diggs was a engineering technician at NASA. "I really enjoy working right next to the engineers at NASA. It gives me experience and a good variety of different fields of work," he said.

Working for the co-op program took up a lot of time. "I have to come to school for three hours of school, and then go to work for my father's company, DK Williams Contractor," said junior Troy Williams. "I don't get off work until four o'clock. It's nice getting out of school early, though. Earning extra money was also a plus."





Spic and Span. Special attention to preparation for competitions helped entrants do well. Senior Shannon Holloway said, "I'm cleaning off my car for the Occupational Display. Since I work at Suttle Motors, the car is what I'm going to use."

Putting It Together. Before competing, seniors Chad Carter and Chris McDaniels add finishing touches to their presentations to take to the District 4 VICA competition. Chris said, "We are making a display to take to competition. Ours is on Emergency Medical Services."



Helping Hand. The ideas and concepts learned in AP Government were difficult for many students to understand. Mrs. Carol Zak helps Sherry Edwards with one of the worksheets the AP students were given.



Teacher's Helper. Due to the incredible volume of homework given in AP Government, teacher Mrs. Carol Zak often enlisted students' help. Senior Steven Turbish passes out papers, pausing to stop to talk to senior Mitsi Fink.

New class highlights government

PASSING BILLS

Want to try something new? Why not try the new Social Studies class, AP Government.

After three years of discussion, an advanced placement government class was offered to seniors. "I love AP Government. It's a deeper analysis of our government than general classes," said AP Government teacher Mrs. Carol Zak, "We've needed this for a long time."

> "it's hard to apply yourself when you don't care for politics"

Students in AP Government learned the laws and policies of the government. "The object is to analyze politics from an historical, comparative, and current perspective," Mrs. Zak said.

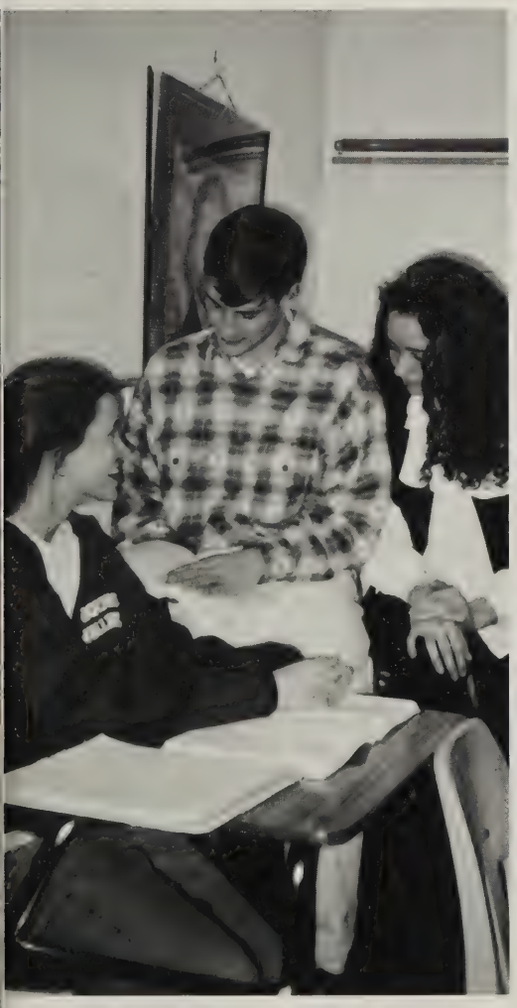
Each quarter students took part in a class project. This was a large portion of their grade. In the first quarter a Journalists' Roundtable was planned, where the students discussed current events.

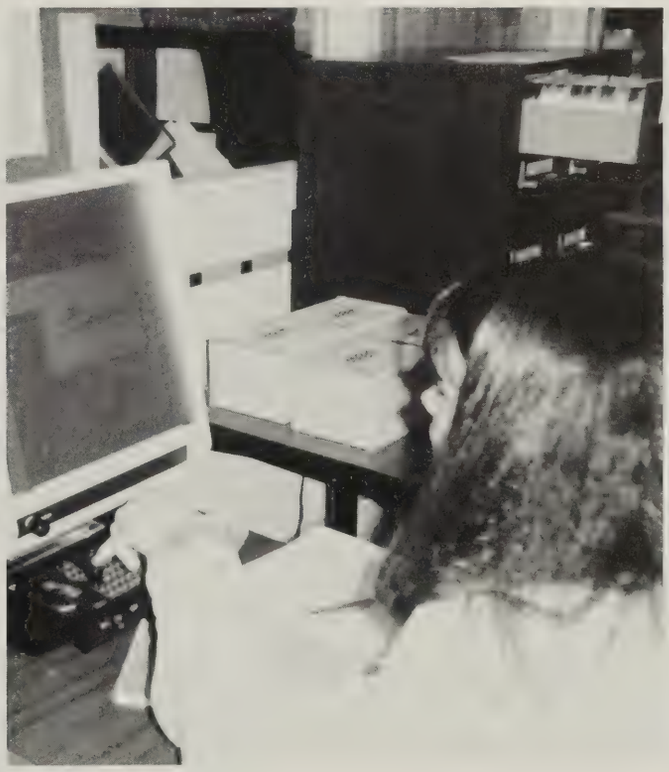
During the second quarter students were asked to re search a controversial topic. The classes then participate in lively debates. "While preparing for the debates w researched all we could about ou topic, euthanasia," said senio David Bragdon.

The final quarter project senio did was a legislative project. The traced a piece of legislation as moved through the two houses Congress. "The project required lot of time and critical analys skill," said senior Jenny Phillips

Seniors had mixed emotions about the class, but all we pleased they had AP Government as a choice. "I'm gla they had AP Government this year," said senior Sher Edwards, but it's very hard to apply yourself to the cla when you don't care for politics."







What's Going On?
Since AP Government involved many difficult concepts, students relied on each other for help. Senior Lauren Verser asks senior Tony Woodard about what they were supposed to read.

Quiet Time.
Advanced research in the Library Media Center was a requirement for AP Government. First hour student senior Sarah Richardson attempts to locate the article she needed on the microfiche machine. Students were required to trace a piece of legislation for six weeks.

Teaming Up.
Group work was an essential part of the AP Government curriculum. Seniors Jenny Phillips, Mark Davis, and Reesa Davis peruse a chapter in their textbook, attempting to locate the answer to Mrs. Carol Zak's question.

Exercise leads to fitness, health

WORKING OUT

One, two, three, ONE! One, two, three, TWO!

For most juniors and seniors, the days of counting jumping jacks, pushups, and situps were over. But for freshmen and sophomores, and those upperclassmen taking gym as an elective, the stench of mildewed gymsuits was all too familiar.

No matter how grueling the gym routine was, most didn't really mind at all. Sophomore Christina Dominguez said, "It's a nice break to have at school. You don't have to just sit there and do work."

Freshman Brad Elsass agreed. "I have gym sixth hour, so it's like a free class. We don't have to do regular school work, and then I get to go home," he said.

While sixth hour gym class was convenient, having gym first hour was just as fun. Senior Jenny Phillips said, "Gym rocks! Its not as structured as my academic classes. I have it first hour, but we usually don't get all sweaty, and a bunch of my friends are in it with me."

> "gym rocks! It's not as structured as academic classes"

Of course, there were always some students who were glad to take a break from the rigors of gym class. Junior Mary Roberts said, "I'm glad that I'm not taking gym this year. It's a good break during the school, but I don't like to dress out. I get exercise out of school anyway."

Dressing out was one of the main reasons for not participating in gym class. Junior Allison Dexter said, "It's great that I can keep my school clothes on all day long."

Underclassmen still didn't have a choice, but for upperclassmen, a break during the day was sacrificed for the joy of not dressing out. For those who took gym, school was no longer all work and no play.



Brushing Up. Following a strenuous gym class, students had to take time out to freshen up. Sophomore Melissa Moore fixes her hair after a rough day of basketball.



Practice Makes Perfect. Physical Education class was a time to brush up on favorite past time sports. Freshman Cory Groseth concentrates on hitting the golf ball for a hole in one.







Swing Batter. In Physical Education class, many different sports were taught. Freshman Amanda Brown spends a day of gym class practicing up on her softball. Other sports included basketball, whiffleball, and tennis.

Pumped Up. Juniors and seniors had the option to take gym. Many took Leisure Sports class to keep in shape and give them a break from classes. Senior Mark Davis does dips in the weightroom.

Double Dribble. Learning the basic rules and skills of a sport was necessary before actually playing. Freshmen Joyce Yue and Jennifer Mabe practice passing the soccer ball. Students also drilled in dribbling, trapping, and shooting the ball.

Presenting Projects.
In foreign language classes, creating projects was a large part of the curriculum. Seniors Helene Lee and Karen Holst present their projects during Spanish class. Projects ranged from posters to videotapes.

Typing Away.
Foreign Language classes involved more than just speaking and listening. In Miss Helen Small's German III and IV class, senior Jamey Lamprecht and junior Laura Schempf put together a German newspaper on the computer.





Escuche, Por Favor.
In Mr. Tom Fay's AP Spanish class, students experienced different types of tests. Senior Rachel Sills listens intently during listening comprehension. She said, "Listening is the hardest part; you have to pay attention to detail."

Speak freely, in any language

ACCENTING IT

Hola. Guten tug. Bonjour. Buena Suerte, vien gluck, bon chance. While these words mean nothing to some students, they mean a lot to foreign language students.

These languages, German, French, and Spanish, were some of the foreign language classes available to students. Everyone was required to take either three years of one language or two years each of two to fulfill graduation requirements.

Students chose the language they studied for various reasons. Freshman Chris Robbins said, "I'm taking Spanish because I think that it's the easiest of all the languages."

Most students genuinely liked the language class they took. Sophomore Valerie Sledd, in her second year of French, said, "I'm going to stay in French for the next two years because I enjoy it. Besides, I don't want to start a new language."

> "I don't want to start a new language"

The higher foreign language classes had several levels of students. Ms. Helen Small's third hour German class consisted of both German III and IV. The two levels of students often worked together. "It's hard having both classes together, but we do have more time to discuss what we're learning," said German III junior Mary Roberts.

Most classes had about thirty students in them. However, there was one class that had much less. In Mrs. Susan Britt's AP French IV and V class, there were only eight students. Senior Alona Decker said, "I feel since I'm the only French V student, it adds a responsibility for me to help out the French IV students."

Experienced language students enjoyed their classes the most. "It's more interesting now that I can understand most of what is being said," said senior Helen Lee.





Lending a Helping Hand. Working together in groups helped classmates learn from each other. Juniors Katie Nolan and Alison Dexter work together on an assignment in their French IV workbook. Alison said, "It's easier to work in groups because everyone works easily."

May I Help You? Projects were assigned once or twice a month in French I class. Freshman Courtney Judd poses as a waitress for customers sophomore Aaron Godding and freshman Amy Sutherland in Mrs. Britt's second hour French class.



A Clean Sweep. Students in Home Ec classes were expected to keep the kitchen clean and ready for use. Sophomore Marco Migliori does his part by sweeping the classroom floor.



The Cutting Edge. Those who took LMS class were taught how to sew. They made several projects, including a sweatshirt. Freshman Vicki Firth cuts out the cloth for her outfit.

Class teaches skills for home

DOING HOMEWORK

Ahh, life on your own is easy. No parents to hassle you, no curfews, no pesky little brothers or sisters. But wait. Who's going to do the cooking? Who's going to wash your clothes? Who's going to mend the tear in your jeans? Well you could do all this and more, if you took a Home Economics class.

Junior Dan Rodgers said, "I have learned a lot in my Life Management Skills and World of Food classes. They were a good experience. I want to be a chef so having these classes really prepares me for the future."

Most of the time students took the class just for the experience and fun. Freshman Randi Webb said, "Being in LMS is fun. You are always doing some kind of work, but everyone seems to like the projects they are assigned."

"My favorite part of LMS is making clothes. We got to make our own sweatshorts and sweatshirts. They actually turned out pretty good," said freshman Lindsay Reinholdt.

> "I kept waiting for my parents to yell at me"

If students didn't take home economics classes because they were slack, they took them in order to actually learn how to do things for the future. Junior Sean Pruitt said, "I took LMS to prepare myself for living alone. Learning to cook and sew is going to be helpful when I get older."

Many life skills were taught in the home economic classes. Check writing, sewing, and washing dishes were all covered. "I really didn't like washing dishes," said senior Gus Goddin. "It reminded me too much of home. I kept waiting for my parents to yell at me."







Looking A Mess.
After a long hour's work preparing food, students often found themselves a little messy, despite the aprons and hats. Sophomore Maren Labelle waits to clean off the flour she spilled on herself.

Is This It?
As part of the Home Economics classes students learned to prepare many delectable dishes. Freshman Christina Heinbrook finds a can of whipped cream to finish off her dessert creation.

Things Are Heating Up.
Learning the fine arts of ironing and sewing were not only practical, but mandatory for all Life Management Skills classes. Freshman Chasity Estep irons the cloth she is planning to sew together.



Do Re Mi. Students who liked to sing had many options open to them. From Garnet and Gold to Mixed Chorus; from Acapella Choir to Soundsation, all avenues were covered. Mrs. Dot Little leads one of her choral classes through a rendition of *Silent Night.*

Odd Fellows

Hang Out, Make Friends

Just another typical night. There's nothing different, nothing odd going on. What are you going to do? Why not join a club. You can meet new people and maybe even give help to the needy.

The Varsity Club awarded one scholar athlete the Joe Thomas Award each year. With the award came a college scholarship. "To raise money for the Joe Thomas scholarship, Varsity Club sold candy. We made a lot of money in a short time," said junior Joey Harris.

One club reinstated to the school was Happy Club. Sophomore Sarah Kreiger said, "Last year we didn't have Happy Club, but this year when I heard the school was sponsoring it, I joined immediately. It is a great chance to help those who need it."

The band represented the school in several competitions. One of those was the Warrior Classic at Kecoughtan. Senior Jesse Spencer said, "At the Kecoughtan field competition we placed first! It was the best because my senior year got to go out with a bang."

So if you have some time to kill, be different, be odd. Join a club and hang out with some **Odd Fellows.**



AN ODD ODYSSEY

Flag Duty. A parade just wasn't a parade without an Honor Guard. Holding the national and state ensigns high, sophomores Joe Flannery and Tiffanie Petrin march between junior Jennifer Freeman and sophomore Jennifer Staton at a local parade.



Fifties Flashback. The SCA sponsored a spirit week that consisted of five 'dress up' days. Seniors Kathy Firth and Tammy Ancell showed their school spirit when they came dressed up for '50's day.



SCA Officers: Sarah Richardson, Dean Shannon, Julie Nozynski, Kristi Skinner.



Senior Class Officers: Emily Adams, Jeff Montgomery, Molly Bowden, Jenny Phillips.



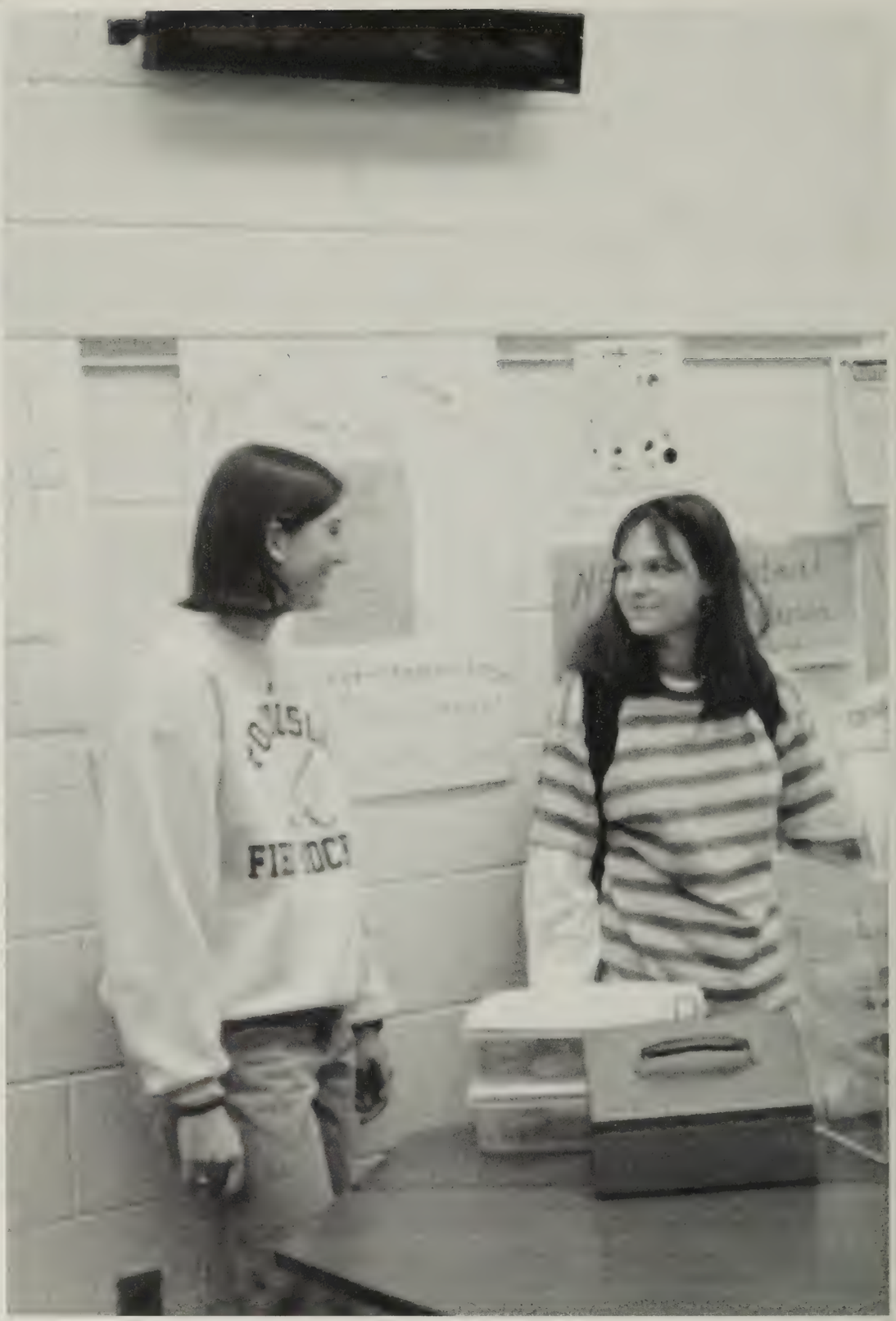
Junior Class Officers: Michelle Watkins, Ginger Aldridge, Marcus Jones, Ryann Sawyer.



Sophomore Class Officers: Jaclyn Smith, Colleen Bresnan, Jon Lange, Maura Garvey.



Freshman Class Officers: Stacy Stone, Craig Gallaer, Beth Thomas, Randi Webb.



Spunk For Sale

Throughout the year various clubs and organizations sold Otis Spunkmeyer cookies. SCA president senior Sarah Richardson coerces sophomore Maddie Beard into purchasing a few. Sarah said, "Spunkmeyer cookie sales were an effective fundraising device, although their popularity seemed to decline over the year."

Valentine Work

Red hearts, balloons, and crepe paper covered the commons as a reminder of the holiday. Senior Sarah Richardson, junior Mandy Groseth and freshman Randi Webb decorate for SCA before the Valentine's Day dance. The dance served as a fundraiser for the council.



Leading the way

STUDENT COUNCIL ASSOCIATION ORGANIZES PLANS TO PLEASE MAJORITY

"I move that school be closed for the remainder of the year."

Although not to this extent, the school changed with every meeting of the Student Council Association and class offices. The many events and activities sponsored by the SCA brought life into the school and increased spirit within the student body. "SCA gives me a chance to be a part of the organization of dances and other student council activities," said freshman representative Rebecca Turbish.

Among the events held by the SCA and class offices were Holly Ball, Valentine's Dance, strobe light Volleyball, and of course the Homecoming festivities. "Homecoming is the busiest time of year for the senior class. After that things really slow down," said senior class president Jeff Montgomery.

On the other hand, the junior class was always busy. "We were always selling funnel cakes or washing cars or anything just to raise money for Ring Dance and Prom," said junior class treasurer Marcus Jones.

The SCA was very active during the holiday seasons. They donated Thanksgiving dinners for needy families. Rent an elf, red and green day, and decorating a tree in the commons were all events held during the Christmas season. The SCA also collected and donated toys to Toys for Tots. For Valentine's Day the SCA sold Data Matches and held the Valentine's Dance. "You'd never call anybody on your Data Match, but it is still cool to know who has things in common with you," said junior Kevin Cockrell.

"I LIKE SCA BECAUSE IT IS FUN AND IT INVOLVES EVERYBODY."

SCA members attended VSCA State Convention in March. VSCA was a statewide student council that most schools in the state belonged to. "VSCA State Convention gives students an opportunity to meet people from other parts of the state, better their leadership skills, and be a part of a statewide legislative process," said SCA treasurer Charlie French, who was also a VSCA Region 2 representative.

Whether fund-raising, leading, or following, everyone played a part in the SCA. It gave students a chance to become involved. "I like SCA because it is fun and it involves everybody and I like to be a part of what's going on," said sophomore Heather Arms.



Travel Through Time

Decorating the halls for spirit week was a competition between classes. Junior Ryann Sawyer hangs records from the seventies to go along with the week's theme, Traveling Through Time. The juniors, using the seventies as their time period, won first place in the hall decorating contest.



SCA Senior Representatives (F-B): Amy Taylor, Mike Samos, Kate Garvey, Mark Davis, Jon Abbott, Scott Neilson.



SCA Junior Representatives (F-B): Christine Solga, Danielle Nicely, Colleen Smith, Rene Hunt, Jeff Mitchell, Tim Murphy, Leslie Inge.



SCA Sophomore Representatives (F-B): Jaclyn Smith, Andrew Shtulman, Heather Arms, Sunny Claussen, Colleen Bresnan, Jon Lange, Mike Andriliunas, Maura Garvey.



SCA Freshman Representatives (F-B): Rebecca Turbish, Christa Stutt, Blair Hardaway, Nina Richardson, Chris Fortier, Amanda Wynn.



SADD (F-B): Linsay Keddell, Leanne Phillips, Laura Asakura, Katie Cox, Mary Evans, Allison Mast, Shazia Ismail, Rene Frazier, Jennifer Haczewski, Aimee Halverson, Sarah Bailey, Jennifer Kahng, April Insley, Heather Shifflett, Tiffanie Petrin, Mary Roberts, Kim Shifflett, Erin Gooding, Liz Williams, Addie Drivas, Brady Diggs, Amanda Wynn, Dana Montgomery.



Key Club 12 (F-B): Merideth Hall, Helene Lee, Sherry Edwards, Melanie Finch, Heather Shifflett, Kim Shifflett, Julie Nozynski, Chelsea Patterson, Jeremiah Caven, Ed Render, Mason Ballard, Mark Davis, Scott Miller, Jon Evans, Steven Turbish.



Key Club 11 (F-B): Bob Goddin, Renee Hunt, Katie Cox, Laura Asakura, Corrigan Threlkeld, Alex Glushko, Laura Schempf, Heather Genganagel, Troy Butler, Pete Nadolny, Mark Bradley, Jimmy Brooks, Han Choi, Brady Diggs, Jeff Mitchell, Brian Wescott, Brian Sutton, Brian Topping.



Key Club 9,10 (F-B): Cathy Carter, Mary Evans, Leanne Phillips, Emily Edwards, Allison Mast, Heather Arms, Rebecca Turbish, Blair Hardaway, Shannon Weisner, Sarah Kreiger, Maura Garvey, Courtney Judd, Crista Stutt, Heather Johnston, Shazia Ismail, Beth Thomas, Amanda Wynn, Amanda Brown, Sarah Johnson, Melissa Moore, Erin Murphy, Nina Richardson, Shawn Hanberry, JM Noble, Ben Goldman, Mark Philbeck.

A Time For Change

The National Honor Society, in conjunction with Jim Spencer of the *Daily Press*, set out to collect 10,000 pennies to support the United Way. Junior Stuart Sutton donates some spare change as NHS member Laura Wade looks on. Stuart said, "I don't mind giving a little for a worthy cause."



Tapping A Vein

The school gymnasium housed the annual blood drive. Key Club co-sponsored the drive with the American Red Cross. Junior Robbie Bolden examines his punctured arm. Robbie said, "I was feeling a bit woozy after I filled the bag. The cookies and drink didn't help me any."





Get To Work

National Honor Society members Kate Garvey, Helene Lee, and Nicole Anderson joke around while helping to set up for the Homecoming parade. NHS assisted in the organization of the parade. Kate said, "This was my last parade to attend here so I put a lot of effort into it."

Helping other people

DEDICATION, WILLINGNESS LEAD TO HELPING IN COMMUNITY

In a perfect world, all is beautiful and harmonious. Poverty does not exist. No accidents occur and everyone is self-sufficient in his or her own needs. Unfortunately, the world in which we live is imperfect.

In order to compensate for all the imperfections in the community, service clubs were created. The Key Club, a subsidiary of the Kiwanis Club, was a national service club for high school students. Key Club president, senior Karen Holst, said, "At the beginning of the year it was great that everyone was motivated and ready to help out. By March, only some remained eager. Community service is required year round, and that was our goal for the year."

One of Key Club's services was to visit the elderly in convalescent homes. Junior Charlie French said, "Playing bingo at Bayside was fun and the residents seemed to enjoy our company."

Another school club, the Varsity Club, was involved with serving the community. Senior Julie Nozynski said, "Throughout the year, the Varsity Club raises money through fund raisers so that at the end of the year we can present the Joe Thomas Award."

Students Against Drunk Driving, or SADD, as they were conveniently referred to, became involved in the school. Senior Kim Shifflett said, "At the beginning of the year, SADD sponsored Red Ribbon Week, and at the end we sponsor the Prom Promise."

"NHS REWARDS THOSE STUDENTS FOR ALL THE HARD WORK."

Along with service clubs directed toward the older members of the community, there were those which focused on the younger members. Special Friends visited the neighboring primary school daily. Junior Colleen Smith said, "It's an enjoyable and rewarding experience to read to the children and also to help with their work."

Happy Club also became involved in the welfare of children. "We visited the Children's Hospital of the King's Daughters. The patients, especially the younger ones, really seemed to appreciate the visitors," said senior Jackie Barnes.

Perhaps the most prestigious club in the school was the National Honor Society. NHS sponsored a scholarship, along with other things. Senior David Bragdon said, "NHS rewards those students for all the hard work over the years."



NHS (F-B):: Mitsi Fink, Ellen Hartman, Kate Garvey, Jaimi Lacaria, Helene Lee, Laura Wade, Reesa Davis, Becky French, Emily Adams, Mary Elsass, Julie Nozynski, Erin Bradham, Rich Bennett, Heather Shifflett, Scott Neilson, Molly Bowden, Scott Miller, Steven Turbish, Mark Davis, Jeff Montgomery, David Bragdon, Jesse Spencer, Daniel Osgood, Jon Evans.



Happy Club 12 (F-B): Jackie Barnes, Sarah Richarson, Tammy Ancell, Melanie Finch, Shannon Morris, Amanda Hamilton, Kathy Firth, Holly Hamilton, Rene Frazier, Eddie Vande-Mortel, Lauren Verser, Amy Taylor, Mason Ballard, Amy Crews, Nicole Anderson, Rachel Sills, Scott Seitz, Michelle Hirsch, Jon Roberts, Ed Madre, Rich Bennett.



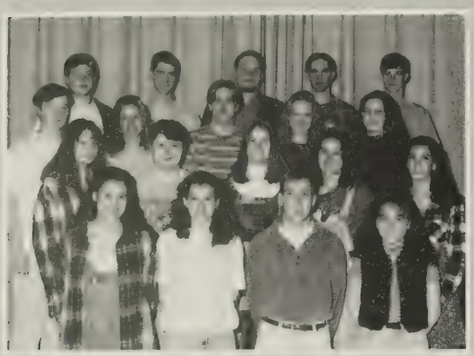
Happy Club 9,10,11 (F-B): Christine Solga, Alicia Dezern, Sazia Ismail, Tiffanie Petrin, Jaclyn Smith, Randi Webb, Heather Arms, Mion Kim, Aimee Halverson, Melissa Carter, Ginger Aldridge, Ryann Sawyer, Rachel Gilbert, Maren LaBelle, Sarah Myer, Kathleen Kreiger, Bethanne Thomas, April Butler, Shannon Weisner, Jennifer Snider, Nina Richardson, Amanda Wynn, Abraham Ahn, Stewart Brown, Dean Shannon, Brad Elsass.



Varsity Club Officers (F-B): Amy Taylor, Kristi Skinner, Julie Nozynski.



Yearbook (F-B): Kylene Becker, Jennifer Freeman, Kate Garvey, Lisa Shores, Michelle Watkins, Melissa Messick, Colleen Smith, Jimmy Brooks, Chelsea Patterson, Shana Fitzpatrick, Jaimi Lacaria, Mary Elsass, Brooke Thomas, Robin Lester, Ryan Hall, Bonnie Tasillo, Angela Taliafero, Eddie Vande-Mortel, Dean Shannon.



Newspaper (F-B): Christina Dominguez, Jenny Phillips, Bob Goddin, Laura Wade, Erin Bradham, Jessica Wood, Kristi Skinner, Julie Nozynski, Jaimi Lacaria, Billy Sincoskie, Chelsea Patterson, Scott Harris, Mary Elsass, Molly Bowden, Jake Webb, Scott Neilson, Scott Miller, Nick Pennow, Brian Sutton.



Literary Magazine (F-B): Stephanie Cordell, Sylvia Cornelliussen, Kate Shanafelt, Lee Oldham, Brandee Carrico, Holly Hamilton, Sherry Edwards, Jennifer Kahng, Mandi Page, Timothy Thomas, Laura Schempf, Rob Quinn, Amber Watkins, Chris Koth, Ben Goldman, Steve Louk, Jon Evans.



Quill & Scroll (F-B): Jennifer Kahng, Sherry Edwards, Shana Fitzpatrick, Scott Harris, Jon Evans, Chelsea Patterson.



Decisions, Decisions
On a field trip to Virginia Wesleyan College, seniors Gus Goddin and Jaimi Lacaria discuss the yearbook's cover design with Jeff Reinhardt, a Josten's creative resource artist. Gus said, "The artist did an exceptional job with our cover design. I am very pleased."

Spreading the news

PUBLICATIONS KEEP BUSY COVERING STORIES, SNAPPING PHOTOS

Things happen. Lots of things constantly occur around you, so many things that it is hard to keep up with them all.

Since it was impossible for one person to partake in every activity, join every club, attend every sporting event, and go to every meeting, it was necessary to read about them at a later date. For this reason school publications were vital, to inform the students.

As always, it was the journalism class's responsibility to create the school newspaper, *The Island Echo*. The newspaper was an effective method of administering information concerning local and school events as well as addressing national issues. Senior Chelsea Patterson said, "Newspaper teaches those students interested in writing and layout the basics."

Another advantage to school publications was that they were mainly produced by the students. This made for reading that the students could relate to. Junior Brian Sutton said, "The newspaper provides students with stories and features that they might not get through other types of media."

Another student generated publication was the literary magazine. *Reflections* was a compilation of student work, including short stories and poetry." Junior Laura Schempf said, "It is a great opportunity for the school because it spotlights the talent of the students and encourages them to think and write creatively."

"IT'S A PRIVILEGE TO BE INDUCTED INTO QUILL AND SCROLL."

Students involved in the writing of school publications were sometimes honored by membership in Quill and Scroll. "Quill and Scroll is a national organization for high school writers. It's a privilege to be inducted into it," said junior Jennifer Kahng.

The yearbook staff again created the *Islander*. Many hours of during and after school work went into the creation of the *Islander*. Sophomore Ryan Hall said, "It is very hard work and requires a lot of coming in after school and on weekends to complete, but you do learn a lot and get to know many people."

Senior Jaimi Lacaria said, "I look forward to looking back on what I have written in 30 years. Yearbooks are timeless. "

Sophomore Angela Taliaferro quoted the banner hanging in yearbook sponsor Mrs. Dott VanDervort's room when she said, "Enter the cool zone! Join yearbook!"



Captions Don't Write Themselves

One of the many duties assigned to yearbook students was writing captions. Senior Lisa Shores scribbles down on paper an idea for a senior section caption. Lisa said, "Writing captions has to be my least favorite job. I can never seem to find the right words."

Syntax Error

Computers made life more organized for school publications, most of the time. Senior Mary Elsass of the newspaper struggles to overcome a dilemma. Mary said, "Normally, I consider computer use a blessing, but when they lose my article, I just want to disembowel the entire system."





Special Friends (School Day) (F-B): Christine Solga, Renee Hunt, Colleen Smith, Meredith Hall, Mellissa David, Sabrina Esser, Liz Williams, Joey Holland, Lara Flanagan, Chelsea Patterson, Kara Forrest, Heather McClelland, Lauren Verser, Stephanie Andres, Brooke Thomas, Ed Render, Addie Drivas, Jon Kurek, Ed Madre, Brian Harrell, Leslie Inge, Erick Zohn, Joey Harris, Tom Jones, Joe Lipp, Forrest Holloway, Eddie Vande-Mortel.



Special Friends (After school) (F-B): Cathy Carter, Renee Hunt, Emily Shepherd, Heather Arms, Lindsay Keddell, Leanne Phillips, Shazia Ismail, Glenda Cox, Joey Holland, Sandra Shandor, Sarah Kreiger, Jaimi Lacaria, Mellissa David, Christina Dominguez, Kathleen Kreiger, Beth Thomas, Kristin Geppert, Lindsay Reinholdt, Jennifer Staton, Erin Murphy, Nina Richardson, Brad Beals, Mary Elsass, Amanda Wyn, Richina Wood



Announcement Team (F-B): Lisa Shores, Chris McDaniels, Rachel Sills.



Thespians (F-B): Jennifer Freeman, Andrew Shtulman, Kate Garvey, Katie Nolan, Katy Rosensteel, Jaimi Lacaria, Becky French, Sarah Evans, Laura Apelt, Reesa Davis, Mary Elsass, Sherry Edwards, Jon Evans, Scott Harris, Nick Pennow, Mason Ballard.



Drama Club (F-B): Laura Wade, Sarah Dewey, Beth Gottschall, Laura Asakura, Stephanie Cordell, Tim Thomas, Rob Quinn, Maryanne Sanderson, Victoria Harper, Karen Feigh, Melissa David, Brad Elsass, Chris Young, Amanda Robertson, James Ayers, Jennifer Lemons, Allison Dexter, Laura Kukich, Jennifer Harris, Emily Edwards, Joe Flannery, Craig Gallaer, Joe Lipp, Chris Koth.



VHSL Forensics (F-B): Victoria Harper, Lisa Shores, Andrew Shtulman, Kate Garvey, Erin Bradham, Ellen Hartman, Reesa Davis, Karen Feigh, Craig Gallaer, Cody Camblin, David Bragdan, Brad Ambrose, Mary Elsass.



Forensics (F-B): Stephanie Cordell, Lisa Shores, Becky French, Maryanne Sanderson, Victoria Harper, Andrew Shtulman, Kate Garvey, Katie Nolan, Schnnel Mogart, Chris Young, Erin Bradham, Reesa Davis, Rachel Sills, Sarah Evans, Jaimi Lacaria, Kathryn Edwards, Mary Elsass, Cody Camblin, Katy Rosensteel, James Ayers, Nicole Anderson, Karen Feigh, Allison Dexter.

Entertaining a crowd

CHORUS, DRAMA COMMUNICATE THROUGH SONG, DANCE, THEATRE

Nothing feels as good as performing on a stage under the lights. The applause from the audience sends electricity through your body. Singing your heart out, you have the biggest smile on your face.

All of Mrs. Dot Little's chorus groups felt this emotion when performing at their concerts and competitions. "When we're on stage and people cheer for us, it's a natural high," said junior Beth Gottschall.

Garnet and Gold was the all female performing show choir. They worked on choreography with the music. They competed at Kecoughtan High School and Lynchburg College. Both competitions were all-day Saturday events. At Lynchburg they stayed overnight. They received third place among the women's choirs at Lynchberg. Senior Katy Rosensteel said, "We have had the best choreography I have ever seen Garnet and Gold try to do this year. I love everything about it except those darn sequins."

Soundsation was the coed dancing show choir. They also competed at Kecoughtan and Lynchberg. "Soundsation is a lot of fun. We're doing much better than last year- it's great to see the hard work paying off," said junior Jason Price.

Because competing was not part of their curriculum, Acappella had more time to work on their songs for concerts. This was important because singing without accompaniment involved being in tune. "We sang many different types of music, but spirituals are most enjoyable," said junior Laura Apelt.

"WHEN PEOPLE CHEER FOR US, IT'S A NATURAL HIGH."

Everyone, regardless of which group they belonged to, had a chance to try out for all-district chorus. All-district chorus was formed from the best of those who tried out from all the high schools in the district. The all-district chorus concert was held at Phoebus High school. Freshman Clint Davis said, "It was a lot of hard work, but it all paid off during the concert. It was also a good chance to meet new people."

The rest of Mrs. Dot Little's singers made up the mixed chorus. Freshman Maryanne Sanderson said, " Although I like mixed, I hope to get into a more advanced group. We do get to sing well known songs, though."

Singing and dancing were ways for the chorus to spread emotions and happiness. Competing for judges or performing for friends and parents did just that.

Space On Stage

The girl's half of Soundsation rehearses their moves during class time, preparing for the spring concert. Soundsation needed a lot of room to practice their dance steps, so they chose to work on the same stage where they performed.







Music Review

Reading from the music, Mrs. Dot Little leads the Acappella Choir in practicing for the district chorus festival. Junior Danielle Nicely said, "It's a very small class and we get enough individual attention to help with our singing."

Winning Act

The one act competition play, *Fairfax County*, won first place at District competition and third at regional competition. Sophomores Andrew Shtulman, Stephanie Cordell, and Amanda Robertson rehearse the opening scene after school at the direction of student director Kate Garvey.



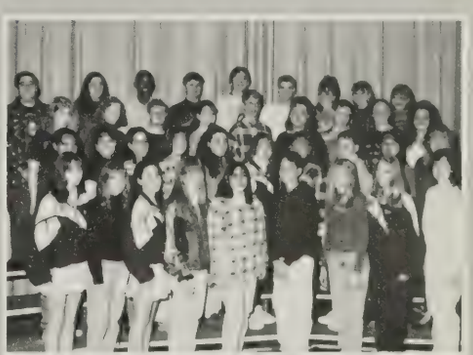
Garnet & Gold (F-B): Carla Juhl, Ryann Sawyer, Rachel Gilbert, Christine Solga, Allison Johanson, Beth Gottschall, Laura Apelt, Kim Watkins, Gretchen Zohn, Mellissa Carter, Sara Burke, Amy Richardson, Katy Rosentsteel, Amanda Hamilton, Tammy Ancell, Marina Valdez, Melanie Finch, Sarah dewey, Kathy Firth, Laura Kukich, Valerie Moore, Jennifer Lemons, April Butler.



Acapella (F-B): Meredith Hall, Tara Stein, Dawn Watkins, Kelly Roberts, Sunny Clausen, Michelle Harrell, Glenda Cox, Jake Webb, Laura Apelt, Danielle Kukich, Amy Winland, Amy Vest, Carla Juhl, Kate Garvey, Eric Insley, D.J. Rick, Mason Ballard, Maura Garvey, Marie Powell, Sara Segrelius, Marina Valdez, Jennifer Lemons, Danielle Nicely, Robbie Hunt, Matt Forrest, Devin Trippe, Phillip Pauls, Chris Diggs, Stewart Brown, Jeremy Ross, Corrigan Threlkeld.



Soundsation (F-B): Glenda Cox, Dawn Watkins, Michelle Harrell, Sunny Clausen, Tara Starner, Laura Apelt, Carla Juhl, Marina Valdez, Katie Martin, Amy Winland, Danielle Kukich, Marie Powell, Jennifer Lemons, Matt Forrest, Devin Trippe, Phillip Pauls, Robbie Hunt.



Mixed Chorus (F-B): Jessica Dryden, Jenny Holland, Gair Perry, Jennifer Stallings, Theorella Vitor, Clint Davis, Heather Arms, Sarah Kreiger, Suzanne Ayres, Samedy Mang, Crystal Gearhart, Kim Gearhart, Sandra Shandor, Elizabeth Render, Emily Shepherd, Krysty Ernzen, Sarah Bailey, Tara Kehoe, Amy Insley, Jennifer Ward, Maryanne Sanderson, Joey Holland, Kelli Insley, Jason Barnett, Sara Sagrelius, Jon Conway, Ashley Lamberton, Jill Craig, Ryland Ballard, Bonnie Cannon, James Pierce, Shayne Zasimowich, Brian Norris, Harold Rick, Carrol Goff, Nicole Morehouse, Taylor Morsan.



OM (F-B): Christina Silcoz, Andrew Shtulman, Philo Juang, Josh Boitnott, Gabrielle Davis, Nate McCarter, Karen Feigh, Jon Parker, John Kurek, Scott Miller, John Evans



Debate (F-B): Helen Small (sponsor), Erin Bradham, Cody Camblin, Nancy Gore (sponsor), Shelby Savage, Brad Ambrose, David Bragdon, Jon Lange, Tim Mattson



Chess Club (F-B): Kalpana Viswesvaran, Song Kim, Suzanne Ayres, TJ Kegl, Abraham Ahn, Paul Rosensteel



VA Math League (F-B): Joyce Yue, Shazai Esmal, Leanne Phillips, Laura Asakura, Andrew Schtulman, Dalpana Visweswaran, Aimee Halverson, Philo Juang, Cory Coleman, Jennifer Hahng, Suzanne Ayres, Tracy Morse, Angela Taliaferro, Gabrielle Davis, Amanda Robertson, Daren Feigh, Nancy Gore (sponsor), Stephen Turbish, John Evans, Scott Miller, Shelby Savage, Vikram Vatsa



Total Concentration

The building of balsa wood structures was one event in Odyssey of the Mind. Junior Josh Boitnott and sophomore Cory Coleman align thin strips of wood for use in their structure. Cory said, "It takes a steady hand to properly assemble a monolith."



Make Your Move

Concentration was essential to the members of the chess club. Junior Steven Gunther contemplates his next move in a practice session while fellow club member sophomore Kalpana Viswesvaran looks on.

Solving some problems

CHALLENGING CLUBS USE BRAINS TO HAVE FUN, LEARN

Their minds were focused, their palms sweaty and their faces concentrated. They were the members of the academic competition teams.

They might not have competed with their physical strength, but their intelligence and determination led them to the top. These teams met their goal because of the hard work and self-discipline each team member offered.

Academic Challenge was similar to the Jeopardy TV game. The team gathered points for each question answered correctly by individual team members. It was a fun way to test their general knowledge. "It's really fun but at times intense. A lot of the time the winner is the one who can buzz in quick on the last five or six questions," said sophomore Ryan Hall.

Odyssey of the Mind was another academic competition team that allowed students to show their creativity. The members of the OM team were given hands-on problems to solve. Sophomore Karen Feigh said, "OM is so much fun. The problems can be very complex. Sometimes the answer is right in front of your face and other times you never think you'll get it."

The chess club allowed talented chess players to play students from other schools. Freshman Suzanne Ayers said, "Chess is a fun hobby of mine. I was excited to hear the high school had a chess club, and eager to join."

"A LOT OF TIMES THE WINNER IS THE ONE WHO CAN BUZZ IN QUICK."

Some students were talented in problem solving, others in knowing trivial facts. For the debate team, persuasive speaking was a strong suit. Junior Shelby Savage said, "Public speaking has always come relatively easy to me. When I heard about debate I thought I would give it a try. It has been a lot of fun."

Competitions were also held for drama students. The VHSL one act play gave actors and actresses a chance to demonstrate their natural gifts. Under the direction of senior Kate Garvey, *Fairfax County* placed first in the district, and third in the regional competition Freshman Sarah Dewey said, "I enjoyed being in *Fairfax County* because I got to play a child. I could be as obnoxious as I wanted."

Academic competition teams permitted creative students to be involved in school and have fun at the same time.



Deep Thoughts
Problem solving was the main focus of the Odyssey of the Mind team. Timed hands-on problems were given to members for solving. Freshman Jon Parker ponders over one of these problems. Jon said, "OM trains your mind to think more objectively."



Academic Challenge (F-B): Beth Gottschall, Allona Decker, Sherry Edwards, Philo Juang, Scott Miller, Han Choi, Ryan Hall, Shelby Savage, Dave McGarry, Jesse Spencer, John Evans



Academic Challenge JV (F-B): Andrew Shtulman, Jan Lange, William Sincoskie, Corey Coleman



International Club (F-B): Victoria Harper, Tiffanie Petrin, Laura Asakura, Andrew Shtulman, Claire Fredericks, Mary Roberts, Karen Feigh, Charles Juhl, Katy Shanafelt, Donald Todd, Ryan Hall, David Miller, Gabrielle Davis, Amanda Robertson, Jon Lange, John Evans, Stephen Turbish, Brian Wescott, Jesse Buchanan, Scott Miller, Brad Ambrose



FHA 12 (F-B): Carla Juhl, Yvonne Emerson, Shannon Morris, Jennifer Southern, Melanie Finch, Sumer Hunt, Rene Frazier, Christine Zaragosa, Amy Taylor, Kara Gills, Rachel Sills, Heather McClelland, Chrissy Martin, Jackie barnes, Tracy Swandle, Mandy Page, Liz Williams, Ida Nelby, Chris Clemmens, Addie Drivas, Mike Chauvin, Mason Ballard.



FHA Underclass (F-B): Miranda Witchland, Dawn Watkins, Kristen Martin, Lindsay Keddell, Racheal Lagart, Nikki Folks, Joyce Yue, Heather Johnston, Remle Diggs, Krista Kenny, Sarah Myers, Pam Owens, Michelle Diggs, Amanda Wynn, Penny Goodrich, Marco Migliori.



TSA Officers (F-B); Steven Gunther, Ed Madre, Dean Shannon, Eddie VandeMortel.

Everything Checks

Inventory was important to many stores. Senior Brian Harrell checks to make sure everything is accounted for at Poquoson Islander Hardware. Brian said, "I like my job. I get decent hours and pay. Everyone I work with is pretty nice and the job is pretty much stress free."



Extra Cheese Please

On the return to school from a field trips, buses often stopped so that students could break the monotony of cafeteria lunch and eat out. Seniors Chris Clemins and John Roberts enjoy the all-you-can-eat buffet at Pizza Hut. At $3.99 for all the pizza they could eat, it was an economical site for lunch.





"One Hundred And One. . ."
The canned food drive helped those in need. Sophomore Jeremy Gregg and his technology class help count and load the food brought in by students. Jeremy said, "It was nice that everyone got enthused over helping those in need. We raised over 1,000 cans."

Experiencing life

WORKING TEACHES SKILLS, EXPERIENCE, PRACTICE FOR FUTURE

"I'm going to be a lawyer."
"I'm going to be a teacher."
"I'm going to work at NASA."

Preparing for the future was always in the back of students' minds. They had the opportunity to join clubs that provided vocational training. Occupational clubs had endless opportunities to help the community and teach trades to students.

Future Homemakers of America was a club connected with the family living courses. It taught many practical skills needed for independent living. As students got older and chose to leave the security of their homes, FHA displayed its capabilities. Senior Rob Green said, "As I get ready to go to Texas A&M I realize how beneficial FHA has been. I learned to cook, repair clothes and manage my money. It's a wonderful club."

FHA was not only useful for the future but also while students were still attending school. It taught students how to be involved at home and be an active family member. Freshman Heather Arms said, "FHA has taught me how to participate in my house and has been a fun club for me and my friends to join."

Those that enjoyed working with tools and machinery also had a club to join. Technology Students of America offered extracurricular activities in the technology field. TSA allowed students to explore their interests in woodworking and engineering. Junior Steven Gunther said, "Being an officer in TSA lets me get more involved in my technology classes that I enjoy so much."

"I LEARNED TO COOK, REPAIR CLOTHES, AND MANAGE MY MONEY."

Careers in business were also sought after. Future Business Leaders of America gave teenagers a chance to join a club that was career oriented. It taught them the responsibility and career skills in the job market. Sophomore Shannon Weisner said, "Future Business Leaders of America teaches a lot about business careers. It lets you learn about the thousands of jobs in business so you'll be sure to find one that excites you."

Occupational clubs allowed many students to join something that involved their career choices. It also let students with similar interests get involved together. Senior Amy Crews said, "Clubs are important on your college applications but they are also a fun way to stay active in school."



FBLA (F-B): Kylene Becker, Shannon Morris, Jackie Barnes, Rene Hunt, Kalpana Visweswaran, Jennifer Shackelford, Michelle Diggs, Donald Todd, Shannon Weisner, Matt Harris, Jesse Buchanan, Tim Murphy, Christopher Normandeau, Jimmy Welsh.



VICA (F-B): Jennifer Thorne, Troy Williams, Julie Ratley, Chrissie Martin, Sumer Hunt, Joey Holland, Shannon Holloway, Mike Firth, Tina Watson, Susan Gibian, Emily Xinos, Erika Young, Zak Williams, Chuck Lupico, Eric Page, Kelly Teague, Chris McDaniels, Chris Furois, Chris Koth, Shawn Hanberry, Danny Goodson, Mike Anderson, Brian Davenport, Kevin Moore, Jason Houston, Craig Moore, Richie Carrico, Derek White, Skip Price, Jeremy Perry, Robbie Topping, Brian Diggs, Dennis Cross.



RSI (F-B): Heather Johnston, Lindsay Keddell, Sara Breed, Jenny Holland, David Hargrave, Amanda Brown, Christa Stutt, Sarah Meyer, Jamie Price, Paul Minor, Malcolm Matheson, Danielle Kukich, Mike Rodgers, Mike French, Steven Keesee.



FCS (F-B): Donald Todd, Aimee Rector, Jake Webb, Jireh Yue, Jesse Buchanan, Steven Gunther.



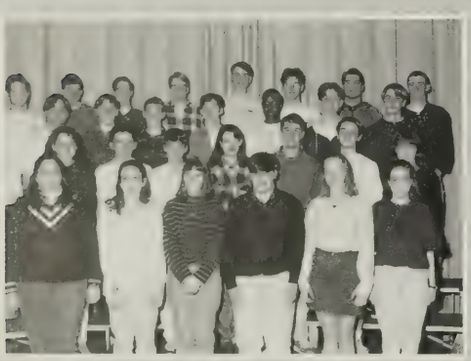
Drum Majors: Becky French, Kara Forrest.



Colorguard (F-B): Bethany Gottschall, Katy Shanafelt, Melissa David, Dawn Watkins, Kristy Ernzen, Sara Breed, Mellissa Guill, Becky David, Claire Shanafelt..



Majorette: Amber Watkins.



Jazz Band (F-B): Mitsi Fink, Bethany Gottschall, Jennifer Staton, Michael DuBose, Tiffanie Petrin, Jessica Senks, Kara Forrest, Phil Prisco, Jeremy Miller, Danielle Kukich, Chris McDaniels, Jeff Norris, Kandi Fowler, Judd Compton, Chris Parks, Jeff Scott, Preston Noe, Sam Cowles, Jon Lange, Jarret Yehlen, Robert Stallard, Brian Saulman, Jeremiah Caven, Patrick Benner, Dave Mcgarry, Matt Forrest, Joe Lipp, Marcus Jones.



It's A Parade

The band added spirit to the homecoming parade. As the band blares their music, the colorguard adds the dance and makes the music come alive. "It's tiring, but it's great to show spirit, especially doing something I like," said Claire Shanafelt.

Competing to win

MUSICIANS LEARN PRIDE IN COMPETITION, CONCERTS, PARADES

Your muscles ache from playing the music and marching in the field. It seems like endless practicing, raising money and hard work. You also relax on the beach and compete for awards. The feeling of accomplishment surrounds you. You're in the band.

Band started its marching season with a two week band camp. Within this time, freshmen learned how to march and upperclassmen refined their skills. "For awhile I thought I was the only one who didn't know what I was doing. Soon it got to be much easier and I realized other freshmen felt the same," said freshman Craig Gallaer.

The field show contained Beatles' music, and with all the practicing the students knew the meaning of a "Hard Days Night." The practicing paid off when the band won first place at the Warrior Classic. Senior Becky Ernzen said, "It was cool! We had a standing ovation. Everyone felt so proud, we knew we had won first walking off the field."

The band also performed their field show at football games. "Many people see band students as nerds, but when we perform, they see a different view. I think the football games give us a chance to show them what we're made of," said sophomore Becky David.

After marching season, the band went right into concert season. They had to prepare two selections for the District Concert Festival. Also at festival, they had to sightread a piece of music. Overall they received a superior, the highest rating possible. "The band is really great this year! We're working really hard and doing our best. Other people can see this and it's reflecting in our awards," said junior Jennifer Freeman, president of the Band Council.

"AFTER ALL THAT WORK, WE FINALLY GET TO KICK BACK."

Besides the competitions, the band also held fun activities like lock-ins and softball games. Their big reward for their hard work was their spring trip to Myrtle Beach. They went to compete but also to tan on the beach, see some shows, and hang out at the amusement park, The Pavilion. Senior Miah Caven said, "Spring trip is always fun. After all that work, we finally get to kick back and relax."

The band was very busy. The long practicing was well rewarded by the awards they received and the fun they had.



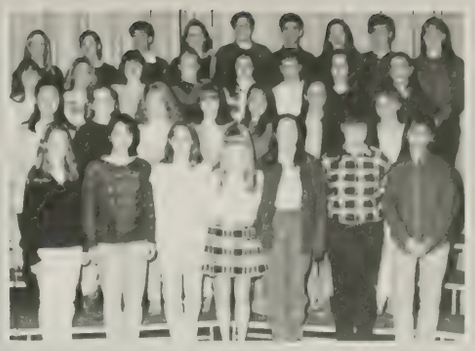
We've Got Rythmn

The drum line keeps the band in-step and together during the field show, *A Magical Mystery Tour*. They especially liked to look sharp during home football games. Senior Miah Caven said, "The percussion section is the best. We're dedicated and have the most fun."

Toot Your Own Horn

The band was the highlight of most local parades. Their energy, spirit and charisma livened the crowd on the side of the road. Sophomore Casey Heck marches in line with other saxophone players during the Homecoming Parade.





Upper Woodwinds (F-B): Leanne Phillips, Laura Asakura, Nicole Knudson, Wendi Evans, Sara Breed, Mellissa Guill Elizabeth MOntalvo, Grace Ahn, Courtney, Sylvia Cornelliussen, Jennifer Haczewski, Tara Kehoe, Larrissa Montalvo, Jamie Douglas, Amanda Palmer, Aimee Utecht, Marni Luthie, Dana Montgomery, Becky Ernzen, Paul Rosensteel, Joelle Hogge, Rebecca Montalvo, Becky David, Maddie Beard, Chris Fortier, Angela Taliafero, Brett Watts, Shelby Savage, Leron Kishoni, Craig Gallaer, Gabrielle Davis.



Lower Woodwinds (F-B): Michael DuBose, Tiffanie Petrin, Becky French, Melissa David, April Insley, Chris Park, Danielle Kukich, Cody Camblin, Beth Gottschall, Preston Noe, Brian Savage, Laura Kukich,, Kara Forrest, Sam Cowles, Jason Abbott, Joe Flannery, Casey Heck, Joe LIpp.



Brass (F-B): David Hargrave, Jessica Jenks, Kandi Fowler, Phil Prisco, Shane Chambers, Kevin Bachelder, Mitsi Fink, Jeff Mast, Robert Stallard, Jamie Larue, Marcus Jones, Jeff Scott, Chris McDaniels, Jarrett Yehlen, Jon Lange, Jeff Norris, Jeff Montgomery, Jesse Spencer, Jon Abott, Dave McGarry, Steven Harris, Brian Saulman.



Percussion (F-B): JD Falls, Katy Shanafelt, Frank Beazlie, Jeremy Miller, Marc McGarry, Judd Compton, Patrick Benner, Matt Forrest, jeremiah Caven, Sam Adams, Jennifer Staton, Lee Olsen, Mike French, Wynn McPherson, Drew Whitam, Keith Stewart.



All Dressed Up, Nowhere to Go. When there was nothing playing at the movie theatre, faculty looked to other forms of entertainment. Mr. Tom Fay and Mrs. Bonnie Fay mingle in the lobby of the Harrison Opera House in Norfolk before going to see the opera *Simon Bolivar.*

Odd Balls

Lead, Serve the People



Do you like being around people? Would you rather talk to a face than type on a computer screen? If so, have no fear. You're not odd. You're a possible candidate for class representative.

Being a class representative meant being able to communicate with your classmates. Sophomore Heather Arms said, "Being a sophomore class representative keeps me involved with the people in my grade. I used my class's suggestions to help plan the Homecoming Dance."

Another people-oriented position was that of class officer. "I like being senior class secretary," said Jenny Phillips. "It allows me to work with many different people. It's a great part of my senior year."

Class leadership meant trying to fix other students' problems. One of the most often heard complaints was about hall overcrowding. "As a class officer I have made it my goal to do something about the overcrowding problem," said junior Marcus Jones. "It's just gotten out of hand."

So if you want to be a class representative, just remember, every school has its share of **Odd Balls.**



AN ODD ODYSSEY

Lather, Rinse, Repeat. When someone needed help they counted on their friends to be there for them. Senior Amy Taylor aids senior Lee Oldham in coloring her hair in the bathtub. Oldham said, "My hair looked great, and I was really thankful for Amy's help."



Looking On in Awe. A favorite part of the Homecoming pep rally was the cheerleader's choreographed dance. Seniors Jimmy Jones and Travis Morse and junior Erick Zohn look on as the ladies strut their stuff.

Gimmie A Big Grin. Senior portraits were one of those things that all seniors had to endure. While Jenny Philips prepares for the picture she is given instructions on angles of head and eye direction by a Prestige photographer. Jenny said, "I found him a good photographer and had fun getting my pictures taken. Though it was expensive, it was worth the memory."





Just Hanging Around. Tassles representing school colors and year of graduation hang in senior cars to mark their school standing. Elizabeth Leeson and Christy Diggs hang a tassle on the mirror of Elizabeth's Pontiac while it was parked in the school parking lot. A tassle was one of the cheaper expenses seniors indulged in.

Strike A Pose. Getting pictures taken was one of the many expenses for students. Before his pictures are taken the Lifetouch representative fixes John Shelton's hair. Senior yearbook and keepsake pictures were taken in the summer before school began and retakes in the fall during the senior year.

EXPENSES ADD UP LEAVING WALLETS EMPTY

You know they're coming. You can smell them a mile away. You can almost reach out and touch them. They're there to haunt you for the rest of the year. They're senior expenses.

Before the summer was over, seniors were already paying for graduation paraphernalia. Little did they know that over the duration of their senior year the bill would continue to grow.

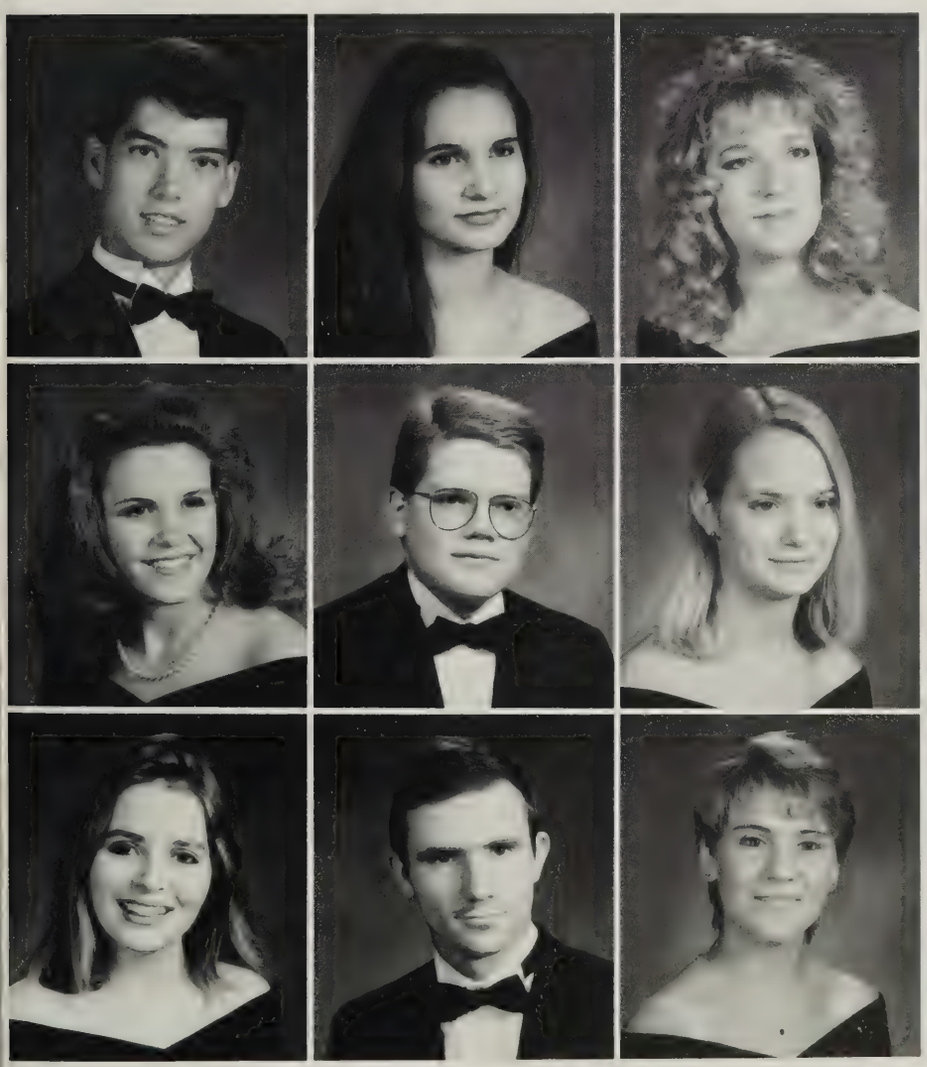
In early August, Prestige Portraits spent numerous days in the commons taking senior drape, tux, and casual portraits. Kara Gills had her pictures taken with Prestige, then decided to have more professional ones taken by O' Neals. "For years my family has gone to O' Neals, so I went and had some really nice outdoor casual pictures taken. They were sort of expensive, but now my family and good friends will have nice pictures to remember me by," said Kara.

Saying Cheese

Unlike Kara, Jackie Barnes had Prestige Portraits taken and decided to purchase them. She said, "I decided to go ahead and buy my pictures because they weren't very expensive. That way, I had more money left to buy other stuff."

There was so much stuff, in fact, that some budgets were limited. Scott Neilson learned from his older sister's mistakes. "When the Herff-Jones rep came to take our orders in the beginning of the year, I tried to stick to the basics. Later on, I could always increase my order if I forgot something," said Scott.

Other seniors, like Laura Wade, actually felt guilty about all the expenses. To solve her dilemma, she shared expenses with her parents. "I worked hard all summer and felt like I should contribute to the bills. My parents were pretty cool and only let me pay for a little bit of the costs," said Laura.



JONATHAN E. ABBOTT
Basketball 10,11,12; Cross Country 10,11, 12; Track 9,10,11,12; SCA 9,11,12; Band 9,10,11,12

EMILY ADAMS
Class VP 12; NHS 11,12; Drama 11,12; Yearbook 11; Soccer Manager 11,12

DIANE ADAMS ADKINS
Chorus 9; VICA 11,pres.12; New Hor. 11,12

TAMMY YVONNE ANCELL
Cheering 10,12, capt. 11; Happy Club pres. 12, Garnet & Gold 10,11,12; Key Club 10,11

MICHAEL M. ANDERSON
VICA 12; Tennis 11,12

NICOLE MARIE ANDERSON
NHS 10,11,12; Forensics 12; Special Friends 12

MICHELLE LEE ANTHONY
Chorus 9

CHARLES EDWARD APELT
Football 12; Drama 9,10

TAMARA F. ARNOLD

LONG TIME PRIVILEGES CEASE TO EXIST

After four long years of toil and trouble, it's finally here. It's senior year, and with it comes the much-anticipated senior privileges.

Although senior privileges were few, they were coveted. Junior Katie Nolan said, "I can't wait until next year. I think the best privileges are the exam exemptions. It will make us work second semester when we feel like slacking off."

In addition to exam exemptions, another favorite privilege was parking in the parking lot. The policy was changed, the price was raised and assigned spots were given to each senior. Jessica Wood said, "I like the parking privileges, especially since I'm right in front of the door."

Missing Out

Kristie Skinner saw another plus to parking in the lot. "I can get to school a minute before the bell rings, I know I'm guaranteed a spot, and I don't have to get my feet wet crossing the field."

Getting out early for lunch was something seniors looked forward to during the day. Molly Bowden said, "I hate waiting in line just to get my lunch. Getting out early is the best privilege."

Missing among the senior privileges list was senior skits. Melissa David said, "I don't think it's fair that because of what happened last year, we can't have skits this year. They should let us have them."

Nonetheless, seniors still retained all the other privileges, however few, and the juniors will just have to wait until next year.

MASON BALLARD
Class officer 9,10,11; SCA 9,10,11,12; Drama 9,10,11,12; Key Club 12

JACQUELYN R. BARNES
Cheering 9,10,11,12, capt. 10,11,12; FHA 11, treas. 12; FBLA treas. 12; Happy Club 12

ANTHONY V. BATTISTA
New Hor. 12; TSA9,10,11,12

KYLENE SONGHUI BECKER
FBLA 10,11,pres. 12; Yearbook 12; COE 11,12

PATRICK BRIAN BENNER
Band 9,10,11,12; Soccer 9,10; Cross Country 9; Jazz Band 9,10,11,12;

RICHARD BENNETT
Football 9,10,11,12; Track 9,10; NHS 11,12; Happy Club 12

MOLLY MYRIAH BOWDEN
Basketball 9,10,11,12; NHS 11,12; Journ. 11, editor 12; Class treasurer 11,12; Who's Who 10

ERIN E. BRADHAM
Debate 10,11,12; Forensics 11,12; Journalism 10,11,editor 12; NHS 12

DAVID BRAGDON
Debate 12; Forensics 11,12; NHS 11,12; Cross Country 11; FBLA 11

GREGORY BRANNON
Basketball 10,11

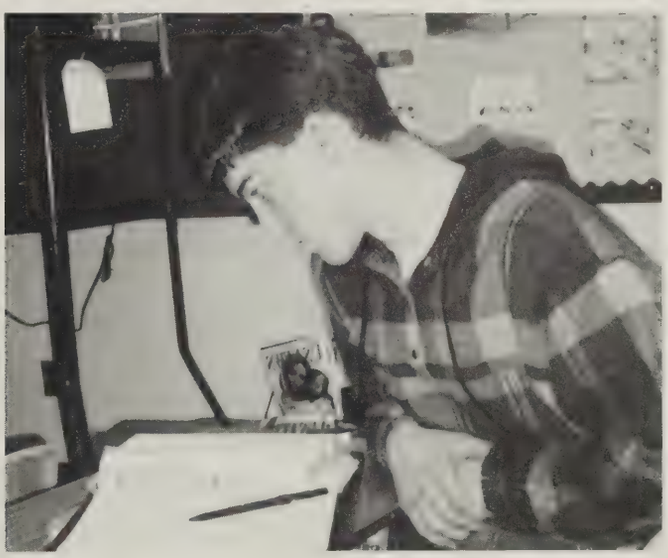
SEAN M.BRESNAN
Swimming 9,10,11,12; Varsity Club 11, 12

JENNIFER C. BRIGHAM
FHA 9









Row Your Boat. During senior skip day, seniors relaxed. Amy Taylor and Jessica Dewitt took to the water by Carmines Lot, on Lyon's Creek. They met up with other friends that skipped that day. "We rowed about halfway out the creek and decided to come back in before we got stuck," said Jessica.

Exam Cram. Studying up until the last possible second, Jon Abbott prepares for his fifth hour AP Government midterm. Seniors with an "A" average for the year or the last semester were exempt from taking exams in the spring, so it was important to do well in the fall.

What's Your Pleasure? One of the seniors' favorite privileges was leaving their third or fourth hour class early for lunch. This allowed them to avoid long lines and choose where they wanted to sit in the overcrowded cafeteria. Before B lunch, Scott Seitz tries to choose what he wants to eat.

PRICE OF DRIVING TO SCHOOL RISES

The senior parking lot...the long standing tradition...the last senior privilege...the select few...the new policy?

A few days before school began, seniors crowded into the forum to purchase parking decals for $36. The numbers on the decals corresponded with the freshly painted numbers in front of each parking slot in the lot. 150 decals were sold on a first come, first serve manner.

Lauren Verser had mixed views on the subject. She said, "I'm glad we have assigned parking so underclassmen can't park in the senior lot, but it's not fair that place number 15 is further away than number 60."

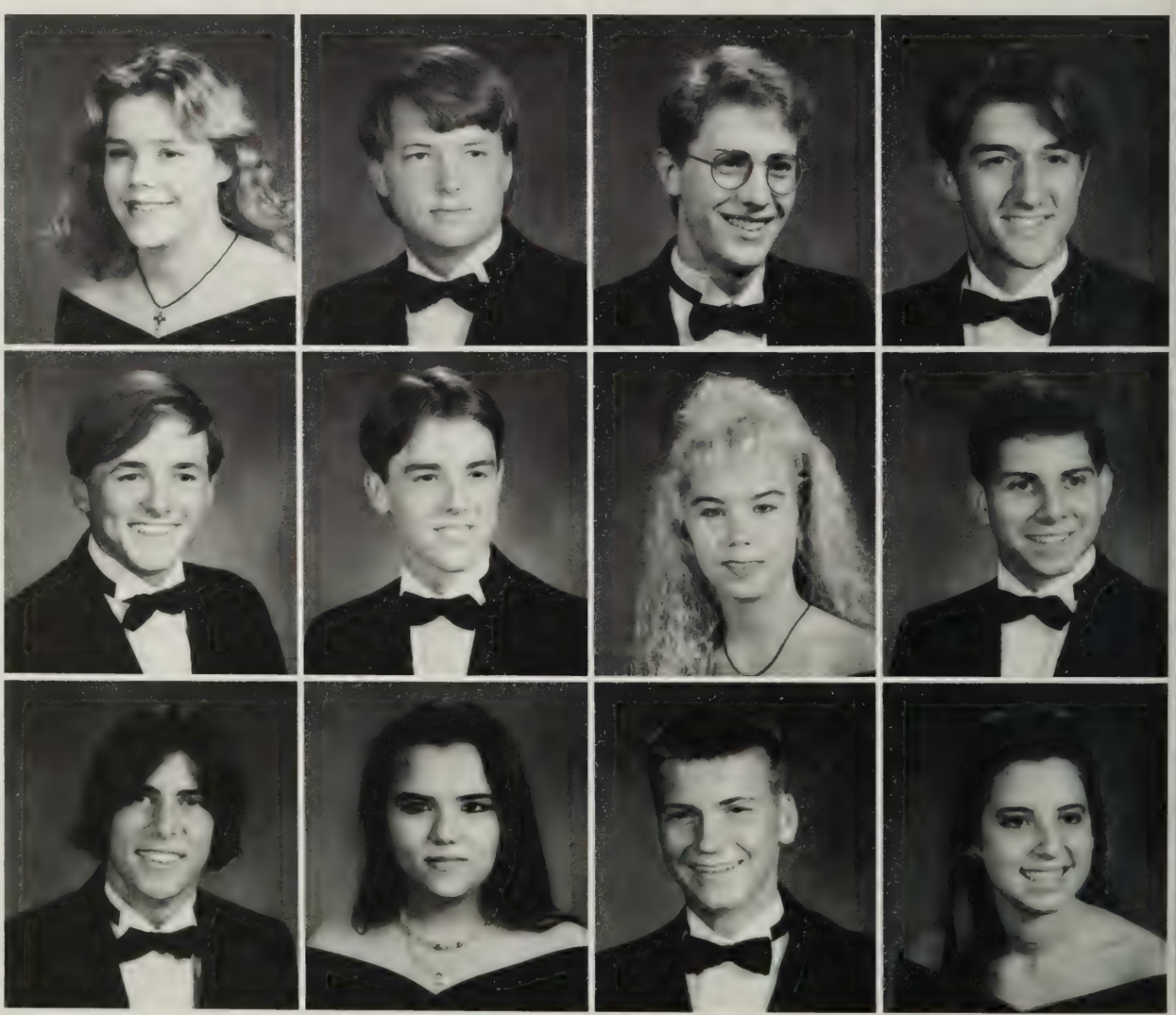
Heather Shifflett agreed with Lauren. She said, "Even though I arrived earlier than other people to buy my decal, I ended up at the end of a row. They should have planned it differently."

Allona Decker, who rode to school with a friend, thought the policy was successful for the most part. "I think the system is cool. No one can park in anyone else's spaces even if they aren't there. If they do, you'll know it, and Mr. Bock will always take care of those situations," said Allona.

Because of the optional seventh hour class, a number of seniors arrived at school much earlier than others. Kara Forrest, who takes seven classes, said, "I don't have to worry about geting a good spot because I have a seventh hour, but the system is great for those who only take six classes. I think the system is really fair."

On the other hand, a majority of seniors with six classes appreciated the change. Mark Davis said, "Since I only have six classes and sometimes run late, I'm happy about the new parking policy. Because of it, I'm always guaranteed a parking place."

Spot Checking



RACHAEL E. CAIN

JONATHAN HUBER CAMDEN
Swim Club 10; Swimming 11; TSA 9,10,11,12

RICHARD A. CARRICO
ICT 12

CHAD ELLIOTT CARTER
Track 9,10,11,12; SCA 10; Happy Club 12; Band 9,10

MICHAEL P. CASEY
Golf 9,10,11,12; Wrestling 9,10,11,12; Track 12; Varsity Club 10,11,12

JEREMIAH M. CAVEN
Band 10,11, drum line capt. 12; Tennis 11,12 Key Club 12

HEATHER MARIE CENTOBENE
FHA9,10,11; Spec.Friends 11;Track10

MICHAEL J. CHAUVIN

WILLIAM C. CLEMINS
Soccer 9,10,11,12; Basketball 9,10; Varsity Club 9,10,11,12; FHA 11,12; TSA 9,10,11,12

KIMERLY A. COCKRUM
FHA 9; ICT 12

MATTHEW SCOTT CONNORS
Basketball 10,11,12; Golf 10,11; Football 12; Who's Who 10; Varsity Club 12

WENDY R. CRANDOL
Volleyball 9,10; Key Club 9,11,12



Is It On Straight? In order to park in the school lot, seniors were required to display new parking decals in their car's rear window. Although the decals cost $36, seniors were guaranteed an assigned slot. Kara Gills affixes her sticker to her rear window in order to be assured her personal parking place. Each day students were expected to park in the correct, assigned place.

Park It. Parking in the parking lot gave seniors numerous chances to show off and brag about their cars. Rob Green shows Ed Render the new paint job he just got on his truck. Rob said, "I was showing Ed the awful, new paint job I got on my truck. The new paint was so bad it didn't even cover the old paint that had been on there for years."





DENNIS LEE CROSS
Football 9,10; ICT I, II

BRIAN C. DAVENPORT
ICT I,II; TSA 9,10,11

MELLISA JUNE DAVID
Band 9,10,11,12; Colorguard 11,12; Drama 12; Special Friends 12

CHRISTOPHER M. DAVIS
Track 9,10,11,12; Key Club 9,11,12; SCA 9,10,11,12; Class Sec.9,10

REESA STERLING DAVIS
Forensics 9,10,11,12; Cheering 10,11,12; Track 9,10,11; Homecoming Ct. 10,11,queen 12

JESSICA ROSE DEWITT
Basketball 9,10,11,12; Volleyball 9,10,11,12; Track 10,11; FHA 12; Varsity Club 9,10,11,12

BRIAN ASHLEY DIGGS
ICT 11,12

BRIAN C.DIGGS
Football 10,12; Varsity Club 9,10,11,12; Track 11,12; SCA 9

CRYSTAL L. DIGGS
Basketball, Softball, Volleyball 9,10,11,12 ;Who's Who 11

JOSHUA SETH DONNINI

ADELAIDE M.DRIVAS
Special friends 11,12; FHA 9,10,11,12; Field Hockey 9,10,11; SADD 12; Tennis 11

COURTNEY N. EDWARDS
Basketball Manager 9,10,11

SPIRIT OF TOGA DAY LIVES ON

There's a spirit in the air. It passes by most, only touching the privileged chosen ones. It gives them a chance to be free, but for only one special day. It's the spirit of toga day.

To others, this day was a tradition they were proud to carry on. "We painted our faces maroon and gold and went crazy all day," said Ed Render.

Sleeping over at friends' houses on the school night before toga day was allowed for many seniors. "A bunch of my friends and I spent the night at Jessica Dewitt's and we stayed up all night," said Shannon Morris.

The night before was almost as exciting as the day itself for many seniors. Rachel Sills said, "After making a midnight run to Super Kmart for snacks, we stayed up until three finishing up our togas."

After a long night of making togas, seniors flocked to nearby restaurants. "We all went to Hardee's that morning and

When in Rome

drank frozen orange juice," said Lee Oldham.

Seniors enjoyed the spirit of toga day. Mike Firth said, "We went to Denny's at about four in the morning while dressed in our togas."

Toga day had different experiences for every senior. In many ways, toga day was an exciting spirited day for all -- even for those who missed it. Mary Elsass, who was at the Junior Olympic Training Center in Colorado said, "I was out of town all during Spirit Week, but since I got to see so many pictures and heard so many stories, it's almost like I was there. I was sorry that I had to miss it, though."

The spirit of toga day passed over 75 percent of the school. However, the memories of the special day will live on in the hearts of the class of 1995. Until the fall of next year, when it infects the junior class, the spirit of toga day will remain at rest.

Getting Into The Swing Of Things. Carrying on the age-old tradition of toga day was as entertaining as it was amusing. Sarah Sagrelius, Addie Drivas, and Ida Nelby partake in the cheering and excitement while waiting anxiously for the pep rally to begin.

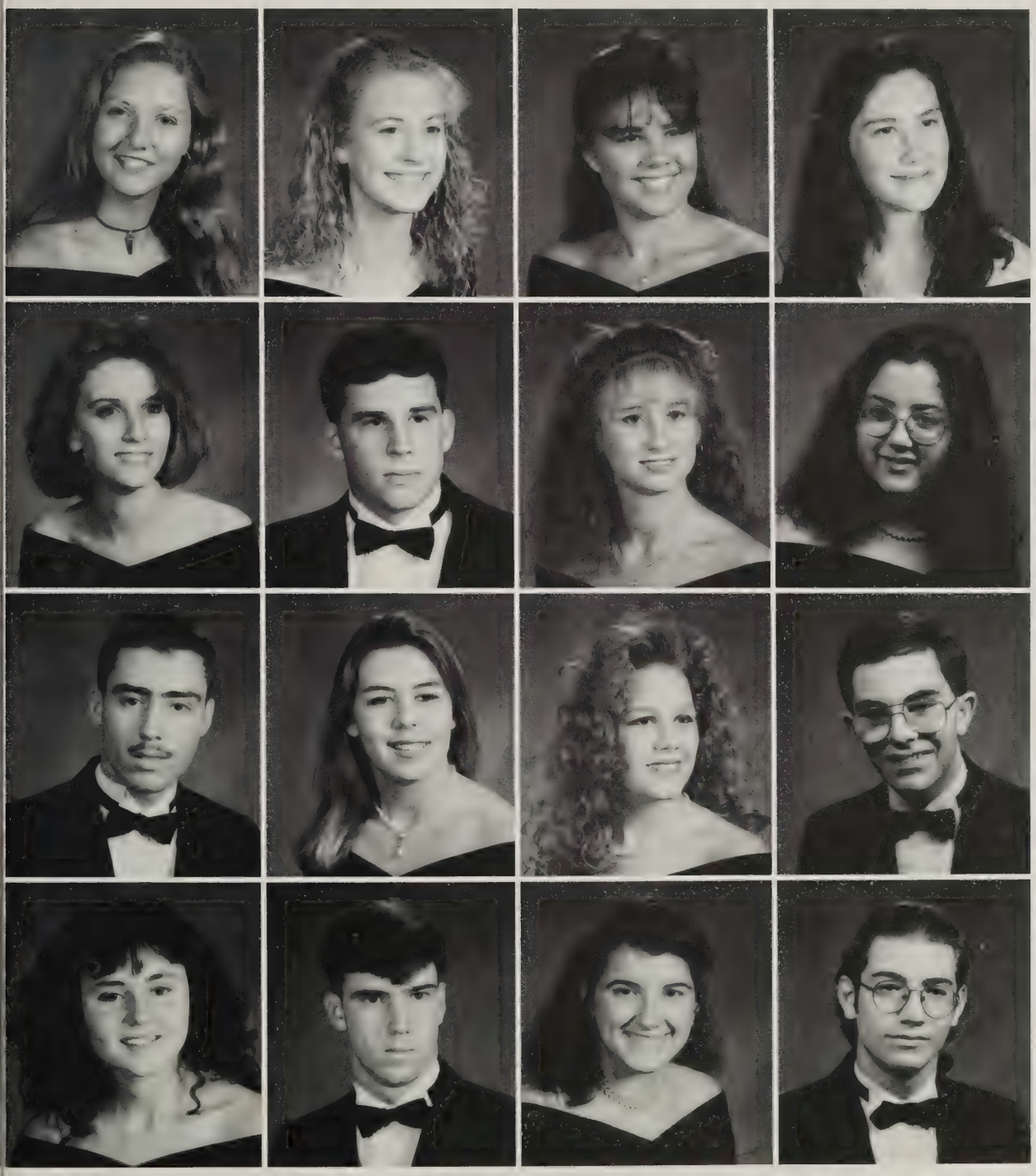




Let Me See. In addition to toga day came the homecoming pep rally along with the tradition of awarding the spirit stick. As proud winners of the stick, Jeff Montgomery and Jon Abbott make a thorough examination of the prize. The spirit stick was awarded to the Class of '95 because of their visible spirit through posters, shakers, and body paint.

Preparing For The Big Day. Students spent the week before toga day creating the perfect toga. After four long years of waiting and anticipation of the senior privilege, Gigi Gurtis traditionally paints her toga maroon and gold. Gigi said, "A couple days before toga day my friends and I had fun decorating our togas by using a bleach and paint mixture."





SHERRY D.EDWARDS
Quill & Scroll 11,12; Thespians 11,12; Acad. Team 10,11,12; Swimming 10,11, capt.12; Lit. Mag. Ed. 11,12

MARY KATHLEEN ELSASS
Class pres. 9,10; Forensics 10,11,12; Thespian 10 treas. 11,12; Newspaper editor 11,12; Special Friends 11,12

TONIA Y.EMERSON
FHA 9,10,11, pres. 12

REBECCA M.ERNZEN
Band 9,10 section leader 11,12

SABRINA LEE ESSER
Drama 9,10,11,12; Chorus 9,10 acapella 11; Special Friends 10,11,12; New Hor. 12; Track manager 10

JOHN PRESTON EVANS
Acad. capt.10,11,12; NHS 11,12; Lit. Mag. Ed. 10,12; Quill & Scroll10,11,12

MELANIE LYNN FINCH
Key Club 10,11,12; Happy Club 9,10,12; Softball 10; Garnet & Gold 12

MITSU JANE FINK
Marching,Jazz,Concert Band 9,10,11,12; NHS 11,12; Key Club10,11

LARRY C. FIRMAN JR.
Track 9,10; Football 9,10; ICT I,II 11,12; TSA 9,10,11,12

AMANDA HOPE FIRTH
KATHERINE LYNN FIRTH
Chorus 9,10,11,12; Happy Club v.p. 12; Garnet & Gold 12(costume chairman); Key Club 11; Special Friends 10,11

DAVID JACOB FISHMAN

SHANA L. FITZPATRICK
Yearbook 11, editor 12; Cheering 9,11, capt. 10

EDWARD L. FLYNN
Football 10,11,12; Happy Club 10

KARA JANINE FORREST
Band 9,10, drum major 11,12; Chorus 10; Drama 9,10; Forensics 9,10; Special Friends 12

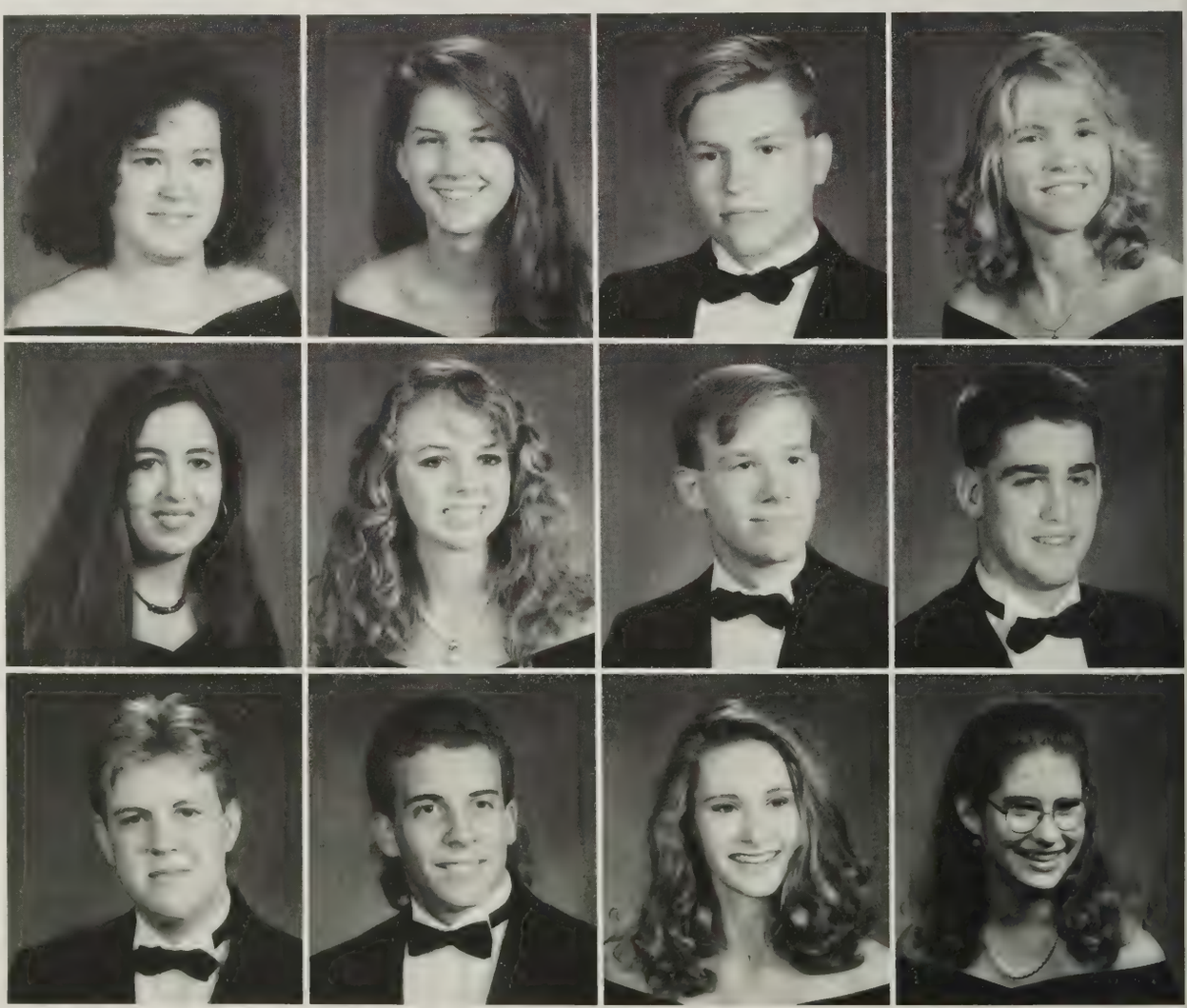
MATTHEW W.FORREST
Band, Jazz Band 9,10,11,12; Chorus 11; Soundsation 12; Acapella 12

The Big Decision. As the year went on seniors considered the most important decision of their lives. Chad Carter spends his time carefully reading over pamplets and brochures at Old Dominion University. As many seniors did, throughout the year he visited different colleges trying to make a decision of where to apply to college.

Check It Out. Seniors visited colleges to try and finalize their plans. Lisa Shores peruses the material on architecture at Virginia Tech. Lisa applied to many schools but insisted on visiting each one first. She said, "Virginia Tech was one of my first choices. I wanted to make sure I liked the campus and dorms before I applied."







RENE JUANITA FRAZIER
Track 10,11,12; FHA 9,10,11,12; Football,Wrestling 11,12

REBECCA M.FRENCH
Forensics 10,11,12; Band 9,10,11, drum major 12; Drama 9; Thespians 10,11,12; NHS 11,12

CHRISTOPHER FUROIS
ICT 12

KATHARINE M. GARVEY
Forensics 9,10,11,12; Thespians 9,11, v.p. 10,12; SCA 11,12; Track 9,11,12; NHS 11,12

SUSAN DENISE GIBIAN
ICT 11,rep.12; VICA district rep. 12

KARA NICOLE GILLS
FHA10, hist.11,12; SADD9,10;Happy Club 12; Track 12; Spec. Fri. 10, 11

GUSTAVUS GODDIN, IV
Yrbk. 11,Ed-in-Chief 12;Track 9,10, 11,12; NHS 11, pres.12; SCA 9, 11, 12

HERBERT R. GREEN III
Wrestling 9,10,11,12; Football 11,12; SCA 11; FHA 12

ANDREW N. GRIGG
Drama 9, Thespian 10,11,12; Forensics 9,10,11; Lit. Mag. 12

DAVID P. GURGANUS
Football 9,10,11; NHS 11; Tennis 11; Math Club 10,11

GIGI LOUISE GURTIS
Cheering 9,10,Capt.11,12; Class Mer V.P.11; Yrbk.Ed. 11,12; SCA 11,12;

MEREDITH ANNE HALL
Swimming 9,10,11,12; Spec. Fri. 10, 11, 12; Acapella 11,12

GRADUATES LEAP INTO NEW SURROUNDINGS

Deadlines, financial forms, SATs. As students prepared for college they also encountered new experiences and opportunities.

Seniors thought ahead about their college plans and sent out their college applications for early acceptance. Chris Koth said, "Since college seems like the next best step, I applied to Montana State University because it has a good program for media and theatre arts."

Others took trips to visit various colleges to help aid in their decisions. Jackie Barnes said, "I visited University of Richmond, Longwood, Randolph-Macon, VCU, East Carolina,and N.C. State."

Other members of the senior class found they already had ideas of their plans for their future. Heather McClelland said, "I would like to study to be a practical nurse at first and then go on to be an R.N."

Sports also played a big role in choosing the right college. Jimmy Jones said, "I have been filling out sports

Moving On

applications." This was very important for athletes who were looking for financial aid for college.

No matter what college they chose, there was always a point where seniors finally knew where they wanted to go for sure. Andy Grigg said, "After I applied, I went to the college and saw someone get mugged. That's when I knew I'd made the right decision." Andy's first-choice college was VCU.

There was so much to do during seniors' last year at the high school. All seniors were very busy with meeting deadlines and waiting for replies. Although it was very hectic, they were glad they took the opportunity to plan ahead now, so they could take the opportunity to enjoy themselves later.



AMANDA E.HAMILTON
Garnet & Gold 12
HOLLY R.HAMILTON
JASON DIRK HANSON
SUNNY LEE HANSON
Cheering 9,10,11; Happy Club 12; HOSA 11,12; Varsity Club 10,11

BRYAN E.HARRELL
Soccer 9,10;Track 11;Cross Country11
SCOTT M. HARRIS
Drama10,11,12; Acad.Team 10, 11,12; Newspaper 12; Lit.Mag.10; Q&S11,12
ELLEN A. HARTMAN
NHS 11,12; Field Hockey 10,11, Capt. 12; Acad. Team 9,10,11,12
MICHAEL S. HERRING

MICHELLE A.HIRSCH
Basketball/Volleyball 9,10,12; Capt. 11; ; Happy Club 12; Who's Who 11
GERALD D. HOLLAND,JR.
Football 10,11, 12; SCA 9,10,11; Co-Op.12; Track 9,10; Chorus 12
KENNETHHOLLOWAY III
Wrestling 9,10,11,12; Football 10,12; Who's Who 10,11,12
SHANNON WAYNE HOLLOWAY
ICT 11,12; TSA 9,10,11,12

STRESS SOARS TO UNIMAGINABLE HEIGHTS

As you stare at the piles of papers accumulating on your desk, sweat beads pop out on your forehead. Your heart pounds ferociously against your ribcage. The letters start swimming before your eyes...JMU, UVA, VPI...How are you going to get all of this done?

Contrary to popular belief, senior year was not relaxing. College and scholarship applications, job and money worries, and graduation preparations added to the normal pressures of schoolwork.

"All of the deadlines stress me out," said Melanie Finch.

Deadlines were a major source of stress for most seniors. Nicole Anderson said, " Meeting the deadlines worries me a lot. Also, just the waiting for acceptance or rejection letters from the colleges I really want to go to stresses me out."

System Overload

Having to work was another pressure added to seniors' lists. "My job isn't too stressful but sometimes I wish I could be a school bus driver," said Brooke Thomas, who was employed at Kumon Math and Reading Center.

The pressures of senior year forced students to find ways to relax. John Shelton said, "I don't have too much stress, because I relieve my stress through extracurricular activities. I like to veg out in front of the TV and listen to Bob Marley."

Music was a common outlet for stress. Scott Neilson said, "I listen to Pearl Jam really loud until my ears start ringing. Then I go to sleep."

Some broke their normal routine. Jon Abbott said, "Sometimes, I'll just take a day off and do nothing."

KAREN ALISSA HOLST
Track,Volleyball 9,10,11,12; Track 10,11,12; Key Club 9,10,11,pres 12; NHS 11,12

JASON WADE HOUSTON
ICT I,II; TSA 10,11,12; Track 9; Football 9

JARED KANE HUFFMAN

ROBERT R. HUNT, JR.
Football 9,10,11,12; Chorus 9,10; Jazz, Acapella Choir 10,11,12; Happy Club 12

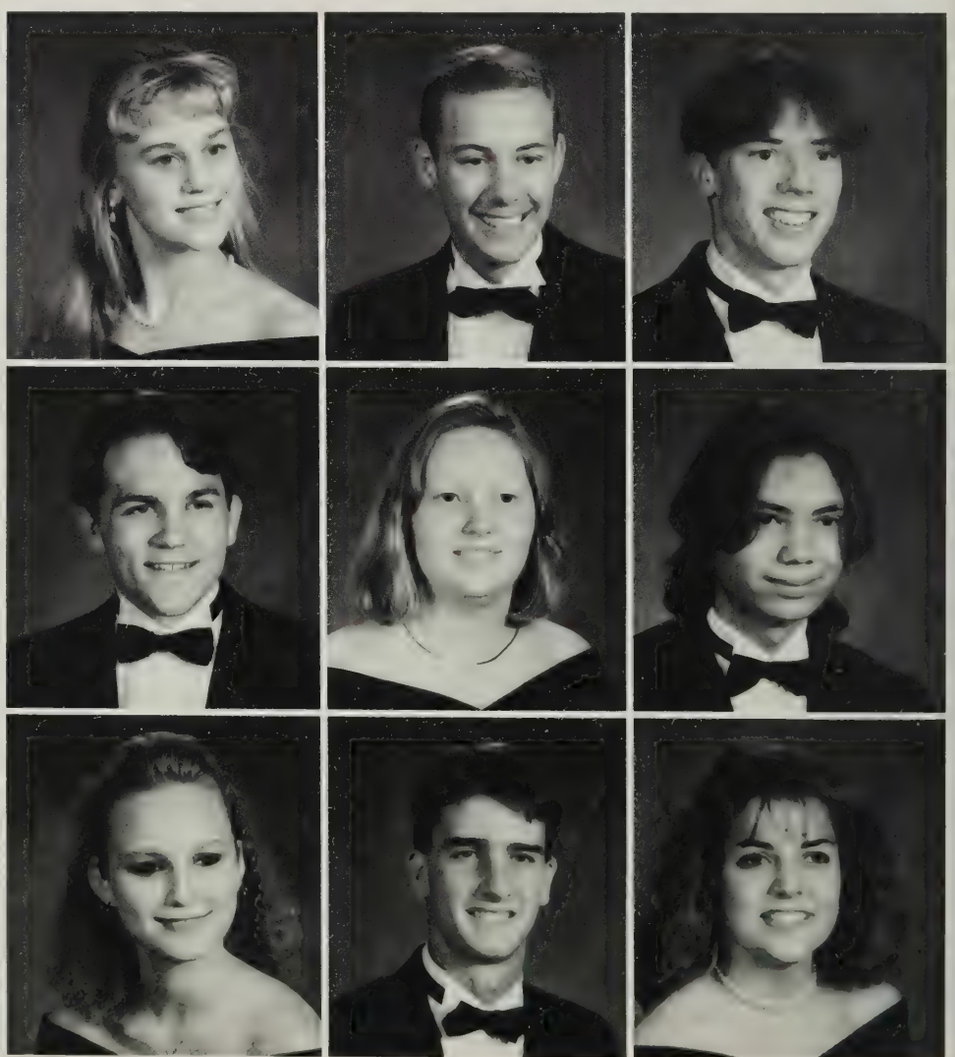
SUMERLEIGH D. HUNT
FHA 9,10,rep. 11, v.p. 12; FBLA hist. 11; VICA treas. 12; Basketball mang. 10,11,12; Field hockey 9,10

RICHARD E. JACKSON

BRANDY D. JONES
FHA 12; FBLA 10,11,12

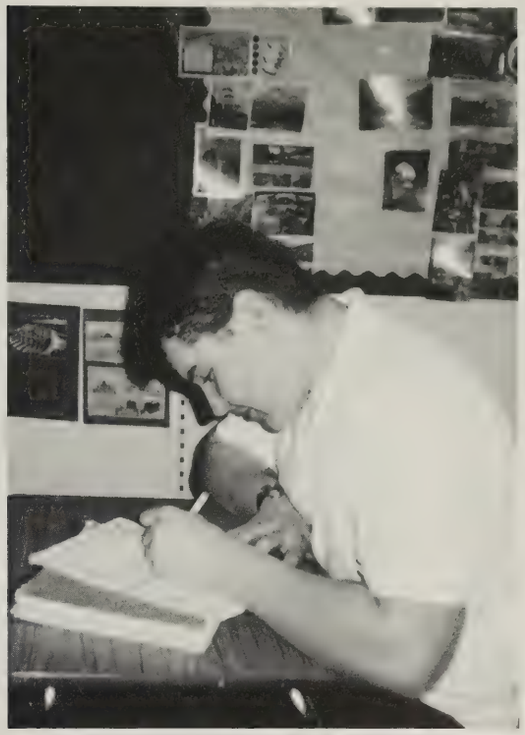
THOMAS PATRICK JONES
Baseball 9,10,11,12; Football 9,10,11; Basketball 9

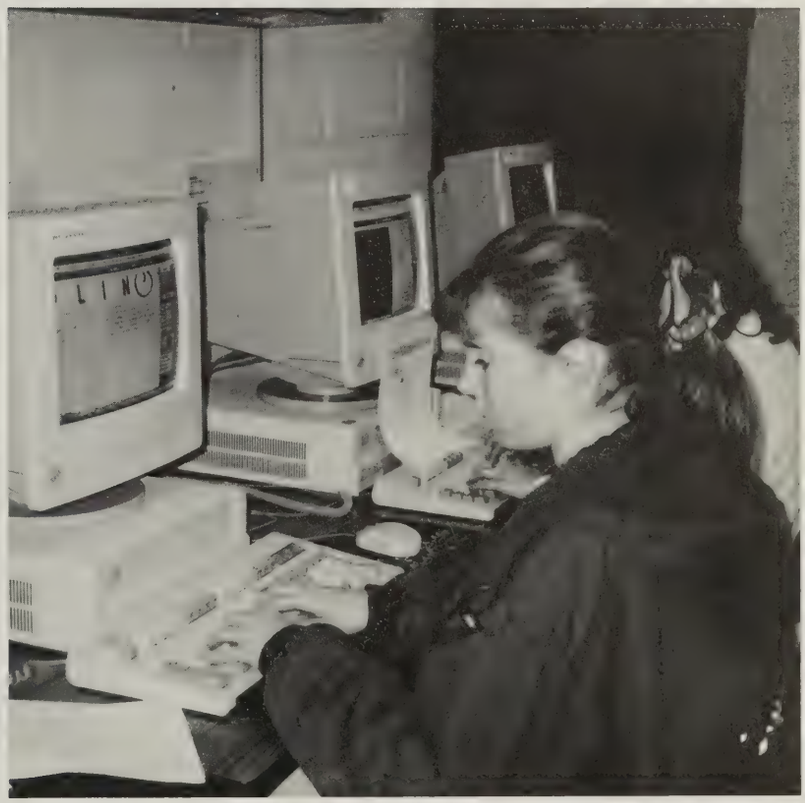
CARLA RENEE JUHL
Garnet & Gold 12; Soundsation 12; FHA 9,10,11,12





It's That Time. Filling out applications was a stressful task. Jon Roberts fills out his Virginia Tech application during English, so he could mail it by the deadline at the end of the week. As for many other seniors, the time before the deadlines ran out quickly leaving them feeling rushed. "I applied a lot of places, so I could definitely go," said Jon.





Feeling The Burn. Feelings of anxiety affected students in the classroom. David Smithley racks his brain for the answers on his geometry test. He needed a good grade on his test to maintain his average. "Geometry isn't very interesting, so it's hard to concentrate. That makes the tests even harder," said David.

Buckle Down. With her yearbook deadline fast approaching, Robin Lester finishes typing yearbook copy for the faculty section into the computer. Deadline weeks for the newspaper, the yearbook, and the literary magazines were among the most stressful times of the year for senior staff members.

Brush Up, Brush Up, Brush Up. Weekends allowed time for fun after a busy school week. Mandy Page, Michelle Hirsch, and Molly Bowden prepare for a night on the town. Whether it was going to a party, a sporting event, or on a date, getting ready was an important part of the night. The girls planned to meet friends at a party later that evening.

Pumping Up. Students spent their free time building up their muscles. Gus Goddin pumps up during Lifetime Fitness by doing curls with barbells. Gus said, "I enjoy this class because it gives me a healthy break during the day to get in shape instead of doing the tedious school work all day. Also, after school I rarely have a chance to work out; my spare time is limited."





JILL MELISSA KAIN
Key Club 10; Cheering 9,10; Homecomiing Court 9

CHRISTOPHER R. KOTH
Track Manager 10; Drama 11,12; VICA 12; Lit. Mag. 11,12

STEVEN A. KREIGER
Swimming 9,10,11,12; Football 12; Soccer 9,10; Special Friend 11

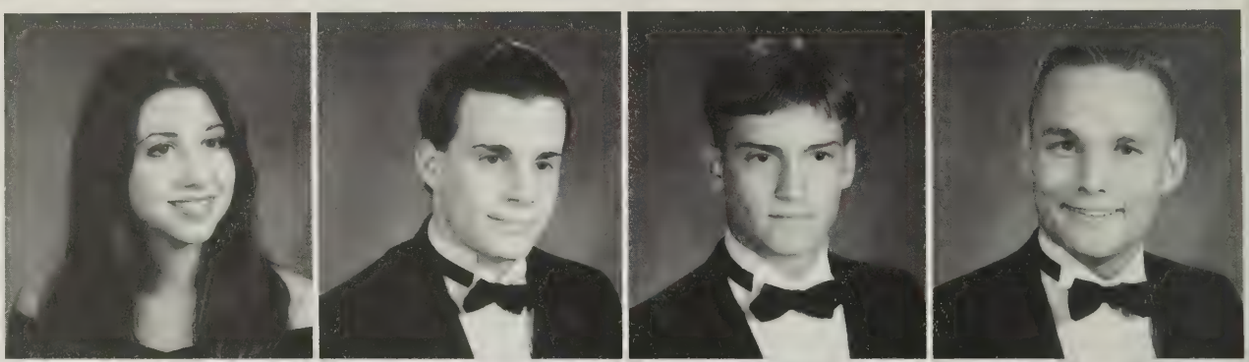
JOHNATHAN A. KUREK
Football 11,12; OM 11,12

WESLEY E. LABELLE

JAIMI ALISAN LACARIA
Yearbook 11, ed. 12; Newspaper ed. 12; Key Club 10,11,12; Forensics 10,11,12; NHS 11,12

JAMES M. LAMPRECHT
Swimming9,10,11,12;German Club11

HELENE LEE
Key Club 10,11, lt. gov. 12; Acad. Team 9,10,11,12; NHS 11, v.p. 12



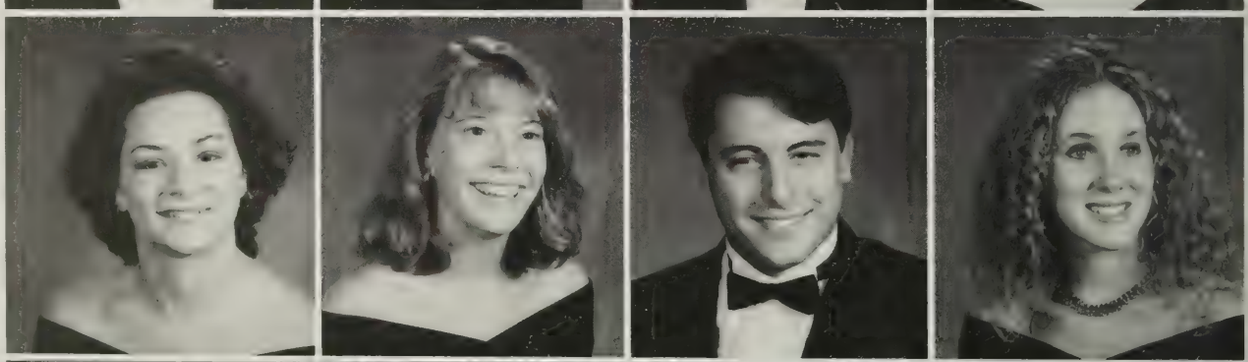


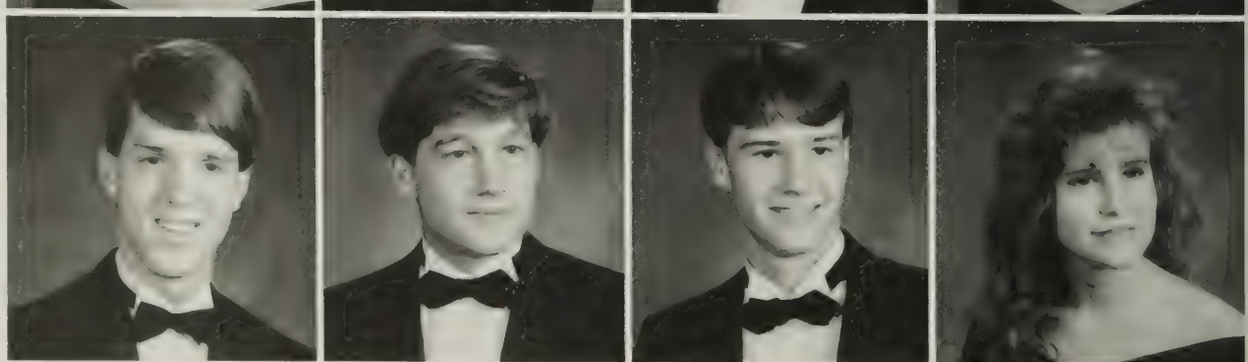
ELIZABETH L. LEESON
Softball 9,10,11,12; Field Hockey 10, 11,12; Cheering 9; HOSA 12

ROBIN MARIE LESTER
Special Friends 9,10,11,12; Band 9,10; Forensics 11,12; Key Club 10,11

JOSEPH JOHN LIPP IV
Swimming 11,12;Concert,Jazz Band 11,12; Spec. Friends 12;Acad. Bowl 11

LAURA CAMILLE LISCUM
Cheering 9,10,11; Track 10,11; NH 11,12; Key Club 12; Happy Club 9,10





STEPHEN A. LOUK
Tennis 10,11,12; Key Club 9; Lit.Mag. 12; TSA 10,11,12; Yearbook 11

CHARLES J. LUPICO
Football 11; ICT 12; NH 11

EDWARD LEE MADRE JR.
Football 11; Wrestling 10,11; Happy Club 12; Varsity Club 10,11,12

CHRISTINA L. MARTIN
Key Club 10; FHA 9,11,12; ICT 11,12

EVERYONE NEEDS A BREAK FROM THE ROUTINE

"What do you want to do?"
"I don't know, what do you want to do?"
"I only have two bucks."
"My curfew is midnight."

Common problems assailed seniors when they finally got some free time. Aside from the early curfews and the empty pockets, there always seemed to be something to do. "I love to get together with my friends and hang out at each other's houses," said Tammy Ancell.

Many seniors liked to cram as many activities as possible into their schedule. There were several opportunities for relaxing entertainment. Parties, movies, and hanging out with friends brought relaxing entertainment.

Kicking Back

"I lift weights, party, and whatever else is going on," said Jimmy Jones.

Seniors used their spare time in a variety of ways. Some liked hanging out with friends, while others preferred the company of a boyfriend or girlfriend. Chuck Lupico said, "I go to the gym or spend time with my girlfriend."

Even though seniors chose different avenues of entertainment, they all had one thing in common -- they all wanted a break from routine life. Reesa Davis said, "I do everything, sports, hanging out with friends, dating and lots of other things."

Although studying and working occupied most of their time, the time spent doing their favorite activities is what all seniors will fondly remember.



Dozing Off. The need to do well on tests and quizzes left seniors exhausted from lack of sleep. After staying up most of the night studying oceanography, Tom Jones falls asleep during the test the next day. "I had such a busy weekend that I didn't have any time to study for the big test on Monday. I waited until the night before and that was a big mistake," said Tom.

Rock the vote.

Cigarettes and lottery tickets are now within your grasp.

This goes on your permanent record.

Those seniors who came of age were accustomed to hearing these words. Turning eighteen was an important step in young adulthood. The transition brought several new rights and responsibilities.

"You get the great opportunity of voting for a not-so-great president. You can buy cigarettes (legally) and play the lottery. But you can't commit a crime or you can go to jail for two months," said Patrick Benner.

Some people were adverse to the idea of turning 18. "I don't want to grow up. You have responsibilities and more pressure on you," said Reesa Davis.

Turning Points

"I don't care about being eighteen. It's just another year," said Andrew Myer, who felt no difference between being 18 or 17.

The feeling of growing up was very appealing. Awkwardness and adolescence faded away and you became an adult. "You can go to places like the Insect Club and Peppermint Club. You can move out legally. Your pay check goes up, it's great," said Richard Jackson.

Other students found disadvantages to not being 18. Mary Elsass said, "I won't be 18 until after I go to college. It's really disappointing when you can't go certain places with your friends because you're under age."

Whether it happened this year or next, the 18 year milestone was something for all seniors to look forward to.

GARY LACY MARTIN
Football 9,10; TSA 9,10,11

STEVEN TODD MATHIS
Track 9,10,11,12; New Hor. 12

HEATHER MCCLELLAND
Special Friends, 11,12; FHA 9,10,11,12; VICA 11; Key Club 11; Excel Club 11

CHRISTOPHER L. MCDANIELS
Band, Jazz band 9,10,11,12; VICA 12; Key CLub 11; Acad. Team 9,11

SCOTT MASON MILLER
Acad.Team 11,12; Int'l Club 11, pres. 12; Drama 12; NHS 11,12;OM 11,12

JONATHAN W. MOKEY

JEFFREY MONTGOMERY
SCA 9,10,11,12; Class Pres. 12; Basketball 10,11,12; Track 11,12; Band 9,10,11,12; Soccer 9,10

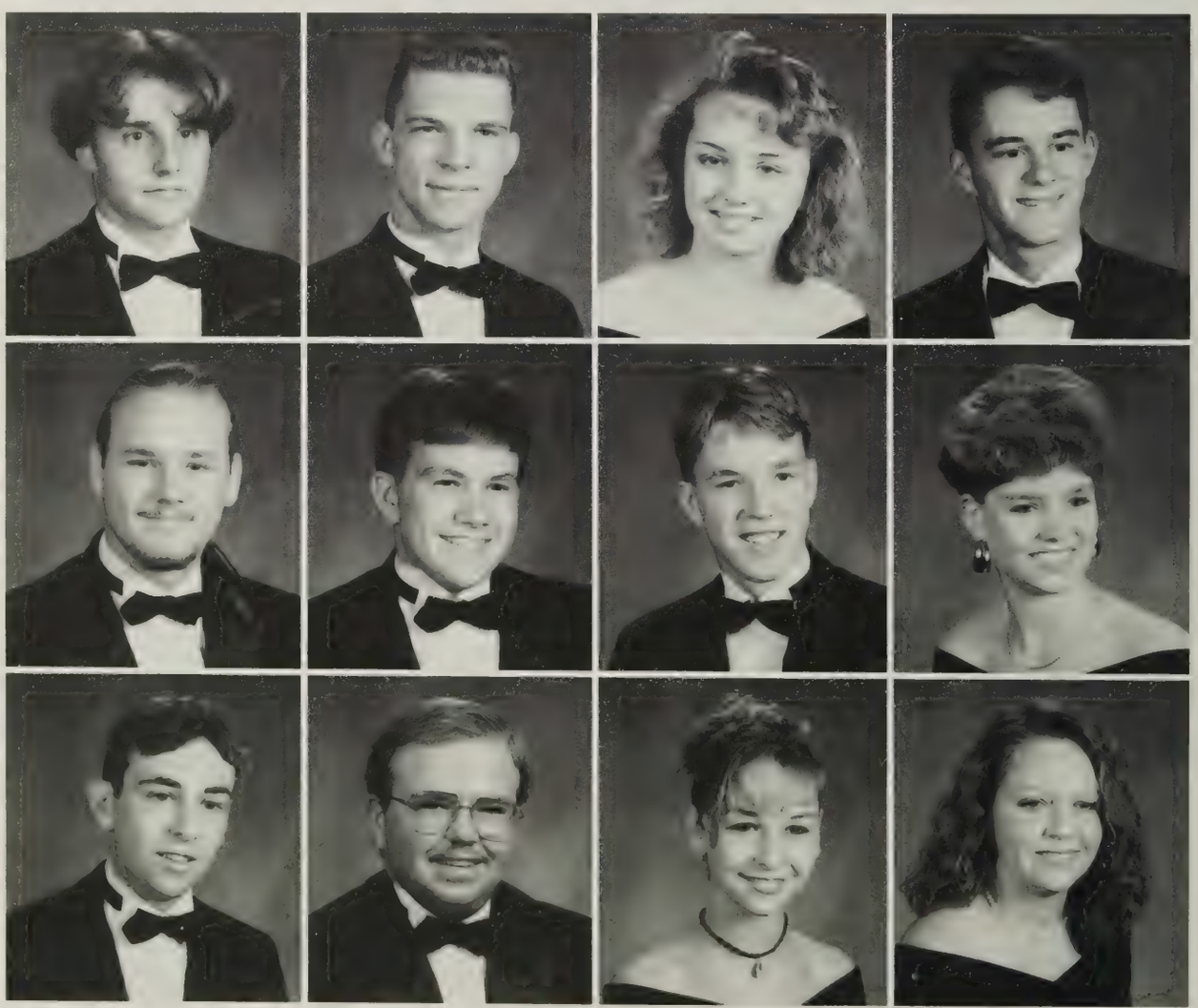
CANDI LYNN MOORE
VICA 11,12; FHA 9,10; New Hor. 11,12

JARMON SCOTT MOORE
Track 9; New Hor.; TSA 9,10

KEVIN A. MOORE
ICT CO-OP 11,12; TSA 9,10,11,12

LESLIE BROOKE MOORE
Cheering 9,10; Drama 9,10,11,12; New Hor. 11,12; Acapella 11; Basketball mang. 11

SHANNON LEE MORRIS
Field Hockey 10,11,12; FHA 9,10,12, v.p.11; Softball 10; Happy Club 10,12

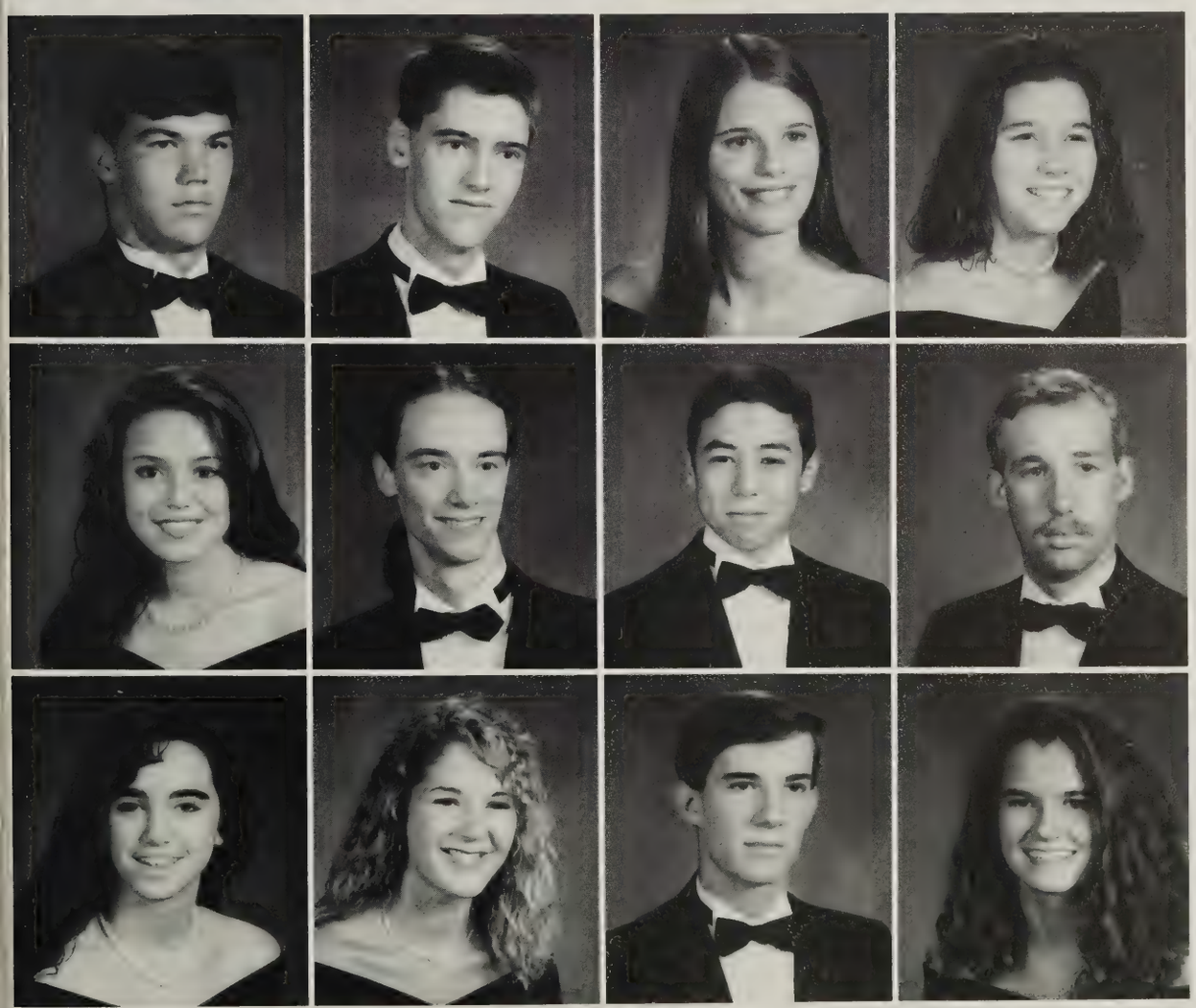




Did I Win? Seniors found that turning eighteen could actually pay off in the long run. On occasion Chris McDaniels bought scratch-and-win lottery tickets at Farm Fresh, hoping to hit the jackpot. This time, while playing the Joker's Wild card game, Chris wins four dollars and a free ticket. Usually, though, Chris' efforts for fortune were wasted.

Serve It Up. There was nothing like that one special day, your birthday, when everyone catered to you alone. That was exactly what Lauren Verser and Sarah Richardson were doing for Tracy Swandol. In preparing for the big event, they whipped up special cupcakes just for Tracy. Sarah said, "We always tried to make birthdays special."





TRAVIS MORSE
Football 11,12; Wrestling 9,10,11,12; Happy Club 12; TSA 9,10,11,12

SCOTT R.NEILSON
Soccer 9,10,11,capt. 12; SCA 10,11,12; NHS 11,12; Basketball 9,10

IDA NELBY

JULIE LYNN NOZYNSKI
Basketball 9,10,11, capt. 12; Newspaper 11, ed. 12; SCA sec. 11,12; Volleyball 9,10,11,12;Key Club 10,11, v.p.12

LEE ANN OLDHAM
Volleyball 9,10,11,12; Soccer 9,10;French Club 9,10; Var. Club 9,10

DANIEL OSGOOD
NHS 11,12; Christian Club 12

GEORGE W.OWENS
Football 11,12; Wrestling 10; Track 9

ERIC GORDON PAGE

MANDY LEE PAGE
Basketball 9,10,11,12; FHA 9,11,sec. 12; Varsity Club 11,12

CHELSEA E. PATTERSON
Yearbook ed. 11,12; Newspaper 10, ed. 12; Cheering 9,10,11; Key Club 11, sec, 12; Spec. Friends 11,12

NICHOLAS D. PENNOW
Tennis 9,10,11,12; Thespian 11,12; Drama 10,11,12; Newspaper 11,12;

JENNY ANN PHILLIPS
Volleyball, Softball 9,10,11,12; Class Sec. 11,12; Key Club 9,10,11,12

AFTER FIRST DAY OF SCHOOL, CARES DECLINE

Not wanting to complete homework, anticipating graduation, not caring about school -- senioritis was a contagious disease that permeated the minds of seniors all during the school year.

For the majority of seniors, senioritis hit them at the very beginning of school. Chris Diggs said, "I first experienced senioritis when the first bell rang and I saw all the little kids running around."

Kara Gills had similar feelings. She said, "As soon as I walked into school, I experienced senioritis because I knew it was my last year and it was so exciting."

Other students were struck with not wanting to do any of their homework. "When I checked my mail and found out I got into college, nothing else really mattered -- homework, classwork," said Jamey Lamprecht.

Amanda Firth first experienced senioritis when she ordered her cap and gown. She said, "I experienced

No Worries

senioritis when we ordered all of our senior stuff." This was a memorable moment for most students.

Although most students were experiencing senioritis, a few were too busy to even think about it. Robbi Hunt said, "I haven't experienced senioritis yet because I have too much work to do."

Senioritis definitely hit, but most students didn't let it interfere with their grades. They knew it was their last chance to pull up their GPAs. However, many times assignments didn't get completed. Unfortunately, students couldn't afford to plunge into this habit. "By second semester, I didn't care anymore because the only grades colleges look at are the first semester grades. If the colleges don't care, I don't care. I still have to keep OK grades, but I don't have to work as hard," said Miah Caven.

Signing Out. Long hours of studying at home, stress, plus many other things aided in student "illnesses." Tony Woodard signs out in the nurse's office. "When the conditions are right," he said, "I have to get out." Students frequently visited the nurse's office in cases like Tony's.

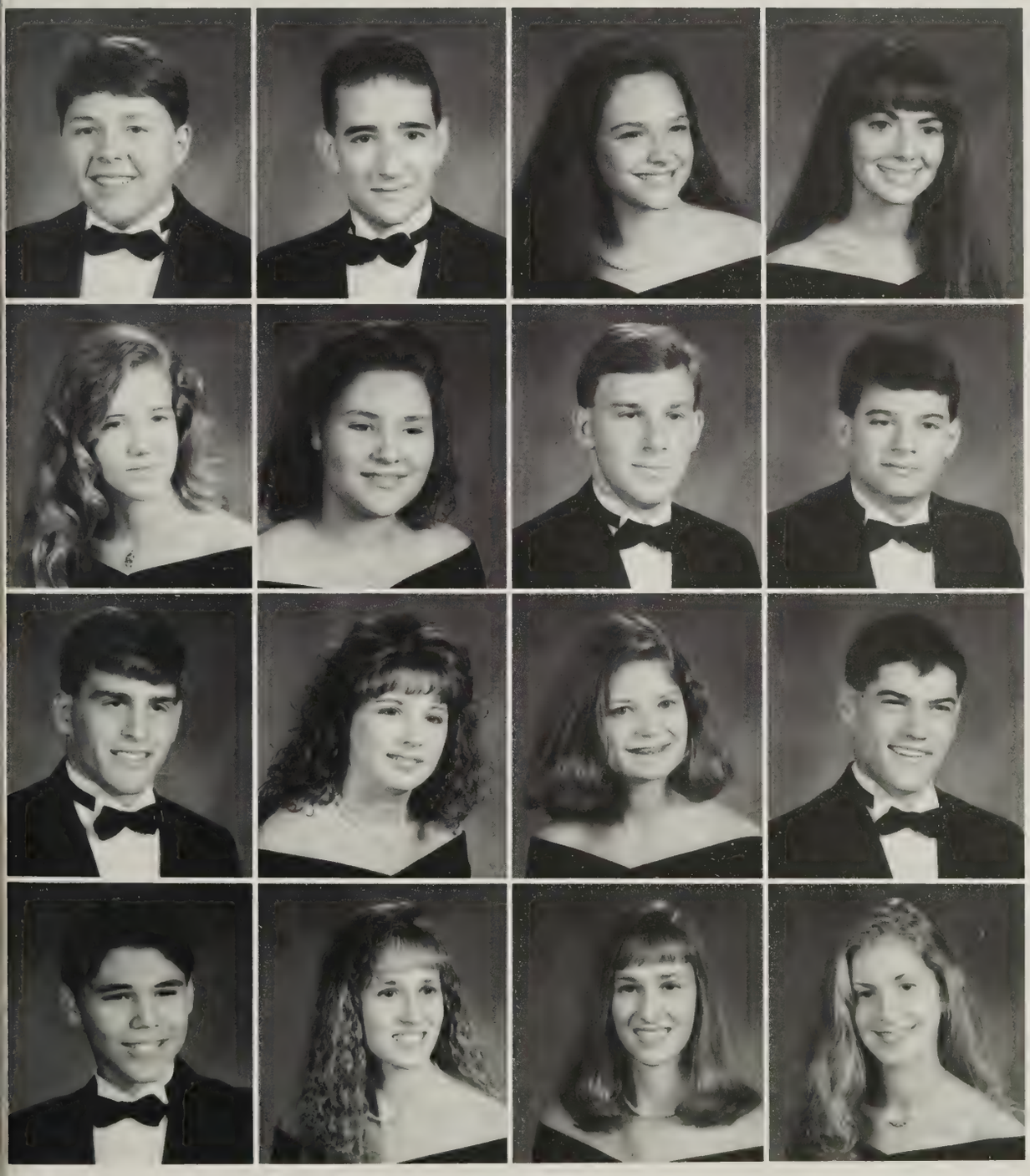




Zoning Out. Long school days began to affect students towards the end of the day. Matt Forrest stares at a *Details* magazine while his English class is in progress. "Fourth hour is the longest hour for me, so I would try to find something to keep me awake," said Matt. Matt was not the only senior who occupied himself with outside reading during school.

Snoozing In Class. Senioritis had its way with students during school as they caught up on their sleep. Jeff Mast and Cami Williams watch as Sean Halpin takes a little nap during French class to pass the time away. "I decided to lay my head down for a little while since I had time at the end of class. I was so tired, I fell asleep," said Sean.





WILLIAM NEIL PRICE
TSA 9,10,11; VICA 12

EDWARD RENDER
Tennis 10,11,12; Who's Who 9,10; Golf 9,10,11; Key Club 12

SARAH E. RICHARDSON
SCA9,10, v.p.11, pres.12;Volleyball 9, 10,11,12; Who'sWho 10; Var.Club 12

ANGIE LYNN ROMERO
Cheering 9,10,12; Track 9,10

KATHRYN ROSENSTEEL
Drama 9,10, sec. 11, pres. 12; Thespian 11,12; Chorus 9; Acapella 10; Garnet & Gold 11,12

SARAH L. SAGRELIUS

JOHN MICHAEL SAMOS
Soccer 10,11,12; SCA 10,12; Var. Club 11,12; Basketball 10

BRIAN M.SAULMAN
Band 9,10,11, All-Dist. 12; Jazz Band 9,10,11,12; TSA 9,10,11,12

TIMOTHY SCOTT SEITZ
Football 9,10,11,12

JENNIFER SHACKELFORD
FHA 9,10,11; FBLA 12; COE 12

KATY B. SHANAFELT
Colorguard 9,10,11, capt.12; Band 9,10,11,12; SADD 11,12; Swimming 12; Int'l 12

JOSHUA J. SHANDOR
Football 12, Track 9

JOHN S. SHELTON
Wrestling 9,10,11; TSA 9,10,11,12

HEATHER M. SHIFFLETT
Field Hockey9,11capt.10,12; Track 9,10,11,12; Girl's State 11; NHS 11,12;

KIMBERLY A. SHIFFLETT
Field Hockey 9,11capt.10,12; Track 9,10,11,12; Key Club 9,10,11,12;

LISA MARIE SHORES
Tennis 9,10,11,12; Key Club 10,11,12; Forensics 11,12; Spec.Friends 11,12

Hard At Work. CO-OP allowed students to go to school part time and then go to work. Most students carried this responsibility along with their other activities. Sumer Hunt goes to school for five periods then to her job at Burger King. "As a crew leader, I delegate jobs to the rest of the crew members," said Hunt about her job.

Can I Help You? Mr. Fred Kimsey's ICT groups often took field trips. While at Advance Auto, Shannon Holloway, Mike Firth, and Eric Page learn how to operate the computers. "I like being in ICT, because it gives me experience outside of school," said Mike.



One, Two, Three, Lift. For some students, getting a start on careers was an important aspect in their lives. Chris Furois worked the second half of school at the nearby Hampton Tradewind Apartments as a grounds maintenance man. Chris moves the lawn furniture around by the pool.



OVER TIME, FUTURE PLANS BECOME FINAL

"What do you want to be when you grow up?"

For years, countless adults have asked students the big question. Seniors were almost grown up -- and plans for the future were being set.

College was a big priority for most seniors. "I hope to attend William and Mary," said Erin Bradham. "I want to be a lawyer."

Others wanted to go further away to school. "I want to be a doctor, and Notre Dame is my first choice college," said Julie Nozynski.

Yet college was just the first step. Plans for after education varied from student to student.

"I want to get a job with a big television station and be an anchorwoman," said Laura Wade.

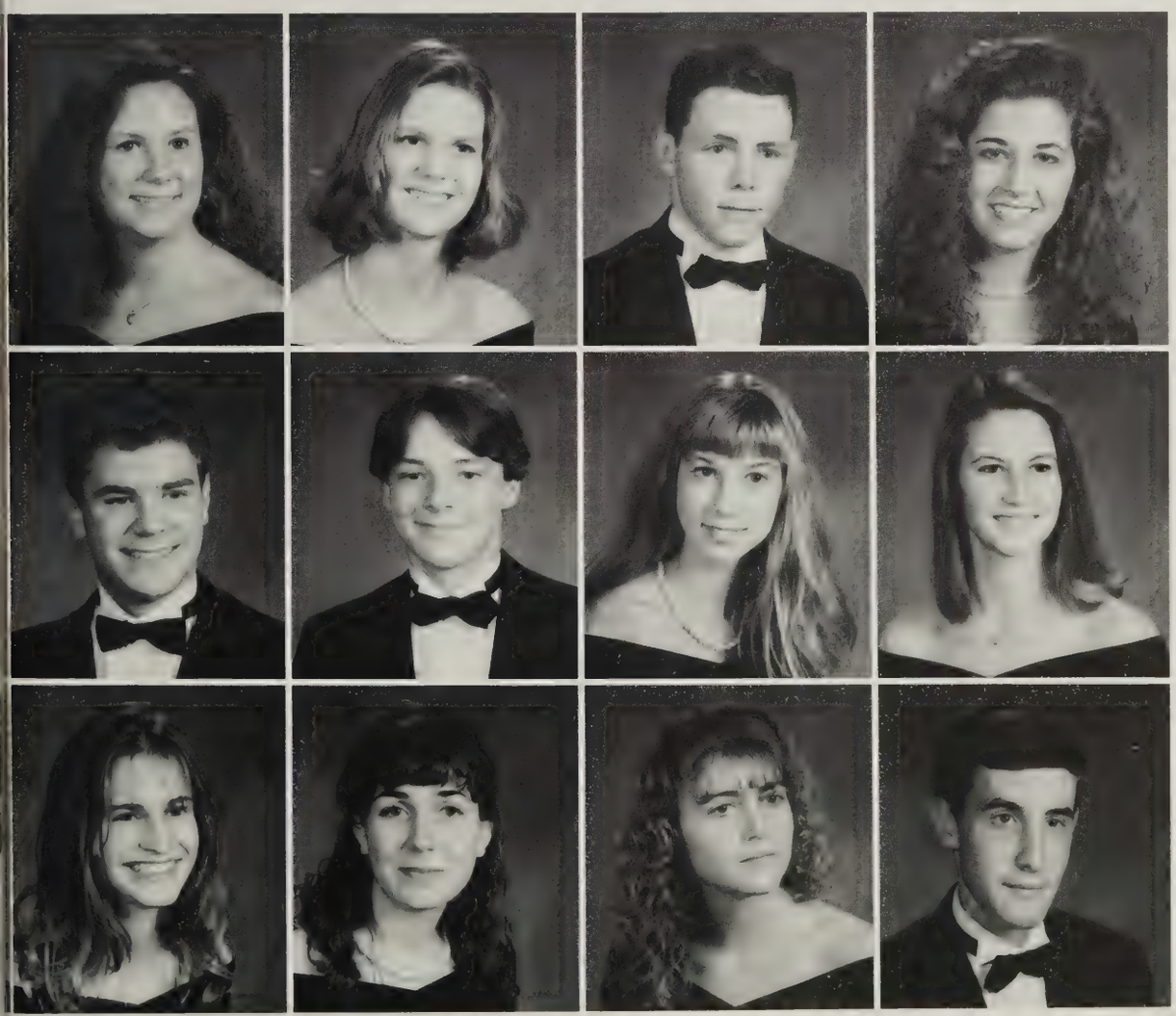
Looking Ahead

Chris Diggs also had a concrete ambition. "I want to go to college somewhere and then come back to Poquoson and be a history teacher," he said.

Other goals were more abstract. Scott Miller said, "I just want to succeed. I don't care how, and I don't care why. I still want to keep my friends, though."

Molly Bowden's definition of success was slightly different. She said, "I want to be successful, but I want to be happy. I don't want to be involved in the rat race."

Rachel Sills agreed that happiness was important. "I want a high-paying job, but I'd rather have a low-paying job and be happy than have a lot of money."



RACHEL ANN SILLS
Track 9,10,11,12; FHA 10,11,12; Happy Club 12; Forensics 12

KRISTIE ANNE SKINNER
Volleyball9,10,11,12;Newspaper 10,11,Ed.12;Basketball9,10,11

DAVID W. SMITHLEY
Baseball 9,10,11,12;Fooball 12

JENNIFER M. SOUTHERN
FHA 9,10,11,12;Who'sWho12

JESSE HUNTER SPENSER
Soccer 9,10,11,12; Basketball 9,10,11;Band9,10,11,12

MICHAEL RAY SPRUILL
Football 9,10,11,12

TRACY ANN SWANDOL
Basketball 9,10,11,12; Happy Club 12; FHA 10,12

AMY ANN TAYLOR
SCA11,12; Softball,Volleyball 9,10,11,12;Basketball 9,10,11

KELLY KRISTINA TEAGUE
ICT 12; VICA 12

BROOKE M. THOMAS
Spec.Fri.9,10,11,12;Key,Happy Club 10,11,12;Yearbook 12

JENNIFER N. THORNE
New Horizons11; ICT 12

STEPHEN J. TURBISH
NHS 11,12;Key,Int'l Club 11,12;Golf 12

TIME COMES TO BID HIGH SCHOOL FAREWELL

As the tears run down your face, you remember. As you travel to that new place, you remember. As the sadness fills your heart, you remember. You remember all those memories you had to say good-bye to.

For seniors, saying good-bye to everyday happenings was hard. Even saying good-bye to times as simple as lunch time was hard for Nicole Anderson. She said, "I'm going to miss all the stupid jokes we tell at lunch and laughing with all my friends as the coaches walk by."

On a more sentimental note, seniors like Robbi Hunt missed the place of comfort . . . his home. He said, "I'm not going to miss high school, but I'm really going to miss home and I'm not sure if I am ready to leave yet."

The favorite pasttime of some seniors was watching the people they knew playing in the sporting events. This was missed by most seniors, like Chris Diggs, who said, "I know next year when I'm at college and lost in the crowd, I'll miss watching and rooting on all my friends playing sports."

Looking Back

For other seniors, the security of a small school was what they missed the most. "Next year, when I'm at college, the number of students will be so much bigger than here. I will miss knowing everyone and being friends with practically everyone," said Rachel Sills.

The most important memory for some seniors was playing sports on a team. Matt Connors sighed as he thought back on his basketball games. He said, "Even though we don't always win, I'm going to miss playing on the basketball team the most out of everything."

Seniors always kept the memories of home fresh in their minds.



Shipping out. Hugs, kisses, and lots of waving hands made for a very teary goodbye. Amy Crews throws some clothes in a bag as she gets ready to leave home. She said, "I can't wait to go to college in Missouri so I can dance in the cornfields."



Bidding Farewell. As the year moved on, plans for the future were finalized. For students like Laura Wade and Patrick Benner, leaving home and friends was a sad step into the future. They embrace as they laugh about the past weekend and realize this is the last year they will be together, but they both know new friends are in the future.

My, How We've Grown. Getting pictures back from being developed was always exciting. Seniors took pictures of the friends and events that made the year special. Mandy Page and Tracy Swandol anxiously look through Homecoming pictures at Amy Taylor's house. Mandy said, "It was fun to look back and see how many memories we had made."





EDWARD T. VANDE-MORTEL
Football,Track 9,10,11,12; Happy Club 12; Yearbook 12

LAUREN CAROL VERSER
Baskeball 9; Tennis 10,11,12; Key Club 9,10; Happy Club 10,12

LAURA LEIGH WADE
Newspaper ed. 11, Ed.-in Chief 12; Track 9,10,11,12; Cheering 11,12; NHS 11, sec. 12; Forensics 10

TINA MARIE WATSON
ICT 11,12

JAMES PATRICK WELSH
Track 10,11,12; C.C. 11,12; FBLA 11,12; TSA 9,10,11Who's Who 12

ELIZABETH L. WILLIAMS
Football mang. 10,11,12, trainer 12; FHA 9,10,11; Var. Club 11,12; SADD 12

ZACHARY K. WILLIAMS

JESSICA JOY WOOD
Newspaper ed. 12

ANTHONY E.WOODARD
Football 12

EMILY ANNA XINOS
Track 9,10,11; Cheering 9; ICT 12

ERICA DAWN YOUNG
FHA 9,10,11,12; ICT 12

JIREH JON-KAI YUE
NHS 11,12; Governor's School 11,12; Science Awards 10,11,12

CRISTIN M. ZARAGOZA
FHA 12



Not Shown:

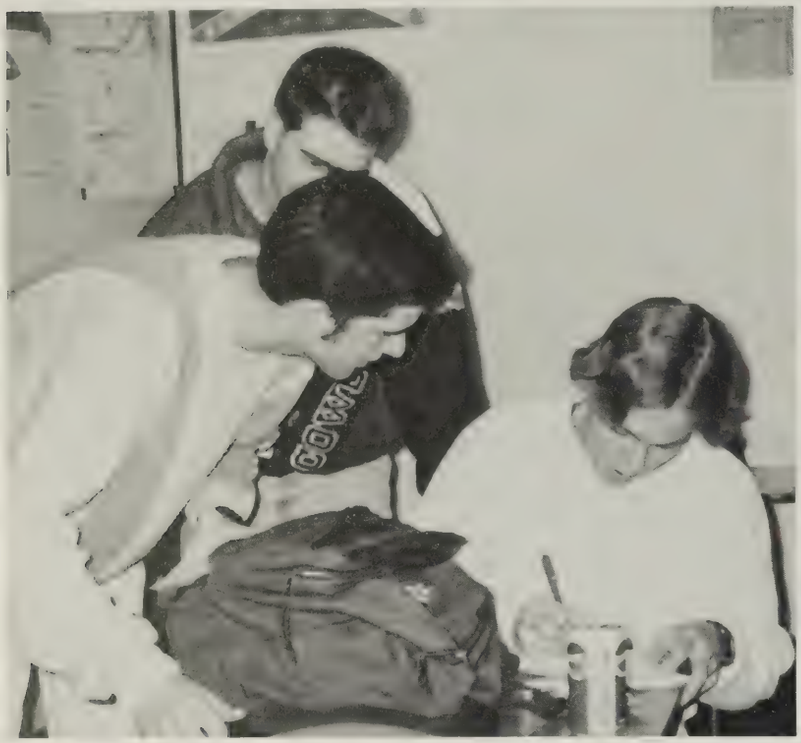
RONALD WILTON BOTTOMS
DEBORAH LYNN BRANDT
DREW PIERCE BROWN
LARRY R. CHEESMAN, JR.
ALLON SUZANNE DECKER
DWAINE CURTIS FIRTH
MICHAEL SCOTT FIRTH

JOHN PAUL HALPIN
EDGAR OSBORNE KEETON III
JENNIFER DAWN MASSIE
REBECCA MARIE MONTALVO
ANDREW J. MYER
DAVID RAY OWEN

ANNA PARKER
JENNIFER DAWN QUINLEY
JONATHAN E. ROBERTS
MATTHEW J. ROLLINS
JEFFERY SCOTT ROWE
JON DANIEL WIKA

What to do. Students were faced with that question the last five minutes of class. Junior Kevin Finucan spends his time drawing while junior Kevin Cockrell looks on. Kevin said, "When I have free time I usually enjoy drawing or other creative activities.."

Can we go yet? The last five minutes of class was time for students to relax. As junior Ryan Richter waits for the bell he takes a break from working. Ryan said, "I don't like to sleep at school but I hate to work more. If I have a break I'll just zone."





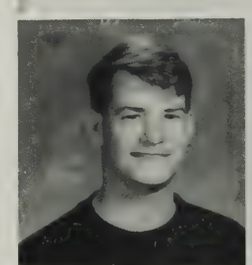
















A waiting

freedom occupies last five minutes of class

The pen falls out of your aching hand. You cannot copy another note but you somehow manage to get your assignment down. Only a few minutes remain before the bell, but they are yours to do with as you please.

Some students stole these few moments to get ahead with their work, pushing their time to work to the limit. Freshman Michael Brooks said, "I try and start my homework so I don't have to bring as much home."

Other students used the waning moments of class to catch up with other things, like the neglected homework from the night before. Junior Josh Boitnott said, "I finally decide to start my homework that's due the next hour."

Some students participated in sports or other extracirricular activities so every spare moment was valued. Junior Paul Watlington said, "During baseball season I try to get all my homework done in class so I won't have to do it after practice."

Sleep was an excellent way to spend the last five minutes of class, according to some students. "The last five minutes of class are a chance to compensate for lost sleep," said sophomore Sarah Kreiger.

Not all students were this industrious, though. Tension built inside students throughout class, and the last few minutes of class were an ideal opportunity to relieve it. "The last five minutes of my drama class is total chaos," said senior Becky French.

Few students took this approach. Freshman Cory Groseth said, "The last five minutes of class are a good opportunity to take a break and relax."

"I never do my homework. I just sit and talk until the bell," said sophomore Cam Deibler.



Jason Abbott 10
Samuel Adams 10
Abraham Ahn 10
Grace Ahn 09
Ginger Aldridge 11
Kelli Alger 11
James Alsbrooks 09



John Alsbrooks 11
Bradley Ambrose 10
Aaron Anderson 10
Peter Anderson 09
Stephanie Andres 11
Michael Andriliunas 10
Robert Ankeney 09



Laura Apelt 11
Heather Arms 10
Michael Artis 09
Laura Asakura 11
Anthony Ashley 10
Mark Avallone 10
James Ayers 09



Suzanne Ayers 09
Jonathan Backus 09
Wesley Backus 11
Sarah Baily 10
Ryland Ballard 09
Angel Bargeman 10
John Bargeman 09



Jason Barnett 09
Karen Basnett 09
Kevin Basnett 11
Kevin Batchelder 09
Bradley Beals 11
Madeleine Beard 10
Frank Beazlie 09



Thomas Beazlie 11
Michael Bell 09
Damien Bernache 10
Joel Bernache 09
Marc Bethel 09
Page Bishop 09
Ryan Bishop 11



Casiphonie Blain 10
Amy Blankenship 10
Jeremy Bloxom 09
Joshua Boitnott 11
Robert Bolden 11
Marshall Booker 10
Amanda Bourlotas 09



Albert Bowden 10
Mark Bradley 11
Jennifer Brandt 09
Sara Breed 10
Colleen Bresnan 10
Adam Brook 09
James Brooks 11



Michael Brooks 09
Amanda Brown 09
Angela Brown 11
Courtney Brown 09
David Brown 09
Richard Brown 10
Stewart Brown 11

Stormy Brown 11
Jason Bryant 10
Jesse Buchanan 10
Christine Buchholz 11
Scott Buckley 10
Sean Buckley 11
Brian Bumgardner 11

Joseph Bunting 11
Michael Bunting 10
Sara Burke 11
Kathryn Burrows 11
April Butler 10
Robert Butler 09
Troy Butler 10

Cody Camblin 10
Jason Camden 09
Joseph Camden 09
Bonnie Cannon 09
Christopher Card 09
Brandee Carrico 11
Christopher Carter 09

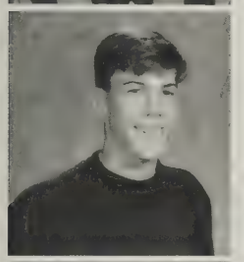
Kathi Carter 09
Melissa Carter 10
Matthew Causey 11
Derek Chambers 09
Shane Chambers 10
John Chapman 09
Brad Chauvin 10

Han Choi 11
Sammy Choi 09
Sonny Claussen 10
Emile Cochet 09
Kevin Cockrell 11
Courtney Coleman 10
Nicholas Collett 11

Judd Compton 09
David Connors 11
Jonathan Conway 09
Stephanie Cordell 10
Mary Corneliussen 10
Nick Costello 11
Samuel Cowels 09

Glenda Cox 11
Katie Cox 11
Jillian Craig 10
Joseph Craig 10
Nathan Cramer 09
Nicholas Creasman 11
Thomas Crittenden 09












Any change? Underclassmen did not always come to school prepared forthe day. Junior Brian Wescott waits at the end of the lunch line hoping for some spare change from junior Michael Page. Brian said, "I don't like to borrow money, but sometimes I have to."

"Do you have any money to spare?" Those who didn't come to school with lunch money often looked to others for help. Junior Josh Boitnott asks junior Shelby Savage for money. Josh said, "I didn't have any money so I knew I could count on Shelby to loan me some."



Mooching

neces-sities, favors all add up

It was not obvious at first glance, or when you struck up a conversation. They always seemed nice, but they all wanted something. It may have been anything from money to gum to a piece of paper. One thing was guaranteed about moochers: they searched until they got what they wanted.

Students were often confronted by others who asked, "Do you have a pen or pencil I can have?" Or, "Do you have any change?" The decision was sometimes hard. Some students were honest and said yes. Others hung on to their property, never knowing if they might have gotten it back. Junior Bob Goddin said, "I usually give my stuff to someone if they need it. I never forget who has what, though."

Loaning out paper or pencil was often easier than letting go of your clothes. Sophomore Remle Diggs said, "I'll loan anyone paper, pencil, or a pen but I loan my clothes or money to friends."

It was wise to help out others because eventually you might have needed a favor. It was time for lunch and you checked everywhere but couldn't find $1.25. You were forced to mooch. It was nice to know someone owed you a favor. Junior Chris Thompson said, "I usually give what I have to someone if they need it. I hope when I need something someone is willing to help."

Freshman Tammi Perok said, "I mooch clothes from my friends all the time; they haven't told me they mind yet."

If someone came to you and asked for a favor would you have helped them? Junior Ryan Richter said, "I always remember someday I'll probably mooch too."

Students who didn't come to school prepared had to depend on others. Freshman Craig Brown said, "Once I left my entire backpack at home. I had to depend on others for books and paper."

Hurrying home puts a damper on night's fun

"I climb up the railings on the porch and go in through the door quietly, or knock out the screen in my sister's window and sneak in through there."

Curfews often seemed like an unreasonable request, so to some, creative plans to overcome them were a necessity.

Unfortunately, as with everything underhanded, getting caught was always a risk. Sophomore Donnie Gardner said, "I got caught sneaking out of the house. My dad spent the whole night, and many nights after that, on the couch. He was barricading my room."

A few students did not understand why curfews were even necessary. Sophomore Jesse Johnson said, "You can get in the same trouble just as easily before 12:30 as after. Parents really don't get this."

Parents seemed to be pretty smart when it came to curfews. Some students commented that sneaking in or out wasn't an option. "My curfew is 12:00. I can't sneak in because my mom waits up for me," said junior Tony Rojas.

Often tough decisions had to be made. The two main components in going out were driving and staying out late. Junior Brian Bumgardner said, "If I am driving then I have a curfew. If I'm not, then I don't. I only have to sneak in when I am sneaking out."

Unbelievably, many of those without a curfew were freshmen. "I don't have a curfew," freshman Wendi Evans said. "The rest of my friends do, though, so I really have nothing to do after everyone has to be home."

Not many students paid any heed to their parent's warnings or ultimatums. Sneaking out and avoiding curfews were the basics of a social nightlife. As for the punishments, it didn't really matter. The chances of getting caught were just part of the fun.



Three hours to go. After a varsity boys' basketball game, seniors David Smithley and Scott Seitz talk to junior Robby Bolden about their curfews. Robby said, "My parents give me a curfew. But most of my friends have to be home at the same time."



"What time is it?" Teenagers had curfews to comply with. Junior Brian Sutton gets in his car to go home at 12:30 a.m. Brian said, "I don't mind having to be home at 12:30. Usually I'm tired by then anyway."



Brandon Cross 10
Brent Csutoras 11
Carmen Daniels 10
Jacob Davenport 09
Rebecca David 10
Clint Davis 09



Gabrielle Davis 10
Leary Davis 11
Jennifer Davison 10
Cammeron Deibler 10
Autumn Deihl 09
Sarah Dewey 09



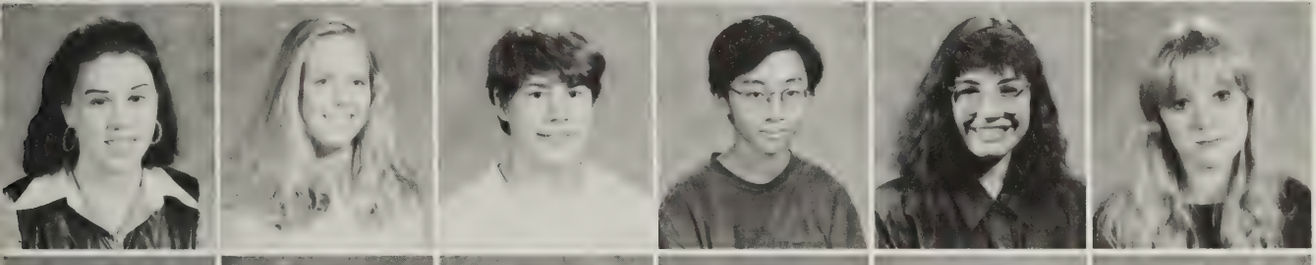
Jimmy DeWitt 09
Allison Dexter 11
Alicia Dezern 10
James Dick 11
Brady Diggs 11
Michelle Diggs 11



Remle Diggs 10
Ronald Diggs 09
Drew Dixon 09
Niki Doernte 09
Christina Dominguez 10
Robert Dorsey 09



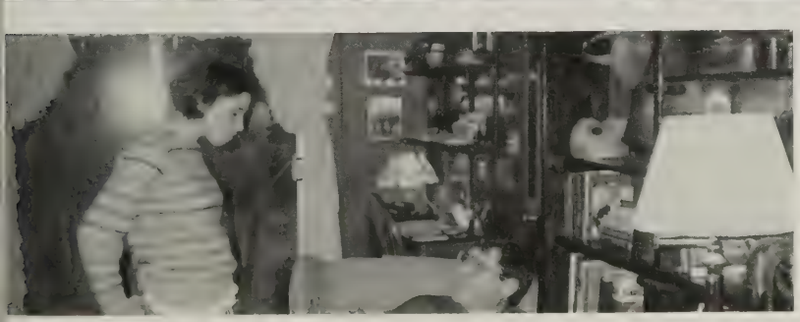
Daniel Dossey 09
Jamie Douglas 11
Jessica Dryden 09
Michael DuBose 09
Jason Dudley 10
Marc Duncan 10



Emily Edwards 10
Kathryn Edwards 10
Bradley Elsass 09
Ming Eng 10
Kristine Ernzen 10
Chasity Estep 09



Mary Evans 09
Michelle Evans 11
Richard Evans 10
Sarah Evans 11
Tyler Evans 09
Wendi Evans 09

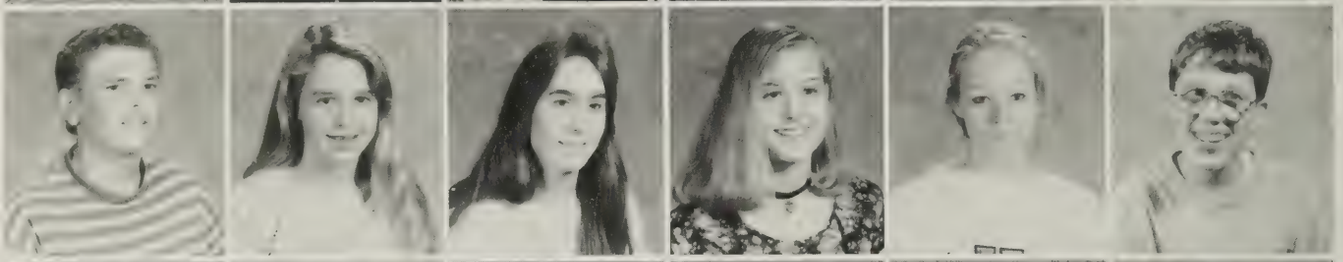


Puppy dog eyes. Talking to her father, junior Marina Valdez attempts to receive a later curfew. Putting on a sad face worked this time. Marina said, "My parents are pretty cool about my curfew if they know where I am."

James Ezzell 10
Jonathan Falls 09
Deanna Farmer 09
Karen Feigh 10
Nicole Feidil 09
Kevin Finucan 11
Shannon Firman 09



Albert Firth 10
Sheryl Firth 09
Tiffany Firth 11
Vicki Firth 09
Franziska Fisher 10
Jason Fishman 09
Rachel Fithian 09



Brad Fitzpatrick 10
Brandon Fitzpatrick 09
Lara Flannagan 11
Joseph Flannery 10
Nikki Folks 09
Corie Forrest 09
Jason Forrest 09



Jason Forrest 10
Karen Forrest 09
Rachel Forrest 11
Robert Forrest 11
Seth Forrest 09
Christopher Fortier 09
Christopher Fowler 09



Kandice Fowler 11
Stephanie Frazier 09
Claire Fredericks 11
Jennifer Freeman 11
Charles French 11
Douglas Gallaer 09
Susan Garris 11



Maura Garvey 10
Geoff Gatz 11
Jacob Gaul 11
Crystal Gearhart 09
Kimberly Gearhart 09
Heather Geagnagel 11
Matthew Geagnagel 09



Robert Genser 10
Michael George 11
Jason Geppert 10
Kristin Geppert 09
Christopher Gibbs 11
Christopher Gibbs 09
Keith Gibbs 09

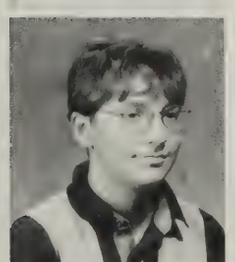


Rachel Gilbert 10
Shawn Gillispie 09
Peter Glushko 11
Robert Goddin 11
Carrie Goff 09
Benjamin Goldman 10
Erin Gooding 10









Spending

money comes from parents, jobs

Friday night has finally arrived. Some friends are sitting around, deciding on a destination. Bowling, skating, and dining are wonderful ideas. There is just one problem-money. Usually, going out with friends costs a lot. Where did all the money come from?

"My mom gives me $18 a week, but it never seems like enough," said freshman Casey Liscum. Most often parents paid for some of the needs and wants of their children.

Allowances were pretty popular solutions. Sophomore Dana Montgomery said, "School is important to my parents. Allowances are a way of getting money without lowering my grades by having a job."

Those who did get an allowance usually had some sort of responsibilities in earning it. Sophomore Jessica Jenks said, "If I need money, my parents give it to me, but then I have to work it off by cleaning the house or something."

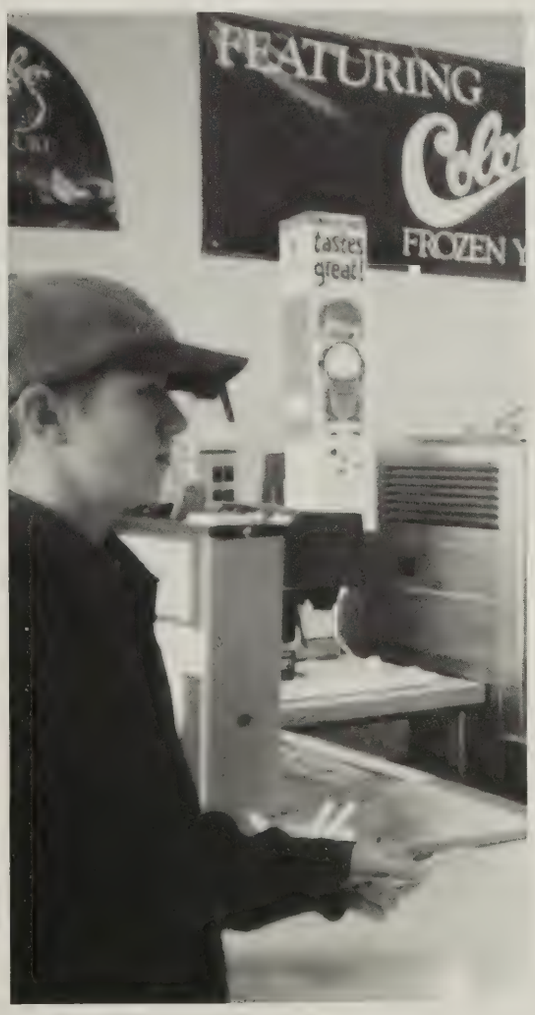
"I don't get an allowance, but if I do chores then I'll get money for it," said freshman David Ward.

Some students went out of their way to get an allowance. "I had to ask for mine," said sophomore Chris Park. "I used to not get an allowance, now I get $15 a week."

Of course, some students got their spending money other ways. Junior Chris Thompson said, "I have a job, so I use that money for the things I want and when I go out."

Once students got jobs, most parents felt it was no longer neccesary to give them allowance. "Ever since I got a job, my parents don't give me an allowance anymore. I make enough money to get the things that I want," said junior Greg Goulding.

Allowances made it possible for students to go out and spend money.





"Can I help you?" The local yogurt shop, For Yogurt's Sake, provided a hang-out for teenagers. Freshman Mike Artis pays for some ice cream before his baseball practice. Mike said, "I love ice cream. I like to get some after school with my allowance."

It's cookie time. After school, students spent their money on Otis Spunkmeyer cookies. Sophomore Josh Topping spends $1 on 3 chocolate chip cookies he bought from Sunny Claussen. Josh said, "If I stay after, I always make sure I have money in my wallet for cookies."

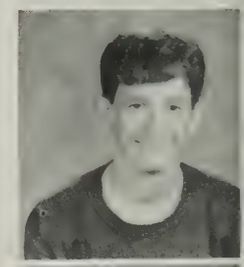
A quick snack. Having a seventh hour made lunch time much longer to wait for. Junior Brian Page sneaks a few chips in Mr. Greg Hopkin's third hour history class to ease his hunger. Many teachers didn't allow food in their classrooms, but students learned to hide it.



"I'm so hungry." After school many students took advantage of the vending machines. Sophomore Paul Rosensteel puts his dollar in the snack machine craving a Snickers. Paul said, "If I have to stay after I make sure I have money for a quick bite to eat ."



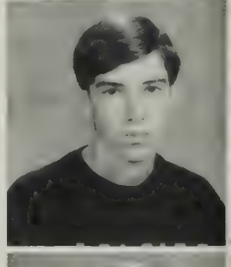
















Munching

midday snacks rejuvinate today's youth

You arrive at home at about 2:20. You sit down and try to do your homework, but you can't. An excess of digestive fluids eat at the inner walls of your empty stomach. Dinner won't be for at least two and a half hours. You get up to go see what's in the pantry. Snacking is inevitable.

"After school, I go home and eat a microwave egg roll. It's become a ritual," said junior Charlie French.

Junior Dan Rogers said, "I like to eat fish. Sardines with my own special sauce is my favorite snack."

"When I get home from school, all I want to eat is pasta. I will eat any kind of pasta. It doesn't matter," said junior Jeff Mitchell.

Snacking became more convenient for students. Otis Spunkmeyer cookies were sold in the commons after school. As a fundraiser, various clubs and organizations were allotted time to make and sell these cookies. Throughout the year the selling of these cookies became very popular. Junior Josh Boitnott said, " I quit buying lunch. Now I live off Spunkmeyer cookies."

Chips were a popular snack for many. Freshman Jimmy Royster said, "Nachos with salsa is one of my favorite snacks."

"Doritos are my snack of choice," said sophomore Cory Coleman.

Having a mid-day snack gave students energy to last them through the day. Sometimes even the smallest bite of someone else's lunch made the difference. "Before my fourth hour I was always starving," says freshman Graham Hunt, "so I would buy a cookie or something to tide me over."

Though junk food was very popular for snacking, not all students indulged in it. For one reason or another, some chose a healthy snack. Junior Katie Cox said, "I have a nutritious snack like apples, rice cakes, and oranges."

Other students were not as choosey, like junior Jennifer Khang, who said, "I eat whatever we have in the house at the time."

After school not all students went home for something to eat. Fast food restaurants provided a convenient supply of nourishment. "Usually my friends and I all go to McDonald's or Hardee's after school to eat because lunch just wasn't enough," said sophomore Jason Forrest.

Three meals a day was usually not enough for growing youths. A snack every once in a while didn't hurt.



Aaron Goodman 10
Penny Goodrich 09
Daniel Goodson 11
George Gori 10
Bethany Gottschall 11
Gregory Goulding 11
Tania Goulding 09

Frederick Graef 09
Amanda Gregg 11
Jeremy Gregg 10
Amanda Griffith 09
Robert Griffith 09
Cory Groseth 09
Mandy Groseth 11

Melissa Guill 11
Steven Gunther 11
Nicholas Guthrie 09
Jennifer Haczewski 10
Ryan Hall 10
Aimee Halvorson 10
William Hammack 11

David Hanberry 10
James Hanchey 11
Shannon Hanson 11
Blair Hardaway 09
David Hargrave 10
Matthew Harker 09
Victoria Harper 09

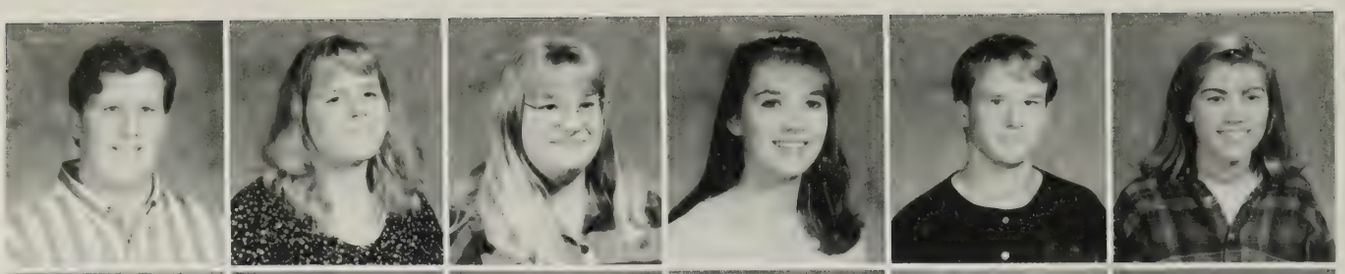
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Charles Harris 11
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Joseph Harris 11
Stephen Harris 10
Marshall Harrison 11
Traci Hazen 09

Casey Heck 10
Christina Heimbruch 09
Richard Hellman 11
Jonathan Hill 09
Joelle Hogge 10
Jenny Holland 09
James Holloway 10

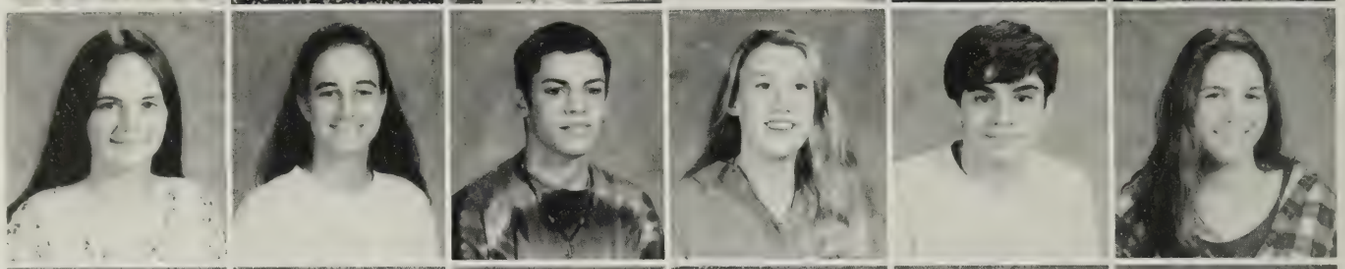
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Marie Holt 11
Angie Houston 10
Jeromie Houston 11
Charles Howlett 11
William Humphries 10
Graham Hunt 09

Jennifer Hunt 11
John Hunt 09
Julie Hunter 11
Ryan Hunter 09
Thomas Hunter 10
Jerrod Hurr 09
Leslie Inge 11

Brian Ingram 09
Amy Insley 11
April Insley 11
Kelly Insley 09
William Insley 11
Shannon Irish 11
Shazia Ismail 10



Heather Ivey 10
Jessica Jenks 10
Trevor Jennings 09
Arinn Johnson 09
Jesse Johnson 10
Laurie Johnson 11
Sara Johnson 09



Heather Johnston 10
Ryan Johnston 10
Kevin Jones 10
Marcus Jones 11
Timothy Jones 11
Philo Juang 11
Courtney Judd 09



Charles Juhl 09
Jennifer Kahng 11
Lindsay Keddell 10
Steven Keesee 10
Trevor Kegi 09
Tara Kehoe 09
Tami Keith 11



Jennifer Kennedy 09
Miyon Kim 10
Song Kim 11
Lindsay King 09
Sarah Kinnan 09
Krista Kinney 10
Leron Kishoni 10



Brian Klackle 09
Christopher Klackle 10
Nicole Knudsen 09
Jodi Koenig 09
Jessica Kolb-Williams 09
Jason Koptish 09
Anthony Koth 10



Joshua Kovar 09
Chad Kozlowski 11
Nicole Krakowski 09
Kathleen Kreiger 09
Sarah Kreiger 10
Danielle Kukich 09
Laura Kukich 11



Maren Labelle 10
Shawn Lacks 09
Ashley Lamberton 09
Ian Lamprecht 09
Jonathan Lange 10
James LaRue 09
Rachel Lawson 11












Groovy clothes. As freshman Trevor Jennings stands in the lunch line he sports his new thrift store clothes. Tie-dyed t-shirts and blue jean bell bottoms were very popular. Trevor said, "I love shopping at the thrift stores because the clothes have so much style."

Bargain shopping. Thrift stores offered great selections at lower prices. Freshman Casey Liscum browses through some shirts to find the perfect one. Casey said, "I don't have a job so I'd have to save for a year to buy a cool shirt from a department store. Thank goodness for thrift stores."



Styling

cheap becomes new trend in dress

At thrift stores students were often impressed with the bargain prices. Nowhere else could a thrifty consumer indulge in bins of shirts for 25 cents. Junior Marina Valdez said, "I love to shop, but I never have 20 dollars to spend on a brand name shirt. Thrift stores help me stretch my money."

Junior Sara Shaw said, "It's very satisfying to get a bag of clothes and only pay around ten dollars. Thrift stores are definitely the answer for a tight budget."

Tight budgets weren't the only things that drew students to thrift stores. Style was also very important among students. Bell bottoms, corduroy, and butterfly collars were prevalent. Freshman Casey Liscum said, "I've worn some of my parents' clothes, but the trick is to put some of your own style in it."

Sophomore Albert Bowden said, "I never thought I'd want to shop at a thrift store, but that's the style and what I like to wear."

Inexpensive clothes and trendy style enticed many students to shop at thrift stores. Freshman Thomas Myer said,"Thrift stores are where I shop. You can find some crazy clothes."

The money spent on clothes in thrift stores went to various charities. That was an added incentive for many students. Freshman Page Bishop said, "I don't have to spend a lot of money but what I do spend goes to people that need it."

Thrift stores had a large variety of clothes as well. Clothes were not stocked by brand name and what was in style. It was on a donation basis. If the style students liked wasn't in the regular stores a thrift store was their best option. Junior Steven Smith said, "I like velour shirts and polyester . To get those types of fabrics it's almost a must to shop at thrift stores."

Tight budgets, style of dress, and helping to support those in need attracted many students to thrift stores.

Confusing moments in dating test composure

Have you ever really dressed up for a date, only to have your significant other dressed in jeans and a t-shirt? Ever agree to a blind date and end up with a total jerk? Welcome to the wonderful world of dating.

"My friend fixed me up with a blind date once and we went to see a romantic movie. My friend was rather enjoying herself, but I couldn't even cuddle because he was so unattractive," said junior Jamie Douglas.

For some, innocent gestures were turned into embarrassments. Sophomore Stephanie Cordell said, "We went to a beautiful pier to look at the water. We got out of the car and the guys decided to race to the end of the dock. I decided to compete, too. Unfortunately, there was a board missing and I fell on my rear!"

Dinner was always an exciting yet tenseful part of the date. Opportunities to embarrass yourself were always around the corner. "We went to a buffet for homecoming and I accidentally dropped a lid to a bowl. The whole restaurant stood up and looked at me. I was nervous all night. That didn't help much. My date thought it was funny, but I must have turned ten shades of red," said junior Jason Price.

"I was enjoying a nice dinner with my date. We were eating Chinese food when I started choking and swallowed a black pepper. I drank all of my tea before the meal so I had nothing to drink. I had to rush off to get water. It was a very hot pepper," senior Joe Lipp said. Some memorable moments were left behind on some eventful dates.

Dating will never go away. As long as there is dating there will be embarrassing moments. Junior Sara Burke said, "Not all the dates I have gone on were wonderful, but the nice ones keep you out looking. My first few exciting dates I will remember forever."

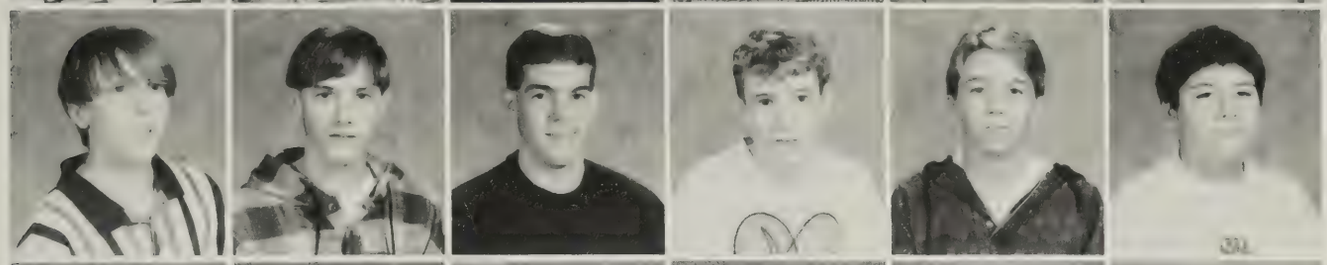
Dating was a fun pastime for many students.



"Hold me close." Ring dance for juniors provided an opportunity to cuddle with a date. Junior Wesley Backus seizes the moment with sophomore Angela Houston. "I don't like the dances too much, but Angela makes them enjoyable," said Wesley.



Christine Leeson 09
Johanna Lemmons 11
Jennifer Lemons10
Ryan Lewis 11
Paul Leykamm 11
Rachel Ligart 09



Roland Ligart 11
Lucas Light 10
Kristian Lindberg 11
Casey Liscum 09
Ryan Loer 09
David Lopez 11



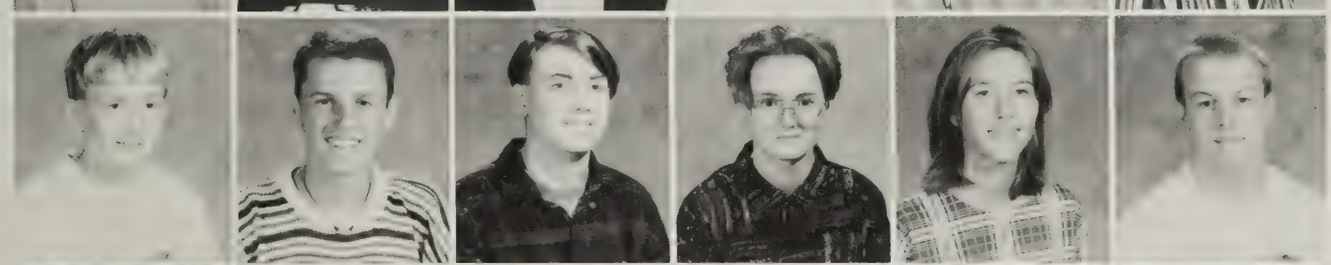
Christopher Lorigan 10
Marni Luthie 09
Jennifer Mabe 09
Brett Maguire 09
Richard Majchrzak 10
Samedy Mang 09



April Mann 11
Jake Martin 09
Katherine Martin 09
Kristin Martin 10
Ralph Mason 09
Jeffrey Mast 11



Mary Mast 09
Malcolm Matheson 10
Daniel Mathis 10
Timothy Mattson 09
Christime McBride 09
Nathanial McCarter



Kevin McClellan 09
Aaron McDaniel 10
David McGarry 11
Marc McGarry 09
Rachel McGraw 09
Wyndham McPherson 11



Chandler McQuoid 11
Melissa Messick 11
Joseph Metcalf 11
Sarah Meyer 10
Marco Migliore 10
David Miller 10



You're so cute. Underclassmen looked forward to the weekends to have fun. One activity was dating. Junior Chris Sherman dropped his date, Remle Diggs off at home after a movie. Remle said, "I like going out on dates with Chris because I have so much fun."



Jeremy Miller 11
Joshua Miller 10
Jason Miner 11
Paul Miner 09
Jeffrey Mitchell 11
Andrew Mokey 11
Russel Moldenhauer 11

Elizabeth Montalvo 11
Larissa Montalvo 09
Dana Montgomery 10
Ryan Montgomery 09
Mindy Moody 09
Ashly Moore 10
Melissa Moore 10

Michael Moore 10
Valerie Moore 10
Nicole Morehouse 09
Taylor Morgan 09
Schnnel Morgart 10
Tracy Morse 10
Danny Munn 10

Erin Murphy 09
Timothy Murphy 11
Thomas Meyer 09
David Nadolny 09
Peter Nadolny 11
Morgan Newlon 11
Michael Newman 11

Danielle Nicely 11
Patrick Nicholson 11
John Nobile 10
Preston Noe 10
Kathleen Nolan 11
Christopher Normandeau 11
Brian Norris 10

Jeffrey Norris 09
Charles Oakley 11
Eric Odom 10
Katherine Ogiba 10
Lee Olsen 10
Danae Orrock 10
Justin Orton 09

Randall Orton 11
Pam Owens 09
Brian Page 11
Michael Page 11
Robert Page 09
Amanda Palmer 09
Stephen Palmer 11

Tony Pao 10
Chris Park 10
Heather Parker 09
Jon Parker 09
John Parks 09
Lydia Patrick 09
Phillip Pauls 11










Inspiring

siblings unite in common sur-round-ings

"When I started high school I hoped my older brother wasn't in any of my classes," said freshman Page Bishop.

"Unfortunately he was, but I just don't talk to him," she said.

Many students went to school with their brother or sister. For some it was an advantage to have an older sibling at the same school. Sophomore Maura Garvey said, "I like having my older sister in school with me. It's convenient sometimes if I need to borrow money or need a ride home from school. She's helped me out a lot."

Advantages of having an older brother or sister in school were not solely monetary. As upperclassmen received their driver's licenses, they were a valuable asset to their younger siblings. Junior Mary Roberts said, "I never really see John at school but he gives me a ride. Walking across the field twice a day, especially in poor weather conditions, can really get you down."

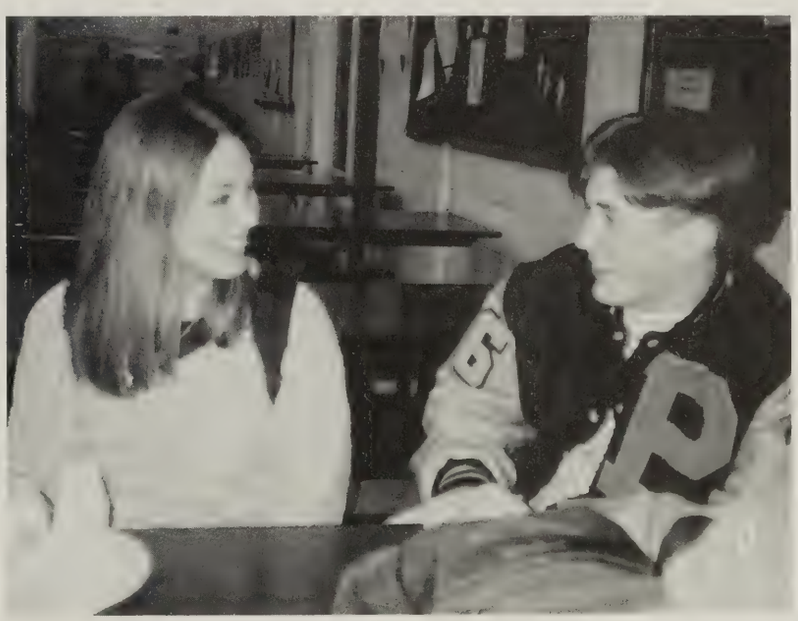
Sophomore Ryan Hall was not quite as fortunate though. The new optional seventh period created an inconvenience in how Ryan got to school. "I have a seventh period class, but my sister doesn't. I had to find an alternative way to get to school. Everything turned out all right though. I get a ride from one of my friends."

All siblings were not quite as content. For some, going to school with someone in the family caused problems and was a definite disadvantage. "Because of my sister, my mom is more aware of progress reports and things that go on at school. I wish she was a little less aware since I get in a little more trouble than my sister," said sophomore Albert Bowden.

Usually because of the age difference, brothers or sisters didn't see much of each other at school or afterwards when they were with their friends, although there were a few exceptions. Junior Eric Zohn said, "Sometimes my sister Gretchen and I will do things together because we have some of the same friends, but I don't mind it."

Having a little brother or sister in high school reminded some upperclassmen of freshman eagerness. Freshman Nathan Holst said, "My sister wasn't going to leave for school until 7:05. I was ready to leave at 6:50. We had to compromise."





All smiles. Sitting together at lunch, sophomore Brandon Fitzpatrick and freshman Brad Fitzpatrick discuss plans for the night. Being brothers and having the same friends, they really knew each other well. Brad said, "Having a twin brother is cool. There is really no competition."

Are you related? Seeing a brother or sister at school everyday might have been weird. Sophomore Gretchen Zohn attends school with her older brother, junior Eric Zohn. Gretchen said, "It's nice going to school with Eric. He made it a lot easier transitioning to high school."

Refueling

energy lasts through the day

Only a few moments remain in class. You can no longer concentrate on your work. Your stomach is growling. Your throat is parched. You regret not eating anything for breakfast. Finally the bell rings and you are released to lunch.

The new optional seventh period schedule brought with it several inconveniences. Along with having to arrive at school an hour earlier than everybody else, it also created a dilemma with those who had both the optional seventh class and B lunch. Junior Alex Glushko said, "I have five classes before lunch, so I get really hungry."

Students had other problems involving lunch. Junior Brian Sutton said, "We are under constant seige from a table across the commons. We have to keep our eyes out for frequent bombardments."

"They chuck pretzels, peanut-butter and jelly sandwiches, grapes, olive pits, whatever is being served for lunch that day," said junior Ryan Richter.

Some students chose not to deal with the chaos in the commons during lunch. They were permitted to eat out in front of the main building as long as they did not go past the curb. Sophomore Joe Flannery said, "It is too noisy in the commons. It's better eating out here where it's nice and quiet."

"When the weather is comfortable, I eat out here because it is quiet and peaceful," said freshman Sam Cowles.

Other students also found alternatives to eating in the commons. The library was a quiet spot utilized by many. Junior Shelby Savage said, "I spend my lunch period in the library. It is a more desirable environment for doing homework than is the commons."

Junior Han Choi said, "In the library, you can look through magazines and read the daily newspapers."

Though lunch was not always an ideal twenty-five minutes, it was always looked forward to. It provided a much-needed break from the tension felt during class. It was also a great time to sit back and relax.



Let's go. Many students looked forward to the break lunch offered. Begging junior Troy Walls to let him in the lunch line, junior Jimmy Thomlinson gets frustrated. Jimmy said, "Lunch is the only time during my day to goof off."



Unique sculpture. Lunch was usually a relaxing and creative time. Junior Danny Rogers laughs about his newly made creation consisting of left over lunch and utensils. "Lunch is my break during the day to relax and socialize with my friends."





Lauren Perdue 10
Nick Perdue 09
Tammi Perok 09
Brian Perry 10
Gair Perry 09
Jeremy Perry 11
Tiffanie Petrin 11

Mark Philbeck 10
Catherine Phillips 10
Todd Ploetner 10
Jamison Potter 09
Jason Powell 10
Stella Powell 11
Jamie Price 09

Jason Price 11
Alan Prichard 10
William Prince 10
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Shanna Quinn 10

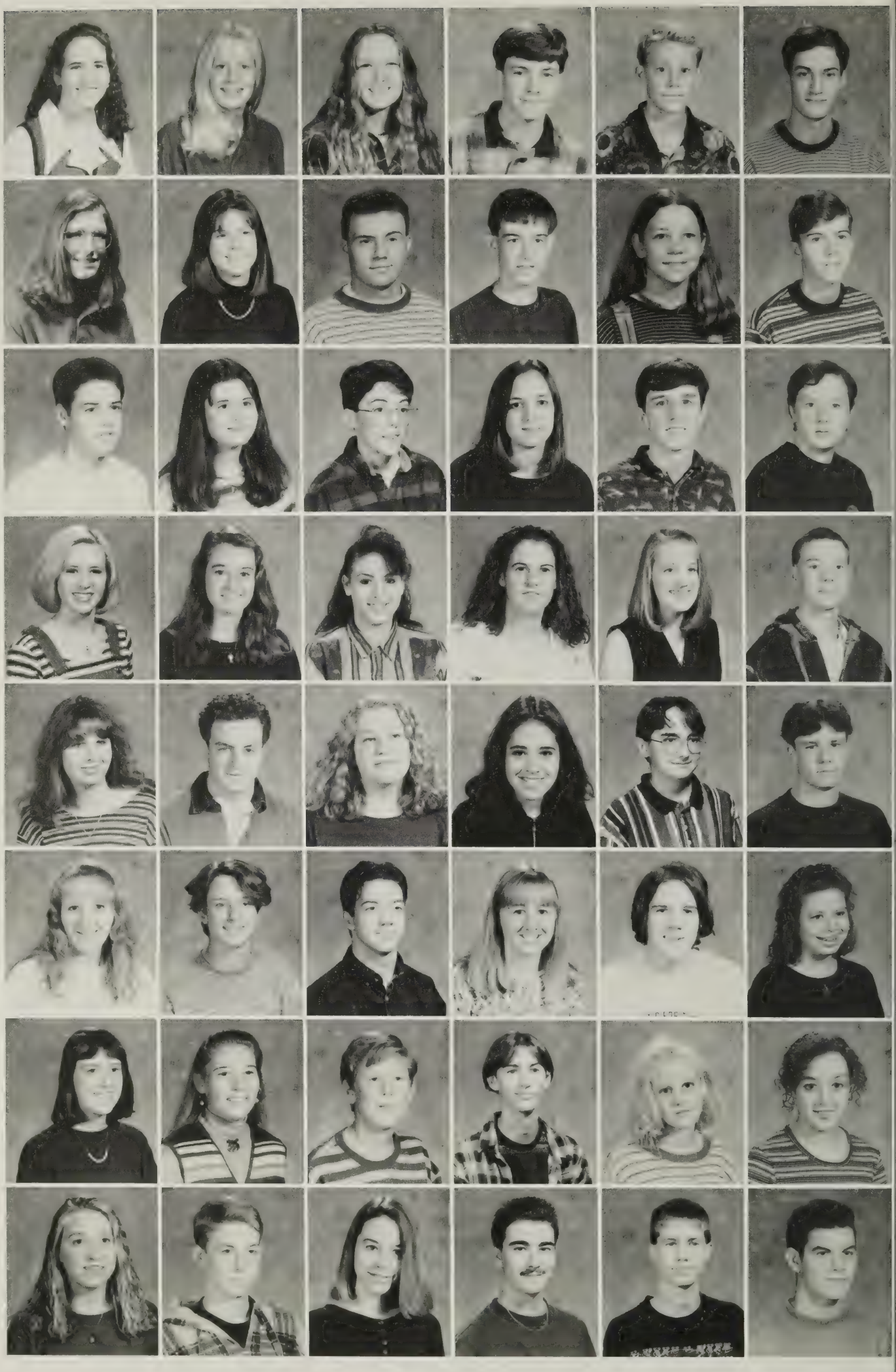
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Ryan Richter 11
Dewayne Rick 10
Harold Rick 09
Christopher Riley 10
Christopher Robbins 09

Kelly Roberts 11
Mary Roberts 11
Amanda Robertson 10
Jason Robinson 09
Mike Rodgers 10
Daniel Rogers 11
Giovani Rojas 11

David Rollins 10
Patrick Rollins 10
Paul Rosensteel 10
Jeremy Ross 11
Shawn Routten 10
James Royster 09
James Ruehl 11

Jennifer Rush 09
James Russel 09
Angel Ryan 10
Maryanne Sanderson 09
David Savage 10
Shelby Savage 11
Stacey Sawicki 10



Ryann Sawyer 11
Laura Schempf 11
Meggan Schoenfeld 09
David Scott 09
Jeffery Scott 10
Kenneth Sellers 11
Wendy Sellers 10

Claire Shanafelt 10
Sandra Shandor 09
Dean Shannon 11
Norman Shannon 09
Sara Shaw 11
Christopher Shelton 09
Emily Shepherd 10

Christopher Sherman 11
Tara Sherman 10
Andrew Shtulman 10
Christina Silcox 11
Adam Simmons 10
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James Smith 10
Mary Smith 11

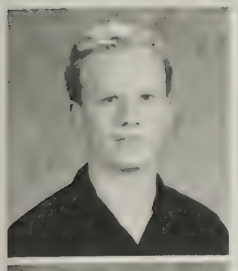
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Sherry Southern 10

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Robert Stallard 11
Jennifer Stallings 09
Sam Stanford 09
Tara Starner 09
Autum Stanley 10

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Rikki Stetson 09
William Stewart 10
Erik Stinson 09
Tara Stokes 11
Stacey Stone 09
Amy Stratton 11

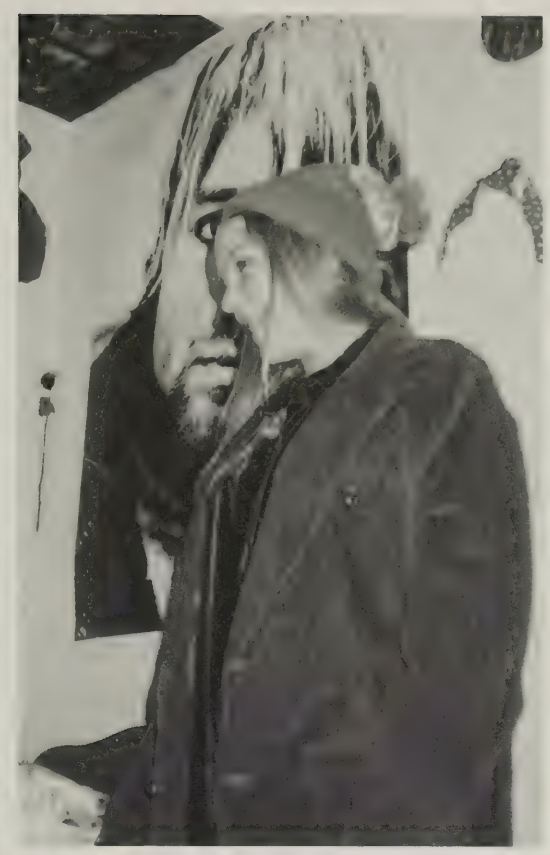
Christa Stutt 09
Ryan Sullivan 10
Amy Sutherland 09
Derek Sutherland 11
Brian Sutton 11
Stuart Sutton 11
Christopher Swain 09









Dig the look. People were stereotyped by the clothes they wore. Stereotypes doesn't stop junior Renee Hunt from wearing what she wanted. Renee said, "Because I choose not to wear brand names I'm not a slob."

Hey blondie. The color of a person's hair created many stereotypes. As junior Brian Humphries and senior Michelle Hirsch chat together, they live up to the stereotype that blondes have lively personalities.



Conforming

stan-dards do not take top priority

Nerds, preps, headbangers, and hippies. Students were labeled every day.

Stereotyping placed people in categories by their clothes, friends, intelligence, ethnic backgrounds, and their social affiliations. Freshman Page Bishop said, "I try not to stereotype anybody because I myself know what it is like to be judged prematurely. My blonde hair sometimes gives the impression that I don't have a brain or that I am an airhead."

Stereotyping hurt feelings and led to prejudices. Sophomore Patrick White said, "When you place people into a group and don't look at people as individuals there will almost never be a favorable result." It is so easy to stereotype that students feel they must go out of their way not to judge.

Stereotyping held some people back from meeting others they liked. It kept them from experiencing many learning situations. Junior Rachel Forrest said, "I would be too scared to stereotype. What if I miss out on meeting an interesting person because of their culture, race, or group of friends?"

Unfortunately, stereotyping was common among young people. Junior Sara Burke said, "Subconsiously people judge others by the groups where they are placed instead of as individuals."

Trying to understand others was a way to stop labeling. Freshman Ben Thompson said, "I try not to judge people or their beliefs. I could never think someone is inferior to anybody else just because they or their views are different."

Stereotyping was always undesirable, but it did exist. Hopefully, most people never had to experience being stereotyped. Sophomore Ben Goldman said, "I can't stop others from labeling me but I will try not to label others. That is all that anyone can do." Since everyone was different, it was necessary to open one's mind.

Some students just ignored stereotyping. Junior Christi Wright said, "People look at me differently in public places and at school. I'm not worried though. I am my own person and people realize that after they get to know me. Also, I just love body piercing." Students that allow everyday stereotyping to slide are at a definite advantage.

If someone didn't wear the same clothes as you or have the same haircut, don't fear. They were probably not that different. After all, it was just clothes and some hair that set you apart..

Enduring

bus trips take toll on riders

Are we there yet? Students who rode the bus to school or participated in extra curricular activities often had to spend hours a year on the cheese box. They usually liked to bring music, books to read, or play practical jokes to make the time on the bus more bearable

"We sometimes wrap the sleeping guys to the seats with ace bandages, or tie their shoe laces to the poles under the seats," freshman Dan McAdams said.

Bus rides gave time for coaches to talk to their team before the game anc time for the players to psych each other up. "We are really lucky to have buses. If you are on a team, you need to be together before you compete. You need to be friends and know each other if you expect to do well," sophomore Brian Savage said. Bus rides were the cause of the excitement and anticipation that was a part of every team and group in school.

The bus rides home from events were sometimes exciting and something to look forward to. Freshman Wendy Evans said, "The bus rides to band competitions are usually exciting, full of mounting tension. Afterwards. we party, sing, and do cheers." On the way home students relaxed and had fun.

Junior Joey Harris said, "The ride home was often more fun. The anxiety of still having to play was over."

Being competitive sometimes put a damper on things, though. Junior Katie Nolan said, "We aren't allowed to sing or anything on Forensics trips because that is what Tabb does. Also, it breaks our concentration."

There was a down side to away games, especially when they were far away. "We do homework on the the way there because we get home late and don't have time to do it for the next day," said sophomore Jennifer Staton, a member of the girls' JV basketball team.

Although the traditions of groups and teams differed, the high spirits and togetherness were what made the bus trips memorable. Bus rides might have been fun or boring but it was something most students had to endure.



Just a snooze. Since Franklin was added to the Bay Rivers District, players had to endure another two hour bus ride. Sophomore Kevin Jones uses his time resting up before playing. Kevin said, "The rides aren't too exciting, but they get us to the games."



I 've got everything. Preparing to go on an away field hockey game, junior Melissa Messick packs her bags. Books, music, or comfortable clothes made bus rides more enjoyable. Melissa said, "Bus rides weren't so bad if I had a comfortable pair of sweats and a walkman for the way home."



Michael Sylvia 10
Maryan Tabibi 11
Angela Taliaferro 10
John Talley 10
Bonnie Tasillo 11
Gregory Taylor 10

Joseph Tholl 09
Beth Thomas 09
Suzanne Thomas 10
Timothy Thomas 10
Benjamin Thompson 09
Christopher Thompson 11

Corrigan Threlkeld 11
Donald Todd 10
David Tomlinson 09
James Tomlinson 11
Douglas Tompkins 11
Brian Topping 11

Michael Topping 09
Robert Topping 11
Jeffrey Torrenti 11
Devin Trippe 11
James Tucker 10
Rebecca Turbish 09

Aimee Utecht 09
Marina Valdez 11
Vikram Vatsa 10
Jason Verser 09
Amy Vest 11
Joshua Vest 09

Kalpana Visweswaran 09
Troy Walls 11
Angela Ward 09
Crystal Ward 09
David Ward 09
Jennifer Ward 09

James Warren 11
Amber Watkins 11
Dawn Watkins 11
Kimberly Watkins 09
Michelle Watkins 11
Paul Watlington 11



Off we go. Students who rode the bus or did extra curricular activities often had to endure long bus rides. Junior Jennifer Lemmons caught up on some reading. Jennifer said, "Reading made the bus rides more tolerable."

Brett Watts 09
April Weaver 09
John Weaver 10
Jacob Webb 09
Randi Webb 09
Shannon Weisner 10
Michael Welsh 09

Gerald Wescott 09
Brian Wescott 11
Ashley West 10
Tiffany West 09
Natalie Wever 09
Peter Whitam 10
Dwight White 11

Leland White 09
Patrick White 10
Miranda Wicheins 09
Cami Williams 11
Troy Williams 11
Tomma Winder 09
Amy Windland 10

James Withrow 11
Richina Wood 10
Kristi Woody 10
Kristy Wright 11
Amanda Wynn 09
Jarret Yehlen 09
Christopher Young 09

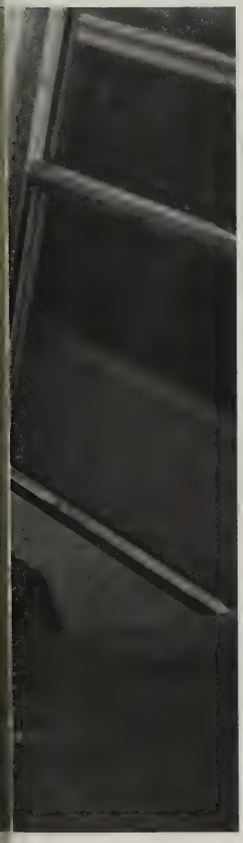
Joyce Yue 09
Robert Zasimowich 09
Richard Zasimowich 09
Erick Zohn 11
Gretchen Zohn 10



Spirit leaders. Cheerleaders did not just do dance routines and stunts, they also led the crowd's spirit. Freshman Stacey Stone and sophomore Remle Diggs show their spirit by traveling to Nansmond River to support the high school wrestling team.





Cheering

crowds help support teams

Days set aside to dress up and look crazy. Chances for participating in sports, helping out in clubs and playing in the band. These were just some of the ways students got involved with the different school activities.

Juggling schedules was a challenges, but many tried their best. Junior Amber Watkins said, "I try to get involved whenever I can. I'm in the band, and a member of many clubs. Between homework and practice it's hard but I try." Junior Dawn Watkins said, "There are a lot of different ways for people to get involved. If people actually tried to get involved they would see that it is a lot of fun. Everyone should get involved when they can."

Many students tried to get other students involved. The cheerleaders did this.

Junior Mandy Groseth, a varsity cheerleader, said, "It's really hard to get people involved but some are very spirited. I'm a cheerleader, play volleyball and a member of many clubs. I think it is a lot of fun because you get to meet new people and experience new things."

Freshman Randi Webb, a JV cheerleader, said, "I love to get involved with school. I'm the president of my class and a member of the Happy Club. Coming up from the middle school was a big change so I wanted to do as much as I could to get involved with all of the other ages."

On the other hand, some of the students didn't get involved that much. It seemed as if most of the guys were the ones that didn't have as much to do with the clubs as others did.

"I'm not in any clubs or anything, but I like to go to the pep rallies and games to have a good time," said sophomore Rich Majchrzak.

Everyone had different preferences about having spirit and being involved, but you didn't always have to be the center of attention to have a good time. No matter how the students chose to get involved they always managed to show their spirit and back up fellow students..





Hi-five. Athletic events were popular among students. Junior Mandy Groseth and junior Christine Solga high five after Poquoson scored a point against Franklin. Mandy said, "I love going to sporting events because you're supposed to yell, scream, and be hyper."

Let's go PHS. Making posters was a way to support a team. Junior Kelli Alger and senior Jackie Barnes show their spirit by making a poster for the wrestling match against York. Kelli said, "Making the posters is fun. It also lets the players know someone's there to cheer them on."

New teachers learn how to teach students

Trying something new

All summer you wonder who your teachers will be. Then you get your schedule. Who? A new teacher.

New teachers caused wonder among students. "You don't know if the teacher is going to be nice or mean, easy or hard," said senior Melissa David.

Some teachers experienced their first year at Poquoson, but ISS teacher Mr. Ron Carey had been a driving instructor for three years. "I have been driving for three years," Mr. Carey said.

The six new teachers participated in several workshops to prepare for teaching. Project TEL initiated teachers to the Madeline Hunter teaching model, although some were already familiar with it. "I did something like that at Tabb High School," said math teacher Mrs. Nancy Gore, "I enjoyed the opportunity to get to know the staff, and it helped build cameraderie."

"Going into a new school system is nerve-wracking because you don't know what to expect."

Ms. Nancy Gore, Math teacher

"I'm enjoying my year," said math teacher Mr. Todd Bowden, "The students are great."

Overall, the new teachers liked the school and community. "It's a supporting environment for teachers and staff because of the small size. "It's just like high schools I remember," said drama teacher and Poquosonite Mrs. Karen Shepherd.

Most people get nervous when they are about to try something new, but not these professionals. They were calm and cool on the first day of school. "It was more challenging than I thought it would be, but it's been a lot of fun," said P.E. teacher Mr. Andy Stone.

Because these teachers were new, students took precautions and were often more courteous to them. "I try to be nice because it's probably hard being new. I guess you kind of push them until they get mad, then you can know how far you can go," said senior Jenny Phillips.

New teachers welcomed the chance to be members of the staff. "I love working in Poquoson. I enjoy working with the staff and the students. They made me feel very welcomed here," said Mrs. Judy Sullivan, the guidance secretary.



Final touches. The guidance office spent a large portion of their time helping seniors apply to colleges and for scholarships. Guidance secretary Mrs. Judy Sullivan made sure all the applications were mailed off before the deadline. Mrs. Sullivan helps Meredith Hall put final touches on one of her college applications.



Like this. New teachers spent several days in workshops. One such workshop introduced teachers to the Madoline Hunter teaching model. An exercise in the class was to teach the others how to do something not related to their teaching area. Math teacher Mr. Todd Bowden shows drama teacher Mrs. Karen Shepherd how to shoot a basketball.



The grip is important. TEL, the teaching model used by all teachers, included instruction, modeling and checking for understanding. Science teacher Mr. Dave Wiker demonstrates to fellow teachers the correct way to hold a field hockey stick. The other teachers in the workshop followed Mr. Wiker's demonstration to expand their teaching knowledge.



Mr. Bob Baker Wld. Geography; AP US History; Social Studies Chair; Varsity Boys' Basketball
Mrs. Paula Bennett Studio Art I, II, III, IV; Pottery/Crafts; Senior Advr, Happy Club
Mr. Donald Bock Principal
Ms. Susan Britt AP French IV, V; French I, II
Mr. Ronald Carey ISS Coordinator

Mrs. Betty Duty Office Secretary
Mrs. Bonnie Fay AP English 12; English 9AT; Creative Writing I, II; *Reflections*; English Chair
Mr. Tom Fay AP Spanish IV, V; Spanish I, III; Acad Challenge; Foreign Language Chair
Mr. John Forrest English 9, 9A,12; Freshman Advr; Asst. Track Coach
Mrs. Barbara Freeman Geometry; Func/Trig/Stats; Math Chair
Mrs. Joyce Gaines Earth Science; Chemistry
Mr. Joe Garrity Earth Science; Prin Sci Inv; Earth Science A, Asst. Track Coach
Mrs. Debbe Goddin English 10, 10A; Sophomore Advisor
Mrs. Nancy Gore Basic Algebra, AIM II; AP Calculus
Mrs. Candis Griffin College Reading; Developmental Reading

Mr. Bill Hoggard World Geography; Computer Lab
Mr. Jeff Jackson Physics; Chemistry; Adv Chemistry; Track Coach
Mr. John Kain PE 9; PE 10/Dr Ed
Mrs. Sandy Katz English 11, 11A; Speech; Forensics
Mrs. Rita Kehoe English 12, 12A



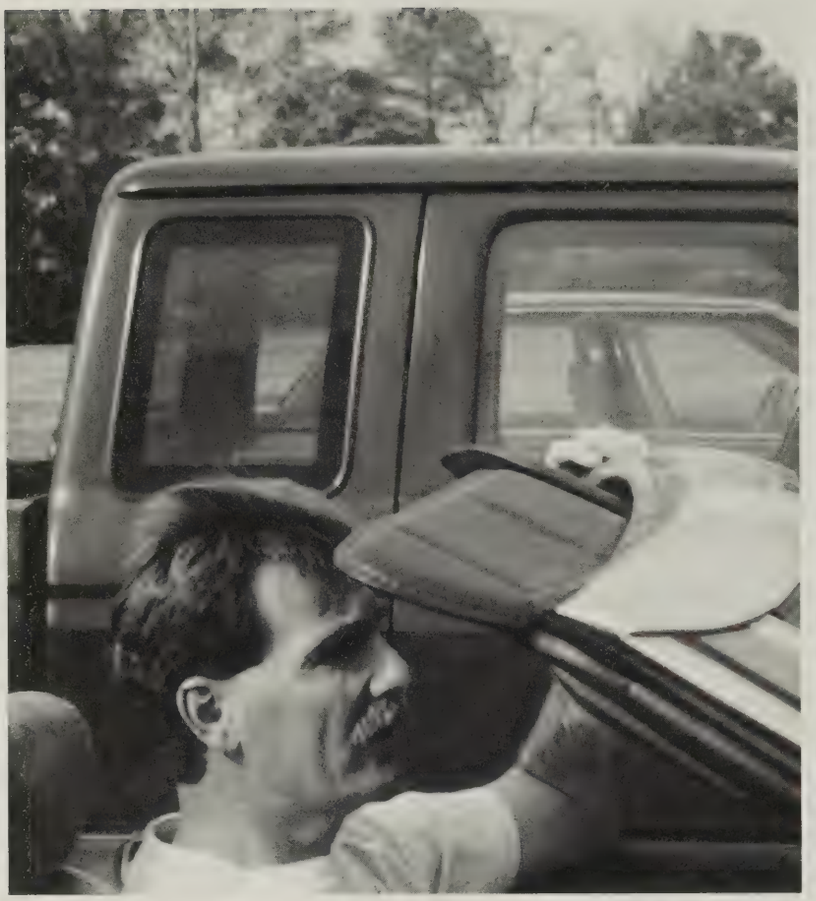
Could you check this? AP Calculus was a class few seniors took. New teacher Mrs. Nancy Gore helps senior Dave Bragden with a problem on his paper. "Mrs. Gore is great. She explains things well and we move along quickly," Dave said.

The wind through his hair. After a long day at school teachers relaxed and enjoyed the warm weather. English teacher Mr. Mark VanDervort puts the top down on his Lebaron convertible and soaks up the sun. The unseasonably warm weather allowed for many days of driving home with the top down.

Places to go, people to see. Extra curicular activites caused many students to be in and out of their cars all day long. A few students shared a car with their parents. Emily Shepherd says goodbye to Maura Garvey and heads off to cheerleading practice. Emily shared a van with her mother, English teacher Mrs. Karen Shepherd.

Prized possessions. Even though teachers needed transportation to and from school, social studies teacher Mr. Bob Baker took such pride in one of his cars that he never took it out of his garage. The year after he received his 1973 Trans Am he poses with it in his parents' driveway.







Teachers decorate parking lot with variety of cars

In the fast lane

"Racers, on your mark, get set, go. . ." Off they go, racing to the finish. Which car will win? In the race today we have a LeBaron, a minivan, and a Lexus.

Students noticed the variety of cars the faculty members drove. Some teachers were recognized simply by the car they were in. "It is nice to be recognized by my presence when they see me on the road," said Health/P.E. teacher Mrs. Sharon Pauls, who drove a Jaguar.

The parking lot had a handful of minivans. Many of the teachers in the school had families of their own to cart around. "The only reason I own a van is because I have so many kids of my own to drive everywhere," said English teacher Mrs. Karen Shepherd.

"I bought my Lebaron because it is a fun car and I like convertibles."
~Mark VanDervort, English teacher

A convertible was the first choice for teachers. Six teachers were able to enjoy the ride to work with the top down during unseasonable weather. "I enjoy having the top down. The weather in Virginia is perfect for it," said Health/P.E. teacher Mr. John Kain.

Like the students, many teachers took great pride in the cars they drove to school. "I've owned my car since I started driving. I don't think I could ever part with it," said geography teacher Mr. Bob Baker, who drove a 1973 Trans Am.

The parking lot also held some toys for faculty members. "We saw the car and we fell in love with it. My family had to have it," said government teacher Mrs. Carol Zak, about her Corvette.

There were some teachers who drove something to meet their school needs. Their vehicle of choice was a truck. "My truck hauls band equipment and we have some big instruments," said band director Mr. Doug Spruill.

Winner or no winner, the variety of cars in the lot showed the diversity of the teachers.



Truckin. Teachers were just as excited to leave after a long day of school as the students. Band director Mr. Doug Spruill jumps into his truck to avoid getting stuck in the rain.



Mr. Fred Kimsey ICT I, II; VICA
Mrs. Janet Knight Geometry, Algebra II/Trig; Geometry A
Mr. John Kohlrieser Geometry; AIM I; Trig/Intro to Calculus
Mrs. Sandra Lawson Office Secretary
Mrs. Mary Beth Leavitt Chemistry A; Advance Chemistry/Organic Chemistry

Mrs. Dot Little Mixed Chorus; Mixed Chorus A; Swing Choir; Acapella Choir; Jazz Choir; Senior Advisor; Choral Director; Fine Arts Chair
Mrs. Judy Major E. Resource; Junior Advisor; Key Club Sponsor
Mrs. Jeanne Martin Algebra II; Math Analysis
Mrs. Judy McCormick Assistant Principal
Mr. Phil Miller Head Custodian

Mrs. Becky Morrison US/VA History; Personal Law; World History; Varsity Cheerleading Coach; Asst. Softball Coach
Mrs. Ginny Napier Guidance Chair
Mr. Dave Nelson US/VA Government; Athletic Director
Mrs. Sharon Pauls Health/Dr Ed; Physical Education Chair
Mrs. Elizabeth Pirtle Keyboarding Application; Intro Business; Keyboarding Software; Accounting

Mrs. Barbara Rich Learning Resource; Key Club; Junior Advisor
Mrs. Nancy Rowley Spanish I, II; Sophomore Advisor
Mrs. Karen Shepherd English 9, 10; Drama/Theater; Drama Club Sponsor
Ms. Helen Small French III; German I, II, III
Mr. Ed Spain Basic Technical Drawing; Engineering Drawing; Arch Drawing; Material Processing II; Technical; Golf; Softball

Graduates return as teachers to show spirit

We've got spirit

As you leave class you think of all the work your teacher gave you. She can't possibly know about being a student here. But many teachers do know what it's like.

It wasn't that long ago when some teachers sat where all of us did and thought the same as we did. "Everything is like when I was in high school," said social studies teacher Mrs. Denise Junghans, "even the people."

But social studies teacher Mrs. Becky Morrison disagreed. "Kids are a lot different," Mrs. Morrison said, "The students have such an attitude and they don't care. Many would rather take a zero than make the effort."

A long time ago, before there was a high school, the middle school taught grades 7-12. Many teachers graduated from there. "When I was in high school there were 85 graduating seniors," said English teacher Mrs. Debbe Goddin, "We knew everybody and I was related to most of them."

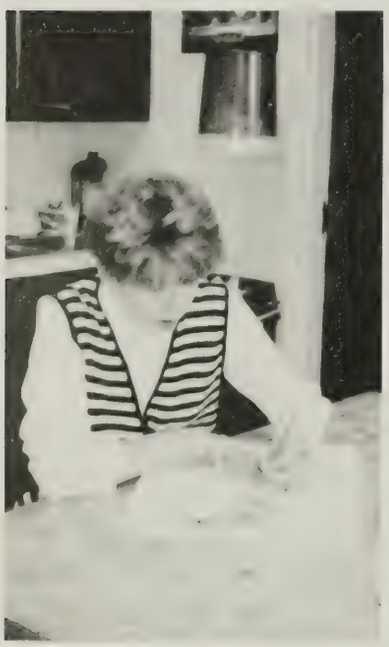
"I have taught many of the students who are now teachers."
Mrs. Debbe Goddin, English teacher

Social studies teacher Mr. Greg Hopkins was one of those graduating relatives. He recalled many fond memories. "I was in the band for six years. My first football game of my freshman year we didn't have any music," said Mr. Hopkins, "We were told to march around and fake it."

The teachers agreed it was a great place to go to school and a great place to work. 'Poquoson High School has always been a very enjoyable and rewarding experience in many ways," said P.E. teacher Mr. George Yeager, who graduated in 1980.

Each teacher had something special they cherished about their school days. Art teacher Mrs. Paula Bennett, who graduated in 1986, said, "Poquoson is a unique place to go to high school because of the size.".

Students admired those teachers who kept their school spirt by coming back to teach at their alma mater. "It's neat that they come back because it shows they have a lot of school spirit and they can also tell us stories about Poquoson High School when they went to school here," said junior Heather Gengnagel.



All mine. All day long art teacher Mrs. Paula Bennett graded the art her students drew. During a free moment in her day, Mrs. Bennett works on her own piece of art. "Mrs. Marie Spruill was my favorite teacher. I wanted to be just like her and took all the art classes I could," said Mrs. Bennett about her inspiration to become an art teacher.



A break from the norm. A physical education teacher's job wasn't just exercise and fitness. Computers were helpful to physical education teachers. PE/Health teacher Mr. George Yeager uses a computer to make a calendar for his health classes. "My kids use calendars to mark quizzes and tests," said Mr. Yeager, "I also use the computer to write letters to parents."



It's cold up here. The seafood festival provided a way for many school organizations to raise extra money. Cheerleading sponsor Mrs. Becky Morrison sits in the dunking booth waiting for someone to take another shot. Mrs. Morrison, a former squad member, helped her cheerleaders raise money from a dunking booth by dropping her body into the cold water.



Mr. Doug Spruill Percussion; Upper Brass; Lower Woodwinds and Brass; Upper Woodwinds; Middle Brass; Band Director
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Mr. Craige Stallings World History; US/VA Government
Mr. Andy Stone PE 9; Adaptive PE; Wrestling Coach
Mrs. Judy Sullivan Guidance Secretary

Mrs. Allison Sutton Guidance Secretary
Mrs. Gretchen Sweat Learning Resource; SADD
Mrs. Judy Topping Library Assistant
Mrs. Dott VanDervort English 11; English 11A; Yearbook
Mr. Mark VanDervort English 10; AP English 11; Journalism I, II, III; Activities Director; Boys Tennis; Newspaper

Mrs. Rosie Walsh Guidance Counselor; National Honor Society Sponsor
Mr. Dave Wiker Biology; Asst. Wrestling; JV Softball
Mrs. Elaine Windley Spanish I
Mrs. Brenda Winstead Keyboarding Software; Office System COE; FBLA
Mr. Bernie Wright Assistant Principal

Mrs. Joan Wynn LMS I, II; Family Managment; Food/Child Development; FHA; Vocational Chair
Mr. George Yeager Lifetime Sports/Fitness; Health/PE 9; Baseball Coach
Mrs. Carol Zak AP Government; Psychology; US/VA Government



Catching up. Students looked forward to class when teachers allowed them to work on homework assignments given in that class. English teacher Mrs. Debbe Goddin shows Rachel Gilbert the grammatically correct way to write a sentence on a worksheet given in class.



Just Jivin'. It wasn't odd to see the halls filled with friends joking between classes. Before going to first hour sophomores J.M. Nobile and Kevin Jones plan how they'll spend their weekend.

An Oddity for All

Going Out, Having Fun

Typical situation: A new CD has just come out, and you need to have it. All of your friends have it and you look odd for not having even heard it. Why not? You don't have enough money to buy it.

All across our community, students searched high and low for ways to make money. From the truly odd to the perfectly normal, it seemed all possibilities were covered. For some a job was the answer. "Right now I work for a restaurant called *Kappo Nara*. I haven't been working there long, but I love it," said junior Laura Asakura. "I'm meeting lots of really nice people."

Another way to get money was to ask your parents for it. For most it came in the form of a monthly allowance. For some, however, money was given out on a need only basis. Senior Patrick Benner said, "My parents give me money only when I ask for it. I'd like a little bit more though. It's expensive being a teenager these days."

However you get your money, however much you have, be careful how you spend it. It's a big world and there's **An Oddity for All** - if you have enough money.



AN ODD ODYSSEY

Odd Meeting You Here. The Poquoson Seafood Festival, held on the weekend of September 22-23, gave students a chance to sample some of the local cuisine while hanging out with their friends. Amid all the confusion senior Robbi Hunt jokes with sophomore Jaclyn Smith.



Forks on the Left, Spoons on the Right. Restaurants were a popular place for students to earn their spending money. Senior Chad Carter sets a table at *Steak and Ale* where he was a waiter.

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The good,the bad,the ugly

"I'll be dead in two weeks."

"You can't leave me. How will I live without you?"

"You'll be fine. The script says you marry my brother in two weeks."

Soap operas. Did you watch them? Did you have time to watch them? Did you make time to watch them? Many students had a favorite soap opera. "My favorite soap opera is 'One Life to Live.' My favorite storyline is about Todd who raped Marty," said sophomore Maura Garvey.

Although many students watched soap operas, they realized how bad the storylines were. "I watch 'As the World Turns.' I think it is ridiculous that Emily gave her egg to her mother so that she could have a baby and no one mentions that Emily is the biological mother," said senior Laura Wade.

Television entertains with imaginary worlds

Even the guys confessed to watching soap operas. It was harder for some to admit it than for others. They hated to confess that they actually enjoyed soap operas. "I watch 'The Young and the Restless.' The girls are prettiest on that soap opera," said junior Jeff Mitchell.

In the end everyone agreed that soap operas were all in good fun. "I turn on a soap opera if I need a good laugh," said senior Jeff Montgomery. Though many students watched soap operas as a way to relax, their role as a diversion to reality was amusing.

What Did I Miss? Soap operas provided a diverse outlook on life. The conflicting personalities of the outrageously ruthless against the almost unbearably virtuous, created elaborately intriguing storylines. Junior Ginger Aldrich catches up on the week's soaps from the *Soap Opera Weekly* magazine because her schedule was too crammed to fit in TV time.



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Human vs. machine

Hello, we're not home right now, but if you leave your name, number, and a brief message we'll gladly return your call just as soon as we can. Beep!

The answering machine, friend or foe? Freshman Brian Ingram said friend, "I think they're OK because I have one and it lets me know if anyone has called when I'm gone."

Another friend to it was junior April Mann. She said, "I really like the answering machine because mine tells the time and date a person called. I have a lot of fun changing the messages on it too."

While some students befriended the machine, others despised it. "I don't find any use for them because no one ever leaves a message on mine and I hate it when I get someone else's message," said senior Jennifer Southern.

Please leave a message at the beep

It was possible, however, to have mixed views on the machine. Senior Jackie Barnes said, "I like the answering machine, I don't have any problem with it. The only thing I don't like is when I get someone's machine over and over again."

While the machine offered different opinions for different people, English teacher Mrs. Rita Kehoe summed it up. She said, "Sometimes they can be a pain because they don't always work, but if you don't want to answer your phone, then it's an asset."

We salute the Class of 1995

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Please Call Me. Answering machines proved to be helpful to students. From those annoying hang ups to the call you've been waiting for all week, answering machines handled everything. Junior Katie Cox checks her answering machine for messages she missed that afternoon.

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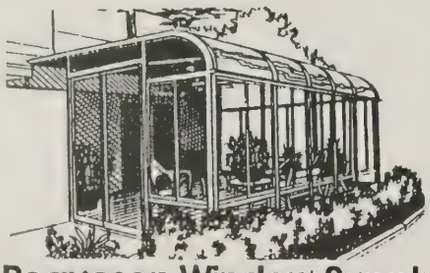
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Secretary: Laura Asakura
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Vice President

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Salutes the 1995 Graduates of Poquoson High School

No time to kick back

BEEP...school's over...what do I have for homework tonight?... Hmm...I have Happy Club after school..an English essay due tomorrow..and basketball practice tonight...Rush, Rush, Rush.

These were the thoughts of students as they had multi-packed, afterschool activities that kept them busy during the school week. Freshman Nina Richardson said, "I have basketball practice every night."

Sophomore Sarah Kreiger said, "I cheer three nights a week and the other nights I do homework." Most students felt that being busy kept them happy.

Other students went to school functions like sporting events or chorus and band concerts.

Extra - curricular activities limit free time

Some students spent their evenings at home catching up on their school work. Senior Jonathan Camden said, "I just go home and watch TV and do my homework."

Students found that many things were needed during their junior and senior years. Gas for the car, caps and gowns, and other expenses built up. Students held part-time jobs to meet their many expenses. Senior Rachel Sills said, "I work at Little Caesars during the weeknights."

Whether it was staying at home, working, taking lessons, or going to practices at school, students had weeknights packed with things to do.

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DISHING IT OUT. After school, students filled their schedules with job hours. Juniors Marina Valdez and Shannon Hanson demonstrate all aspects of their work by making sandwiches, working the cash register, and cleaning up at Boar's Head Deli.

Congratulations
Islander Seniors

Gus Goddin - Editor-in-Chief
Gigi Gurtis - Sections Editor
Jaimi Lacaria - Sections Editor
Chelsea Patterson - Sections Editor
Shana Fitzpatrick - Sections Editor
Mary Elsass - Sections Editor
Kate Garvey - Sections Editor
Kylene Becker - Staff
Robin Lester - Staff
Lisa Shores - Staff
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Chris Clemins


Jessica DeWitt


Addie Drivas


Melanie Finch

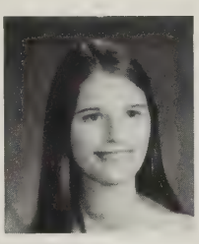

Kara Gills


Rob Green


Carla Juhl


Heather McClelland


Travis Morse


Ida Nelby


Rachel Sills


Tracey Swandol


Amy Taylor


Christin Zaragoza

Work Program Completers


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Renee Frazier


Summer Hunt


Chrissy Martin


Shannon Morris


Mandy Page


Jennifer Southern


Liz Williams


Erica Young

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Congratulations Class of '95



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"A man travels the world over in search of what he needs, and returns home to find it."

George Moore

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Football and pretty girls always were your main interests!

Rob,

It has been a long and usually fun haul! Now, you are ready for the big step into the rest of your life.

We love you and wish you the best!

Mom and Dad



Your mom taught you early how and whom to beg for money!



Table manners were never big with you.



Well, not all your dates would cooperate!



Jaimi,
Wishing you
sweet
memories,
happy dreams,
and warm
moments
shared with
those you love.
Mom













"I can do all things through Christ whitch strengtheneth me."

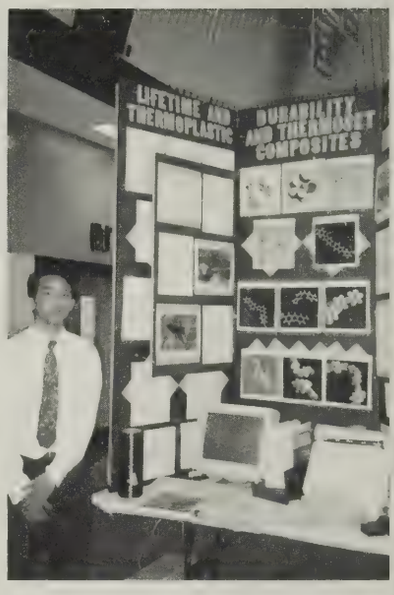
Philippians 4:13

You are our Joy
Inspiration
Reward
Encouragement
and Hope.

You
Usher
Excellency!

Love and prayers from Mom, Dad, & Joyce







May the road
rise to meet you.
May the wind be
always at your
back.
May the sun
shine warm upon
your face.



Good Luck at Tech!
Love Mom, Dad, and Laura







Addie,



You have grown into a wonderful young lady and we are very proud of you. You will make a great teacher. Good luck at Radford University.

Love,
Mom, Bo, Katrina,
Marni, and all of the family











Becky,
You've only just begun.
Congratulations.
All our love,
Dad, Mom, Michael,
Elizabeth, Patrick & Sarah





Matt,
You were taken when memories were first being formed. Now as we grow older the memories will always be with us.









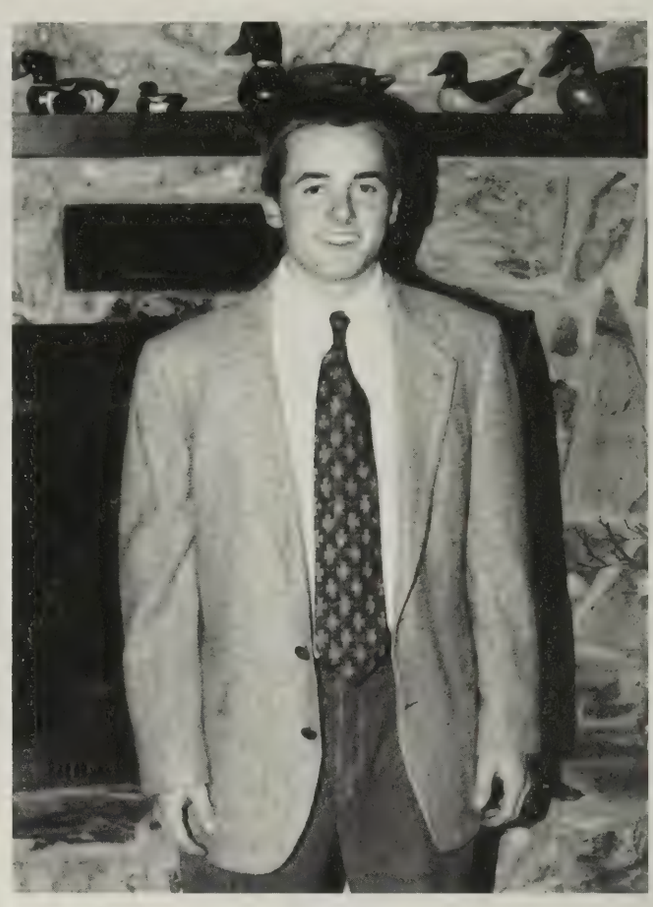
So as our lives keep rolling on to make it 'till the end.
Please don't throw away the past
and when I called you friend,
'cuz I remember what you meant to me and I always will.
And I thank you, friend, for being who you are.
For the time that I remember
before the time we had to part
and even if we'll never be the friends we used to be,
you can't be any closer, you've become a part of me.





Congratulations
We love you.
Love,
your parents
& families









Michael & Michelle,

Our memories of you are so very special- crooked bangs from a haircut, baby powder sprinkled all over a floor, panic raised when you both decided to try your independence! Watching you grow over the years has given us as parents a sense of pride. Your rebellious nature has worked in your favor. You have both shown how much you have to offer. Always be yourselves!

We Love You,
Your Parents









Laura and Chelsea
Trips to Denny's for bottomless coffee,
Thrift store going for bargain shopping,
Animal lovers, gay rights activists,
Best friends as well as one another's therapists,
Jammin' to Bob, boogying at dances,
Glued to Ricki and Montel at all chances,
Daily phone calls, Tori worshipping,
Ambulance rides, road tripping,
Track attempters, even cheered,
Loving the Captain, shunning beer,
Partying hard, pulling all-nighters,
Boathouse trips, injustice fighters,
Belly laughing, drying tears,
Growing together through the years,
Always sharing how we feel,
Helping each other cope and heal,
Truckin' together through all types of endeavor,
I love you my friend, and I'll love you forever.









Tracy,
Dream a dream, make a wish, set a goal- then step into the future with confidence, and always be proud to be you!
Love,
Mom, Dad, Kim, and Roy









It's been a long and winding road.

Hahn Elementary- Germany
Bamburg Elementary- Germany
Woden Crystallake- Iowa
Eastern Wayne- North Carolina
Cooper Elementary- Virginia
Burbank Elementary- Virginia
Thomas Eaton- Virginia
Monchengladbach- Germany
AFCENT International- Netherlands
Woodbrook Jr. High- Washington ST.
Clover Park HS- Washington ST.
Poquoson HS- Virginia

Carla Renee Juhl
Congratulations!
Mom and Dad



Congratulations Jason Houston

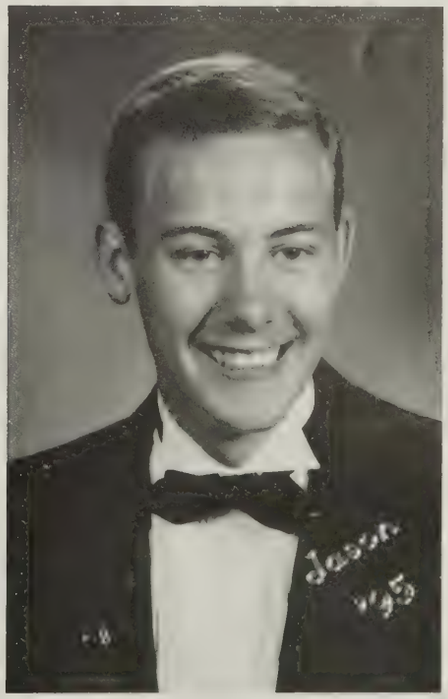
YOU'VE DONE WHAT'S RIGHT!

YOU'VE DONE YOUR BEST!

YOU'VE FOLLOWED THE GOLDEN RULE!

Thank you for 19 years of joy and happiness. You have made us extremely proud. We love you.

Mom, Dad, Tommy, Chance, and Chris



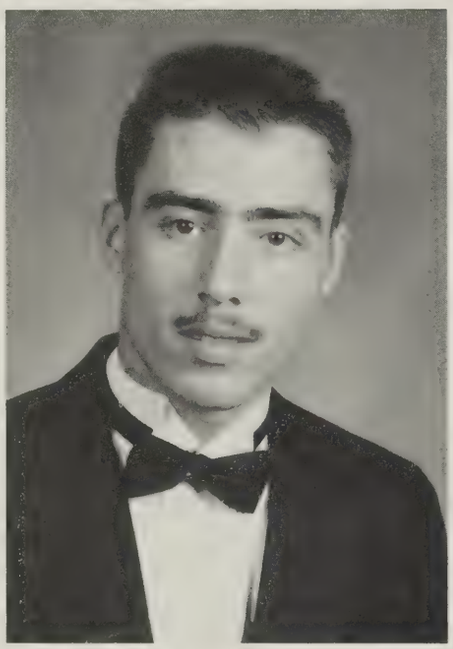


Kate,
Act well your part, for therein all honor lies.

Love,
Mom, Dad, Maura, and Kyle







Craig,
As you face the future with a heart full of dreams, we want you to know our hearts are with you too...We believe in you...We love you...And we're very proud of you. Most of all, be happy.
Love,
Dad, Cindy, Carroll, Mama
Scott & Charlie



STEPHEN,
YOUR FUTURE AWAITS YOU.
SET YOUR GOALS HIGH AND BE THE BEST YOU CAN BE.
LOVE,
MOM, DAD, AND TRACY



Congratulations Elizabeth!



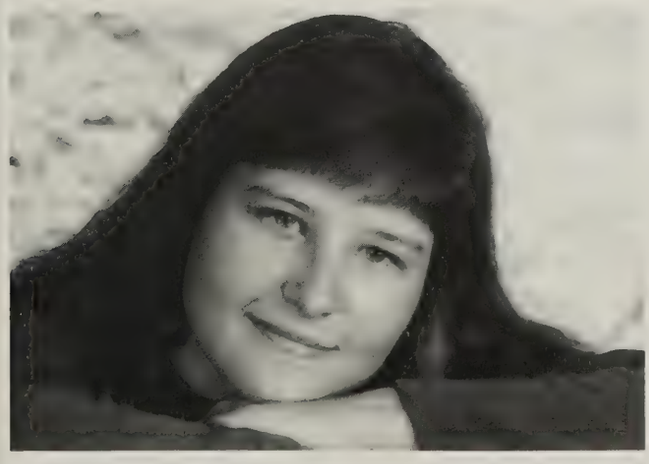
It has been a joy to share the past eighteen years with you.

We love you and are proud to call you our daughter and our friend.

Love,
Mom & Daddy







Good luck next year, Liz!
Have fun!!
Love, Eric











It's not every Mom, Dad, or Grandparent who is lucky enough to have a daughter or granddaughter as wonderful as you. You have been such a joy to us through the years. Watching you grow and become the person you are is something I wouldn't have missed for the world. You have begun to stand upon the threshold of life. Take every opportunity to make of yourself all that you can be. There are so many out in this world that need the love and kindness that you have given to us. May all your dreams come true, and your life be filled with happiness.



Congratulations Kara

Love Mom, Dad, Granny, & Grandaddy













Congratulations
Jackie & Elizabeth

You are shining examples of what daughters should be, love and laughter, beautiful and good, honest and principled, determined and independent, sensitive and intelligent. You are shining examples of what every parent wishes their daughters were and we are so proud of you both. Good luck in what the future may hold.

With all our love,
Mom, Dad, & Diane

With all our love,
Mama, Daddy, Christine, Nannie, & Pop-Pop







Mandy and Eddie

Like memories that
keep getting better.
And the bond between
friends.
Like happiness and
serenity.
And love that never
ends.

All the great things im-
prove with time.
With qualities that be-
come more dear.
Like people who were
incredibly special to
begin with.
And who keep getting
better each year.







WE LOVE YOU BOTH SO MUCH.
FROM YOUR FAMILIES

Congratulations Mark







When one door closes
another opens;

We're very proud of your
past accomplishments and
wish you continued
success at UVA.

Love,
Dad, Mom, Jeff

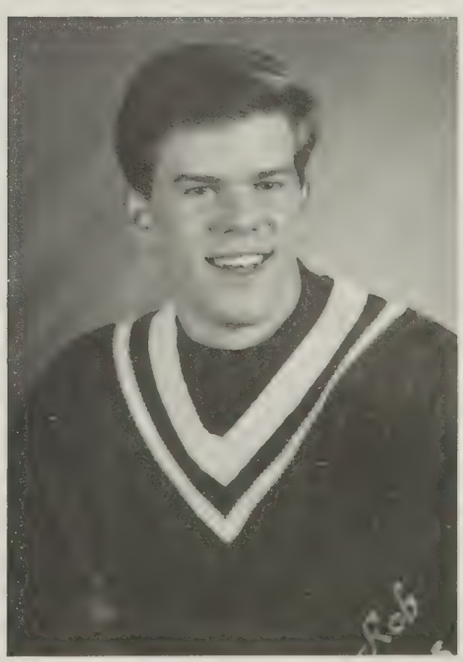




I love the Winter friends
Sturdy as evergreen
–wind-tossed
They bow, but do
not break
Nor lose their luster
in the snow and frost
Jean Kyler McManus

There is a destiny that makes us brothers,
No one goes his way alone;
All that we send into the lives of others,
Comes back into our own.

Edwin Markham



Congratulations,
Kimberly and Heather





Do not fear
the future
for you are the
future because
of what you
have achieved
and what you
will achieve!
Love,
Mom and Dad





Do not follow where the path may lead.
Go, instead, where there
is no path and leave a trail.



Remember who your friends are.



Enjoying the good times.

"Good Luck Tom"
Love,
Mom, Dad, & Brian

Travis
We wish you the best of luck.
Love,
Mom, Dad, Tracy, and Granny



Continue to watch your step.



Don't be lazy.

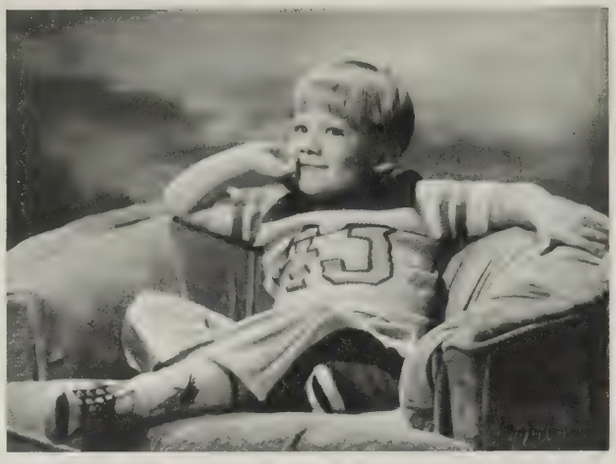


Headed for a night on the town.



From your back yard to Crystal Lake.





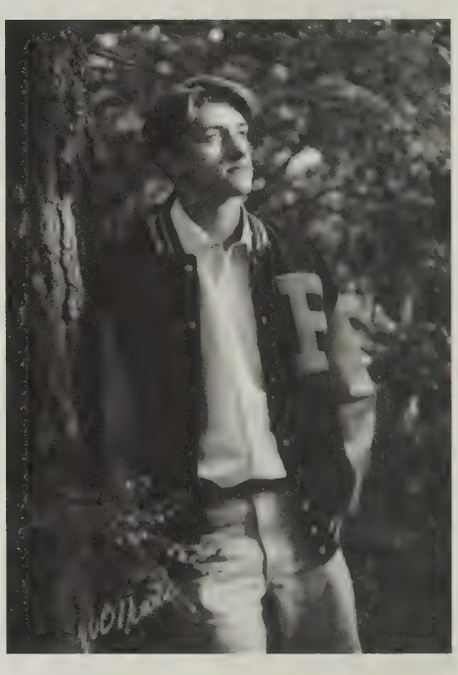
Congratulations, Gus!

We're proud of you.
Mom, Dad, Chris, Paul, and Bob



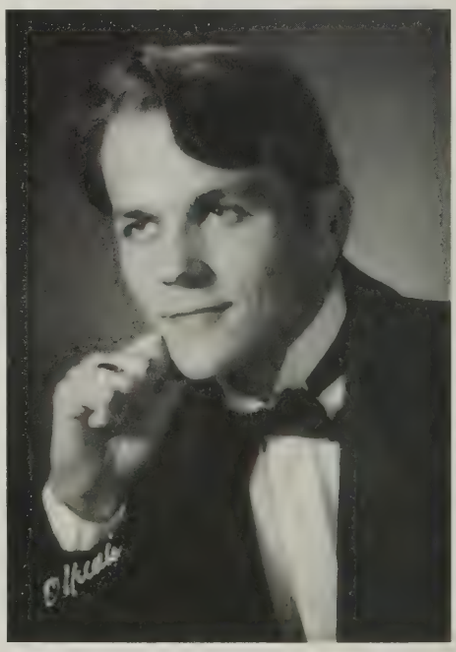


Chad,
Always look up as you reach your goals. You are a winner! God bless you.
We love you,
Mom, Dad, & Melissa





We're very proud of you!
Good Luck at Carson-Newman.
Love,
Mom and Dad









Congratulations!

Rene

We are proud of you.

Good luck in the future.





Love,

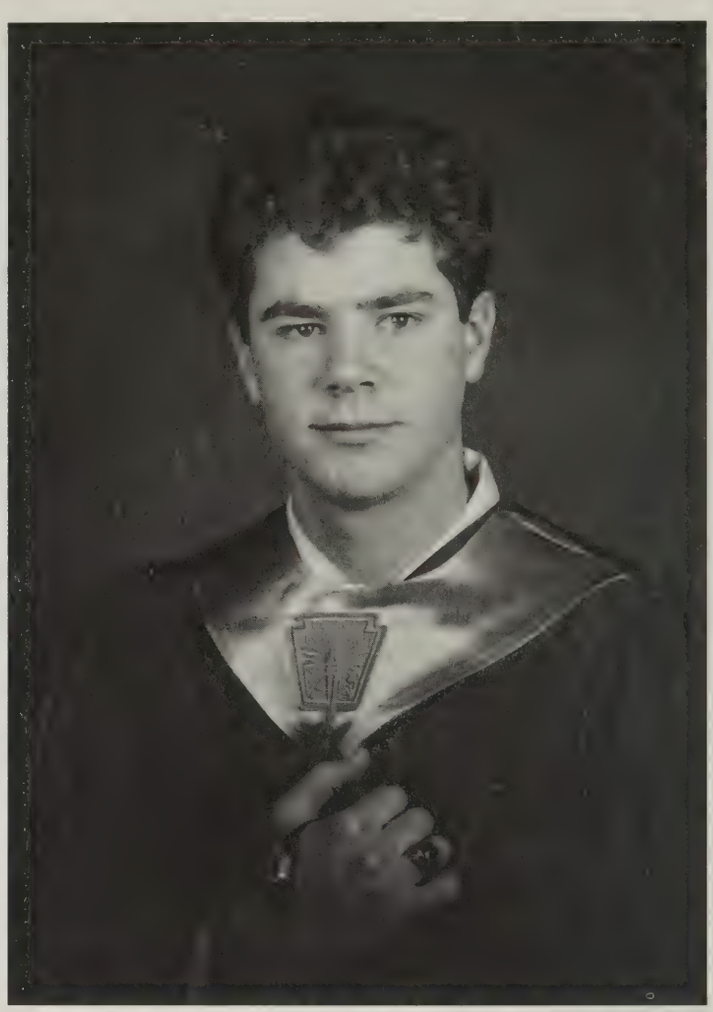
Mom, Dad,

and Stephanie





CONGRATULATIONS
JESSE









Congratulations Lee Ann!

We're very proud of you!

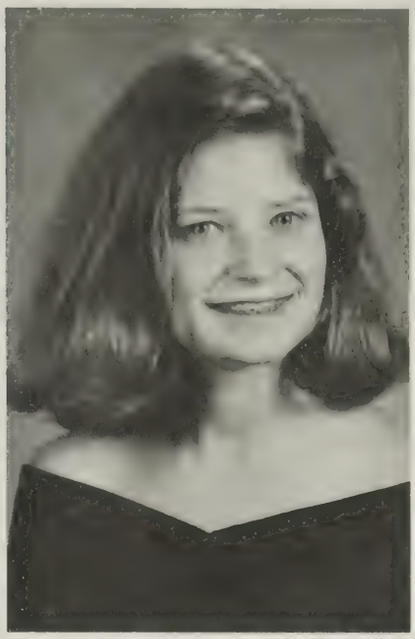


Love Mom, Dad, Jim, Jennifer, Neil, and Shadow

Hello World, are you ready for me?!



Love,
Claire,
Mummy,
Daddy,
and
Peaches

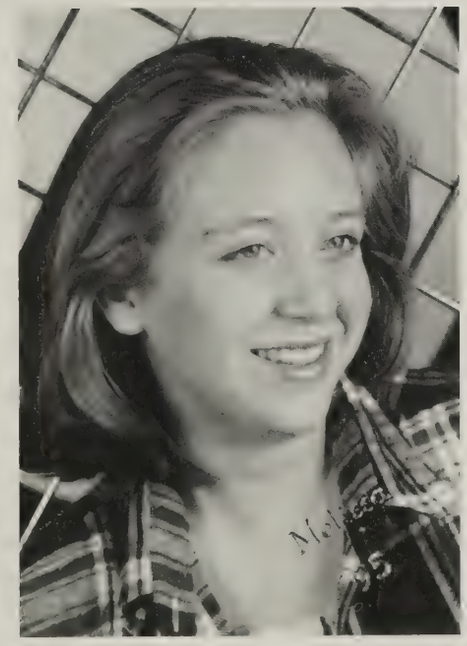


CONGRATULATIONS BRYAN!
Love, Mom, Dad, & Michelle







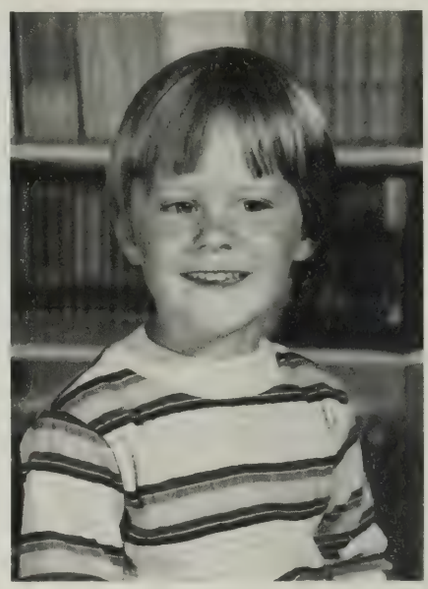


Congratulations
Melissa June David

Good luck at CNU
and Best Wishes for a
great future.
We are proud of you.
Love You,
Mom and Dad
Becky and Jenni

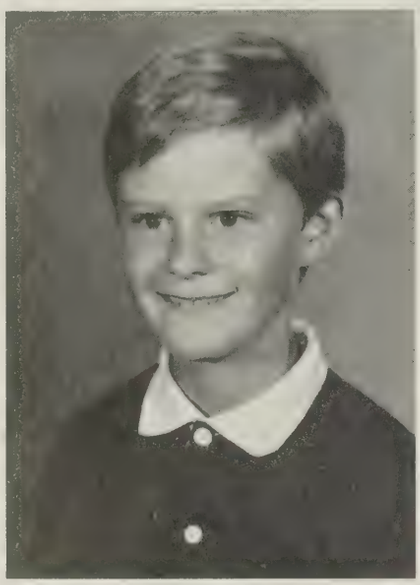




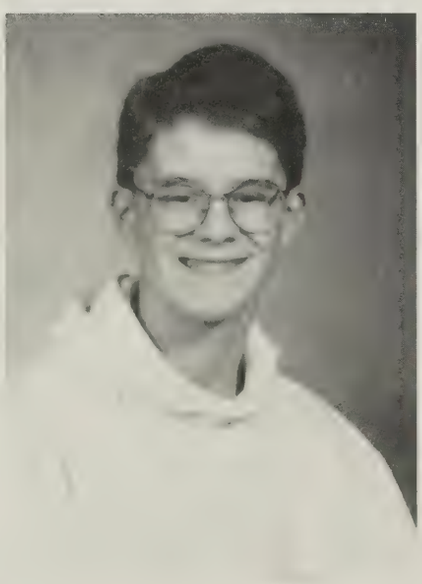


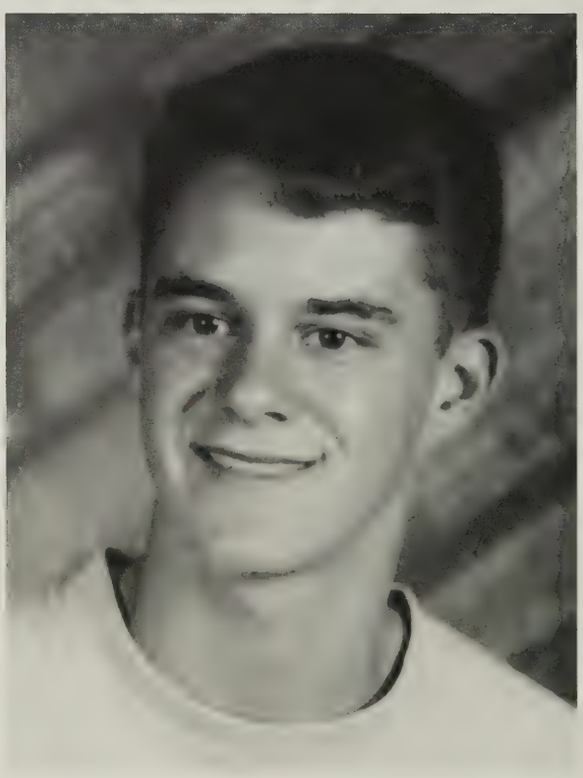
Chris,
You are a child of God special in every way, living love, serving others, knowing God is with you all the way.

All our love,
Mom & Rich













How proud we are of you! God's blessings for your future. Love always, Mom, Dad, Mary, Grandmother and Grandfather













Congratulations!

Scott and David

We love You.

Your parents, grandparents, brothers and sister









May God continue to be the wind beneath your wings. We are proud of you and love you.

Mom, Dad, and Dan



Ed,
It's been so wonderful!
We can't believe you've grown!

All our love,
Your Family







A friend hears the song in my heart and sings it to me when my memory fails.



Good luck at the University of Virginia. Love, your parents!

Brooke, Jaimi, Jenny, Kara, Kate, Laura







The sun is Always Brightest just After days of Rain, when Winter's Through, the Sweetest of Songbirds sing again. When roads are hard, there's beauty in view around The bend. In need, we learn to treasure the priceless name of FRIEND!







Lisa, Mary, Nicole, Rachel, Robin







Continue To Stay Focused
And You Can Achieve Anything You Try.
We Are So PROUD Of You.
Love,
Your Families

MRS. KEHOE'S WINNERS!





Tammy



Kathy



Amanda



Friends are friends forever. If the Lord's a Lord of them, a friend will not say never, 'cause the welcome will not end. Though it's hard to let you go, in the father's hands we know, that a life-time is not too long to live as friends.







Your leadership pulled it together.





You know just how to brighten even ordinary days. With your charming personality and warm and loving ways... You add a special energy and joy to everything, and there's a touch of magic to the laughter that you bring... It means more than you'll ever know, and has your whole life through, to have a super senior who's as wonderful as you!





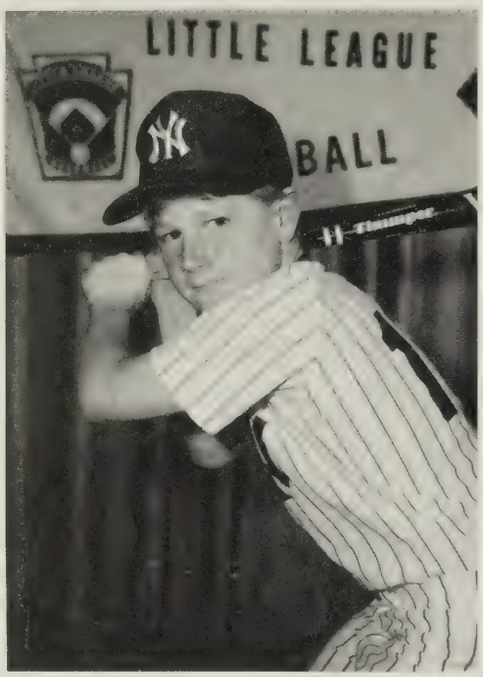




Mike and Ron



Your high school days have come to end, but a new phase in your life is about to begin. We know you two will be friends thick and thin. We're very proud of both of you. You stuck together through the good and the bad. From the great times catching waves, to the times you made your parents crazed, you always came out on top, just like we knew you would.







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"An Odd Odyssey," the 41st volume of Poquoson High School's *Islander*, was published by Josten's Publishing Company in Winston-Salem, North Carolina, with a press run of 625 copies.

This 232 page annual has eight pages of four color and eight pages of spot color. The *Islander* has a quarterbound lithograph cover with maroon krinkled texture and gold foil stamping. Clubs, faculty, sports, team, senior, and underclass pictures were provided by Lifetouch photographers. Other special school events were also covered by Lifetouch.

All captions and body copy were typed in palantino eight and ten point respectively. All folios were typed in imago extrabold ten and 22 pt. The Odd Odyssey logo consists of 24 pt copperplate 33bc and 84 pt gillsans ultrabold. The Title Page's school data is 20 pt university roman, while it's captions are ten pt revue and letter gothic. The Opening and Closing have 18 pt times new roman body copy, 36 pt times subheads, and 69 and 18 pt reporter two headlines. All Dividers contain 18 pt palantino body copy, 36 pt times new roman subheads, and 72 and 156 pt zapfchancery headlines. The Student Life section has 60 pt barmeno extrabold headlines with 24 pt bellevue subheads. Seventy-two pt bodine poster compressed headlines and 24 pt gillsans condensed subheads are found in the Sports section. The headlines and subheads in the Clubs and Organizations section are nuptial script 48 pt and copperplate 33bc 24 pt respectively. The Seniors section has bellevue 80 pt headlines, castellar MT 24 pt subheads, and lithos regular names. The Underclass section contains bookman 72 pt headlines and dom casual 30 pt subheads. The headlines in the Faculty section are 60 pt dom casual, while the subheads are pepita MT 24 pt, and the quotes are freestyle script 18 pt. Finally, in the Academics section, the headlines are 68 pt lithos regular, the subheads are 41 pt biffo MT bold reverse, and the quotes are 26 pt biffo MT.

The 1993-1994 *Islander* won several honors, including a Medalist rating from the Columbia Scholastic Press Association, a Trophy Class rating from the Virginia High School League, and an All-Southern rating from the Southern Interscholastic Press Association.

The 1994-1995 staff of the *Islander* would like to thank all the people who contributed to the construction of "An Odd Odyssey," especially our Jostens company representative Mr. Alex Blackwell, Mrs. Debbe Goddin, and our advisor, Mrs. Dott VanDervort, for their patience and guidance.



AN ODD ODYSSEY

Game Anyone? As summer got closer, students' thoughts turned to relaxation and fun with their friends. Senior Chris Clemins enjoys a game of foozball at senior Jessica Dewitt's house. "The best part of summer is being able to do whatever you want," said Clemins.

Odds and Ends

Sleep filled days and long, long nights. Massive doses of Kool-Aid and Montel Williams. An odd grouping? No, just an average high schooler's typical summer vacation.

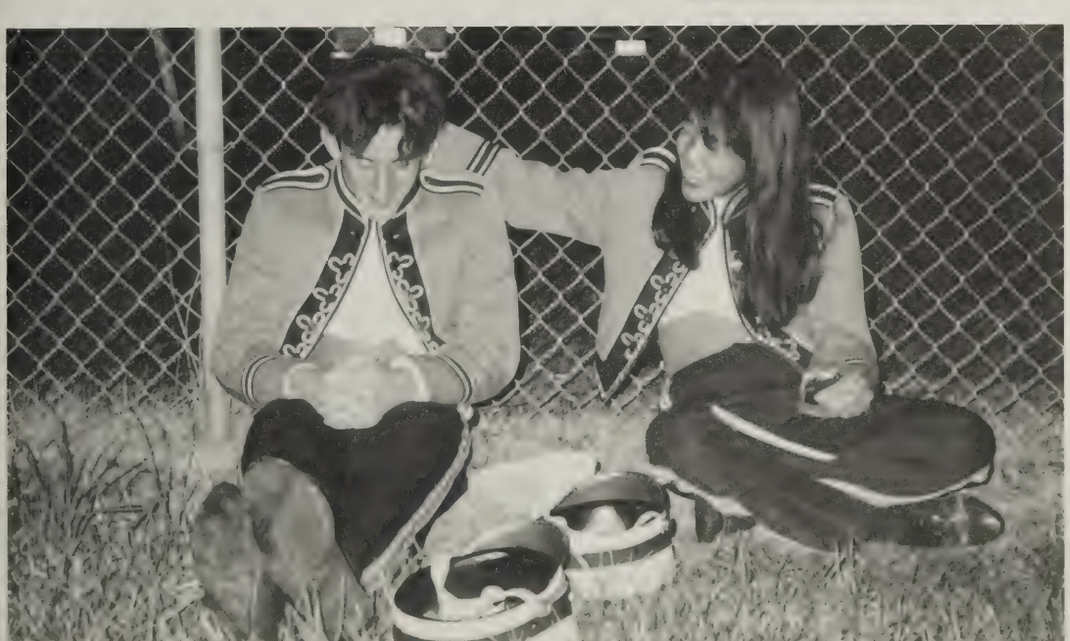
As school ended, students' thoughts turned to their three months of total freedom. "This summer I'm going to go to Nags Head and just relax," said junior Bill Hammack. "A little surfing, a little hanging out on the beach, and a lot of relaxation."

For seniors, the summer was a time of preparation for the future. Whatever students wanted to do with their life, they had to start preparing for it. Senior Mark Davis said, "I'm attending Virginia Tech in the fall, and I plan to major in chemical engineering. I'm looking forward to meeting new kinds of people at college. I can't wait."

Collected memories pave way for future

For most, however, summer was a time to just relax. Many planned to take vacations. Freshman Randi Webb said, "I plan on visiting my family in Tennessee this summer. I'm also going to beach week to hang out with my friends."

Whatever plans you made for the summer, be thorough. Don't forget the *Odds and Ends*.



Got Your Ear. Moments of relaxation were found almost anywhere. During a break at one of the football games, band members juniors Marcus Jones and Laura Asakura clown around near the football field.

Dancin' Machine. Dances were always a popular way to spend a night, as students showed off their moves on the dance-floor with their friends. Seniors Eddie Vande-Mortel and Amy Taylor get down at the SCA sponsored Holly Ball.

Going, Going, Gone. Local parades were a great opportunity for teammates to show off their sports program. Field hockey players travelled through town in the bed of a truck. Senior Elizabeth Leeson and juniors Shanon Hanson, Alison Johanson, and Melissa Messick hold a school banner as the truck drives away.



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